

HOA REMINDERS

Dog Owners - Please clean up dog poop from lawns when walking your pooch and keep your pups on a leash, per Canton Ordinance.

NOTE: *Late Fees charged on annual dues and on property issues will be collected. Unpaid late fees become a lien on the property.*

Parking - No parking on either of the Courts (Shagbark & Pond Run) at any time by residents or guests, per Canton Ordinance. Having a vehicle parked in a fire lane could be dangerous if emergency vehicles were trying to gain entrance for a fire or EMS situation. Also, there should be no parking on the lawn, as this is also against Canton Ordinance.

Street Trees - Trim trees to no lower than 7 ft. above the road.

Drains - If you have drains in front of or on the side of your home, or in your backyard, please clear the leaves and debris from the tops of the drains to ensure the flow of water and to prevent backups.

NOTE: The Board will send letters to homeowners regarding landscaping and property issues. We will look at missing & damaged trees, overgrown shrubs, weeds in streets and driveways, untrimmed trees, missing shutters, needed painting, diamond edging coming out of the ground, in front and back yards, broken tree branches in front and back yards.

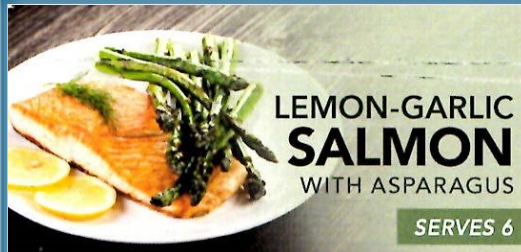
NOTE: *Join NextDoor to ask for recommendations, give recommendations, inquire about things happening in our community, etc. - <https://nextdoor.com/g/w6srkm1xt/>*

LAWN & PROPERTY MAINTENANCE:

- ◆ Weeds and grass growing in driveways need to be cleared
- ◆ Tree debris needs to be cleared from street
- ◆ Weeds need to be pulled from around street trees
- ◆ Bricks/pavers around trees need to be maintained
- ◆ Clean weeds from the streets in front of your house
- ◆ Make sure the front of your house, in the street, is clear of all debris including grass clippings and leaves. Advise your lawn care service to clear the streets of grass clippings and leaves.

MEASURE FITNESS WITHOUT WEIGHT

- ◆ Measuring your fitness progress doesn't have to revolve around numbers on the scale. While many consider weight loss a key metric, it isn't the only way to track fitness.
- ◆ When setting your goals, focus on your personal health needs. Whether your aim is to build muscle or run faster, find simple ways to monitor your progress.
- ◆ For instance, if you want to improve cardiovascular health, tracking your heart rate is quick, easy and doesn't require a smartwatch. As your numbers move in the right direction, you'll start to notice you can work out with greater intensity while keeping your heart rate lower.
- ◆ Look for activities where you can easily see progression. For example, count how many days it takes to build enough stamina for you to be able to hold a plank position for 45 seconds.
- ◆ Above all, pay attention to how you feel day to day. Milestones like running a mile without stopping or achieving 10,000 steps in a day are rewarding proof that your fitness improvement efforts are paying off. (©2023 The Personal Marketing Co. (TPMC). All rights reserved.)



LEMON-GARLIC SALMON
WITH ASPARAGUS

SERVES 6

INGREDIENTS:

- 6 - 6oz. Salmon fillets, skin removed
- 2 Tbsp. minced garlic
- 1 1/2 Tbsp. freshly chopped dill
- 3 bunches asparagus, ends trimmed

- 1/2 cup lemon juice, freshly squeezed
- 1 Tbsp. Grapeseed oil
- 1 tsp. Kosher salt
- 1/2 tsp. black pepper
- Lemon slices and fresh dill

DIRECTIONS:

Preheat over broiler to high and set rack to second highest shelf. Line baking pan with foil. Place salmon on baking pan. Rub each filet with garlic and dill to coat evenly. Arrange asparagus around salmon and pour lemon juice over the top. Drizzle with oil and season with salt and pepper.

Broil for 8-10 minutes, or until salmon is cooked through. Serve salmon with asparagus. Garnish with lemon slices and fresh dill. Enjoy!

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POST-WORKOUT FOODS



DRY FRUIT



SALAD



EGGS



CHOCOLATE MILK



GRANOLA BAR



BROWN RICE WITH VEGETABLES



STEAMED VEGETABLES

DID YOU KNOW A Canton Fun Fact!

Canton Historical Society Museum:

Located on the corner of Canton Center and Heritage Park Drive, this one-room school house was built in 1884 and is still standing at its original location. Formerly known as the Canton Center School, it started out in 1840 as a log cabin school house but burned down in 1883. The current building was rebuilt with bricks in 1884, it ceased operating as a grammar school in 1954, but continued as a school for kindergarten classes until 1961. The school was donated as a museum in 1977 by the Plymouth-Canton School District. (©2023 Canton Today, pg. 46. All rights reserved.)



6 FALL GARDENING TASKS TO MAKE YOUR GARDEN SING NEXT SPRING



1. Do an honest evaluation of your garden. Fall is also a good time of year to evaluate which plants should be moved to a better spot in the garden, where you need more privacy or screening for less-than-ideal views and where you could use more plants with fall color/interest.

2. Remove annuals from containers and landscapes. It was a great run, but by the time fall rolls around, it's time for the annuals to go and store your pots away for winter. Healthy annuals can be composted.

3. Fall is for planting! Still-warm soil and relatively cool air temperatures promote healthy root growth in plants that return each year. Take advantage of end of season sales on trees and shrubs at local nurseries, and divide or move perennials around the garden in fall.

4. Plant spring blooming bulbs. Fall is the best time to plant spring flowering bulbs like tulips, daffodils, crocuses, and a wide variety of others you'll find at your local garden center this time of year. Pair them with perennials like Shadowland® hostas and 'Cat's Meow' cat-mint so the bulbs' foliage will be hidden by the time it goes dormant.

5. Cut select perennials back. Once your perennials have gone dormant, it's a good idea to clean at least some of their foliage out of garden beds.

6. Dispose of diseased foliage. While most of the plants you cut back in fall can go in your compost pile, you'll want to avoid putting any plants with diseased foliage there. That's because most compost piles don't heat up enough to kill diseases, and you don't want to risk spreading them back into your garden next year.

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KITCHEN CLEANING TIPS

Cleaning your kitchen may be low on your list of favorite chores, but a few simple hacks can make the job much easier. The following tips can help you clean even the most stubborn messes.



OVEN

You can degrease your oven without scrubbing. Simply cut two lemons in half and squeeze the juice into an oven-proof bowl full of water, then put the bowl in the oven at 350° F. Once the water boils, turn off the oven and let the steam circulate for several minutes. Once the oven cools, wipe away the grease.



POTS AND PANS

Try cleaning dirty pots, pans and air-fryer baskets with aluminum foil. Spray the item with a cleaning solution, then use a crumpled piece of foil to scrub off the grime.

GARBAGE DISPOSAL

Grind up ice in your garbage disposal to sharpen its blades and dislodge stubborn food particles. Add lemon, baking soda or vinegar to the ice to eliminate odors.

WOODEN UTENSILS

Remove grease from wooden utensils by soaking them in boiling water for a few minutes.

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New Neighbors:

No new neighbors have moved into the subdivision.

NEWSLETTER

GENERAL SECURITY TIPS FOR HOMEOWNERS

- ⇒ Always close and lock garage doors and windows.
- ⇒ Be alert for unusual activities.
- ⇒ Be careful about letting strangers into your home.
- ⇒ Do not keep valuables near windows with open drapes.
- ⇒ Empty your mailbox or have someone empty it for you.
- ⇒ Get to know your neighbors in order to watch each other's homes.
- ⇒ If homeowners keep their homes from looking like easy targets - they will be safer.
- ⇒ Install a wide-angle door viewer if visibility of callers is impossible. Partially opening the door with a door chain is too risky.
- ⇒ Install new locks when moving into an apartment or previously owned home.
- ⇒ Keep extra keys in a safe place; never hide a key outside.
- ⇒ Keep grass cut, leaves raked, snow shoveled, etc., to indicate a well cared for and occupied home.
- ⇒ Leave a radio on low when leaving home, even on short trips.

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REMINDER: HAZARDOUS WASTE ROUND-UP



The Household Hazardous Waste Round-up is held every September at the Public Works facility located at 4847 Sheldon Road just south of Michigan Avenue. The collection is open to Canton residents only and is an excellent opportunity to make your home and environment safe by properly disposing of waste that is considered toxic, flammable, or corrosive. Call 734-397-1011 for more information on acceptable items.

This year's event will be held on Saturday, September 9, 2023, from 9am - 2pm at Canton's Division of Public Works Building. (©2023 Canton Focus, February 2023, Vol. 35, Issue 2. All rights reserved.)

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RiverWoods Subdivision/Board Members:

HOA Contact Information

P.O. Box 871776

Canton, MI 48187

Email: riverwoods92@yahoo.com

Web: www.RiverWoodsofCanton.org

Road Complaints: <https://www.waynecounty.com/departments/publicservices/roads/road-hazard-form.aspx> or call: 888-762-3273

President—Dave McCreedy

Newsletter —Teresa Scott-Feijoo

Secretary—Julie Edgar

Treasurer—Jim Darling

Missed or Misdirected Mail - Call Lee Thompson—313-226-8607

Director—Jack Tandon

Director—Joe LaRussa

HOMEOWNER REMINDERS

WE ARE ADVISING ALL HOMEOWNERS TO ADDRESS THE FOLLOWING:

- **Weeds and grass growing in driveways need to be cleared.**
- **Tree debris needs to be cleared from street.**
- **Weeds need to be pulled from around street trees.**
- **Bricks/pavers around trees need to be maintained.**
- **Clean weeds from the streets in front of your house.**
- **Make sure the front of your house, in the street, is clear of all debris including grass clippings and leaves. Advise your lawn care service to clear the streets of grass clippings and leaves.**
- **Street trees lower than 7 feet above the road need to be trimmed.**

ALL STREET TREES DAMAGED BY STORMS ARE THE RESPONSIBILITY OF THE HOMEOWNER and must be replaced by November 1, 2023, or fines will be assessed.

As a reminder, if there is an issue with maintaining your yard, or if you have questions, please reach out to the Board via our contact information noted on our website or in the newsletter.

Thank you for your cooperation and support in making and keeping our subdivision a wonderful and desirable place to live.

Our responsibility as board members is to enforce the Covenants and Restrictions as written. None of us, as individuals or as a board, has the authority to change the C&Rs. Amending the C&Rs requires signatures of owners from at least 74 homes.