HOA NEWS

IMPORTANT: Don't forget that we need to change our Subdivision "Rules" to better accommodate our subdivision.

RECYCLING REMINDERS:

Please Keep Contamination out of Recycling Carts:

Over the last few weeks, GFL has been spot checking recycling carts for contamination. Contamination occurs when non-recyclables are placed in the carts which can include anything from food waste to plastic bags. Last week, 10 out of 10 carts were contaminated. Recycling loads with contamination are rejected from the recycling facility. Canton is asking residents to be vigilant in their recycling efforts by keeping contamination out of recycling carts. Not adhering to the recycling guidelines, along with the poor materials markets, is having a negative impact on recycling nationwide. Residents should ONLY place clean, acceptable materials in their recycling cart. Failure to comply with Canton's guidelines will impact our program going forward through increased rates, restricted materials lists, temporary recycling bans, or a combination of any of these. (Please see recycling attachments.)

Next Meeting—June 12, 2019 at 7:00 PM Annual Garage Sale—June 6, 7 and 8

Drains - If you are a homeowner with drains in front of or on the side of your home, please clear the leaves from the street. This ensures the continuous flow of water into the drains.

Christmas Lights - Please remember to remove your Christmas lights by the end of April each year.

HOA Meetings - Meetings are held every second Wednesday of the month, unless otherwise announced. A sign is posted on the Marquee at the front entrance of the subdivision. Meetings are held in the Administration Bldg. next to the Canton Public Library located at Canton Center and Civic Center.

HOW SMART IS YOUR THERMOSTAT?

Smartphone technology has changed home comfort because now you can change the temperature setting for your home wherever you are.

When you upgrade to a Smart thermostat that's Wi-Fi enabled, you can check in with your heating and cooling system through a smartphone, tablet or computer browser anywhere you go. With this ultimate comfort convenience, you can change temperature settings while you're at work, when family is arriving home and when you're returning from vacation.

What's more, you can receive reminders to change filters, get alerts about home temperatures and check weather conditions. (©2019 HomeWorks, Hudson, Ink. All rights reserved.)

PROPOSED CHANGES TO OUR SUBDIVISION RULES

AMENDED DECLARATION OF COVENANTS AND RESTRICTIONS - RIVERWOODS SUBDIVISION

#1 ARTICLE IV, SECTION 10: Gives the Board better options for collecting delinquent dues.

#5 ARTICLE VI, SECTION 12: Allows no more than 4 vehicles in driveway; none covered.

#9 ARTICLE VIII, SECTION 1: Clarifies that Board can enforce Schedule of Fines.

So far we've talked about six of the nine proposed amendments -- this time we'll cover the remaining three.

Number 5 simply prevents homeowners from turning their driveway into a parking lot. People can still have as many cars as they want for parties and overnight guests, and of course, any car in the garage doesn't count towards the total. But for more than a day at a time, nobody could park more than four cars in a driveway, and no car in a driveway could be covered.

Numbers 1 and 9 make it easier for the Board to enforce our subdivision rules and to collect annual dues from homeowners who refuse to pay even after multiple reminders and warnings.

As always, if anyone has any questions or concerns about these proposed amendments, or would like to see the precise wording, please contact one of our Board members.

LAZY DAY LASAGNA

Ingredients:

1 lb. penne pasta

1 lb. lean ground beef (or your favorite meat)

1/2 yellow onion, diced

1 (24-oz) jar spaghetti sauce (your favorite)

1 cup milk

8-oz Neufchatel cream cheese (Philadelphia Cream Cheese makes it) 2 cups shredded Mozzarella cheese



Preheat oven to 350° F. Cook pasta according to package instructions. Drain and set aside. Cook ground beef (or other meat) and onion in a large skillet until beef is browned. Add your favorite spaghetti sauce and simmer 5 minutes. Combine milk and cream cheese in small saucepan. Cook over medium heat until melted. Add cheese mixture to cooked pasta. Spread pasta in a greased 9x13-in baking dish. Top with meat sauce and sprinkle with Mozzarella cheese. Bake uncovered for 20-30 minutes until cheese is melted and starting to brown. Enjoy! (©2018 The Personal Marketing Co® (TPMC). All rights reserved.)

DID YOU KNOW A Canton Fun Fact!

Cherry Hill Village was established at approximately the same time as Sheldon Corners. It was home to Canton's first church, the United Methodist Church. Cherry Hill was first known as "The Ridge." Following the construction of the Cherry Hill House (Ridge and Cherry Hill), the area became known as Cherry Hill. Cherry Hill remained very much like it was since the early 1800s until it was reestablished as the new Cherry Hill, including hundreds of new homes, apartments, condos and commercial buildings. Cherry Hill is also home to the Village Theater at Cherry Hill Village. The church is a Michigan State historic site. (©2006-2018 Canton Township, MI and its representatives. All rights reserved.)

MONTHLY HEALTH TIP

These seven exercises are excellent, efficient choices, but there is no magic to exercise. You get out of it what you put in.

1. Walking:

Any exercise program should include cardiovascular exercise, which strengthens the heart and burns calories. Walking is something you can do anywhere, anytime and with no equipment.

2. Interval Training:

Add interval training to your cardiovascular workout to boost your fitness level and help you lose weight. The way to do it is to push the intensity or pace for a minute or two, then back off for two to ten minutes. Continue doing this throughout the workout.

3. Squats:

Squats, which work the quadriceps, hamstrings and gluteals, are excellent for working multiple muscle groups at once.

4. Lunges:

Like squats, lunges work all the major muscles of the lower body - gluteals, quadriceps and hamstrings. A lunge is a great exercise and a bit more advanced than squats.

5. Push-Ups:

Push-ups can strengthen the chest, shoulders, triceps and the core trunk muscles all at one time.

6. Abdominal Crunches:

The familiar crunch is a good choice to target your abs, but you won't get a flat stomach with crunches alone.

7. Bent-Over Row:

This exercise works all the major muscles of the upper back, as well as the biceps. (© 2005 - 2019 WebMD LLC. All rights reserved.)



SAFETY AWARENESS: HOME SAFETY FOR SENIORS



Many seniors fear having to give up their independence. If you're caring for an aging parent or grandparent, here are some simple precautions you can take to keep them safe in their homes.

Medical Alert and GPS Devices:

According to SafeWise.com, senior home safety begins with medical alert devices. These devices are excellent if you're worried about potential falls or health issues that could result in needing emergency care. Wearable GPS devices are a good option for those who may be prone to bouts of confusion or forgetfulness. These devices allow family members or caretakers to view a senior's location through an app and send help if needed.

Home Security Systems:

Seniors, especially those living alone, are at a greater risk of being targets for home break-ins. Consider installing outdoor cameras and motion sensor floodlights to help protect the property. Indoor cameras can provide peace of mind by allowing you to check on your loved one and monitor caretakers, maintenance staff or anyone else who may come and go. A smart doorbell allows seniors to view and communicate with anyone who is on their property. Smart locks can alert the homeowner and other contacts if a door is left open, and they can be programmed to give caretakers limited access to the senior's home. (©2018 The Personal Marketing Co® (TPMC). All rights reserved.)



New Neighbors:

No new neighbors have moved into the sub.

NEWSLETTER

HOME ADVICE

Common Homeowner Mistake



Putting Lemons Down The Garbage Disposal

Putting lemons down the garbage disposal can cause problems. The acidity from citrus can corrode metal and lemon peels can damage your disposal. To get rid of odors, try running cold water while the disposal is on and dump ice cubes down the drain. It will be noisy,

but the ice cubes dislodge buildup, which helps eliminate unwanted smells. (©2018 The Personal Marketing Co® (TPMC). All rights reserved.)

WANT ADS AND SERVICES

Dayna Garrison White Furniture 3025 Biddle Avenue Wyandotte, MI 48192

PHONE: (734) 282-2155

<u>dayna@whitefurniture.com</u> <u>www.whitefurniture.com</u>

SERVICE(S):

Bought beautiful dining room furniture for my home.

Neighbor Rating: Excellent

RiverWoods Subdivision/Board Members: HOA Contact Information

P.O. Box 871776 Canton, MI 48187

Email: riverwoods92@yahoo.com

Web: www.riverwoods92.weebly.com

President—Jim Darling
Vice-President—Jack Tandon
Secretary—Julie Edgar
Treasurer—Teresa Dickie

Director—Dave McCreedy
Director—Joe LaRussa
Director—Sharon Conciello
Director—Teresa Scott-Feijoo

Missed or Misdirected Mail - Call Lee Thompson—313-226-8607

Road Complaints: www.waynecounty.com/servicerequest20/ or call: 888-762-3273

*The information provided in this newsletter is for informational purposes only and is not intended to be a recommendation by the River-Woods HOA or any of its board members for use of any of the information provided. The River-Woods HOA and its board members disclaim any liability for the use of such information.