Harmony 4-7 years Choose school, class 8-10 years Mathematician? Humanitarian? 11-14 years Choosing occupation 15-17 years Who I am? Adults 18+

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Neurometrist: Хашимова Ландыш Хаматвалиевна Kernel v11.3 // Form v16.0 // Age: 12

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# **VERBATORIA** TALENT QUOTIENT SUMMARY REPORT

@VERBATORIA

YOUR SKILL Experimentation (chemistry, physics)

# I. TALENT QUOTIENT (TQ), PERSONAL QUALITIES (PQ)



### Risk Behavior Quotient (RBQ): 10 of 10

Ease of making decisions with unpredictable outcomes that do not necessarily pose a threat

Stress Resistance (SBQ): not available for this age Ability to make adequate decisions in a stressful situation, which we face for the first time

### Mindfulness (MBQ): 5 of 10

The state of awareness of one's emotions, feelings and thoughts, their causes, outside of reflection on the surrounding reality

# **II. TALENT QUOTIENT - EMOTIONAL INTELLIGENCE**

### **People person** PEOPLE AI PHA PERSON Self-esteem: 15 Empathy: 95 $\uparrow$ EMPATHY Emotional Quotient balance between inter-, intra-personal talents DIRECTOR defines comfortable team role for children, teenager, adult. (see the section "Sport and Leadership"). Unlike applied areas talents those in emotional directly affected and changes throughout a life under environment and social conditions. Consider retesting after 12-18 months of Emotional Quotient. SELE-ESTEEM

# III. Thinking type

Appropriate type of learning new is through the study of rules, from elementary to complex constructions. It is easy to transfer the learned theory into own practice. Analytical thinking is formed in a small number of people and is manifested in all areas, from drawing to mathematics. Such people need more time, repetition, specification to understand the information.

Analytical Visual

# IV. Emotionality

Inclination to excessively emotional reactions to events. It can also be manifested as "causeless" emotions due to the events projection of the past that were not related to person or even invented. Can be the cause of conflicts.



# SCHOOL GRADES

Forecasting school performance is a task that accompanies parents throughout the development of their child. Choosing a profile, a suitable methodology, additional classes are frequent questions when moving from class to class. Subjects that were not before appear at the same time with the load increasing. For example: is it possible to know the ability to physics on arithmetic mark? It is just as wrong as assessing surgeon for the operation speed with the scalpel. Each subject has its own requirements for abilities that are made for a module by leading teachers of Moscow. Individual distribution of neurometrics abilities affects on future success more than the existing facilities and skills

	UNDERSTANDING	MEMORIZING
Algebra		
Art		
Biology		
Chemistry		
Foreign language		
GAC (Global art culture)		
Geography		
Geometry		
History		
Informatics		
Literature		
Mathematics		
Music		
Native language		
Outworld		
Physical training and sports		
Physics		
Science		
Second foreign language		
Social studies		
Technology		

Color denotation in the column "COMPLEXITY" is easiness (child independence) or difficulty (need more classes and parents attention) of **subjects in relation to each other**.

Color denotation

Child achieves results independently and parental control is minimal.

In general assimilates the school curriculum of the subject and the result depends on motivation and control.

Can not be chosen as a profile. The assessment depends significantly on the efforts of parents, methods and teacher.

The results are stable. There is no proneness to fatigue or obliviscence.

Additional lessons, repetitions and explanations are needed for achieving a stable assessment (see Attention-Memory module)

"Restlessness" and "stupid mistakes". With two "red" on the subject - an individual program and control (see Attention-Memory).

# **Out-of-school hobby**

First of all, it is necessary to consider as additional classes those who have green color in both columns: abilities to progress and speed of development here is maximum. In classes with yellow color it will probably take a lot of effort and attention of the parents, but the result is also possible. Not recommended only classes with grey color "achievements" as the child abilities do not quite appropriate to the requirements for achieving outstanding results in these classes.

DEVELOPING CLASSES	UNDERSTANDING	MEMORIZING
Acting technique		
Additive technologies and 3d printing		
Astronomy		
Autoclub		
Chess		
Circus art		
Conversational vaudeville genre		
Cosmology		
Dancing		
Design and modeling		
Digital production technology		
Engineering and artistic design		
Expeditions		
Experimentation (chemistry, physics)		
Financial management		
Graphic design		
Handicraft		
Journalism		
Junior naturalist (biology, zoology, botany)		
Languages of not similar to native phonetics		
Languages of similar to native phonetics		
Military science		
Modern business		
Modern programming		
Musical		
Navigation		
Painting, drawing, composition, photography		
Paleontology		
Phytodesign		
Piano		
Political studies		
Popular medicine		
Radio-controlled models (piloting)		
Robotic engineering		
Scenic speech		
School of young entrepreneur		
Singing		
Stringed or percussion instruments		
Visual media creativity (cinema, television, video, radio)		
Vocal and drama studio		
Color denotation in the column "COMPLEXITY" is easiness (child independence) or difficulty (need more classes and parents attention) of subjects in <b>relation to each other</b> .	RESULT!	EASILY LEARNED
	YOU CAN TRY	NEED TO REPEAT

NOT THE BEST CHOICE

QUICKLY EXHAUSTS

# WHO I AM

All ocupations, Universities may be found by name in your local region

Two of each three adults would like to get another specialty. But how to choose that where it is possible to combine at the same time both prospect and pleasure?

The algorithm has made for you the choice of seven modern professions which as much as possible correspond to both natural abilities and emotional type.

# ERP consultant

#### **Choose local University**

ERP consultant (consultant for implementation of ERP-systems) is engaged in the implementation and adjustment of enterprise planning systems. ERP system (Enterprise Resource Planning) is a set of applications that allows you to automate the accounting and management of the enterprise, to communicate together its various departments. The ERP consultant should be well versed in information systems, business processes, have the skills of project team management, project management, to understand the methodology of ERP system's implementation, have understanding of Navision, Axapta, ORACLE, BAAN, Scala, Platinum, SUN System, SAP systems and ORACLE , MSSQL, DB2 databases. A consultant for implementation of ERP-systems is some kind of universal soldier. The measures at its disposal included not only masterful computer skills and deep knowledge of the system functioning but also public speaking skills and teaching skills, deep understanding of industry specifics, knowledge of English, fundamentals of project management and psychology, being in touch with methods of business optimization and analytical skills.

### Accompanist

#### Choose local University

The accompanist provides musical accompaniment for performances, rehearsals, shows, amateur-talent groups, band and soloists, studies their repertoire and participates in folk festivals, evenings of rest, takes part in educational work, in the work of collectives of amateur-talent groups.

### Veterinarian

#### Choose local University

The veterinarian is engaged in the treatment of animals, as well as preventing the occurrence and spread of diseases in people which can be transmitted to humans from animals.

### Expert in healthy clothing

#### **Choose local University**

An expert in healthy clothing is a specialist who oversees the control of clothing production in terms of its safety and health benefits. He also develops clothes with medicinal properties - for example, tissues with disinfecting impregnation. The profession will become widespread, as the requirements for clothing will increase. It should be comfortable, environmentally friendly, and also be useful for health (warming, breathing)



## **Business information scientist**

#### **Choose local University**

Business information scientists are engaged in the automation of the work of administrative units, accountants, planning departments, sales departments, supply, economic, as well as the main production divisions of large and medium-sized firms, enterprises and organizations, calculate whether the implementation of the IT system is beneficial for the enterprise, will it be able to save, replacing manual work and "telephone" management of the computer program. A business information scientist, as a rule, deals with a professionally oriented shell, which he designs, creates and applies. This will largely consists of special software, information support and organizational support for the functioning of specific processes in the economy, and to a lesser extent affects the core of the information system.

### Composer

#### **Choose local University**

The specialist is engaged in the creation of music works, expressing thoughts, feelings, emotions of the author, evoking empathy from the audience, and invented new ways of expressions by sounds.

# Mind Fitness Coach (brain fitness)

#### Financial University under the Government of the Russian Federation

Mind Fitness Coach (brain fitness) - is a specialist in creating programs for the development of individual cognitive skills (e.g. memory, concentration, speed reading, mental math, and others) depending on the characteristics of a psycho, and goals of the person. As you know, the final quality of training depends not only on knowledge but also on the individual abilities to their perception. These abilities and needs to be developed by a coach at the mind-fitness. By the way, with the emergence of artificial intelligence, the question of the maximum mandatory development of own capacities may be the key for the survival of humanity as a species.

# **NEURO CAREER GUIDANCE, PART1: Meta-professional skills**

For navigation in the economy of future professions, the Atlas of New Professions, developed by Moscow School of Management SKOLKOVO and ASI, is used. For each of the professions, professional qualities have been developed, on which success in each of them depends. Great contribution has emotional intelligence.

GREEN marker indicates strong professional aspects of the specialist

RED marker usage of these skills will suppress professional growth

Sign	No.	Definition of an cross-professional skill	Matching skill
<b>B</b>	1	Multilingual and multicultural abilities (fluent English and knowledge of a second language, understanding of the national and cultural context of partner countries, understanding of work specifics in other countries industries)	
	2	Programming IT solutions / Managing complex automated systems / Work with artificial intelligence	
	3	Ability to work with collectives, groups and individuals	
	4	Cross-industry communication skills (understanding of technologies, processes and market situation in various related and non-related sectors)	
$\overset{\wedge}{\smile}$	5	System thinking ( ability to define and work with complex systems, including system engineering)	
A	6	Client focus, ability to work with customer requests	
	7	Lean production, production process management, based on permanent focus to eliminate all types of losses, that assumes involvement very employee in the business optimization process and maximum client focus	
	8	Ability to manage projects and processes	
	9	Ability to work underf high uncertainty and quickly changed conditions of tasks (the ability to make quick decisions, prompt reaction to changes in working conditions, the ability to allocate resources and manage personal time)	
	10	Environmental thinking	
	11	Creativity abilties , developed aesthetic taste	

#### **Risk propensity**



### Age 12

Report date:: 18 january 2021

Risky behavior is determined by the action of three factors (The Theory of Purposeful Behavior of the Individual by D. Rotter):

 a person's opinion with regard to whether this decision will lead to the desired results (subjective value of the result);

 a person's opinion about the decision that his «significant» people expect from him (the desire to meet expectations);

 a person's confidence in his own ability to slow down or accelerate the development of the situation.

# Definition

Risk is a key component of human decision-making. This is a choice in a situation of uncertainty, when there is a danger of getting a worse outcome as a result of the decision than before the choice. It can appear in a variety of areas, such as choosing a profession, a life partner, the risk of material losses, management risk, the risk of losing authority, and so on. There is also an extreme risk - loss of life or health - associated with the choice of sports, certain types of activities. A person who wants to take risks in one situation will take risks in others. Such people have a higher background level of activation of the Central nervous system. (Wahbeh, H., Oken B. S., 2012). High propensity for making risky decisions

There are only 7% of such people , or one in 13 people - a willingness to take risks, even if it is considered a serious threat that can cause unpredictable consequences. In such people, risk may cause fear, but not the desire to avoid it . There may be a desire to experience thrills. There is also an excessive sense of personal control over any situation. They will choose activities that require skill to overcome dangerous situations - pilots, entrepreneurs, athletes , and so on .

### Medium propensity for making risky decisions

The majority, 57% of people - are not inclined to extreme risk assessments, such as danger or, conversely, thrills. For such people, a risky situation is a common task, the solution to which a person seeks through an assessment based on his experience, emotional intelligence, internal attitudes and beliefs, the opinions of others , and so on. In psychology, this type is defined as willing to take situational risk if the worst possible outcome does not lead to irreparable consequences. Generals!

#### LOW propensity for making risky decisions

34% of people, or every third — the desire to avoid situations in which decisions are inevitable, associated with the risk of adverse, or even just uncertain consequences. Such people are characterized by a balanced approach, often long reflection, internal analysis of the situation, and comparison of options for action. «Measure it seven times, cut it once», and often they prefer to entrust a risky decision to someone else. Professions that require fast and responsible decisions are not the best matching for them, they are engineers by nature.

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#### **Mindfulness**



## Low (MBQ score 0 to 3)

Reflexive, diffuse state. It is characterized by the dominance of memories of the past and fears of the future in decision making; the dependence of the state and decisions on the environment; often used template, proven approaches in situations of choice; concentration on "internal idols" - beliefs not based on an understanding of the moment; high dependence of feelings and thoughts on emotions, people's actions - identification of oneself with them; a tendency to assess people and events around, and the assessment of their own actions and thoughts leads to a change in mood.

# High (MBQ score 6 to 10)

A high level of mindfulness is the ability to understand the causes and manage one's state, thoughts at every moment. The concentration of attention when making decisions regarding the moment "here and now" is characteristic; rational positive thinking regardless of circumstances; ability to keep focus on the most important thing in the moment; lack of appraisal of the environment, to oneself; management and understanding of their own thought processes and emotions; high level of self-control of behavior; insightful, creative approach to tasks.

# What Mindfulness is?

Mindfulness is a property and condition of a person in which he is aware of himself, emotions, feelings and thoughts, their causes, is able to direct and switch them, without reflection on the surrounding reality. This is the acceptance of oneself, the world and oneself in a consistent, natural course of events. In this awareness, the good will not be the antipode of the bad, but appears as an independent unit with its own meaning of existence, not feeding on the struggle with the opposite. Awareness gives confidence, stability without reinforcement, without the need for movement. Awareness allows a person to enjoy the result of a proposed action without actual action.

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