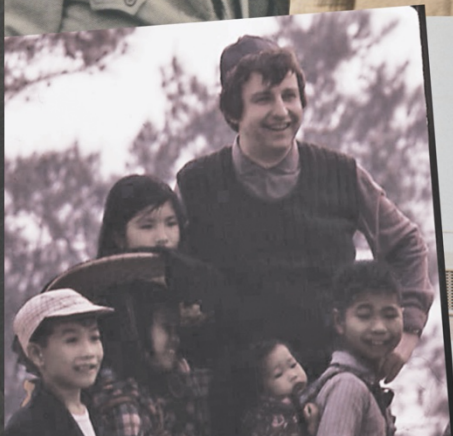


Ninety Year Journey



Ed McNamee



A Memoir

Ninety Year Journey

A Memoir

Ed McNamee



“I’ve never felt better,
looked worse or had less.”

- E.B.M.

4 Simple Credos

Don't pray for a light load,
pray for a strong back.

Always remember,
you can never
unsay something.

Wisdom is the art of knowing
what to overlook.

Take a big, big bite and hold on tight!

Advice to my son when he was 7½.

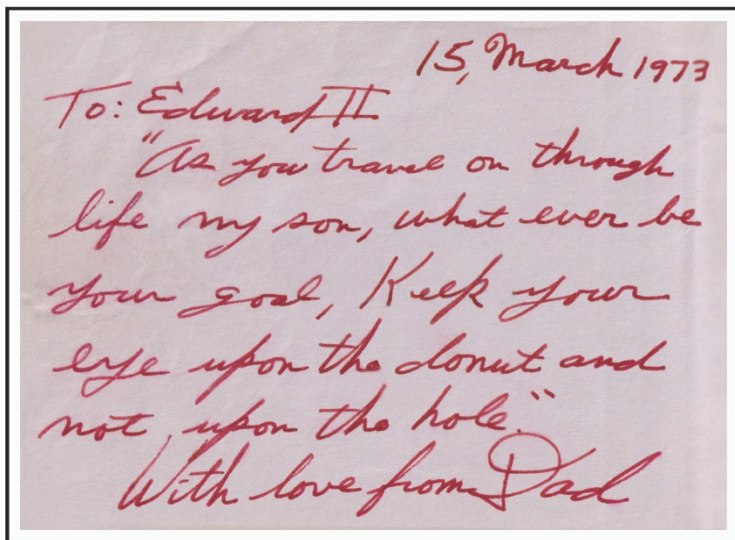


Table of Contents

Introduction	pg. i
Part 1: Life in St. Albans, Queens 1932-1952	pg. 1
Part 2: From Military through Marriage 1952-1964	pg. 49
Part 3: Family Man 1964-1974	pg. 122
Part 4: A Leap of Faith 1974-1999	pg. 189
Part 5: Reaping the Harvest 2000-2022	pg. 261

Dedication

This memoir is
lovingly dedicated to Ria
who helped me make many of
my best and brightest decisions.



And who cheerfully went along
with all of the rest!

I hope you enjoy this
Ninety Year Journey



I did.