**RP Fidelity**

**Have you previously viewed this video or seen a Score Sheet on this video?**

\_\_\_ Yes \_\_\_\_ No

**Your Name: Date:**

**Therapist Initials: Client Initials:**

**Date Role-Play was Recorded:**

**Score Sheet**

**for 7-minute sample**

LAST EDIT: 9/11/22

First, tally therapist utterances in the grey boxes. An **utterance** is any time the therapist takes a turn speaking. It may be as short as one word or as long as several paragraphs. Not all therapist utterances are counted; only count Questions and Reflections. (e.g., “I’m pleased to meet you.” would not be counted.) No utterance is scored in more than one grey box. If the utterance includes multiple grey boxes, only count the last one. (e.g., “How was it? Did you like it?” would be scored CQ.) Each Open Question may also be scored as Dir or ND, and additionally may also be scored as ES or EC (e.g., “What makes you want to change?” would be scored OQ, Dir, and EC.) Each Closed Question (CQ) may also be scored as ES or EC. Each Reflection may also be scored as RS or RC. Further, each RS may additionally be scored as Validate, and each RC may additionally be scored as Affirm. Tally Don’ts (D). Then give overall scores based on the whole sample for Reflective Stance (Stance), Client Change Orientation (CCO) & Therapist Orientation (TO).

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| **QUESTIONS (Q)** |
| **Closed Question (CQ)** | **Open Question (OQ)** |
|  | **Directive (Dir)** | **NonDirective (ND)** |
| **Evoke Sustain Talk (ES)** | **Evoke Change Talk (EC)** |

|  |  |
| --- | --- |
| **Therapist Goals** | **Met?** |
| **1.** Twice as many OQ as CQ |  |
| **2.**  As many ND and Dir |  |
| **3.** More R than OQ + CQ |  |
| **4.** ES + EC is at least 2 |  |
| **5.** RS + RC is at least 2 |  |
| **6.** Validate + Affirm is at least 1 |  |
| **7.** Stance is at least 4 |  |
| **8.** D is 0 |  |

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| **REFLECTIONS** |
| **Reflection (R)** |
| **Reflect Sustain Orientation (RS)****Validate** | **Reflect Change Orientation (RC)** **Affirm** |
| **Ambivalence Framing (AF)** |

**Therapist Orientation (TO)**

(circle number based on whole sample)

1 2 3 4

Following Guiding Directing

**Client Change Orientation (CCO)**

(circle number based on whole sample)

1 2 3 4

Sustain Change

**Reflective Stance (Stance)**

(rate whole sample 1-5)

**Don'ts (D)**

**Scoring Notes:**