



**GRACE BREAK: Caring for Our Pastor**

**OBJECTIVES:**

- 1) participants will gain an understanding of ministry stresses and pressure,
- 2) participants will acquire insight into the steps to ministry resilience,
- 3) participants will gain an appreciation for renewal leave and it's benefits to pastors and their congregations
- 4) participants will walk away with a biblical understanding of the need for the pastor's renewal
- 5) participants will acquire the tools necessary to walk through the renewal leave process and determine their next steps
- 6) participants will help create or enhance a compassionate church culture for renewal

**INSTRUCTORS:** Revs. Jack and Jacqueline Tookey, Co-founders of Big Sigh Ministries

**Workshop Outline:**

- I. Jesus Models A Pattern for Ministry Based on Mark 6**
- II. The Stresses and Pressures of Ministry**
- III. What Is Ministry/Compassion Fatigue?**
- IV. Building an Environment for Ministry Resilience**
- V. Christian Accountability**
- VI. Partnering with Our Pastor**
- VII. Renewal/Formational Leaves: Nuts and Bolts**