



Bench Press

Special Open Day Issue

Shed West Community Men's Shed Inc. for Pullenvale Ward
Number 27 October 2014

President's Message

Welcome to Shed West where men of any age come to learn new skills, share their skills or just enjoy a chat and the opportunity to make new friends or meet up with old friends.

Shed West has two campuses. The main workshop is at 98 Brookfield Road, Kenmore Hills, with the Bellbowrie group currently setting up at Priors Pocket Road at Moggill. In addition to the well equipped Kenmore Workshop there is a range of special interest groups and weekly meetings with guest speakers.

The special interest groups include computers, photography card playing, and dinner group.

There are occasional visits to other Sheds and places around the region. So there is really no limit to what members can do. The success of the Shed depends on its members of which there are now over one hundred and eighty.

If you are interested there is contact information at the end of this newsletter— new members are always welcome.



Members' having morning tea at the Shed. Relaxing together is an important part of Shed activities.



Above the new blue shed and below members in the new metal working shop.



The Shed West workshop at 98 Brookfield Road.

Kenmore and Bellbowrie meeting programs

Both campuses run regular meetings with a guest speaker. Kenmore meets at 2 pm on Tuesday afternoon at the BCC Library Meeting Room on the first, second and fourth Tuesdays of the month. Bellbowrie members meet at the Priors Pocket Rd cottage on Wednesdays at 1pm.



On the third Tuesday of the month there is a BBQ at noon at the Kenmore Shed.



Toy making is a regular and popular activity.

Workshop



There are regular demonstrations in the workshop.



Main woodworking workshop area.



A member busy restoring a chair for home. The upholstery is replaced under the guidance of the sheds upholsterer.

The well equipped Kenmore workshop is open every morning Monday to Friday from 8.30 am till 12.30 pm with Thursdays specifically devoted to project work such as community projects or toy making.

The workshop complex has four main buildings. The Woodworking Workshop, Metal Workshop, Drop in Centre and the Blue Shed, devoted to special applications.

Activities in the workshop cover a wide range of activities including, woodwork, woodturning, metal work, leather work, wood carving, toy making and upholstery.

There are also community projects to become involved in or just do your own project.

There are experienced and qualified members who provide mentoring and training and a strong emphasis on health and safety.



The Shed has strong emphasis on safety and has available and insists on use of eye, dust and hearing protection equipment.

Drop in Centre

This is a quiet air conditioned area where members can go to read, watch videos or TV, or play cards with a cup of tea or coffee.



Members playing cards and reading in the Drop in Centre

Card Players

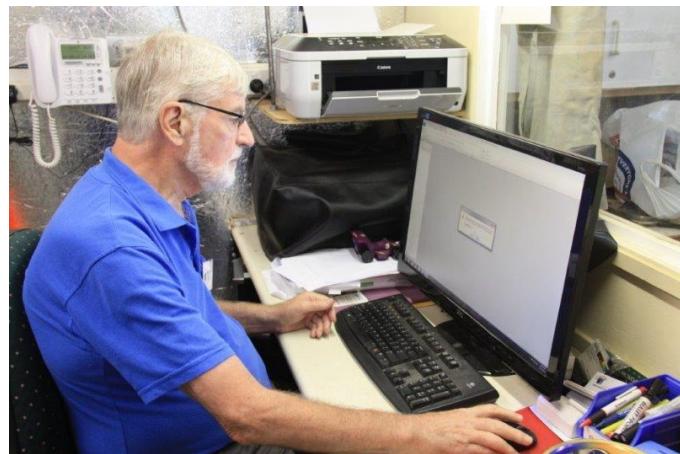
A group plays 500 on Monday mornings in the Drop in Centre in the Shed complex. If you are interested contact Roger Harding at grh6@bigpond.com

Welfare

Shed West has its own welfare group to provide support to members who are ill, in hospital, needs a hand at home or would in any way benefit from a little extra support.

Computer Club

Learn more about computers at a Computer Group session, at the Shed. For more information contact Ray Johnson at pamray19@tpg.com.au



The computer group meets by appointment in the Drop in Centre.

Photography Group

The group meets on the third Friday of the month at 2 pm at the Shed. If you are interested in joining the group contact, Hans Binnekamp, 3378 5545 or e-mail at hbinnekamp@optusnet.com.au



Members playing cards and enjoying the air conditioned comfort while reading in the Drop n Centre

Men's Health

A particular feature of the Shed movement is men's health. Regular events such as talks or activities are conducted on topics of relevance to members. This has included talks by a wide range health professionals, first aid, hearing tests and instruction on using the defibrillator located in the Shed.

Dinner Group

A recent development is members and partners getting together for dinner at a local restaurant.



Members and their partners enjoying dinner at a local restaurant



Recently the group visited the Amberley RAAF Museum on a coach trip followed by lunch at a nearby hotel.

History

It was the initiative of Cr. Margaret de Wit that led to the establishment of a men's shed in the Pullenvale Ward, as part of the long-overdue Kenmore Community Centre. Community Consultations and expressions of interest were canvassed among local people and organisations, from mid 2007. Brisbane City Council staff assisted with development, advice and seeding funds for establishment.

For almost two years a Steering Committee worked with the BCC to access a shed on this site of the former Council Depot which was redeveloped into the Kenmore Community Centre. The Centre was opened by the Lord Mayor on 20th February, 2010.

Before this the men of Shed West met Tuesday afternoons in a former Scout Hall.

Affiliations

Shed West is affiliated with both State and National associations. They are the Queensland Men's Shed Association (QMSA) and the Australian Men's Shed Association (AMSA).

AMSA

AMSA is the national body established to represent the more than one thousand Sheds around Australia. It is funded by the Federal Government to provide support to the development of all men's sheds. More: www.mensshed.org.

Membership

Membership is open to all men regardless of background, experience or ability. Come along to a meeting or visit the Shed complete an application form on the day or post to PO Box 391 Kenmore Qld, 4069. Visit the Shed at 98 Brookfield Road Kenmore Hills any morning Monday to Friday or enquire about the Tuesday afternoon meetings at Kenmore or Wednesday afternoon events at Bellbowrie

Annual membership is \$50 and a small fee for workshop activities of \$3 and meetings \$2.

More Information

www.shedwest.com or (07) 3878 2825
President, Max Lockwood (07) 3878 1734 or maxlock@tpg.com.au



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