

# The Shed Newslitter

The Newsletter of the Shed West Community Men's Shed Inc.

July edition, 31 July 2025

Shed West Community Men's Shed Inc. 98 Brookfield Road Kenmore. PO Box 319 Kenmore Qld 4069 ABN 38 009 395 013 Phone (07) 3878 2825 shedwest@bigpond.com www.shedwest.com

Shed West Community Men's Shed (Inc.) is a registered charity and member of the Australian Men's Shed Association and the Queensland Men's Shed Association.



Shed West Community Men's Shed Inc. 98 Brookfield Rd, Kenmore Hills PO Box 391, Kenmore, Qld 4069 shedwest@bigpond.com www shedwest.com
ABN 38 009 395 013

# **ADVANCE NOTICE OF ANNUAL GENERAL MEETING 2025**

# **Shed West Community Men's Shed (Inc)**

The Annual General Meeting of the Shed West Community Men's Shed will be held on Tuesday **7**<sup>th</sup> **October at 2:00 pm** at the Kenmore Library Room 3.

At the AGM, the President will report on the activities of the Shed over the past year. The Treasurer will present his and the auditor's reports on the 2024/25 financial year. An auditor will be appointed for 2025/26.

Members will then elect the Management Committee for 2025/26. There is an opportunity for any other ordinary business.

Nomination of positions for Management Committee 2025/26 are due 23<sup>rd</sup> September.

# OFFICIAL OPENING OF THE REFURBISHED KENMORE COMMUNITY CENTRE

Shed West President Phil Batten wishes to inform members that there will be an official opening of the 98 Brookfield Road Kenmore Community Centre on Thursday 25 September

at 10:30 am. Members, spouses and partners and friends are invited to attend so please mark the date in your calendar. On-sight parking might be limited so consider parking in side streets off Moggill Road or even catching the bus from Kenmore Village. Bus route 435 to Brookfield will stop at stop No 38, Brookfield Rd at Iona St. 150 metres past Shed West.

From: Pullenvale Ward Office <pullenvale.ward@bcc.qld.gov.au>

Subject: Official opening of Kenmore Community Centre 98 Brookfield Rd

Date: 17 July 2025 at 11:43:14 am AEST

To: George obrien, "Monique Lowndes - E Waste", Phil Batten

Good morning,

As discussed via phone, Councillor Adermann is organising the official opening of the Kenmore Community Centre at 98 Brookfield Rd as required for the Federal funding.

We require a minimum of 56 days' notice to invite the Federal Minister to attend to cut the ribbon.

Therefore, after discussions the date of Thursday 25<sup>th</sup> September 2025 is the date that suits all tenants. We are aiming for a 10:30am start and will provide a coffee van and morning tea.

Please mark this date in your calendars.

Further information and an invitation inviting you and your members to attend will follow in the coming weeks.

Kind regards,

# Micaela

### Ward Officer

Office of Cr Greg Adermann

Councillor for Pullenvale Ward | BRISBANE CITY COUNCIL

(07) 3407 0220 | 1st Floor Kenmore Library Building, Kenmore Village Shopping Centre, 9 Brookfield Road, Kenmore 4069

pullenvale.ward@bcc.qld.gov.au



Please Note: The Integrity Act 2009 makes it an offence for Councillors or their staff to knowingly allow lobbying activities unless the lobbyist is first registered with the State. If the purpose of your contact is a lobbying activity within the meaning of the Integrity Act 2009, you should advise that you are in compliance with all provisions of the Integrity Act 2009.

# **Shed West update on the Special General Meeting**

Following the Special General Meeting in April which endorsed revisions to the Shed's Constitution, final approval was granted by the Office of Fair Trading in May. Subsequently the Shed has been accredited with Deductible Gift Recipients (DGR) status by the Australian Tax Office (ATO). The relevance of this status is that people or organisations wishing to donate money to Shed West can receive a tax deduction for the donation.

The revised 2025 constitution is available from the Shed's website at <a href="https://shedwest.com/shed-info-%2Fforms">https://shedwest.com/shed-info-%2Fforms</a>

# What's in this issue

	Page
Advance notice of the AGM	1
Official Opening of refurbished Kenmore	
Community Centre	1
Update - Shed Special General Meeting	3
Shed West Sponsors	4
Member Feature Ron Williams	5
Ops Sub-committee Report	7
Happy Birthday Syd Hallas	8
Wine and Cheese Event	8
Leather Group Report by Alan Earnst	9
And now for something completely different	10
Land Rover Project Update	10
Health and Safety Report	13
Photos	16
Shed West's Speaker Program	17
Tools for Mental Wellness	18
New Donga	19
Humour section	20
Dave's Days Out, forthcoming excursions	21
Membership Nores from Dave King	22
Editor's notes	23
Last Minute Messages to members	23
Shed West Classifieds	24
Dying to Know talk brochure, 12 AUG	25
Committee membership	26
Supervisor List and shed responsibilities	27

# **Shed West Sponsors**

Shed West is indebted to local politicians and businesses that support the shed's activities.



Dr Christian ROWAN MP State Member for Moggill

# ELIZABETH WATSON-BROWN MEMBER FOR RYAN

# LEWIS BROS. MITRE 10

Mighty Helpful independent hardware store in KENMORE

Lewis Bros Mitre 10 provides discounts on Shed West purchases.

# MEMBER FEATURE: RON WILLIAMS – a man who creates connections

Ron is the Shed West supervisor on Tuesday mornings. If you come along you will be affected by his cheery grin, humour and good-natured, easy friendliness (bonhomie). Ron is the king of pen-making and has trained 25 shed members to date in the technique of turning small rectilinear blocks of unique timber species into very classy pens.

Ron was born the second of nine children in Port Fairy, VIC. When Ron was about two years old the family moved to Geelong. Ron's father was a plumber-builder and required Ron to work for him afternoons after school, weekends and holidays. Ron learned a lot about plumbing and building and developed skills using trade tools. He says that he also learned how to get along with people.

Ron's first job after finishing grade 10 was with VIC Rail in Geelong. He also worked in Melbourne as a clerk involved in assembling trains for intra- and interstate passenger and goods traffic. Bogeys had to be changed on trains to South Australia and NSW from broad gauge to standard gauge and Ron was involved in that procedure. This work provided Ron substantial office experience that would be useful to Ron in the future.

Ron aged 21 met a young woman in Geelong who became, and still is the love of his life. Christine contracted paralytic poliomyelitis at age two and after spending over two years in hospital was discharged with medical opinion that her disability would significantly limit her life. Christine must not have heard this negative opinion or if she did, was determined to prove it false. Christine learned to walk with the aid of calipers and studied to become a schoolteacher. Ron and Christine married in January 1972 and moved into their new house that Ron and his dad had built. Two children were born during their time in Geelong.

Victoria's cold winters were challenging for Christine and doctors recommended she should move to a warmer climate. Without hesitation Ron decided the family should move to Brisbane. It was a brave step to leave a safe government job, sell their house and pack up for a city where Ron and Christine knew no one, no job to go to and substantial relocation costs to be met. Undeterred, the move was accomplished and Ron purchased land at Chapel Hill to build a house of his and Christine's design that offered accessibility similar to the house they had designed and built in Geelong. The shell of the house was constructed by a builder and Ron completed the fit out using the skills learned during his younger life.

Eventually Ron was successful applying for a job with ARC Engineering at Acacia Ridge where he engaged in telephone sales of steel fencing. This was a good role for Ron and his sales results drew interest of management. Ron was promoted to a field sales role based out of head office. Impressive sales resulted in Ron being asked to develop a sales plan which he did based on his selling techniques. The plan was so successful Ron was asked to roll it out across Queensland. Eventually Ron's plan was distributed Australia wide. After some years at ARC and with the family expanded by another two children Ron wanted a change and moved to a sales role at Boral roofing tiles. This was another success story for Ron.

At age 63 Ron stopped work to provide full-time care for Christine who was experiencing greater issues due to the childhood polio. With the move to Brisbane Christine ceased working as a teacher because she was looking after the young family. With Christine's decreasing capability Ron picked up the cooking, cleaning and washing tasks. Thirteen years ago Christine started to learn to play Bridge at the Kenmore community facilities in Brookfield Road and Ron joined Shed West so that he could ensure Christine had car parking and easy access to the Bridge club.

Ron and Christine live a well-planned life where they can pursue their own interests, spend time together and have regular contact with the offspring and eight grandchildren. Christine

sews and knits. Ron makes pens, assembles jig saw puzzles and runs the household. Together they play Bridge at Moggill on Mondays and afterwards visit friends now residing in aged care facilities. Wednesday is date day when they go out to spend the whole day together. Ron is as dedicated to Christine as when they first met. These days their lives are based on routine ensuring Christine's care requirements are met. Routine does not mean dullness and it is obvious that the couple lead a rich life based on love and respect.

After Ron joined Shed West, member Ray Stefferson, a master woodturner and Ron started a friendship and Ron took a keen interest in wood turning, pen making, tray and cutting board making under Ray's tutelage. Another shed member Blair Masterman, international honey seller asked Ron to make him 25 pens to give to associates as gifts. The pens were such a success with Blair's customers that he asked Ron to teach him to make the pens. Together they went and bought a lathe with all the accessories and spares so Blair could turn pens at his home. Blair made hundreds of pens and gave them away.

Ron recounts that with Graeme Correll and Barry Borchart [who now lives in Coffs Harbour] he learned to make harps and marimbas. They made two harps, one for Graham's daughter, who is a music teacher and another now played by Ron's grandson. A marimba is a feature in Ron's daughter's house.

Shed West has been a source of learning and fulfillment for Ron. He has picked up skills in leather work making belts, wallets and aprons; Furniture-making and repairs and restoration of chairs and tables. Ron says the "Shed has given me many friends, great experiences, improved and broadened my working abilities, but I am still the very shy and reserved person who started there 13 years ago. I was lucky to receive an award at the shed for being the "Most Improved Member", from Russ Hawksford and the management committee. I plan to be around for many more years enjoying all the great experiences, and friendships that being a member of the Men's Shed provides for all its members."



Ron standing at his wood turning lathe wearing his leather apron, complete with recycled JAG shoulder bag repurposed as a sporran.

# **Ops Sub-Committee Report**

The dust is beginning to settle on the shed re-furbishment but we still have a few housekeeping chores needing attention before we can really say we have nailed it.

When we began the process, we had to re-locate a lot of 'stuff'. We used every spare space available to stack and pile our goods. Now we have to work in reverse and find suitable storage places of the goods we determine are worth keeping. A lot of these items are unwanted, unserviceable, unnecessary and well past their use-by dates so it is time to be ruthless in what it is we want to keep and where, and what we don't. I propose that the best people to make these decisions are those of the Ops Sub-Committee.

We also propose to re-instate the Tidy up Friday programme which will be the last Friday of each month (this Friday). This will include clearing all benches of unnecessary projects and raw materials, ensuring all hand and power tools are stored where they should be, and emptying all offcut bins, to mention but a few chores. The two hopper bins under the Micronaire dust collector fill up much quicker than I initially thought and will probably need checking weekly.

The project of trophies for the Kenmore Bears Netball Club have just been finished and will fetch an income of \$600. Bill Christaldi is about to embark on a Trotec project with One Table to supply sets of drink coasters in purpose designed holders which should be in vicinity of \$600. Bill is also working on another major Trotec project which is yet to be announced of its magnitude. Doug Wait has just finished the second batch of possum boxes for Professor Steve Barker of UQ with a possibility of more orders to come. Another \$500 on top of the previous \$500 for the coffers.

### The New Electric BBQ

The grant application to AMSA for a new BBQ has been successful. We have been offered \$5000 which is terrific.

The slab is now poured with the electrical conduit installed ready for cabling and connection. There will be a key-switch mounted on the outside of the BBQ to provide security when not in use by the Shed. A weatherproof powerpoint will also be mounted on the cabinet to allow for connected appliances to provide secondary cooking processes and keeping food heated.



# **Shed Redevelopment Update**

An alarming safety issue arose last Thursday with our first venture into the new 'donga'. The wheelchair mobile members expressed some concern with the width of the pathways to be used to access the morning tea venue. Their concern is that the garden in front of the building is a good drop below the pathway and should one of their wheels go over the edge there could be serious consequences for them. The BCC has been notified and a meeting will be held on site to create solutions to ensure all are safe.

The gap between the skillion roof and the main shed roof will be finished by the end of the week. The roll up blinds are being tailor made and no date has been set for their installation.

Neil Rogers Chair, Ops Sub-committee

# **Happy Birthday Syd Hallas**



Syd, wife Leanne, family and friends celebrating at One Table. Look at that cake!

# **Shed West Wine and Cheese Event**



Saturday afternoon 15 June over 30 Shed West members, partners and friends enjoyed a wine and cheese tasting hosted by member Peter Gross, a cheese maker of repute and cheese expert. Peter with the aid of Wine Selectors had assembled 12 cheeses sourced from Australia, France and Italy and five white and one red wine to match the cheeses. The afternoon was incredibly informative and a lot of fun listening to Peter's stories about cheese and wine. Important for the Shed, Dave King calculated a profit of \$997.90 from an income of \$1,360 and expenses of \$362.10.

A big thanks to Dave King for organising the event, Peter Grosse for providing his knowledge and expertise and contact with Wine Selectors to buy the wine at cost price. Thanks also to One Table for providing the venue.

# **Leather Work – Blue Shed**

The leatherwork group continue to meet on Monday afternoon for a couple of hours of leatherwork and discussions over coffee. There is a core group of regulars and several who have other projects from time to time.

John continues with making belts having recently finished a notebook cover.





Greg having just finished a belt is now working on a wallet. This came as an inner in our prison donation and requires a cover which will be laced on.

Meanwhile Alan has completed a small card wallet and another mobile phone case trialling a heavier leather





Regards, Alan Ernst

# And Now for Something Completely Different? - Doug Wait

One of the characteristics of successful and dynamic men's sheds is the variety of activities and interests taking place across any given week. Shed West offers potential members a diverse choice, but, IMHO, we can do better.

So, ask yourself these questions:

What pastime have I wished was happening at Shed West?

Do I have a particular passion and I wish I could find kindred spirits?

Do I have an urge to lead a group? If not lead, then participate and learn?

With the enhancement of our facilities almost completed, there's no better time to get a new interest group started. Mastering new skills and knowledge is great for selfesteem.

Here are some suggestions:

Gardening (in a part of our newly-landscaped grounds). Perhaps a vertical garden. Perhaps a herb & veggie garden, to contribute to our BBQs. Perhaps orchids.

# Electronics:

We have soldering equipment.

### Robotics:

With eWaste Connection beside us, we have easy access to lots of salvageable parts.

# Drone Pilots:

A number of members are skilled drone pilots.

# 3D Printing:

A number of members have experience with 3D printing.

Watercolour or Oil Painting

Music Appreciation

If the above has inspired you to get something happening - or if you have something else in mind - have a chat to any of your Management Committee members.

# **Land Rover Project Update**

# **Current progress**

You may have seen Ollie out and about in the carpark at Shed West over the past few weeks.

With the mechanical work now complete and based on the limited driving we can do in the carpark, the engine, gearbox, drive train, differentials, suspension, brakes, hubs, steering, cooling system and electrical systems all appear to function as they should. As with all 60+ year old vehicles, there are still some minor mechanical and electrical issues requiring attention.



Ollie – July 2025

Over the past month, fabrication work on the rusted out internal storage compartment in the seat box has been completed, and the seat box has been primed and painted. The seat box, tunnel covers and floor plates have been refitted, and the new seats installed.

The supplementary gauge panel on the bulkhead has also been completed and refitted.





### Refurbished seat box

# **Outstanding work**

# **Body panels**

Work is still ongoing to get the balance of the body panels ready for painting. This includes the bonnet, front guards, doors, sills, tub and roof.

A significant amount of work has been put into stripping and repairing the tub. This has been the key focus of the Monday/Tuesday team over the past several weeks, particularly with the accident damage to the front of it.

Damaged parts have been removed and replaced with matching items from the spare tub. The tub and roof should go off site for painting by the end of this month.



The tub under repair - soon to be painted marine blue

# <u>Fixings</u>

We have unpacked the last of the nuts, bolts, washers, screws, clips, brackets and plates that came off Ollie as it was stripped back to a bare chassis in early 2023. At that time, each set of fixings was put into a labelled container (e.g. right wing, left wing, right door, right sills, bonnet, etc) to assist with reassembly.

The original clips, brackets and plates are being cleaned and repainted. Because of their rusted condition, most of the nuts, bolts and washers are being replaced with new zinc plated ones.

This involves going through each container together with the parts manual to identify nut, bolt and washer quantities and sizes, and ordering them through United Fasteners in Richlands.

As an example of quantities, the front right wing is attached to the chassis and adjacent body panels using 5 fixing brackets and plates, and  $42 \times 1/4$ " UNF bolts of three different sizes with associated nuts, flat washers and split washers.

### VRG members chat about Land Rovers



"The two things that really drew me to Land Rovers were the expense and the inconvenience."

Bruce Woodhouse Vehicle Restoration Group

# **Health and Safety Report**



As many of you will be aware, I have recently been appointed the Shed Health and Safety Officer. I know what many of you may be thinking – Damm WHS Police. However, that is not the way I wish to approach my role. I believe it is essential that any activities that we undertake in the shed are done as safely as possible, while still enjoying ourselves. No matter how new or experienced you are, or where you fit in the shed management or hierarchy, EVERYONE has a role to play in safety within the shed.

The role involves a mix of Statutory and Regulatory requirements, Training (as appropriate) and ensuring we have a culture of carrying out the varied shed activities in a safe manner.

In any safety officer's role there is always a safety slogan. Usually, these are conventional slogans you are familiar with such as Work Safely, No Accidents, Not One Not Ever etc. However, I have chosen to use the slogan "**Be Courageous**".

You are probably wondering why I have chosen this slogan, as at first sight it doesn't appear to have anything at all to do with safety. I have chosen the slogan **Be Courageous** as I would encourage all shed members to have the courage to tap a fellow shedder on the shoulder if you feel they are working or undertaking any activity in what you perceive as an unsafe manner or that is likely to put them or yourself in a harmful position.

Within the Shed we have a range of members with various levels of experience of Health and Safety issues, varying from people who worked in very low-risk environments to others who worked in very high-risk industries (where WHS Police were necessary for everyone's safety). We also have a range of safety environments that range from very low risk (eg Card group\*) to high risk (eg Green Shed with its dangerous machinery).

As members of the Shed, we have a mix of skills, backgrounds and experience. It is important, that we share these skills and backgrounds and help each other as best we can, as we learn new skills and undertake activities that may be unfamiliar to us. As humans, we all make mistakes as a result of taking shortcuts, being overconfident, inexperience, undertaking activities for which we have no training, being tired etc (and I am no less guilty of making these mistakes as the next person), so we all need to keep an eye on each other at all times.

\*Though I have heard of the occasional Bridge player shooting each other, but to date, not any of our 500 players.

If you see a safety issue in the shed don't be afraid to take the initiative, fix it if you can (eg pickup a piece of timber on the floor that may be a tripping hazard). If it is something that you aren't confident to fix or deal with yourself, or is a more systemic issue, feel free to discuss it with myself, a Supervisor or a Management Committee Member. Be assured that we will listen to your concerns and act on them appropriately.

The other part of **Be Courageous** is to have the courage to **graciously accept the advice** that you are being given **by a fellow shedder when they tap you on the shoulder**. They are doing so as they are picking up on a behaviour that is, or that has the potential, to be dangerous and to cause an injury (no matter how minor), either to yourself or those around you. They are only letting you know for your own safety, and it will have taken courage on their part let you know.

Be Courageous, also applies to the Health part of Health and Safety. If you see a fellow Shedder who is not their normal self, then have the courage to ask them how they are feeling and to discuss their feelings with them. After all, this is the reason why the Shed movement was originally set up — to provide a safe environment for men to raise how they are feeling and why, as well as any mental health issues they may have. Also, have the courage to listen to what they have to say.

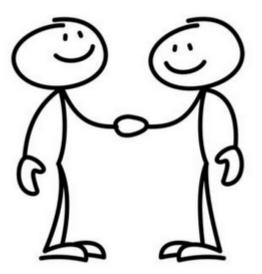
As Shed West is spread out over a number of locations or Zones at our Kenmore Campus, (Green Shed, Blue Shed, White Shed and the new Technology Room (the old Donga)) I will progressively be undertaking safety assessments of the various locations over the coming months and making the necessary safety improvements. I will keep you updated in future issues of Shedlitter of safety changes around the various sheds.

In Summary:

# **Be Courageous**

- If you see a safety issue in the shed, don't be afraid to take the initiative and fix it if you can (check with Supervisor as required).
- If you are not confident in fixing or dealing with a safety issue, then bring it to your Supervisor's attention.
- If you see a systemic issue, note it and firstly bring it to your Supervisor's attention for follow-up and further action as and if required.
- Have the courage to graciously accept the advice that you are being given by a fellow shedder if they have a safety concern and they tap you on the shoulder.
- Support one another. If you see a fellow Shedder who is not their normal self, then have the courage to ask them how they are feeling, discuss their feelings and support them.

In summary, remember to **Be Courageous** together.



Ralph Dowling

**Shed West Health and Safety Officer.** 



Bill Cristaldi lending a hand to clean the sign for the refurbished green shed.



Stu's Floating picture frame made of recycled tree trunk

# **Speaker Program Schedule**

The speaker program has attracted audiences of 20 to 30 and more people to each presentation throughout the year. There have been very interesting and well-presented talks. Jim Watters (Shed secretary) is always interested to hear from people who can present a talk for the edification of members and guests.

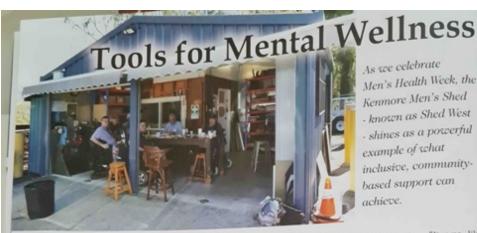


The dates of future talks and the topics are in the table below:

5 August	Sam Yilmaz	Update on home care package program. The speaker will brief members on eligibility, scope and process to apply.
12 August	Colin Newton	"Dying to Know – Funeral Planning" Why funerals matter and what you need to know about pre-planning your funeral. Stories from the undertaker. The speaker is an experienced undertaker with many fascinating stories associated with his profession.
2 Sept	Craig Dods	Fire Safety and Li-ion batteries. Brisbane Region Queensland Fire Department
9 Sept	Kerry Gordon	(TBC) Precious Wings ???
14 Oct	Peter Tedman	"The Role of the Australian Navy Clearance Diver" From the role of the military diver during WWII, to the inception of the Clearance Diving Branch in the Royal Australian Navy in 1955, and through to the responsibilities in recent conflicts, the Clearance Diver has evolved into an integral part of the Australian Defence Forces. Peter Tedman, as the Commanding Officer of several overseas deployments to dangerous conflict areas, and more local tasks requiring the well-honed skills of a modern Clearance Diver, he is well placed to present the functions of the RAN Clearance Diver.  Although, in recent years, you may have seen him as one of the live presenters on the ABC for the ANZAC Day marches in Brisbane, Peter recently retired from
4 Nov	Melbourne Cup	the Navy after 49 years of service.  No speaker – straight from the horse's mouth.
11 Nov	Margaret Kowald	(TBC) Historical insights into Kenmore-Brookfield- Moggill District

### News item about Shed West in The Local Bulletin

The following article appeared in July 2025 edition of The Local Bulletin (pp 16-17). This is a great endorsement of Shed West as a community-based support provider for men of all ages. Thank you Barry Searle owner of The Local Bulletin for writing the article.



Men's Health Week, the Kenmore Men's Shed · known as Shed West · shines as a powerful example of what inclusive, communitybased support can achieve.



activities and the mateship it said.

physical and mental well- he got me started." being, it also understands how

injury several years ago, 77-year- support and a strong sense of old Geoff, a shed member community. from Kenmore, spent nearly 10 "There'd be nothing worse months in hospital. Now he uses than being stuck in a home, a wheelchair for mobility.

"I came out of the hospital at Adisability, who attend Shed the end of 2012 and was looking Geoff said. West can fully enjoy all club for things to do after that," he

All men who come to the shed to cater for men with disability. and belonging are to its members. connection and mateship are

and we know a lot of people in

wheelchairs end up that way,"

local area coordinators in the of things. It was pretty good Carers Queensland "A good friend of mine I met community visit Shed West in Trevor said. A standout in its community, through the RSL was helping to Kenmore regularly and they were Shed West not only champions run a Men's Shed at the time, and immediately impressed with the inclusive practices it had set up retired magistrate, a fellow who

renovated with higher tables and it's been fantastic to hear After suffering a spinal cord "important", along with mutual to accommodate wheelchairs, their stories. 70-year-old Trevor from Corinda recalled how simple changes joining in on activities much

"It was like something was done for us, rather than having NDIS to fit into the normal operation

"But the beauty of it is there's a couple of engineers, there's a flew choppers in Vietnam, a important connection, purpose, share the same sentiment – social After the Blue Shed was fellow who flew into New Guinea,

> "I've had businesses. I had a couple of farms down at made accessing the shed and Tamworth; I had a business in Canada, then I went back to my trade, a mechanic, and that's



when I had my accident," Trevor said.

Out cycling one day when he was 58, Trevor had an accident It resulted in critical injuries and in his life, which has led to a long and challenging recovery for him.

"I went over the handlebars on head. I broke my neck, C6 and 7," he said. "When I woke up, there was a couple of cyclists there who Trevor said.

were on the phone to triple 0, so nine and a half months later, I got

Since Trevor joined the NDIS, near the Fig Tree Pocket turn-off. his community participation and physical wellbeing have marked a significant turning point increased significantly, all thanks to his support workers and regular therapies.

"I go to the gym three times my push bike and landed on my a week. They put pads on the muscles on my legs, and that generates power to drive a bike,"



the muscle movement generates blood flow, so it's very important. Otherwise you end up with fluid on the legs," he added.

Prioritising men's health and well-being, Shed West has become a beacon of hope, showing how community-driven initiatives can Shed Association. foster healthier, more connected

physical improvements, inclusive healthfocused activities, and the strong

social bonds it has been able to form, the Kenmore Men's Shed showcases the power of a supportive and united community.

For more information about Men's Health Week and local shed run events, visit Men's Health Week 2025 - Australian Men's

Shed West Kenmore is located at 98 Brookfield Road, Kenmore. For more information about Men's Shed, go to: shedwest.com

# **New Donga Inaugural Smoko**

The new Donga has provided refuge for the 500 players and 0n Monday 28 July 2025 its facilities were used for an inaugural morning tea for the members preset.



# **Birds Eye View of the New Donga**



Friday 11 July 2025

# **Humour**

Roommate came home drunk at 2 am. Before he fell asleep he mentioned that the stove was broken...

This is what I woke up to @





# UPCOMING SHED WEST SOCIAL SORTIES

This is just a quick heads-up on the monthly social events (Social Sorties) for the next few months.

# August 26th - Ferny Grove Men's Shed & Tramways Museum

The Ferny Grove Men's Shed is part of the Tramways Museum at Ferny Grove. They will host us for morning tea and a BBQ lunch. The plan is to arrive at 10:00 for a morning tea with their members, followed by a tour of the facility. This will be followed by a BBQ lunch and, for those who are keen to relive their childhood, possibly a tram-ride!!

It is essential that you are booked on to this tour as they are catering for us. So, when the sign-on sheets are available in the Green & Blue sheds, please get your name down.

# September 11<sup>th</sup> – Two Events:

# 1. Tour of two private collection of old motor vehicles.

We have arranged access for a tour of two private collections of old motor vehicles. One in Pullenvale and one in Upper Brookfield. Firstly, Shed West member, Peter Gross's collection of old and rare cars in Pullenvale. The collection includes (among others): 1924 & 1926 Galloway (two of only 8 Galloways ever made); Mk IV Jaguar (the first 'Jaguar' model built); a 1948 MG TE; and several other cars.

Then we move on to another collection, this time in Upper Brookfield with local businessman Derek Bulten's collection of over 90 motor cycles and 6 old cars. This collection includes 20-odd BMW motor cycles; n1928 Cadillac Coup; 1924 Crosley; 1948 Traction Avant; 1928 Chevrolet Ute and a 1987 Citron 2CV.

After these tours, we'll proceed somewhere for a sit-down lunch to compare notes!!

2. <u>Beginner's Pottery Class</u>. We've arranged a very good price (\$25 per person) for this but numbers will be limited. With enough interest, we're looking booking **September 24**<sup>th</sup> as a second Sortie for the month.

# October - Two Events:

- 1. Commissariat Store Museum. (Date TBC) This museum is operated by the Royal Historical Society of Queensland at 115 William Street, Brisbane. Their tour guides will take us through the museum housing an array of Queensland's convict history in the convict-built Commissariat Store Building. Convict artefacts including leg irons, cat o' nine tails, convict fingers, a scale model of original convict settlement, straitjacket, handmade bricks, Boggo Road hanging beam, a camel harness from the Burke and Wills expedition, and one of Leichhardt's axe heads.
- 2. <u>Camping at Cullendore</u>. For those interested in <u>camping or caravanning</u>, we've pencilled in a trip Cullendore High Country (near Stanthorpe). The sites have been booked for **October 15-20**. Obviously camping isn't for everyone, but for those who like camping or caravanning, Cullendore is a great spot.

# Other events we're working on:

- A tour of the Walter Taylor Bridge in Indooroopilly.
- Our annual Christmas lunch is in the planning keep an ear out for this in the coming weeks.

# **MEMBERSHIP NOTES from Dave King**

# 2025/2026 Membership Fee Increase

As you should be aware, the Shed West membership annual fees (almost) cover the 'set operating costs' for individual members of Shed West. Apart from a small increase in membership fees last year, it had been some time since a substantial increase was taken on. As shown in a previous email to all members, the management committee had a close look at what our on-going set costs were, and, with our current membership numbers, these 'set costs' are approximately \$85 per person. It is for this reason that we decided to increase the annual membership fees to \$80 this year. The remaining (set costs), and operating costs, are covered (subsidised) by other income streams.

# Membership Renewal Form

In the 2024/2025 renewal period, we also introduced a renewal form that is designed to make sure that we have an up-to-date picture on what our members' needs and interests are.

There is a section that asks if your medical or physical limitations have changed. We ask that you take this opportunity to let us know if there are any changes that are likely to limit your ability to keep yourself (or others around you) safe whilst at Shed West.

# 2025/2026 Membership Process

I would like to send a big 'thank you' to all those who have completed both the annual renewal form and paid their annual fees for this coming year. As you would be aware, the annual fees are due at the end of June each year, so there are a significant number who are behind in their renewals for this year – see the details below:

Paid and renewal form submitted	69
Paid, but we still need a completed renewal form	21
Still to be renewed	41
Not renewing in 2024/2025	2

I am continuing to reach out to those who are behind in their renewal process, so when you get an email from me, please respond.

# New Membership Renewal Process in the Winds!!??

If you speak with my dearly beloved wife, the annual renewal process alone takes dozens of hours work every year. The Management team has agreed to investigate if we can streamline the membership applications and renewal procedures. One of our newer members, Maurice Kinderman is doing some great work in this area. Speaking as the one who manages this area of our collective, if Maurice can simplify this, it will be a god-send!!

Warmest regards to all.

Dave King

### **EDITOR'S NOTE**

The deadline for articles to be provided to the editor for inclusion in the Shed West Newslitter are:

No Newslitter is planned for August (editor hopes to be away)

22 September for 29 September publishing

28 November for 5 December publishing

If you are sending photos for inclusion in the Newslitter please email either as small size PDF format (under 150kB) or in jpeg or tiff format so the file size can be reduced. The Newslitter will not email if it is over a certain file size and the photos make up the bulk of the size.

Shed West's Newslitter is of greater benefit to its readers if it contains stories about Shed West members. If you are working on a personal project at the shed, engage in a hobby at home, have an artistic flair, play a musical instrument, have returned from a travel adventure, we would all like to hear about it. If you don't want to write your own story, contact me and I'll write it with you.

Gilbert Logan (Shed West Newslitter, editor)

email gilogan51@gmail.com

# LAST MINUTE MESSAGES

If there are any Shed West members who are interested in forming a group for **Raspberry Pi users**, could they please make themselves known to either Stu Reed or Doug Wait.

(Raspberry Pi is a series of small, single board computers developed by the Raspberry Pi Foundation
in the UK. These SBCs are now used in areas such as industrial automation, robotics, home
automation, IoT devices, and hobbyist projects.)
<b>X</b>

Shed members interested in restarting a walking group please complete this **WALKING SURVEY** and hand it in to the Shed West office or contact Gilbert Logan 0409792396.

Name	
Contact phone or email	
How far do you want to walk? (km)	
How long do you want to walk for, 1h? >1h?	
Where to walk (around streets, parks, ?)	
Frequency (weekly, fortnight, 1 / month?)	
Day of week? Flexible?	
Time of day, early am, middle, afternoon?	
Walking interest - fitness, chat, company?	
Start & finish at the shed or elsewhere?	
Occasional longer walks, e.g. Mt Coo-tha?	
Will bring, spouse, partner, friend or just you?	
Do you require medical clearance to walk?	Y / N ? (Confidential, no details required here.)
Do you currently walk regularly & how far?	
Do you want to finish at a café or at Shed	
West by smoko?	

# **Shed West Classifieds**

# For Sale

The double cartridge headed Kufo dust extractor which serviced the planer, thicknesser and table saw is now for sale. Any member showing interest should contact a member of the Ops committee before it is offered outside of the shed. This unit comes complete with half full bags of dust and shavings.

Make an offer or spread the word.



# Information on 12 AUG talk at Kenmore Library



# **Dying To Know**

# Free Community Education Talk

You'll meet a funeral specialist who will simplify the funeral process, explaining why more people are choosing to pre-plan and answering any questions for peace of mind.

- What are the benefits of pre-planning and costs?
- What is the difference between a pre-paid funeral plan and funeral insurance?
- · Personal requests are there any rules?
- What if I don't want a funeral or I change my mind?
- · What exactly does a funeral director do?

# To be held at

Kenmore Library, Kenmore Village Complex 9 Brookfield Road, Kenmore QLD 4069

Tuesday 12th August 2025

2PM

\*Afternoon tea provided



Secure your spot today by phoning Tullia Wild 0437 301 400 Local Area Engagement Proudly presented by





Guardian Plan is a funeral bond issued by the Over Fifty Guardian Friendly Society Limited (the Society) ABN 81 087 649 063 AFSL 524353.

Proudly part of InvoCare. InvoCare is Australia's leading provider of funeral, cemetery, crematoria and related services.

# **Committee Membership & Responsibilities**

President Phil Batten shedwest.president@gmail.com

Vice President Gerald Barber

Secretary Jim Watters shedwest.sec@gmail.com
Treasurer Shyam Verma shedwest.treas@gmail.com

Committee Member Ian Boudry
Committee Member Gavan Clarke

Committee Member David King shedwest.social@gmail.com

Committee Member Stuart Reed
Committee Member Neil Rogers
Committee Member Doug Wait

Committee Member Bruce Woodhouse Committee Member Gilbert Logan

# **Operations Sub-Committee**

The operations sub-committee is responsible for the management of the Shed. This includes maintenance and health and safety aspects.

Neil Rogers (Chair) neiltrogers@optusnet.com.au
David Arnold arnoldda@optusnet.com.au
Warren Cameron wm.cameron@bigpond.com

Gavan Clarke gavan@seehills.net
John Lippiatt jelippiatt@gmail.com
Peter Merrell petermerrell@aapt.net.au
Doug Nissen dougniss@tpg.com.au
Ron Williams willronchris@bigpond.com
Doug Wait dwait@bigpond.net.au

# Other Responsibilities

The following members are point of contact of a range of special tools and functions.

Social Events Coordinator David King dave@thekings.id.au
Trotec Laser Coordinator Stu Reed stu.reed@bigpond.com
3D Printer Coordinator Jim Watters jjwatters@gmail.com

CNC Router Coordinator Neil Rogers neiltrogers@optusnet.com.au
Auditor Tom Usher tomusher197@gmail.com
IT Consultant / Web Site Ray Johnson pamray19@tpg.com.au

Shed Trailer Coordinator Phil Batten phil.liz.batten@bigpond.com

Newsletter Editor Gilbert Logan gilogan51@gmail.com
Community Liaison Officer Jim Watters Shedwest.Sec@gmail.com
Leatherwork Alan Ernst ernsts@bigpond.net.au
Wood Turning Gavan Clarke gavan@seehills.net

Vehicle Restoration Group Bruce Woodhouse bmwood@bigpond.net.au 500 Cards Ross Monks ross@rossmonks.com

Workplace Health & Safety Ralph Dowling ralphmdowling@gmail.com



# Shed West Community Men's Shed (Inc) Supervisors

Day	Supervisor	Assistant Supervisors	Supervisor
Green Shed 8.00 - 12.00 AM		– 12.00 AM	Green Shed 1.00 – 5.00 PM
Monday	Gavan Clark	Carlos Borges	
Tuesday	Ron Williams	Gerald Barber, Phil Batten	
Wednesday	Doug Wait	Neil Rogers	David Brown training where needed
Thursday	Ron Williams	Gavan Clarke	
Friday	Neil Rogers	Peter Merrell	Gavan Clarke (woodturning)
Blue Shed 8.00 - 12.00 AM		- 12.00 AM	Blue Shed 1.00 - 5.00 PM
Monday	(Leatherwork)		Alan Ernst
Thursday	Warren Cameron	Geoff Haig, Trevor Ward	
White Shed 8.00 - 12.00		0 – 12.00	
Monday	Russ Hawksford	Bruce Woodhouse	
Tuesday		Russ Hawksford	
Wednesday			
Thursday	Russ Hawksford	Bruce Woodhouse	
Friday	Bruce Woodhouse	Russ Hawksford	

A Shed Supervisor, through negotiation, is assigned to a designated day to oversee all operations conducted within and enforce all duties listed below. An Assistant Supervisor is also designated on each day. *Either* of these two must be in attendance on their designated day.

- In the event that the designated supervisor is unable to attend, it falls on him to request that the Assistant Supervisor cover his duties,
- Should the Assistant be unavailable then other Supervisors may be approached to cover his duties,
- If the designated supervisor needs to depart mid-session and the Assistant Supervisor is not in attendance, then a senior experienced and qualified member may be asked to assume the responsibilities of the Supervisor,
- In the event there are no designated, nor ordained Supervisors in attendance then the Shed must cease operations and close.

The responsibilities of the Supervisor include;

- Ensuring members entering the Shed are wearing sturdy enclosed shoes.
- Prompting members to wear their name tag, sign in to the Shed and pay the attendance fee. Members must also remember to sign out so as to validate insurance cover.
- Making sure members using machinery have access to the required personal protection equipment (safety glasses, ear muffs, dust masks, etc).
- Ensuring members using machinery have been cleared to use the machinery by a mentor, are wearing a name tag
  that indicates that they can use the machine (i.e., have appropriate green dots on their name tags) and are using
  machinery in a safe manner.
- Ensuring members clean the workbenches or equipment they have been using as soon as they have finished their task
- Ensuring members return tools and/or equipment they have used to their appropriate storage place.
- Checking vacuum cleaners, dust extractors and filters are emptied and cleaned.
- Making sure the Shed is left in a clean and tidy condition at the end of the work session and ensuring the Shed and
  all other buildings are securely locked. All work should cease by 11.30 allowing time for cleaning up and sterilising all
  items used. Where possible the supervisor is to blow out the shed.
- All new members will receive a welcome pack detailing the operations of the Shed as well as the QMSA and the AMSA. It also outlines that all members will undertake the Safety Induction program despite not wishing to attend workshop activities.
- The Shed Safety Officer or his delegate will require that a member acting dangerously immediately begin observing
  safe practices. If the Safety Officer's (or delegate's) instructions are disobeyed, then he may ask the offending
  member to cease his activity and leave the premises forthwith. This person's right to work in the Shed workshop will
  be suspended until it is reviewed by the Management Committee.

NB. All items donated to the Shed will be scrutinized by the duty supervisor to determine what remains as Shed property and what may be allocated to wanting members.

November 2024