



The Shed Newsletter

The Newsletter of the Shed West Community Men's Shed Inc.

April 2026, Issue 2

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Shed West Community Men's Shed (Inc.) is a registered charity and member of the Australian Men's Shed Association and the Queensland Men's Shed Association.

Welcome to the April edition of the Shed West Newsletter.

Thank you to the members who have contributed articles and ideas and photos. This Newsletter could not happen without your contributions. The next Newsletter is planned for mid-June. Your anecdotes, tall stories, humour, histories associated with Shed West and its 120+ members will be welcomed by the editor. If you don't want to write an article, talk to me and I will write it for you. Email address for the editor, Gilbert Logan is shedwest.editor@gmail.com

What's in this Newsletter

	Page		Page
Welcome	1	3d printer training	19
Sponsors	2	Acknowledgement Peacock Saws	20
AMSA Conference Report	3	Mike Symes artwork	22
Management Committee Briefing	6	PIG trip to Enoggera Dam	23
What the Shed has on offer	8	Celebration with Syd Hallis	25
Exercise opportunities near you	10	Blue shed Coaster production	26
Shed action photos	11	Member Wanderings	26
Speaker Program 2026	13	For Sale	27
Shed West Open Day May 16	14	Workshed Inner West	27
James Kim – Sharing wood	15		
Doug Wait – Simple Box	16		
Workshop training schedules	18		

Shed West Sponsors

Shed West is indebted to local politicians and businesses that support our activities.



Greg Adermann
Councillor for Pullenvale Ward

Dr Christian **ROWAN** MP
State Member for **Moggill**

ELIZABETH WATSON-BROWN
MEMBER FOR RYAN

LEWIS BROS. MITRE 10

Mighty Helpful independent hardware store in **KENMORE**

Lewis Bros Mitre 10 provides discounts on Shed West purchases.



Bunnings Warehouse donates materials to Shed West.

Notes from members who attended the AMSA (Australian Men's Shed Association) conference held in Brisbane

The Conference was held between 24-26 March 2026 at the Royal on the Park hotel Brisbane. Approximately 200 delegates attended from Sheds all over Australia and New Zealand.

Shed West was represented at the conference by four members: Dave King (President), Phil Batten (Vice President), Jim Watters (Secretary), and Bill Cristaldi (Committee Member). The Theme of the Conference was "Building Healthy Communities." The Conference was opened by the QMSA patrons, the Governor of Queensland Dr Jeannette Young AC PSM and Professor Graeme Nemmo RFD. Most activities and presentations were attended by at least one of the representatives. Conference attendance was funded by Shed West.

The four delegates attempted to attend a broad range of presentations although not always possible. The recommendations each delegate tabled will be addressed in subsequent Shed MC meetings.

Recommendations

Dave King

Many ideas for improving our Shed for members and the wider community we serve came as the conference progressed. These, in no particular order, are some of the ideas I wrote down as the conference progressed. Not all will be viable but, may be more widely discussed by the management committee:

Supporting Community

- Free membership for a set number of needy men in our community. Say maximum of 3 free members at any one time (approved by MC).
- To increase accessibility, how do we train more supervisors? Or change our need for 'technical' supervision given that different groups need a different level of supervision (i.e. Open the Donga for more 'non-green shed' activities like card playing, or art group in the afternoon).
- Host a community BBQ on RUOK Day – small charge per food-item to cover costs.
- One of the items discussed at the conference was the potential that Shedders hear concerning discussions from other members in medical or psychological need, but they don't have a GP they routinely use.

- Could we contact local GP practices and arrange a service where they could/would accept urgent walk-in patients from the Shed who need to speak to a Doctor and doesn't have a GP he usually visits.

Marketing our Shed

Shed West to host a 'Welcome Day' to attract new members from our community. This can be advertised quite inexpensively via, a sign at the front of the Shed, our website under 'latest news' and in the local newspaper. This is being done in the coming weeks with our open day and if it is deemed successful, we could repeat this every 6-odd months? Could we also include a BBQ – charging a small fee for each food-item sold (to cover costs only)?

New ideas that support or improve Shed West

- Introduce a mentorship for the first month – a 'getting to know you' period. This could also help in identifying people who might not have the capacity to 'be safe' in the Green Shed environment.
- Would a 'Future Planning' position on the MC be of value? The person could bring ideas to the MC on a monthly basis to discuss.



Dave labelled this photo “Social climbers wanting to rub shoulders with Shed West Prez!!!”

Dave, you were “out-shoed” but that did not stop a generous smile. The social climbers, Her Excellency the honourable Dr Jeanette Young AC PSM the Governor of Queensland and her husband Professor Graeme Nimmo RFD are joint patrons of The Queensland Men’s Shed Association.

Bill Cristaldi

Along the same lines as Dave King has outlined above, what was very evident from the conference is that other sheds crow their successes very well and actively look to promote their sheds to better pursue funding to support their sheds e.g., grants, local, state, federal member discretionary funding etc.

- Shed West needs to actively write and pursue media articles inclusion through AMSA and our state based QMSA.
- Shed West should pursue applications for awards with AMSA, QMSA etc. for recognition for efforts on specific projects.
- Shed West should actively pursue/network and invite dignitaries to our site when appropriate e.g. Governor, Councillors State members QMSA for special events e.g., Precious Wings official launch with television.

What was extremely beneficial on the first day of the conference was visits to other local sheds and key suppliers plus also meeting members from all the other sheds at the conference. We should arrange regular visits to other local sheds to exchange ideas and see how they are supporting their local communities. Maybe adopt the “Men’s shed passport booklet” for visits.

- Along the guise of Men’s health, create a service finder card including local GPs, Psychologists and other key services and make this available for all members.
- Look at partnering with local schools to plant trees for Schools Tree Day 2026 in Australia will be celebrated on Friday, 24th July, offering students hands-on opportunities to plant trees and engage with nature. Bunnings and local councils donate trees.
- Investigate whether funding is available for creation of street library stands. Check with Council. (also look at Street Library Australia).
- Investigate the creation of a music interest group. Why music? Music is a tool that supports the shed and makes strong community connections. (e.g. Coolum Men’s Shed successful example).
- Within the MC create a small team to investigate capturing data/metrics that support QMSA and AMSA in supporting/amending government policies that accurately reflect all the needs of a Men’s shed.

Jim Watters

Conference participation allows one to attend sessions that hopefully provide information about issues affecting Sheds. Conferences also allow networking and

building relationships. This conferenced was no different. How does Shed West stack up against others? My sense is that we are doing well on several fronts.

Inclusivity:

We are noted at least in Queensland for our inclusive practices. Support for disabled people referred under NDIS was discussed in some sessions. The conclusion was that this needs to be carefully managed and expectations negotiated with providers.

Breadth:

We appear to have depth and breadth. We have strong membership and a diverse range of interest areas.

Constraints:

We share a common issue of maintaining harmonious relationships among members. Conflict was the most common issue facing both AMSA mediators and the Insurance Company.

Communication:

Successful sheds appear to have strong local support particularly from Councils, and state and federal Members of Parliament. Building and maintaining these relationships is an area we could work on more.

Intergenerational action:

Interestingly, a number of sheds were involved in working with students and teenagers despite working with children regulations and insurance implications.

Insurance:

Insurance covers activities and projects deemed endorsed Shed programs irrespective of where they occur. Participants in activities need to be trained by a competent trainer and training documented by both the trainer and trainee. Visitors should have their own insurance.

Management Committee Briefing

The third meeting of Shed West's Management Committee was held in the Kenmore Library on 8 April.

In the March and April meetings several decisions were made:

For the financial year 2026-2027 membership fees will remain at \$80. However, we are aware that fees may increase in future years when the Shed leasing arrangements are

finalised. Consultations are continuing with the BCC concerning the scope of the lease and what obligations the Shed will have regarding costs of utilities and insurance.

The Trotec laser is coming to the end of its service agreement and is now aging. The acquisition of a replacement has been approved but dependent on grant funding, Sources of funding are being sought.

The website upgrade has gained momentum, quotes were obtained. A web designer has begun to develop a mock up page for review.

The Christmas Stall at Kenmore Village has been scheduled for the week of the 22nd October. There will be much activity in the Shed to build up stock for sale.

A wine, beer and cheese night was approved and is scheduled for Saturday 9th May.

A trial of Saturday morning openings was approved.

An Open Day on 16 May. The purpose of the Open Day is to improve communication with our community and provide them with the opportunity to find out about the Shed and what it does. There will be a BBQ and Coffee Cart.

Those members who attended the AMSA meeting tabled a report on the Conference. The recommendations of that report will be reviewed at future meetings.

The Shed has registered with Containers for Change. There is a depot at the Kenmore Village where people can deposit cans and plastic containers that have a 10c refund. If you use the Shed's Containers for Change ID, viz **C11723459** the refund will be donated to Shed West.

MEMBER NUMBER

Shed West Community Mens Shed Inc.

C11723459



What Shed West has on Offer

You are a member of Shed West Community Men's Shed. Membership of the Shed implies that you want to be connected to other men with similar interests, and to learn new skills or even to continue to practice what you are good at. Men's Sheds were established over 30 years ago and Shed West was among the first Sheds established in Queensland. The goal of the shed is to support men's wellbeing—especially those who might be socially isolated, retired, or going through life changes. The success of a shed relies on involvement.

Shed West has a range of activities that attract member's interest. Training is available for those members wishing to join a group and have little experience with the equipment.

Besides interest groups focussed on activities, the Shed has a **monthly BBQ** usually on the second Thursday of each month and a **guest speaker** presentation at the Kenmore Library on the Second Tuesday afternoon of each month.

Special Interest Groups

Woodworking or carpentry involving repairing and building mostly furniture objects attracts most members. The Shed is well equipped with a table saw, track saw, jointer, thicknesser, sanders, mitre saw, band saws, air compressor and a brand new effective dust extraction system. In this group are many well qualified and helpful experts to support beginners.

The Leatherwork Group operates on Monday afternoons. Members make practical and decorative items such as belts, wallets, bags, and pouches. Some objects can be stitched with a sewing machine but most use traditional hand-stitching.

The Woodturning Group is supported with three wood lathes and members make a range of objects such as bowls and salad plates, boxes, pens and pencils, cups, goblets, and mugs. Skills are developed in both spindle and faceplate turning. There is access to a range of native hardwoods and exotic timbers that have attractive grains and patterns.

The Metalwork and Vehicle Restoration Group is an active group of members who over the past three years have been restoring a 1962 land rover. The restoration is nearing completion, and the focus of the group will move towards more traditional metalwork involving the manufacture and repair of sculptures, wall art, and metal components.

The Laser Cutting Group uses a Trotec laser cutter to cut, engrave, or etch plywood and acrylic sheets with high precision. Popular products include wooden boxes, model planes and cars, coasters, stands for earrings, and other creative objects.

The Card Playing Group comes together on Monday mornings to play 500. This is a dedicated and passionate group that forgo morning tea to finish their hands.

The Walking Group convenes at 7am Tuesday mornings at the Shed to stroll through the wilds of Kenmore, Chapel Hill, and Brookfield. It is an opportunity for sharing conversations and eventually a coffee or tea break along the way.

The 3d Printing Group is capitalising on a new 3d Printer to produce models either downloaded from the web or designed in software such as Fusion 360, TinkerCad or FreeCad. The printer is versatile enabling group members to produce objects that are decorative but also functional.

The Photography Group is a social group who have an interest in photography. The group explores techniques such as panoramic photography, macrophotography, astrophotography, photogrammetry, as well as a focus on topics such as birds, fungi, and light streaming. It organises field trips to capture interesting locations and events. Together the group members learn new skills.

The Clock Interest Group (CIG) is involved in clock making, looking at both analogue and digital types including sundials, all wooden geared clocks (wall hanging, grandfather, table/ mantle mounted clocks, historical clocks) and 3d printed clocks. We look at weight operated pendulum powered clocks and battery-operated powered clocks. It is a fun and satisfying way to get involved in making unique time-pieces.

The Shed also has a CNC Router which can carve, cut, and engrave materials with high precision—especially wood, plastics, and softer metals. CNC routers can be used to create a variety of decorative elements such as carved panels, paintings, murals, ornaments and carved furniture decorations. It is frequently used to carve signs and make name plates.

The Computing Interest Group has been a long-standing interest group focussed on introducing members to computers, using packages such as flight simulators and other software. The refurbishments have constrained the group's activities, but plans are afoot to rejuvenate the group.

The Shed also has some fledgling groups involving **gardening** and **art**. While not fully formed there are some keen proponents who are seeking others with shared interests.

If you are interested in taking part in any of these activities contact the Secretary and he will connect you with the relevant group coordinator. Take advantage of your membership and join one of these activities. Training sessions are provided to help members of the groups build their skills.

If you are keen to develop and convene another interest group let us know.

Secretary – Shedwest.sec@gmail.com

Exercise opportunities near where you live

Ageing men are challenged by bodies that no longer work like they used to when we were in our 20s and 30s. Physical changes dictate how well we can move, how strong we are and how much activity we can endure. Four things become more important as the years roll on: cardiac fitness, joint mobility, flexibility, balance. There are programs available in suburbs surround Shed West central that men can engage in to work on maintaining and improving fitness, flexibility and balance.

Brisbane City Council funds an Active and Healthy Brisbane program that includes the GOLD (Growing Old and Living Dangerously) programs for seniors. Included are **free** keep fit and yoga classes held in local parks. All you need to take is a yoga mat and a water bottle. The editor has attended the yoga classes at:

- Jindalee boat ramp park, (99 Mt Ommaney Drive Jindalee) Tuesdays 9:30 to 10:30 am (taught by Cassie from Foxinsox yoga) (GOLD)
- Rainbow Forest Park, (near 48 Dobell St Indooroopilly) Saturday 7:15 to 8:15 am (facilitated by Brisbane yoga Therapy)
- Boyd Terrace Park across from Rees Way, Brookfield Friday 9:15 to 10:15 am (session taught by Kajal from Yoga Forever)

There is another yoga session at

- Twilight Street Park near 103 Sunset Street Kenmore, Tuesday 8:30 to 9:30 am (session taught by Kajal from Yoga Forever)

Fitness 4 seniors classes are held at:

- Jindalee Boat Ramp Park Monday 10:30 to 11:30 am (facilitated by Fitness 4 U) (GOLD)
- Strength and cardio low impact workout, (Rocks Riverside Park 17 Mile Rocks) Wednesday 10:45 to 11:45 am. (GOLD)
- Low-impact fitness and pilates Essex Rd Park Indooroopilly, Thursday 10:30 to 11:30 am. (GOLD)

Look at the BCC website for what is on and when. The venues are parks so wet weather might mean cancellation. The BCC programs above are in recess over the school holidays and most will recommence for term 2 on 20 April.

There are some faith-based community fitness programs on offer too:

Keep Moving – Kenmore Campus Church of Christ, 41 Brookfield Rd Fridays at 10 am.

“Keep moving is a fun, social exercise class deigned for anyone in the community over 50. It’s a great way to stay active, improve mobility and enjoy the company of others in a welcoming environment.” You need to *register* online for the Friday active session.

KEEP ACTIVE - Riverlife Church, 47 Jennifer Street 17 Mile Rocks Wed 10am (during school terms)

“A light exercise class in a fun, social setting for anyone over 50. Designed with a physiotherapist, the class caters for all levels of fitness and is designed to improve balance, stamina, strength and flexibility.

At the heart of this group is connection, community and having a lot of fun, plus a little hard work as we do it.” (I think the class costs \$4 or 5).

Shed Action Photos

Secretary Jim Watters photographed the shed at work a few weeks ago. Some of the photos are scattered throughout the Newsletter.



Carlos on the table saw.



Preparing lunch



Which wire is it?



Wood turning instructor



Serious business

Speaker Program - 1st Tuesday of Each Month in Kenmore Library at 2pm

5 May Presenter: Cristos Mourtzakis

This session will cover such topics as: a refresher on Queensland road rules, how age can impact driving ability, and what medical requirements are now required for drivers over 75 Years.

2 June Presenter: Stephen Barker

Professor Stephen C. Barker is a prominent researcher in the School of Chemistry and Molecular Biosciences at The University of Queensland. He specialises in the evolutionary genomics of parasitic arthropods, particularly ticks. His research often focuses on the eastern paralysis tick, including its toxin, and the development of methods to control ticks. He is author of “Ticks of Australia: The species that infest domestic animals and humans”;

23 June SPECIAL EVENT – Health for Life

Queensland Health revealed that over half of Queenslanders (51.7%) were living with a chronic condition in 2022. My health for life is a free, healthy lifestyle initiative proudly funded by the Queensland Government through Health and Wellbeing Queensland. The initiative offers free Health Checks, health coaching, online support, and more to help staff make healthier lifestyle choices to reduce their risk of developing chronic conditions such as type 2 diabetes, heart disease and stroke. In this session you will have the opportunity to be assessed by a team of health professionals and to find out more about how to maintain healthy living.

7 July Geoff Moran

A RHSQ guide from the Commissariat Store Museum will present about the building and its history. The Commissariat Store is a heritage-listed storehouse in William Street. The Commissariat’s primary role was to procure, store and distribute provisions to the military, convicts and colonists. The Commissariat also controlled the supply of hospital requisites and equipment, customs and banking. This stone building, commissioned by Commandant Patrick Logan, was completed in 1829. It is the second oldest surviving building in Brisbane.

4 August Tim Kempton

Tim Kempton having recently travelled to Antarctica will tell the story of the Shackleton Expedition. The Imperial Trans-Antarctic Expedition of 1914–1917 is considered to be the last major expedition of the Heroic Age of Antarctic Exploration. Conceived by Sir Ernest Shackleton, the expedition was an attempt to make the first land crossing of the Antarctic continent from Weddell Bay to Ross Sea via the South Pole.

1 September Tony de Kort

Tony is from Financial Aged Care Services. FACES provides structured financial modelling to help families understand the financial consequences of aged care and pension decisions before those decisions are made. He will provide an update on recent changes to legislation.

6 October Clem Dunkley

The Enneagram is widely used in counselling, professional development, and personal growth contexts. As a personality typology it has roots in the work of Evagrius Ponticus, a Christian mystic who lived in 4th- century Alexandria in Egypt. In essence, it is a personality typing system describing nine distinct, interconnected personality types.

Shed West OPEN DAY, 16 May

Our shed is now open on Saturday mornings from 8:00 to noon. While all members can attend Saturdays, the purpose behind a Saturday opening is to encourage new members who are not able to come on weekdays because they work or have other commitments. The Saturday opening is a trial that will run until the end of June.

To promote Shed Saturday there will be an Open Day staged on 16 May that will showcase Shed West and its activities. Invitations have been extended to our elected local council, state and federal representatives, businesses that support the shed and organisations with which the shed has a working relationship, e.g. Kenmore High School, local kindergartens, etc. The barbecue will be cooking up a storm to feed us (fees apply) and a coffee van will be in attendance selling coffee during the morning.

Please come along to support the shed and demonstrate the depth of membership that Shed West has. Remember the aim of the Open Day is to gain new members, particularly younger men who are eager to learn new skills in the shed's older and new technologies.



After a hard day's work

Member Articles

A Quick Note from James Kim About Sharing Wood

Hi everyone,
it's James. I joined the Men's Shed three years ago, and I truly feel that this place is like a family. To me, many of the senior members feel like older brothers. 😊

I recently received some helpful guidance from senior members on where to source Camphor for chopping boards. I have ordered a panel from a supplier, and it will be ready in two weeks.

* Spare Material: Since I only need a few pieces, I will have one spare length (40 x 25 x 2.5 cm) that I am happy to give away. Neil mentioned that once it is made into a chopping board, it could even be displayed at Kenmore Village.

*Interested Members: If any members would like a Camphor chopping board, please speak with Neil Rogers.

* Supplier Info: For your information, the supplier sells raw Camphor wood panels in two sizes:

120 x 25 to 29 x 2.5 cm for \$60
240 x 25 to 29 x 2.5 cm for \$120

Please feel free to contact me if you would like the supplier's details.

I wanted to share this because I learned so much from the senior members and thought others might be interested.
From what I've learned, Australian Camphor Laurel makes some of the world's best quality kitchen products and is excellent for health, which is why I wanted to make these.

I am planning to make a simple-shaped chopping board; please see the attached examples for the design.

Kind regards,
James



The Cutting board styles James intends to make.

And from Doug Wait

A Simple Box - minimalist design where the timber is the star.



Below are the construction details of my watch strap box, which I made a few years ago. It's a design inspired by the size and shape and the nature of the single piece of Australian Red Cedar (ARC) - just slightly larger than the finished box. The "bird's eye" feature in the timber just begged to be given the emphasis, so naturally, that side had to be the top.

Equipment used:

Jointer, thicknesser, drum sander, table saw, band saw, router table, cordless hand sander, cordless drill.

The construction steps were:

1. Joint, face and thickness the piece so all faces were parallel/square. Sand as necessary.
2. Dock/rip the piece of timber to the overall L, W and D.



3. Bevel about 60% of the top surface, tapering to the front edge.



4. Using a round-over bit in a table router, cut (what will be) the box L/R/F/B edges. Also cut (what will be) the lid rear edge. The remaining edges are hand sanded. (*ARC is very soft, so take care when sanding.)

5. Using a bandsaw set with a high fence, slice the lid from the box. (Mark a reference edge, so the pieces can be kept in correct grain register.)
6. Finish sand the inner face of the lid.
7. Using the table router, set with appropriate** stop-blocks, cut material from the upper face of the “box”, to a depth of your choice. (*Take care to not cut through the bottom!) (**You’ll need to consider what thickness “walls” you wish for the box.) Take care selecting the router bits, so you get the internal profile you desire. (If unsure, practice beforehand on a piece of scrap timber.)
8. Hand sand the box interior.
9. Fit the hinges, by hand-rebating the upper and lower rear edge. Here’s your opportunity to shine with a sharp chisel!
10. Using rasp, file and sand-paper, cut away a length of the box front upper edge, creating a simple place to use a thumb to lift the lid. (*As the box is intended to rest horizontally, no catch is necessary. The self-weight of the lid keeps it closed.)
11. Finish sand the box and lid outsides.
12. Apply timber finish: Osmo Polyx Satin (natural); and finally ...
13. Bask in the compliments of admirers.

Doug Wait

p.s. More box commentaries in future newsletters. Stay tuned.

Workshop Training Schedule

Training is now available at the shed on various woodworking machines and our new technology, 3-D printing.

The following training schedule is open for all members. If you are new to the shed with little experience or have been a long attending member in need of upgrading your expertise then this is the training you need.

Training will be from 1.00pm to 3.00pm on the given dates.

To express your interest to attend you need to submit your request to attend by texting or phoning the trainer on the number provided.

Please note: if no requests are received then the training will not proceed.

DATE	15/4	22/4	29/4
TRAINING	Woodturning and tool grinding	Thicknesser and Drum Sander	Tracksaw

TRAINER	Gavan Clarke	Neil Rogers	Richard Chiekanowski
CONTACT	0427 171 041	0439 444 018	0434 005 876
Call to confirm attendance			

There will be further training sessions upcoming and should you wish to attend these sessions but cannot make the dates, then you need to keep abreast of further notices and apply when necessary. Call to confirm attendance

There will be further training sessions upcoming and should you wish to attend these sessions but cannot make the dates, then you need to keep abreast of further notices and apply when necessary.

Regards,
Neil Rogers

and 3d printing training

The Shed has acquired an updated 3d Printer. Bill Cristaldi has developed a training program to begin shortly. Bill has provided the following details.

Introduction to 3d printer training on the following dates:-

Wednesday 15th April 1 - 2 pm and 2 - 3pm 2 sessions 'Introduction to 3d printer'

Wednesday 22nd April 1 - 2 pm and 2 - 3pm 2 sessions 'Introduction to 3d printer'

Wednesday 29th April 1 - 2 pm and 2 - 3pm 2 sessions 'Introduction to 3d printer'

The training is a basic introduction to 3d printers leading into an overview of our current Bambu P1S 3d printer and how to get started printing to this device. It is envisaged to take up to an hour only and trainees are welcome to start 'having a go' by utilising the computers in our tech room which have been setup accordingly.

The flexibility in times is to allow those involved in green shed training an option to attend the 3d printer training. Any other times can be negotiated with myself to ensure everyone has the opportunity to learn.

For those wishing to progress and are interested in design work to produce 3d printed items, training will be organised for the future.

Bill Cristaldi

reply to Bill with expressions of interest: billcristaldi@gmail.com



Seeking help

Acknowledgement of support from Peacock Saws

Bill Costaldi has taken on a sizeable project to make a large number of special boxes for Precious Wings. Precious Wings is a charity that donates memory boxes to hospitals, health services, and funeral homes across Queensland and Northern New South Wales. These boxes are kept on hand so every family can be offered one at the time of their baby or child's death. The memory boxes hold important artifacts that parents and families can keep secure to remember their baby that has died in-utero or was a still birth or died during the first year of life.

There is a lot of work required of the Blue Shed volunteers to manufacture and prepare each memory box. Recently a large quantity of 3 mm thick plywood (75 sheets) was purchased for the project. The plywood had to be cut accurately and cleanly for shaping by the Trotec laser. To assist Shed West Peacock Saws at Richlands sharpened the saw blades at no cost.

Shed West sincerely thanks Peacock Saws for helping out to reduce our costs for this important project.



Polishing helps



The 500 team



Success for Warren and Phil

MIKE SYMES ARTWORK

Mike Symes continues to dabble with watercolours and attends weekly night classes held locally in Kenmore outside of shed activities. He is slowly coming to terms with this quite difficult medium and is genuinely keen to improve further.



Reflections of trees in a river



Cockerel



Sailing boat



Still life with apple, bottle and leaf cutting

Here are some examples of Mike's artwork – all of which were set subjects undertaken during his weekly art class. Mike is hoping that Shed West will have its own Art Group in the not-too-distant future.

PIG TRIP to WALKABOUT CREEK, Enoggera Dam

An early morning adventure on 18 March intended photographing birdlife on Enoggera Dam. The birds seemed to be pre-warned and a couple of ducks and a crackle of noisy cockatoos in the far distance was the extent of ornithological photographic opportunity. Undeterred some photos were taken. There was a family swimming with a kayak and another pair of long-distance swimmers. Russel Hawksford took the photo below and instructed Chat GPT to make it into something grand. Great photo Russ.





Lunchtime



Ollie's day out

Celebration of Life with Syd Hallis

Syd Hallis is unwell. He wanted a cheer up visit from his Shed West friends who work in the Blue Shed so a party was held for him on Friday 17 April at Boulton Clarke Fairview, Pinjarra Hills. Friends who attended included: Back row Bill Cristaldi, Phil Castle, Dave King, Bob Ada Front row Warren Cameron, Geoff Haigh, Leanne Hallis, Syd Hallis, Ron Williams, very front Peter Merrill.



The previous day Syd was delighted to have a "zoom" type telephone connection (picture below) with his Blue Shed mates via the phone held by Boulton Clarke Home manager Janelle.



Syd has been a regular Shed West member for over 12 Years and an active participant working in the Blue Shed. Despite his restrictions Syd has worked tirelessly on a number of charity projects particularly for Precious Wings. He became a skilled sandpaper expert on many of the smaller items from the laser printer. Because of his health he has been unable to attend the shed activities now for some weeks.

Coaster Production in the Blue Shed

The Kenmore/Moggill RSL sub-branch commissioned Shed West to make 120 drink coasters bearing the badges of The Australian Army, RAAF, RAN and the ADF Tri-Service badge. You may have seen the coasters for sale at the Anzac Day stall at Kenmore Village. They all sold very quickly.



Daryl Holden and Bill Cristaldi finishing off the coasters bearing ADF service badges.

Member Wanderings

Richard Walton is walking in North Devon, UK and emailed photos of the Braunton Men's Shed that he came across. Interesting website (<https://brauntonmensshed.co.uk>) shows the activities of this shed. It looks like task No 1 was to rebuild the goods carriages from scratch in order to have a shed. The website has a short video of Billie Connelly visiting Dalbeattie Men's Shed in May 2018 and remarking on the important role of sheds in the lives of men who have retired and are often lost and yearning for some useful, structured activity to engage with.



For Sale

Doug Wait has for sale a sturdy work bench illustrated below. Price \$120. Contact Doug at the shed if you are interested.



Workshed Inner West

This Women's shed community space by women for women ages 18+ is a place to create, connect and belong. Workshed Inner West (St Lucia based) has been mentioned in some previous Newsletters and is now well established, according to the website. Please bring its existence to the attention of women in your life who might be interested in joining to engage in the many activities on offer. Information is available at the following web address:

<https://theworkshop.org.au/>