



The Shed Newsletter

The Newsletter of the Shed West Community Men's Shed Inc.

April edition, 14 APR 2025

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Shed West Community Men's Shed (Inc.) is a registered charity and member of the Australian Men's Shed Association and the Queensland Men's Shed Association.

NOTICE

This is to advise you of an important Special General Meeting of the members of Shed West Community Men's Shed (Inc.).

Date: Wednesday 23 April 2025

Time: 10:30 am

Location: Men's Shed 98 Brookfield Road.

Purpose: The meeting will ask members to consider a number of amendments to the Constitution of Shed West. In July 2024, the Queensland Government introduced amendments to legislation the impacts how incorporated associates to review their governance procedures and structures. A set of model rules have been disseminated to provide guidance to associations and can be adapted for individual associations. They cover membership, fees, voting rights, and grievance management. In addition, Shed West wishes to seek Deductible gift recipients (DGR) status. Organisations that are endorsed as deductible gift recipients (DGRs) are entitled to receive donations that are deductible from the donor's income tax.

Amendments to the constitution of the association require a special resolution. Special Resolutions must be passed by a majority of at least 75% of the votes of those members who are entitled to vote and who vote in person or by proxy at a special general meeting called for that purpose.

Motion:

"That Shed West Community Men's Shed Inc constitution version 2 dated 23 March 21 be amended to accommodate changes in Queensland Association Incorporation Act 1981 reflected in the model rules."

The changes involve edits to multiple clauses and include the introduction of new clauses. The relevant documents are available at:

<https://e.pcloud.link/publink/show?code=kZ7xldZJimV7bJ1XlbWEnAk2cQkEbmRJ3My>

Three documents are relevant to be reviewed.

1. Existing Shed West Constitution version 2 dated 23 March 2021
2. Proposed Constitution Version 3
3. MS Word document comparing version 2 and draft 3 marked up with changes

Jim Watters

Secretary Shed West Community Men's Shed (Inc)

9/4/2025

ShedWest.sec@gmail.com

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Shed West Sponsors

Shed West is indebted to local politicians and businesses that support the shed's activities.



Greg Adermann
Councillor for Pullenvale Ward

Dr Christian ROWAN MP
State Member for **Moggill**

ELIZABETH WATSON-BROWN
MEMBER FOR RYAN

LEWIS BROS. MITRE 10

Mighty Helpful independent hardware store in KENMORE

Lewis Bros Mitre 10 provides discounts on Shed West purchases.

Management Committee Deliberations



The April management committee meeting addressed the usual range of reports.

The financial report for March was accepted. February/March are expensive months as insurance, council rates and other routine costs become due.

Reports were provided regarding several ongoing Shed projects and initiatives:

- VRG group anticipate the delivery of Ollie in the 3rd quarter of 2025.
- The woodturning group is progressing actively with most machines in use by group members
- The photography group has resurrected and has undertaken one field trip in March to photograph colonial Brisbane. A field trip is planned for mid-April with a focus on night photography.
- The Shed Speaker program is confirmed through to July.
- The Social Program for the next few months has been mapped out. Trips to the Brisbane Car Museum, and Samford Men's Shed are on the agenda, and a Wine and Cheese night is being organised.
- Funding has been sought through the National Shed Development program for a new electric BBQ
- An approach has been made to the Brisbane City Council for approval to install new lighting system in the Green Shed.
- An application for Deductible Gift Recipient (DGR) status has been submitted to the Taxation Office. To accompany this application revisions to the Shed Constitution will need to be approved at a Special General Meeting.
- Ralph Dowling's position as Safety Officer was confirmed.

- Equipment priorities were identified and approvals to purchase items for the maintenance of the planer, thicknesser and drum sander were ratified.

The major discussion related to managing the refurbishment of the Green Shed. Detail planning of the layout of the equipment in the shed, the positioning of lighting and arrangements for installation of ducting were reported. The week of 5-9th May as accepted as a critical period for rearranging equipment and a call-out for volunteers will be necessary. The Shed will be closed for work during that week. Parking on site will not be available.

Shed building progress

21 March the concrete floor slab was poured. This photo taken by drone pilot Stu Reed shows the power floating to finish off.



It has not taken long for the framing for the donga replacement to be erected. Ray Johnson sent in this photo (below) of building progress circa 5 April.



And 10 April status



Leatherwork Group Report

convenor: Alan Ernst

The Leather Group is a small group who meet in the Blue Shed on Monday afternoon for a couple of hours followed by afternoon tea and convivial conversation.

We mostly work on our own projects with the occasional project for members of the public and other Shed West members. Currently, there is a variety of projects under way.

Most of us at some stage make a range of belts of various designs. At present Baden is doing several braided belts while John is also working on a different style of belt.

Greg is making a bag. At this stage he is busy designing the gussets before adding the handles and then stitching in the gussets.

Alan has just completed a desk blotter and is working on some design changes to a range of tool belts made previously.

We welcome new members, and Steve joined us this week to work on a repair job.



Alan's Desk Blotter



Baden's braided belts



Greg making on a bag

John working on a style of belt



Photography Interest Group

The Photographic Interest group has reformed. The first challenge was to photograph some colonial pre-1900 architecture of Brisbane. Some of the products are included below.



St Stephen's Chapel in Elizabeth Street is of historical significance in so far as its architect was Augustus Welby Northmore Pugin. Pugin is significant because he was the technical designer of the Palace of Westminster, that is the UK Parliament building, and a champion of gothic revival architecture. This photo taken by Jim Watters creates a tension between the earthy materials of the chapel against the glass clad modern buildings in the background with their curved and straight lines, even seen through the bell tower.



The interior of St Stephen's Chapel. The apse space contains the magnificent diocesan shrine of Mary MacKillop that has been created from the trunk of a camphor laurel tree.



Queensland Club on the corner of George and Alice Streets Brisbane is a neoclassical building built between 1882 and 1884. Russ Hawksford took this photo. The lighting contrast between the Alice St side facing the sun and the verandahs in the shade is eye catching.

The next photography session is Tuesday 15 April. Interested Shed West members can bring their camera, anything from a Kodak Box Brownie to an Apple I-phone 16 to take sunset and evening photos of the city and river from South Bank near the Maritime Museum. The plan is to gather at Guyatt Park St Lucia at 5:00 pm in time to catch a CityCat to South Bank at 5:08 pm. After the photo shoot the plan is to head off for dinner, probably the Ship Inn. Note, you will need a tripod to support your camera for time exposures.

Wood Turning Interest Group

Convenor: Gavan Clarke

Twenty-five members have registered their interest to be involved in the Shed West, Wood Turning Interest Group and their first activity is to begin the craft of “spindle turning”. Spindle turning places the grain of the wood parallel with the axis of the lathe for turning. A simple example is in the making of a file handle or balustrading. At a later stage we will move on to bowl turning, which is in an orientation of “face grain”, defined as the grain mounted in the lathe chuck at right angles to the lathe axis.

Shed West has only three lathes and so getting to the point of turning wood into chips and dust is a matter of waiting ones turn for a lathe to become vacant.



Shed West is in the process of upgrading the workshop and facilities and we are pleased to report that the wood turning group have scored new drawers for the gouges and chisels. You can see from the photograph that we have sorted the tools and labelled the drawers for easy identification. In the coming months the foot print of the workshop will be redesigned and all the machines will be connected to an efficient dust extraction system, which will include the lathes.

We look forward to showing you some of the skilful creations produced by our members.

Shed West Speaker Programme 2025

Cyclone Alfred forced us to abandon the speaker program for March. The good news is that those speakers who were to talk in March will present in later in May and June.

Room 3 at the Kenmore Library is the venue and members and guests can arrive from 1:30 pm for a 2 pm start in. The speaker program is a work in progress. Confirmed Speakers and Topics till 1 July are:

8 April	Malcolm Letts	<i>Biosecurity in Queensland: What it means for you</i>
6 May	Kev Goss	Murray Darling Basin: it's not all politics and conflict.
13 May	SGT Jose Sarmiento	<i>Crime prevention: Home Security, Personal Safety and Local Crime Trends.</i>
3 June	Philip Castle	<i>A profile of Ludwig Leichardt – explorer and naturalist.</i>
10 June	Catherine Keating, Kylie Daniel & Miranda Daniel	<i>Disaster management: Preparing for severe weather in Brisbane</i>
1 July	Gilbert Logan	<i>Australia's Million Year Ice Core Project - Science, engineering and logistics</i>

Light refreshments are served after the presentation.

Other dates will be filled as speakers' commitments are confirmed.

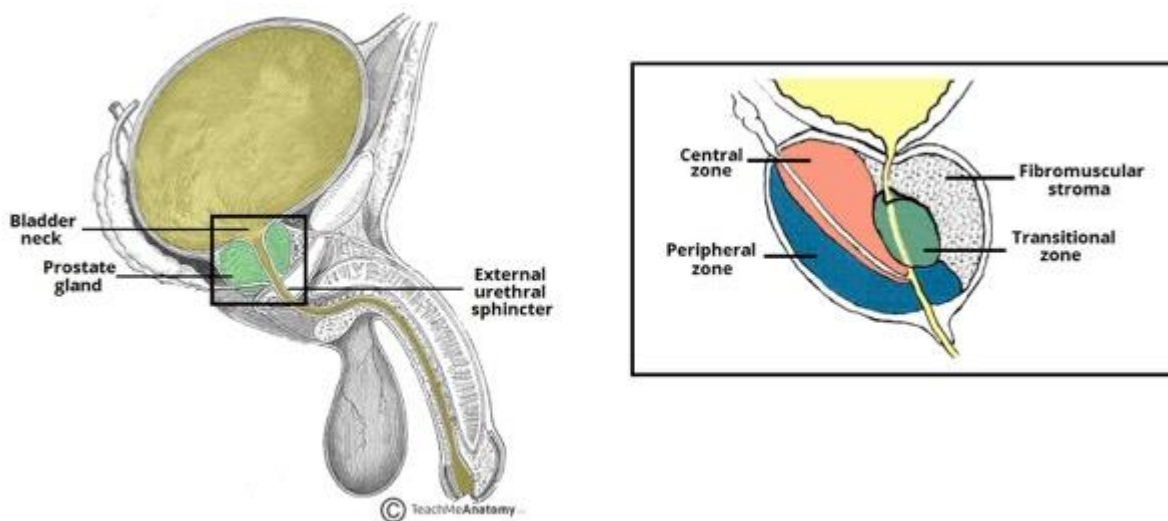
If any member can recommend a speaker who is willing to share experiences on a non-political, non-religious, non-commercial topic, the secretary would be keen to hear from you. Contact Jim Watters at email address Shedwest.sec@gmail.com

Tuesday 1 April 2025, Presentation by Dr David Cowley

Topic – Prostate gland, Cancer diagnosis and treatment, Incontinence, Exercises for regaining bladder control

David Cowley is a physiotherapist with extensive clinical experience treating men with incontinence following prostate surgery. David conducted original research in the field of prostate cancer and incontinence to be awarded a PhD qualification by The University of Queensland. David is currently studying to become a medical doctor and continues to research and support men with prostatic cancer and incontinence.

David gave a very informative talk and presented below is a summary written by the editor for the benefit of Shed West members who were not present. I trust my notes are reasonably accurate because this topic is really important for men at any age. Prostatic health and incontinence is complex and David's talk was an overview. Talk to your GP if you have concerns.



The prostate gland is the size of a walnut. It sits below the bladder and encases the urethra between the bladder neck and the external urethral sphincter. As a gland its job is to provide fluid to nourish ejaculated semen. The prostate has four zones that contain cells of different types. The Peripheral zone is where most, >75% of prostate cancers (mainly adenocarcinomas) arise. The Transitional zone incurs 20 of cancers and the Central zone 5%. Note that prostate cancers are often multifocal (2 or more areas of cancer arising from a single original tumour). The Transition zone is a zone of high cell turnover so tumour development here will impact the urethra because this zone wraps around it. Tumour growth occludes the urethra, reducing urine flow.

Prostate cancer is estimated to be the most commonly diagnosed cancer for males and for Australia overall. 26,400 cases were diagnosed in 2024. The overall prostate cancer 5 year survival rate is around 96% and drops to 36% for men whose cancer is advanced when detected. Predisposing factors for prostate cancer are 1. Age; 2. Family history; 3. Race; 4. Genetics.

A PSA blood test (Prostate Specific Antigen) is the standard test to determine potential prostate abnormality. An increased PSA value may be due to prostate infection (prostatitis), cancer, enlarged prostate (benign prostatic hyperplasia), urinary infection, or even recent vigorous exercise or ejaculation. Further evaluation by a urologist will likely be recommended by a GP. Most urologists will perform a Digital rectal examination to palpate the prostate to determine irregularity. The prostate's Peripheral zone mentioned earlier lies against the (anterior) wall of the rectum and as this is often a tumour site palpation can provide evidence that this zone is enlarged.

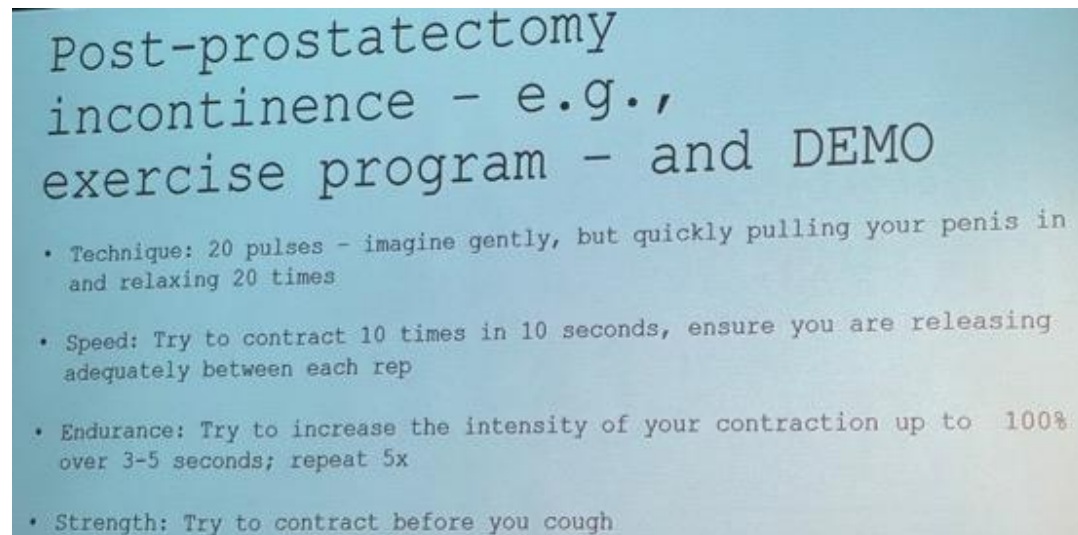
A urologist may order an MRI (Magnetic resonance imaging) to show tissue features in cross section layers of the prostate. The results of the MRI are expressed as a PI RADS score from 1 to 5 which is a standardized scoring system used to interpret prostate MRI scans and assess the likelihood of clinically significant prostate cancer. The MRI will be used by the urologist to determine if biopsy of the prostate tissue is required and where the biopsy sites need to be. Under general anaesthesia a trans-perineal biopsy of the prostate will be undertaken to collect many samples of tissue by hollow needles inserted into the prostate gland using a rectilinear grid and guided by ultrasound imaging via an anal probe. The biopsy samples provide a pathologist with a Gleason's Pattern of the make-up of cells / distribution of cancer cells and from this is determined a Gleason score indicative of the likelihood of a tumour at sample sites. The urologist may order a PET scan (Positron Emission Tomography) to reveal atypical metabolic activity in the body indicative of metastases that have spread from the prostate original tumour.

The stage of the cancer will determine the treatment that is best suited. If there is a low risk of harm Active Surveillance may be offered, requiring regular testing to check for any changes to the cancer. If the cancer changes further treatment may need treatment. High risk cancer stages require surgical and/or radiation treatment. In Australia Robotic Assisted Radical Prostatectomy is performed to reduce collateral tissue damage and improve post-surgical outcome for the patient. 43,000 procedures are performed in Australia each year and the recent analysis (Fifteen-Year Outcomes after Monitoring, Surgery, or Radiotherapy for Prostate Cancer, Handy et al, N Eng J Med 2023) indicates a 97% survival rate at 15 years post-surgery.

Incontinence is a major post-operative condition of prostatectomy. In a normal male pelvis bladder content control is maintained by the pressure in the urethra > pressure in the bladder. Urethral pressure is provided by four factors: 1. Smooth muscle located around the urethra. (Smooth muscle's normal state is tireless contraction.) 2. The Puborectalis muscle, 3. The Bulbocavernosus muscle, 4. The Striated Urethral Sphincter. The smooth muscle is removed with the prostate and the orientation of the

bladder is changed because it is pulled down to reconnect the urethra remaining below where the prostate was excised. These factors cause urine leakage post-operatively.

Pre-surgical exercises to learn how to control the muscles 2, 3 and 4 can greatly assist reduction in urine leakage. David demonstrated how these muscles can be innervated by conscious thought. The following slide may assist all men to improve control of these muscles for improved pelvic floor function as we age.



David's take home message:

- Prostate cancer is common in Australian males
- Although often slow growing, is still a leading cause of cancer related death
- Diagnosis: PSA blood test → MRI → biopsy → PET-CT scan
- If localised prostate cancer – radical prostatectomy or radiotherapy options for treatment but both can lead to incontinence:
 - Prostatectomy (high likelihood of incontinence short term; low likelihood long term)
 - Radiotherapy (very low likelihood of incontinence short term, moderate likelihood medium term)
- Pelvic floor muscle training is a rehabilitation technique for improving continence.
- Pelvic floor muscle training should target technique, speed, endurance and strength of 3 muscles:
 - Striated urethral sphincter (which you can feel at the base of the penis)
 - Bulbocavernosus (which you can feel between your penis and your testes)
 - Puborectalis (which you can feel wrapping around your anus and rectum)
- Performing these exercises before treatment helps lower the risk of incontinence afterwards

- Undergoing transperineal ultrasound assessment with your physiotherapist will allow you to assess how effectively you are using these muscles.

Further information is available on the Active Rehabilitation Physiotherapy website or contact the practice on 07 31631188.

Continence Health Australia website continence.org.au has information resources.



Attendees at Dr David Cowley's presentation

Tuesday 8 April 2025, Presentation by Malcolm Letts

Malcolm Letts, a former Queensland Chief Biosecurity Officer shared his experience on the biosecurity threats that threaten Australia. He gave examples from a number of industries and discussed how threats are responded to. His discussion on fire ants was awakening. Fire ants arrived about 2001 and still remain a major focus on eradication. He could not understate the damage that they could do to our economy. Again the session was well attended with good discussion and many questions being posed.



Attendees at Malcolm Lett's presentation

Women's Shed for St Lucia

The February Newsletter had a paragraph about the creation of a The WorkShed Inner West with nearly 200 woman expressing interest in the concept. The group is working to activate the former Girl Guides Hut on Guilfoyle Street, St Lucia into a Women's WorkShed for the Inner West.

Peter Merrell has provided another update from City Councillor Penny Wolff's recent newsletter.

The WorkShed Inner West

Written By [Penny Wolff](#)

Calling all who need a little extra space to shine!

Introducing the The WorkShed Inner West... where creativity & relaxation meet!

Imagine a place where you can let your creativity flow, get your hands dirty, or just enjoy a moment with other incredible women. Well, stop imagining – it's here!

What to expect:

- Inspiring DIY workshops
- Woodwork & craft zones
- Cozy corners to create
- A supportive community!

Whether you're looking to build, create, repair or just socialise this is YOUR space to thrive. Come make new memories and friendships!

We are in the initial stages and need a committee and interested members to get this off the ground. Click the link to learn more and get involved!

<https://forms.gle/vro4u9WQm29cuVtp6>

[This link does not seem to work so an alternative if your wife or female friend is interested in finding out more is: "If you know somebody who might be keen or you are keen yourself please visit Penny Wolff's website at www.pennywolffe.com to express your interest."]

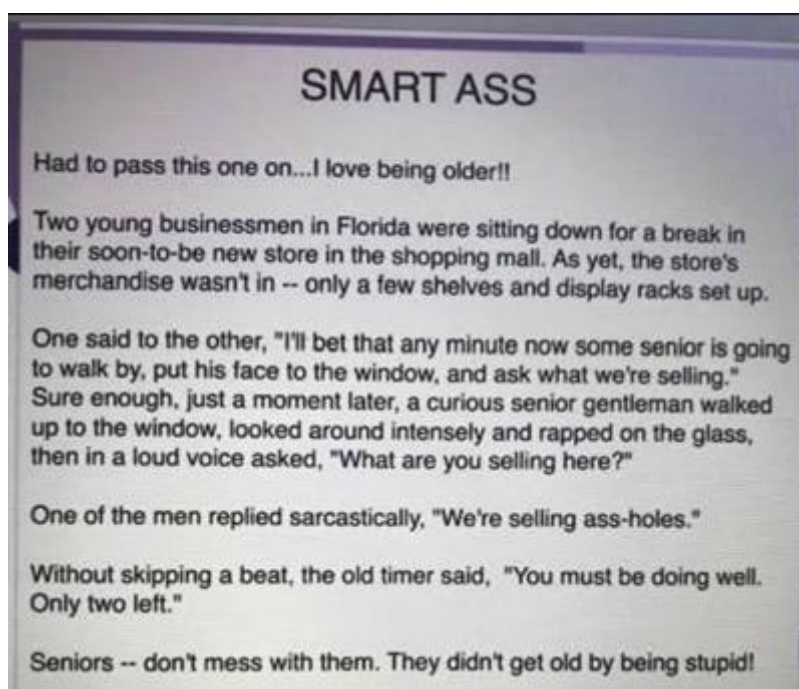
Time for a laugh

Just got myself a pet
termite and named him Clint.
Clint Eats Wood



Provided by Peter Merrell

And this one by Ron Williams



UPCOMING SHED WEST SOCIAL SORTIES

This is just a quick heads-up on the monthly social events (Social Sorties) for the next few months. Please accept my apologies for the scarcity of arranged Sorties lately but I have been away since mid-January. I'm back on deck now, so please see below a few ideas/bookings for upcoming Shed West Social Sorties.

Wednesday April 30 – Tour of the Brisbane Car Museum

The Brisbane Car Museum is located at 959 Nudgee Road, Banyo and has a static display focusing on different car 'types' where the display type changes every 3 months. At the moment (until 1 June) the display is all about Sports Cars.

Wednesday 28 May – Day trip to Samford

We'll make it a morning to remember, traveling to the village at Samford by our own personal cars (lifts can be arranged). The trip will incorporate a visit to the Samford District Historical Museum, visit to the Samford Area Men's Shed and lunch at the Samford Hotel. This will be a pay-as-you-go event and timings will be available closer to the event. We will most likely have a sign-on sheet at Shed West prior to the event so we can better liaise with the Samford Shed people (so they know how many visitors to expect), and book tables at the pub.

Saturday 14 June – Wine and Cheese Spectacular!!

There has been some queries from some of our members about the possibility of us having a major mid-year function to rival our Christmas Lunch. The thought has been proposed that 12 months is far too long to wait for a substantial Shed get together.

One of our newer members, Peter Gross, has volunteered to host the Wine & Cheese Spectacular. Peter's knowledge about cheese was on full display at a recent Tuesday Talk which was very well received by all those members who attended. What wasn't understood (by me at least) was that Peter's knowledge of wines is also well honed!! He has a great deal of experience in these events as he hosts similar ones across the country on behalf of a company called Wine Selectors, where he mixes his knowledge of cheeses and wines to great effect.

Clarification on how the event will run will be sent out in a separate email.

As a venue, we have booked the One Table Café on the grounds of the Kenmore Church of Christ, which is just near the Shed at 41 Brookfield Road. Hayley, the One Table Manager has agreed to open their restaurant area for the two hours needed for the event (4pm to 6pm). The restaurant area enables seating for around 100 people so we will cap our numbers at that. Therefore, you'll need to get your name down to secure your booking. As usual, wives and significant others are welcome. A sign-on process will be available at a later date so keep an eye out for updates via your email.

The fee for the event is yet to be determined but will be set once we know all the actual costs. Although we envisage it will be similar outlay to the Christmas Lunch.

July to November Social Sorties – TBC

Later in the year: Other possible visit ideas include, Brisbane Airport Cooperation tour; Pohlmann's Nursery tour (near Gatton); camping/caravan weekend away (destination to be determined). We could also repeat the bus trip to Toowoomba for the Carnival of Flowers, if there's sufficient interest...? If you have any other ideas for upcoming Social Sorties (especially if you have a personal link with a possible venue), please let me know.

Repeat Offenders? We've actually done quite a few memorable Sorties. So, if you would like to repeat a Sortie that we've already done before, please let me know. The ones we have already done in the last 18-odd months include: Straddie Brewing Co.; Toowoomba Carnival of Flowers (in September); River Cat Cruise; Bribie Woodcrafters; Caboolture Warplane Museum; Creative Timber World; Woodfordia; Brisbane Port Authority. Each of these visits included a lunch at a pre-selected venue, providing an opportunity to chat to each other about what was experienced earlier in the day.

Visiting other Men's Sheds: This year we will be approaching other Sheds (or similar organisations) to arrange a visit and see what can be learned from each other. The plan, aside from our usual monthly Social Sorties, is to visit one other Shed (or have them visit us) every month. Again, if you have any venue ideas or suggestions, please let me (David King) know.

Did you know that The University of Queensland Faculty of Science runs BrisScience, a monthly lecture series that brings science out of the labs and to the people, making it accessible to all – from scientists, to scientists-at-heart.

The University of Queensland, BrisScience has been delivering engaging lectures on diverse topics from local and international scientists for over a decade. BrisScience speakers drawn from early career researchers to Nobel Laureates are leaders in their given fields and deliver dynamic presentations based on cutting-edge research.

Time	6:30pm to 7:30pm (light refreshments 7:30-8pm)
Venue	The Edge, State Library of Queensland, Stanley Place, South Bank
Cost	Free - Eventbrite ticket required

ShedWest members interested in science will find this link useful to find out more.
<https://science.uq.edu.au/event/brisscience>

The lectures can be attended in-person or you can watch on-line. Past presentations can be viewed on YouTube via the BrisScience website.

Mystery object

This timber box has been lying around the shed for a while. It even bears a note asking if anybody knows what it might have been used for. So, this month's mystery object is:



The bottom of the square funnel has a round hole about 25 mm dia. so material fed into it falls into the shallow tray in the base of the box. Might have been a collection box for coins (thinking back to days at Sunday School) or marbles. Your ideas are welcome.

Testicular Health

This item appeared in the March edition of “The Shedder”. While prostate gland conditions affect lots of men, testicular cancer also impacts men’s lives.

Check your balls



It's time for nut health by the numbers.

Did you know that 1,000 new cases of testicular cancer are diagnosed in Australia each year, usually after men notice something different during self-examination? Or that 1 in 180 is an Australian man's chance of developing testicular cancer over their lifetime?

Healthy Male are making it easy to help your brothers, mates, sons and nephews get ballsy about their wellbeing.

[Learn more from Healthy Male](https://healthymale.org.au/checkyourballs)

Click on the link to learn more.

If the link above does not work go to the website
<https://healthymale.org.au/checkyourballs>

Old Shed West toy still bringing fun and enjoyment

Mike Symes and his wife visited friends at the Gold Coast recently and discovered a toy aeroplane the friends had purchased a few years ago for their grandson. Closer inspection revealed the toy plane was made by Shed West and Mike thinks more than likely by Shyam Verma.

Another toy aeroplane made by Shyam is on display in Cr Greg Adermann's Pullenvale Ward office near the Kenmore Library.



More Creations from the Blue Shed



Eiffel Tower model

Bill Cristaldi has been busy on the laser cutter again and has produced this very impressive model of the Eiffel Tower.



Editor's Note

For the remainder of 2025 the Shed West Newsletter will appear in your inbox every 2nd month instead of about each month. Deadline for articles to be provided to the editor for inclusion in the bi-monthly Newsletter are:

30 May for 6 June publishing

23 July for 30 July publishing

22 September for 29 September publishing

28 November for 5 December publishing

Shed West's Newsletter is of greater benefit to its readers if it contains stories about Shed West members. If you are working on a personal project at the shed, engage in a hobby at home, have an artistic flair, play a musical instrument, have returned from a travel adventure, we would all like to hear about it. If you don't want to write your own story, contact me and I'll write it with you.

Gilbert Logan (Shed West Newsletter, editor)

email gillogan51@gmail.com

Mobile phone 0409792396

Committee Membership & Responsibilities

President	Phil Batten	shedwest.president@gmail.com
Vice President	Gerald Barber	
Secretary	Jim Watters	shedwest.sec@gmail.com
Treasurer	Shyam Verma	shedwest.treas@gmail.com
Committee Member	Ian Boudry	
Committee Member	Gavan Clarke	
Committee Member	David King	shedwest.social@gmail.com
Committee Member	Stuart Reed	
Committee Member	Neil Rogers	
Committee Member	Doug Wait	
Committee Member	Bruce Woodhouse	
Committee Member	Gilbert Logan	

Operations Sub-Committee

The operations sub-committee is responsible for the management of the Shed. This includes, maintenance and health and safety aspects.

Neil Rogers (Chair)	neiltrogers@optusnet.com.au
David Arnold	arnoldda@optusnet.com.au
Warren Cameron	wm.cameron@bigpond.com
Gavan Clarke	gavan@seehills.net
John Lippiatt	jelippiatt@gmail.com
Peter Merrell	petermerrell@aapt.net.au
Doug Nissen	dougniss@tpg.com.au
Ron Williams	willronchris@bigpond.com
Doug Wait	dwait@bigpond.net.au

Other Responsibilities

The following members are point of contact of a range of special tools and functions.

Social Events Coordinator	David King	dave@thekings.id.au
Trotec Laser Coordinator	Ross Monks	ross@rossmonks.com
3D Printer Coordinator	Jim Watters	jjwatters@gmail.com
CNC Router Coordinator	Neil Rogers	neiltrogers@optusnet.com.au
Auditor	Tom Usher	tomusher197@gmail.com
IT Consultant / Web Site	Ray Johnson	pamray19@tpg.com.au
Shed Trailer Coordinator	Phil Batten	phil.liz.batten@bigpond.com
Newsletter Editor	Gilbert Logan	gilogan51@gmail.com
Community Liaison Officer	Jim Watters	Shedwest.Sec@gmail.com
Leatherwork	Alan Ernst	ernsts@bigpond.net.au
Wood Turning	Gavan Clarke	gavan@seehills.net
Vehicle Restoration Group	Bruce Woodhouse	bmwood@bigpond.net.au
500 Cards	Ross Monks	ross@rossmonks.com
Workplace Health & Safety	Ralph Dowling	ralphmdowling@gmail.com



Shed West Community Men's Shed (Inc) Supervisors

Day	Supervisor	Assistant Supervisors	Supervisor
Green Shed 8.00 – 12.00 AM			Green Shed 1.00 – 5.00 PM
Monday	Gavan Clark	Carlos Borges	
Tuesday	Ron Williams	Gerald Barber, Phil Batten	
Wednesday	Doug Wait	Neil Rogers	David Brown training where needed
Thursday	Ron Williams	Gavan Clarke	
Friday	Neil Rogers	Peter Merrell	Gavan Clarke (woodturning)
Blue Shed 8.00 – 12.00 AM			Blue Shed 1.00 – 5.00 PM
Monday	(Leatherwork)		Alan Ernst
Thursday	Warren Cameron	Geoff Haig, Trevor Ward	
White Shed 8.00 – 12.00			
Monday	Russ Hawksford	Bruce Woodhouse	
Tuesday		Russ Hawksford	
Wednesday			
Thursday	Russ Hawksford	Bruce Woodhouse	
Friday	Bruce Woodhouse	Russ Hawksford	

A Shed Supervisor, through negotiation, is assigned to a designated day to oversee all operations conducted within and enforce all duties listed below. An Assistant Supervisor is also designated on each day. **Either** of these two must be in attendance on their designated day.

- In the event that the designated supervisor is unable to attend, it falls on him to request that the Assistant Supervisor cover his duties,
- Should the Assistant be unavailable then other Supervisors may be approached to cover his duties,
- If the designated supervisor needs to depart mid-session and the Assistant Supervisor is not in attendance, then a senior experienced and qualified member may be asked to assume the responsibilities of the Supervisor,
- In the event there are no designated, nor ordained Supervisors in attendance then the Shed must cease operations and close.

The responsibilities of the Supervisor include;

- Ensuring members entering the Shed are wearing sturdy enclosed shoes.
- Prompting members to wear their name tag, sign in to the Shed and pay the attendance fee. Members must also remember to sign out so as to validate insurance cover.
- Making sure members using machinery have access to the required personal protection equipment (safety glasses, ear muffs, dust masks, etc).
- Ensuring members using machinery have been cleared to use the machinery by a mentor, are wearing a name tag that indicates that they can use the machine (i.e., have appropriate green dots on their name tags) and are using machinery in a safe manner.
- Ensuring members clean the workbenches or equipment they have been using as soon as they have finished their task.
- Ensuring members return tools and/or equipment they have used to their appropriate storage place.
- Checking vacuum cleaners, dust extractors and filters are emptied and cleaned.
- Making sure the Shed is left in a clean and tidy condition at the end of the work session and ensuring the Shed and all other buildings are securely locked. All work should cease by 11.30 allowing time for cleaning up and sterilising all items used. Where possible the supervisor is to blow out the shed.
- All new members will receive a welcome pack detailing the operations of the Shed as well as the QMSA and the AMSA. It also outlines that all members will undertake the Safety Induction program despite not wishing to attend workshop activities.
- The Shed Safety Officer or his delegate will require that a member acting dangerously immediately begin observing safe practices. If the Safety Officer's (or delegate's) instructions are disobeyed, then he may ask the offending member to cease his activity and leave the premises forthwith. This person's right to work in the Shed workshop will be suspended until it is reviewed by the Management Committee.

NB. All items donated to the Shed will be scrutinized by the duty supervisor to determine what remains as Shed property and what may be allocated to wanting members.

November 2024