

Aa

Act like a monkey.



kidti  ities

Bb

Balance on one foot.



kidti  ities

Cc

Clap your feet.



kidti  ities

Dd

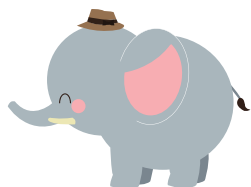
Dance.



kidti  ities

Ee

Estomp like an elephant.



kidti  ities

Ff

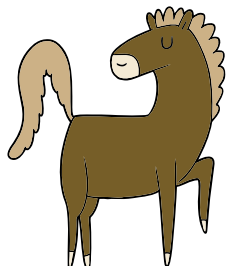
Fly like a bird.



kidti  ities

Gg

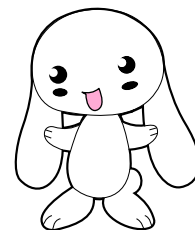
Gallop like a horse.



kidti  ities

Hh

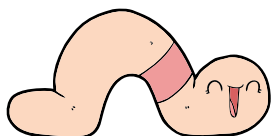
Hop like a bunny.



kidti  ities

Ii

Move like an
inchworm.



kidti  ities

Jj

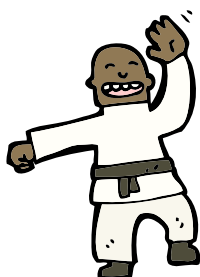
Jump like a frog.



kidti  ities

Kk

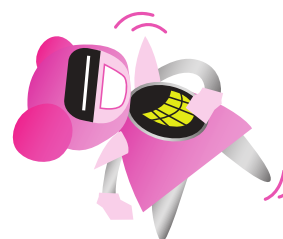
Karate Kick.



kidti  ities

Ll

Lunges.



kidti  ities

Mm

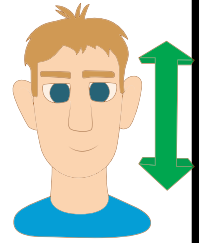
March.



kidti  ities

Nn

Nod your head.



kidti  ities

Oo

Jump Over
Something.



kidti  ities

Pp

Push Ups.



kidti  ities

Qq

Quick, Freeze!



kidti  ities

Rr

Run in place.



kidti  ities

Ss

Skip around the
room.



kidti  ities

Tt

Touch your toes.



kidti  ities

Uu

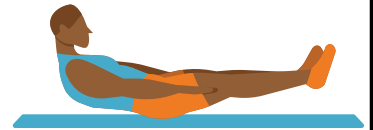
Up and Down.



kidti  ities

Vv

Vsit.



kidti  ities

Ww

Windmill with your
arms.



kidti  ities

Xx

Jump into an X.



kidti  ities

Yy

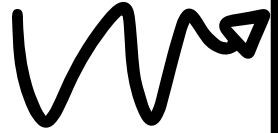
Jump into a y.



kidti  ities

Zz

Zig Zag around.



kidti  ities