



Practice of Charity

(Excerpt from "At Home with the Word 2026")

John the Baptist calls you to "make straight his paths." What are concrete ways to establish Christ's kingdom of heaven here on earth?

This week, strive to "think in harmony" with those in your home, work, and parish. Show hospitality by listening to the opinions of others. Engage in dialogue when problems arise so "that with one accord you may with one voice" arrive at solutions that glorify God.

Spend this week praying for God's guidance to attend to those in need in your family or community. Investigate outreach programs in your neighborhood and parish. Volunteer in a community soup kitchen or shelter.

Check on elderly neighbors who may need extra support or companionship. Is there an elderly family member you can comfort with a phone call or visit? Write an email or send a card to let them know they are loved. Invite them for a family meal so they may feel welcome "as Christ welcomed you."