



HOLY CROSS BEREAVEMENT

Newly Bereaved

This group will meet on Wednesdays
from 1:30pm to 3:00pm in the
Father Joe Room,
beginning November 5th.

Beginning on Wednesday, November 5th, the Parish of the Holy Cross will be offering a **5-week support group for the recently bereaved and those still struggling with unresolved loss.**

*This group is designed to assist the bereaved in learning about the grief process;
develop skills to manage their grief and to learn to live in the world without the deceased.*

**The group will meet on Wednesdays from 1:30pm to 3:00pm in the Father Joe Room.
We will meet on November 5th, November 12th, November 19th, December 3rd and December 10th.**

If you are interested in joining, please contact Kelley in the Outreach office at 631-265-2200.

You must register before November 4th. All are welcome to attend.