



## Practice of Faith

*(Excerpt from "At Home with the Word 2025")*

The leper is healed by Jesus but saved by his recognition of God's action. Our faith cannot be inert; we cannot passively accept the abundant gifts God has given us as simply our due. Instead, we should seek every opportunity to return to the source of our blessings, to give God thanks, yes, but also because with each act of recognition, we affirm our faith and properly orient ourselves to the source of those blessings.

Read the psalm from today. Pray it every evening this week, adding a prayer of thanksgiving each time for a specific blessing God has given you.

Tell someone in your life how grateful you are for all that God has given you.