

SIGN UP FOR A FREE CLASS TO LEARN ABOUT PREPARING FOR EMERGENCIES

With severe weather events becoming more frequent and more extreme, it is more important than ever that New Yorkers are prepared for disasters. The NY Citizen Preparedness Training Program teaches residents to have the tools and resources to prepare for any type of disaster, respond accordingly and recover as quickly as possible to normal conditions. This training course will provide an introduction to responding to a natural or man-made disaster. Participants will be advised on how to properly prepare for any disaster, including developing a family emergency plan and stocking up on emergency supplies. Each family that attends will receive one preparedness kit.

WHERE: Parish of the Holy Cross

95 Nichols Road Nesconset, NY 11767

WHEN: Monday, September 15, 2025

1:30PM

REGISTER:

Registration is required to attend the event. To register visit www.prepare.ny.gov or scan the OR code





THIS EVENT IS BROUGHT TO YOU BY GOVERNOR HOCHUL IN CONJUNCTION WITH:



and Parish of the Holy Cross

SUNDAY at Holy Cross

HEALTHY Vaccine Clinic

Sunday, September 14, from 10am to 1pm in the Atrium

We will be hosting a free vaccine clinic

in the Atrium in partnership with CVS pharmacy.
Our local CVS pharmacist and staff will be
available for the following:

Flu shot - COVID - Shingles RSV - MMR - Tdap

Vaccinations are one of the best things you can do to help protect yourself from serious diseases. If any of these is of interest to you, please stop by our Healthy Sunday table in the Atrium between 10am and 1pm.

No appointment necessary.







We will meet on

Tuesday, September 23rd, 1-3PM

in the Atrium

If you are interested, we ask that you please RSVP to the Outreach Office at 631-265-2200 so we can prepare for all those who will attend.