



Outreach is currently in need of the following items for the food pantry.

**The collection will be the weekend of February 7<sup>th</sup> & 8<sup>th</sup>**

**Snacks (cookies, individual snack bags) - Instant Potatoes  
Brown/White Rice - Fruit in a Can - Pasta Sauce in a jar - Mayo  
Shelf Stable Milk - Small Laundry Detergent - Sides (Knorr Sides / Rice-a-Roni)**

Thank you for checking expiration dates before donating.

Thank you for your continued support!

**We will meet on Wednesday, February 4th , 9:30AM – 12PM in the Atrium**



Every girl should have the chance to receive, own and wear a new dress. Our Dress a Girl ministry helps make this possible. We gather monthly to lovingly create dress kits at our "Cut-Ups" session. These dress kits are then available to take home, where skilled sewists create beautiful dresses. We hope that each dress symbolizes how special and loved each girl is. Our prayers are with them all.

**We are looking for sewists and donations of fabric to continue our ministry.**

**Do you like to sew?** If creating a beautiful dress in the comfort of your own home, sharing your talent and making a difference to a young girl sounds like something you may be interested in, then the "Dress a Girl" Ministry is for you!

If your talent lies in sewing, contact the Outreach office to make arrangements to pick up your "take home dress kit." Instructions and support are available as you create a dress from one of our dress kits.

**If you would like to join us, we meet monthly to create the dress kits.** We are so grateful for all those who played a part in our "Dress a Girl" Ministry. This ministry could not exist without the many volunteers who have cut out a dress, sewn a dress or donated fabric. We need fabric to keep creating these beautiful dresses and offering hope. **We are in need of 2-3 yards of a cotton blend fabric.** We invite you to be part of this ministry by donating fabric and helping to support the good work that we are doing. All donations can be brought to the Outreach office.

**If you are interested, we ask that you please RSVP to the Outreach Office at 631- 265-2200**

**so we can prepare for all those who will attend. If you have any questions, please contact Kelley in Outreach. Thank you!!!**



**Mobile  
Outreach Bus**



*The Community Outreach team is pleased to offer free  
health screenings and flu vaccinations in your community  
by a Catholic Health registered nurse.*

**Free  
Health Screenings  
and  
Flu Vaccinations**

Parish of the Holy Cross R.C. Church  
95 Nichols Rd., Nesconset, NY 11767

**Tuesday, February 10, 2026  
10 am– 2 pm**

No insurance or ID required. No need to fast.

**Services for adults  
(18 and older):**

- Brief cardiac history
- Blood pressure screening
- BMI screening
- Simple blood test for cholesterol and glucose
- Health education
- Referrals as needed
- Resources for those without insurance
- Free flu vaccination (senior dose available)