



## Practice of Hope

*(Excerpt from "At Home with the Word 2025")*

On the Solemnity of the Epiphany of the Lord, the Church celebrates the manifestation of the Son of God to the world. Little is known about the visitors from the East who paid the Holy Family homage, but their story reminds us that great things happen in the humblest of places. The Magi followed the star to find the newborn Jesus in Bethlehem, which means House of Bread.

From the House of Bread came the Bread of Life. Following the example of the Magi, visit a church and pray before the Real Presence in the tabernacle.

Reflect on the world around you and look for examples of the miraculous way God allows things to occur in the humblest of places.

Bring the figurines of the three Magi closer to your nativity set. Light candles and sing your favorite Epiphany songs.

