



Parish of the Holy Cross

Blood Drive



Wednesday, July 16th, 2025, 3:00pm - 7:30pm
95 Old Nichols Rd, Nesconset

Any Questions, Please Call Marianne Nawrocki-Caruso at 631-428-4117

Sign up to donate blood before or
after Mass in the atrium at the
sign-up table the next two weekends!

Your donation will help to **save up to THREE lives.**

Our community hospitals need your help. Please share this lifesaving gift!

THANK YOU FOR CARING!

Eligibility Criteria:

- Bring your Blood Donor Card or ID with signature or photo
- Minimum weight 110 lbs. or more
- Eat well (low fat) & drink fluids
- No tattoos for past 12 months
- Age 17 - 75 (17 year olds must have parental permission)

For questions concerning
medical eligibility, call
1-800-688-0900
www.nybc.org.

To schedule an appointment or for further information please contact:

Marianne Nawrocki-Caruso - 631-428-4117