

Parish of the Holy Cross



# Bereavement



SUPPORT GROUP

*This Bereavement Group is for  
**anyone dealing with grief.***

**All are welcome.**

**We will meet for six (6) consecutive Wednesdays.**

**The dates for the Spring session are as follows:**

**April 2, 9, 16, 23, 30 & May 7**

**from 1:30PM - 3:30PM in the Fr. Joe Room.**

*Losing a loved one is painful for anyone. How we cope is as unique as our fingerprints.  
It can be experienced as losing the ability to see the beautiful colors in a rainbow.  
Our world seems so grey.*

Making the time to listen to others dealing with grief enables us to begin to see the colors of life once again. This also allows us to share our stories and gain ways to move forward. Come and join us as we work together and share this journey.

*If you are interested in joining or have any questions, please call Outreach at 631-265-2200.  
All who will be attending will be asked to complete a registration form.*

*The last day to RSVP is April 1st.*

**“Come to me, all who are weary and find life burdensome, and I will refresh you.” Matthew 11:28**