PARISH OUTREACH



Mobile Outreach Bus

Free Health Screenings and Flu Vaccinations

The Community Outreach team is pleased to offer free health screenings and **flu vaccinations** in your community by a Catholic Health registered nurse.



The Parish of the Holy Cross 95 Nichols Road Nesconset, NY 11767 February 2, 2023 10am to 2pm

Services for adults (18 and older):

- Brief cardiac history
- Blood pressure screening
- BMI screening
- Simple blood test for cholesterol and glucose
- Health education
- Referrals as needed
- Resources for those without insurance
- Free flu vaccination (senior dose available)