## **DIOCESE OF ROCKVILLE CENTRE NEWS**

## 5 STEPS SAFE ADULTS CAN TAKE TO PROTECT YOUTH ONLINE

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Maintain open and ongoing communication about social media and online interactions

Monitor technology use (trust but verify)

Set and enforce boundaries for utilization of social media and tech

Educate yourself on the latest trends and potential risks

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■■Builds
■■Trust

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Inform children and youth they can always tell you if someone makes them feel scared, uncomfortable or unsafe online