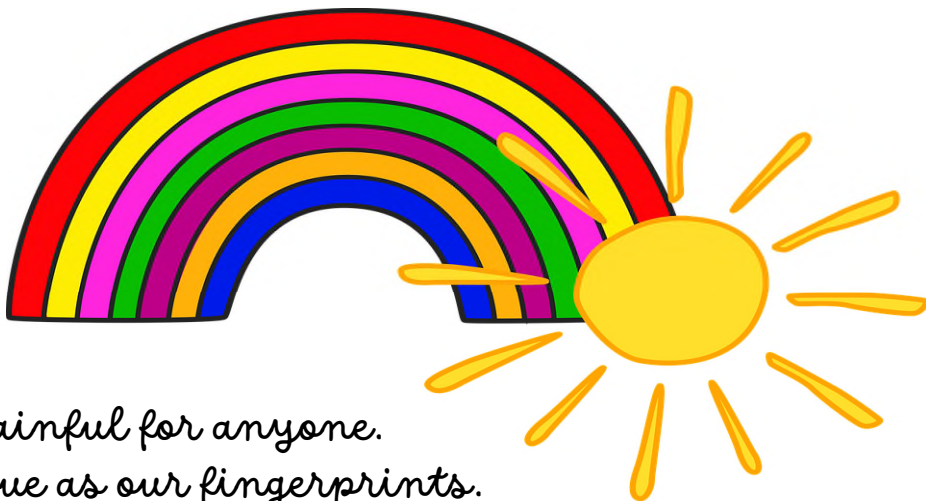


PARISH OUTREACH

Bereavement

Support Group



Losing a loved one is painful for anyone. How we cope is as unique as our fingerprints. It can be experienced as losing the ability to see the beautiful colors in a rainbow. Our world seems so gray.

Making the time to listen to others dealing with grief enables us to begin to see the colors once again. This also allows us to share our stories and gain from others ways to move forward.

This Bereavement Group is for *anyone* dealing with grief. All are welcome.

We will meet for six Thursdays beginning September 8th and 15th from 1:30 to 3:30 PM. **No meeting September 22.** We resume on September 29, October 6, 13, and the last day is October 20.

If you have any interest in attending this group, please register as soon as possible by calling Holy Cross Outreach at 631-265-2200 ext. 113, and you will be connected with the Facilitator of this group.

“Come to me, all who are weary and find life burdensome and I will refresh you.”
Matthew 11:28