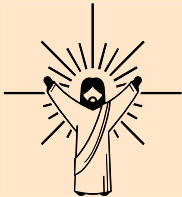




For the Ride Home..... a Gospel Reflection for adults

What did you hear today in the Scriptures?

- Where do you find God more accessible?
- Where do you go when you need to be reminded of God's presence?
- The Gospel today shows us how frightened and bewildered the disciples were. Is there an area of your life that feels confusing, and how would you like God to shine His light there?



Gospel Reflection for our young people

- Today we saw Jesus changed as his face and clothes shone like the sun. Light is important to us in our lives like the sun shining. Light chases away darkness so that we can see. The light shining on Jesus in this Gospel helped to make his friends see that he was truly the Son of God.
- How can you keep the light of Jesus alive in your life?
- What can you do this Lent to help others see that light?

