

Discussion 3: Our Separate Pasts and Personalities

Key Points:

- 1- You are two different people even though you may have a lot in common. This is based on the fact that you have two distinct personalities and histories.
- 2- Opposites attract? One social, one quiet. One neat, one sloppy. One emotional, romantic, stubborn?
- 3- Sometimes things that attracted you to each other in the first place may be the things you try to change later.
One important thing you need to know right now: YOU CANNOT CHANGE YOUR PARTNER. People only change if they want to.
- 4- This topic will help you look at how you are different and that can change and will affect your marriage.