

## Discussion 6: Our Children

### Key Points:

- 1- Having children is a life altering decision, affecting marriage, careers, lifestyle, finances, to mention a few.
- 2- Important to know each other's feelings on this subject. Do not assume you will be able to "change your partner's mind" on such issues as to how many children you will have, timing, etc.
- 3- Natural Family Planning is recommended by the Church, It is healthy and natural and allows for both partners to participate in the process. More information is available through the Diocese.
- 4- Dual career couples need to come to a decision regarding what arrangements they will make once the children are born...will someone stay home? For how long? Will a relative be asked to stay with the child(ren)? Is day care an option?
- 5- Some of the other issues in this topic will help you focus on the subjects of infertility, adoption, and how you will raise your children.