

Discussion 7: Our Finances, Friends, Work and Leisure Time

Key Points:

- 1- These areas can cause strain in your marriage if not dealt with openly and honestly, It is important to have a healthy balance of all of them.
- 2- Finances (The major cause of conflict in marriage).
 - Important to come up with a budget and stick with it.
 - Come to an agreement on the use of credit cards.
 - Agree on all major purchases.
- 3- Work and Leisure Time
 - Need to have a balance in your lives.
 - Very important to make time to have fun together.
- 4- Friends
 - Relationship with friends is important but will probably change once you are married (especially with single friends).
 - Need to remember that your spouse should be your best friend and should be the one you turn to for support – not others.
- 5- Dual Career Couples
 - Important to discuss and come to an agreement on household chores, financial management, etc.