

Discussion 8: Our Spirituality

Key Points:

- 1- This is the topic of which you are least likely to know each other's feelings.
- 2- This subject does not just include organized religion, but more importantly, includes the areas of your personal beliefs, your faith and your relationship with God.
- 3- At this point, most engage couples are still at the point where they are questioning their beliefs. It is important to remember that your spirituality is a journey, which you will now be on together.
- 4- The love in their relationship is holy because God is present in that love.
- 5- There is a difference between contract and covenant.
- 6- Marriage is a sacrament because the love that they have for each other is a sign of the love God has for us. It is ongoing because they become a sacrament to each other and to the world each day.
- 7- The purpose of this topic is to give you an opportunity to reflect on your feelings and share those feelings with your partner. This will help you determine the role God will play in your life together.