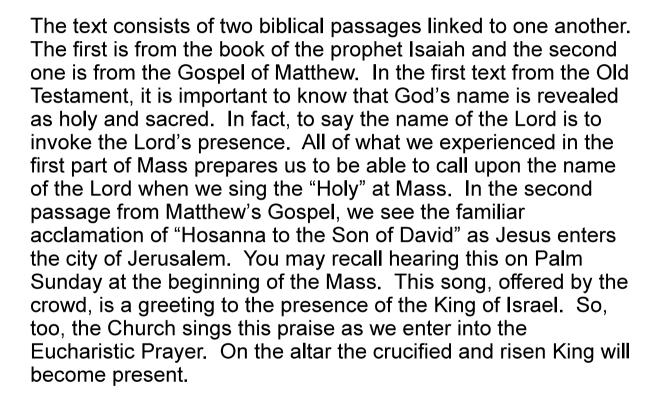
LITURGY BYTES

The Sanctus

Another part of the Eucharistic Prayer is the "Sanctus" or the "Holy, Holy, Holy." It is not just a musical interlude but a joining together of the voices of the Church on earth with heaven.



The "Sanctus" is both a song of joy and a song to purify our hearts. It is a song of expectation, of desire, of longing. The Mass is not just our celebration, the gathering of this community here and now. It is always the liturgy of heaven and earth where God's glory is revealed. As we stand and kneel, we do not simply pray with our minds and the words that come out of our mouths. We pray with our bodies realizing Our Lord is with us!

Have a safe, blessed and joy-filled week ahead! ~Michele Hall