

SIC
LUCEAT
LUX



MANCHESTER HIGH
ALUMNI
RUNNINGS



JANUARY
20, 2020



Do you know who were
your Head Boys and Head
Girls for all of your years at
High School?
Check out the list on Page 10



Page 2

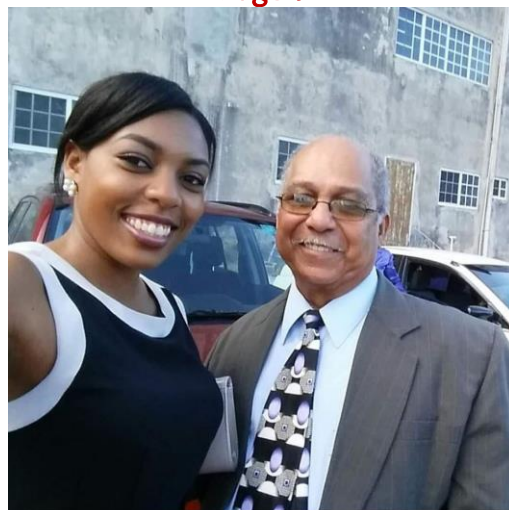


The late Mrs. Yolanda Mitchell

Page 9



Page 8



Paying respect to our Late Former
Principal Brandford 'Brandy' Gayle.

Page 2



Glen McDaniel
Head boy – 1969 – 70

Page 6



School is a place that provides education, and
education is the key to life.



Former MHS Athlete (400m; 800m; 4 x 400m) Tanya Jarrett and her hubby, Chris, celebrating a wedding anniversary in December.

They are the parents of two boys. Do I need to add they are athletes?

Congrats Tanya.

Alumni Suane Morgan, Leighton Morrison, Chantelle McLennon and Economics Teacher, Ernie Brown, in attendance at the Thanksgiving Service for late former Principal Brandy Gayle on Jan 4, 2020 in St Elizabeth.



Odale Mulgrave and his wife celebrate Christmas with their bundle of joy who arrived earlier in the year.



Alumni Donna Reid, Kathy Wanliss, Sherrone Simpson and Suane Morgan representing at The Thanksgiving Service for late former Principal Brandy Gayle on Jan 4, 2020. Donna is also on staff



The Chesta 41ers - L - R: Debbie Neil, Caroline Cooke-Robinson, Sharon White, Dawn Neil-Mitchell, Nadia Taylor – 41 yr reunion



Heather Bernard
Corporate Communications Specialist
Jamaica Olympic Association

THE LOVE PAGE

In this issue

From the Editor (until I find a nicer title)

Page 2	2
Note from Editor	3
Oonu Cyaa Chat Eeh	4
Our Students Need Help	4
21 Box Project	4
Keeping Up with Our Alumni	5
MHS Alumni Mentoring Programme	7
TGIM	7
The Ward Post	8
In Memoriam	9
Save The Date	9
Looking For	9
List of Head Prefects	10
School Works	11/12

Colleagues all,

Welcome to this issue of **MANCHESTER HIGH ALUMNI RUNNINGS**.



PATRICIA

It has been my greatest pleasure to dutifully prepare this newsletter each month to share articles, news, views, photographs, etc. on what is happening in our alumni community and also at the school. To say, it was challenging, at the outset, is an understatement. Sometimes, it still is, depending on what is going on in my life. But I continue to do it because this is what I love. Kinda sorta the wanna be journalism me in me.

From the feedback I receive each month, I am aware that many of you really do read this newsletter and have expressed delight with the contents. I am so elated about that.

Wouldn't it be nice, if this little communication morphed into a magazine, maybe a quarterly, since it would take more time to prepare? We'll see. Do I sound like I need help? You bet I do. In the meantime, as usual, I try to include snippets of life in the '*Manchester High World*'.

Please read and enjoy and do send your feedback. And, share with those who are not in receipt of my emails. Email addresses, etc. are kept quite confidential. I do not share unless I have acquired consent to do so. So, you can share others email addresses with me.

Please continue to enjoy Ambassador Ward's "The Ward Post" and Ettie Rutherford's TGIM. There is an open invitation for others that wish to make a contribution – a la the piece on nick names. I await such.

If you have a business, I shall be pleased to have your company sponsor an issue, at no cost. That's right, At no cost.

In the meantime, I wish for you a **Boonoonoonous 2020**.

Get up. The year of vision is at hand. Treat yourself. Do something meaningful, rewarding, successful with potential earning capacity. Make money. Why not? Share the love.

Until next issue, as usual **NUFF NUFF LOVE**.

PATRICIA



#themagicword

Find them located throughout the issue and let me know.

There is a prize

“There is always some madness in love.

But there is also always some reason in madness.”

Friedrich Nietzsche



“A friend is someone who knows all about you and still loves you.”

— Elbert Hubbard



**“OONU CYAAA RUN OONU MOUTH EEEH”.
FEEDBACK. BACKCHAT**

Good Day Ms. Parkins, Your newsletters are great, very informative. FR, Ja.

Pat, Feel better and God bless! Thanks for all you do. I think Sandra Longmore and Seymour Blackwood were 71-72. AG

Lawks sah. Pat yuh nuh easy. Mi deh dead wid laugh. Thank you. Hope you had a blessed Christmas and wishing you all the best for 2020! Kind Regards, KG

Thank you for receiving another wonderful edition. Really motivates me to contribute. For the December edition, I think that most would have only felt it was late simply because of the overwhelming anticipation to receive it.

Another great issue and no need to apologize for being late. The work and consistency of your efforts in producing this newsletter each month Pat Parkins is admirable. Realizing the amount of work and effort made in producing a newsletter such as these I can only commend you on your hard work and great results. Thanks again for a wonderful Newsletter and Merry Christmas and a very Prosperous 2020. Maurice L Harrison, Alligator Pond P.O.

I usually do read all issues. 😊. You put in a lot of work. Thanks for all you do! FB, Foren

Merry Christmas and happy new year girl. Carmen E

Garth Bolton was Head Boy when I was there around 67/68. – AA

Pat, Thanks for all the work you do to keep us in touch. Hope you have a blessed Christmas and enjoy God’s best in 2020. In Sisterhood! ER

Absolutely amazing work! This is unreal, I can’t remember ever seeing such an awesome newsletter. Informative but easy on the eyes. Take a bow Pat!

Pat, we have never met and yes I do read the newsletters each month. I missed them for a while. Please continue to showcase the work of the alumni and the school. Blessings. AB, Ja,

Madam, I do receive your emails and I enjoy reading the newsletters. BB, Ja.

Thank you ever so much, Pat. IE, DC

Thanks Pat, I pray that by now you have gotten over that voice-less-ness bug. All the best for the New Year when it comes. Blessings. John JA

Great job as usual. Absolutely loved ET’s memory Lane essay. Brought back some to memory: Taloy, Nosotros, Fish, Green Giant, Matata, Carol DB

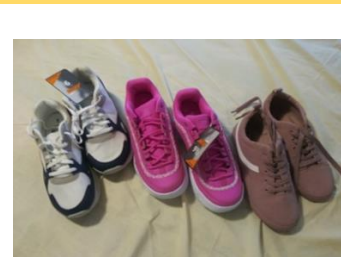
Thanks all for your responses. I so appreciate the kind feedback, comments and accolades. Keep them coming.

21 BOX PROJECT



Gracious thanks to the alumni who donated to this project. The Fall shipment is almost ready. Keep those donations coming.

I was able to purchase these. #themagicword



OUR STUDENTS NEED HELP

Gracious thanks to those alumni that have donated. Your assistance is appreciated and put to good use.

Some persons feel strongly that a fund should be set up to take care of requests. We all agreed. A **TRUST FUND was suggested.**

Contributions would be placed in a financial institution and managed by a team of Trustees with

‘the income’ on the funds distributed to ensure the fund is not depleted.

Would benefit current students, now, and later tertiary students. Quite a few requests are received each year. I need your opinions. We need to get it going.

Keep it up. **Nuff Love!!!**

KEEPING UP WITH OUR ALUMNI

Did not know this.

“The top mark was set at 1,570 by Manchester High School student **Romero Heyman**”. – 23 years ago. Not sure if it has been surpassed as yet.

Good Job Romero!!

HEARTS OF ROSE BY FELISHA ROSE

A non-profit organization that donates clothes, books, toys and shoes to the less fortunate. No monetary donations accepted. Please go to her Facebook page if you would like to make a donation or if you know someone in need. Congrats Felisha.



Bernice Boswell Melhado, Alumna and Teacher (Retired).

Mrs. Melhado taught PE, History and more.

She is pictured at the Graduation exercise last July at NCU Campus.

Gorgeous!!

Class of – mi nah talk.



Shantel Dwyer in attendance at the funeral of her friend “Nash”



Congratulations to **Dr. Kenisha Linton**, Senior Lecturer at the University of Greenwich, on the award of a contract by the British Council to undertake research in the Progression of Ethnic Minority Staff Within the British Council UK. **WELL DONE!!**



Former athlete, Lisa Bryan, now practicing as an ARNP.

CONGRATS LISA!!



Congratulations to Kenneth Neil Timoll who got married on Saturday, January 11, 2020 to the lovely Lian Chen.



Guess Who went to Jamaica and had a blast?

Carolyn McDonald (nee Alliston) pictured at left with her husband and Afeef Lazarus – former schoolmate.



Glen
McDaniel

Head boy
1969 – 70

Glen McDaniel (known then as Glendon) attended MHS from 1963 to 1970, serving as Head Boy in his final year (1969-1970). He remembers not just the rigorous education he received but the camaraderie and all the extracurricular activities. He was on the debating team dabbled in drama, Spelling Bee and was on the school's first School's Challenge Quiz Team. His fondest memories are relaxing on the cool green grass under huge Poinciana trees, scampering up steps 2 at a time to get to beat Miss Lopez to the Sixth Form classroom. A member of Davidson, Sports day was also a highlight right up there with Chemistry experiments and dissection (smelly) animals in Mrs. Gunter's Biology and Zoology classes.

After graduation, Glen worked very briefly at Barclay's Bank in Christiana, before leaving for

Canada on an academic scholarship to study Medical Technology. After graduation, he returned to Jamaica, briefly teaching at Holmwood. He then moved to Kingston and helped in establishing the fledgling Medical Technology program at CAST. He found time to volunteer at the Blood Bank and also worked for a private medical laboratory providing after hours emergency diagnostic services to hospitals like Andrews and Nuttall.

Glen is a world traveler, having lived in North Bay and Toronto in Canada, Paris, US Virgin Islands and several places in the States.

Glen has twice been nominated for "Outstanding Graduate of an Ontario College." He has been the COO of a hospital, a frequent keynote speaker, medical scientist, a professional writer and blogger and an actor in several community theater groups as well as an extra in 3 (forgettable) movies.

Currently a Quality Assurance and Compliance specialist for Kaiser Permanente in Atlanta, Glen credits his achievements to the solid, diverse foundation he received at MHS.

Glen is brother to Canute (deceased) and Gerard who were also Head Prefects. Juliet Colie is his sister.

KUDOS GLEN. PROUD OF YOU.

ALL IN THE FAMILY



Mitzi Fong Young (*Head Girl 1974 - 75*). She read for a BA (hons) degree in Language and Literature as well as a Dip Ed and a M.Sc. Publishing).

She has been a high school teacher of Spanish for approximately 20 years in Long Island, New York.

Mitzi currently lives in N.Y. with her husband, and adult children.

Apart from her career in the schoolroom, Mitzi enjoys reading, cooking, gardening, and yoga.

Lola Fong graduated from Manchester High in 1975 after serving as Prefect, House Captain and Head Girl (*1974 – 75*). She completed a B.Sc. degree in Sociology at UWI and an MBA from FIU.



Lola built a sterling career in Human Resources in the financial sector, serving 19 years at Citibank - 10 as Vice President HR. She also did a 10-year stint as Director Talent Management with First Caribbean International Bank.

Recently completing her Professional Coaching Certification with Erickson International she launched her own company, Next Level Coaching Services, focusing on Executive and Career Coaching.

Lola is also the proud mother of three sons.



Angella Fong coming after her sisters served as Deputy head girl 1978 – 79.

Angella currently resides in Florida. She is a wife, and a mother of three. She is also an Entrepreneur, a Kingdom builder and financier. Angella is also the Co-founder of AKTIAN - a Ministry which promotes, teaches and trains in the areas of financial education and life skills.

One of her best experiences at MHS occurred when Mr. Gunter requested that the prefect body teach all classes for one day. She describes it as both hilarious and impactful.

MHS ALUMINI PRESENTS

MHS ALUMNI MENTORING SESSION 2020

BEYOND ACADEMICS
"Success Skills For The Future"

MHS TOP HALL
9:00AM-3:00PM
FRIDAY, MARCH 13, 2020

This will be an interactive day as Alumni Volunteers engage with the students on topics such as :

- Growth Mindset
- Problem Solving skills
- Communication skills
- Learning Agility
- Understanding and Leveraging your Strengths
- The holistic college application process

All MHS Alumni are encouraged to volunteer for the day and share your experience and expertise with the students.

STUDENTS, CONTACT MHS GUIDANCE COUNSELORS OFFICE FOR MORE INFO. For information and to volunteer, Please email the Mentoring Committee at mhsglobalalumni.mentoring@gmail.com



Kashmayne Walcott
Class of 2019

She is 19 years old. She was accepted to six universities in the United States of America. She is now enrolled at Old Dominion University Spring in Norfolk, Virginia, pursuing a MBBS and a MS. She is in need of a scholarship. I need help to source.

She was successful in 9 CXC subjects - Add Mathematics, Biology, Chemistry, English Language, English Literature, Information Technology, Mathematics, Physics & Spanish. Also, CAPE - Biology Unit 1, Chemistry Unit 1, Communication Studies, Physics Unit 1, Biology Unit 2, Chemistry Unit 2, Integrated Mathematics & Physics Unit 2.



Women Are Worthy

The New Year Demands Priorities

Christmas celebrations are over and New Year resolutions have been made. Now is the time to move on with stability and certainty. Now is the time to ensure success by setting meaningful priorities that will ensure clarity, vision and hope for your families, for your businesses and for your peace of mind. To do so you need to:

1. Set priorities that will determine what is important and urgent, what is important - but not urgent, and what can be delegated to others.
2. Identify your strengths and stop wasting time trying to perfect skills which you will never master.

3. Determine a **TIMELINE** as well as simple forms of evaluation that will demonstrate if you are on the right track to achieve your goals. Ignore distractions.
4. Understand that inevitable challenges must be used to grow patience, time-management skills, as well as personal knowledge.
5. Regard yourself as a leader who has something to offer, so focus on leadership skills, decision-making skills and communication skills.
6. Decrease unforgiveness, increase prayer, and show kindness to others
7. Stop being a "Lone Ranger". Even Jesus had twelve helpers.

Joy and peace for 2020.

In Sisterhood!
Ettie Rutherford
ettie@womenworthy.com #themagicword



Ambassador
Curtis A. Ward



Contact:
attycward@gmail.com;
Please follow Ambassador
Ward on Facebook and
Twitter

Iran Nuclear Deal could crash in 2020

20 December 2019) — The United Nations Security Council (UNSC) may have to decide in 2020 whether to reinstate sanctions on Iran for that country’s failure to keep its commitments pursuant to the Joint Comprehensive Plan of Action (JCPOA) aka Iran Nuclear Deal. The JCPOA could come crashing down, as the 15-member Security Council considers a series of reports which confirm Iran’s non-compliance with the terms of the agreement. These reports follow the International Atomic Energy Agency’s (IAEA’s) report in November 2019, which confirmed significant violations of the JCPOA by Iran. Perhaps fortuitously, the Security Council’s rotating presidency puts the United States in charge of the Council’s agenda for December 2019, but the U.S. will have no control over Council action against Iran.

The Council received a series of reports in December: the Secretary General’s report on the implementation of resolution 2231 (2015), which approved the JCPOA and ended UN proliferation sanctions against Iran; the report of the Joint Commission, which was established by the parties to the JCPOA to monitor implementation of the agreement; and the report of the resolution 2231 Facilitator. These reports will include Iran’s noncompliance. Yet, re-imposing UN sanctions on Iran, a Trump administration objective, is not a

fait accompli. As a non-participant State in the JCPOA, the U.S. government cannot determine one way or the other. Such determination rests primarily with the European State parties. The European participants are already under significant pressure to find ways to circumvent United States sanctions on Iran and preserve the JCPOA. With Iran’s progressive noncompliance, there may be a limit as to how far the Europeans are willing to go to persuade Iran to reverse course. Yet, they are not ready to end the JCPOA which has been on life support since President Donald Trump withdrew the United States from the agreement in 2018. Will their efforts to preserve the JCPOA reach a tipping point in 2020?

The UNSC could vote on a resolution confirming Iran’s violations of fundamental provisions of the agreement, and if it concludes that it has, whether the UN sanctions which ended with the unanimous Council decision in resolution 2231 should be reinstated. However, any attempt at such a resolution would face certain veto by Russia and China. But a veto would not let Iran off the hook.

The European participants have taken steps to maintain the JCPOA, including creation of mechanisms to circumvent Trump’s unilaterally imposed sanctions. Iran is demanding more. Iran’s government maintains that their efforts, though significant, have not gone far enough. Iran’s economy is being ripped to shreds by the U.S. sanctions – the harshest and broadest ever by any US administration. The U.S. has targeted Iran’s government, government-controlled entities, and individuals. The impact of US sanctions on Iran’s economy will get significantly worse.

To read the remainder of this article please visit The Ward Post or Viewpoints, a Jamaica Gleaner online platform, on December 17, 2019.

We thank Ambassador Ward and Ettie Rutherford for allowing us to share their articles.



PCN-Kids, Inc. P.O. Box 1001 Alpharetta,
GA 30009-1001 (678) 568-9595



IN MEMORIAM

The Alumni Fraternity extends sincere condolences to the families of the following persons.



RIP VIVIA

The late Vivia Swaby Hayden
Class of 1965

Vivia passed away on December 29, 2019 at Hospital. Funeral Service was held on Thursday, January 16th, 2020

The late Mrs. Yolanda Mitchell - Mom of Peter, Paul, Andrew and Margaret passed away on December 12. Funeral service was held on Jan 9th at Mandeville Baptist Church.



Rest In Peace Mommy Mitch!



Warrick Pommels flanked by, on the left Miriam Morgan and on the right Sonia Plummer Brown sister of Earl 'Natty P' Plummer and Ian Nieta representing at Earl's funeral in Porus on January 4.



Saeed Christopher Wallace age 33

To Leon Dice Rochester and the Rochester Family on the tragic loss of their cousin Saeed.

To Sherine Bailey Jones and her family who lost their Patriarch and strong family man, a Dad, an Uncle and a loving Grandpa.

RIP "Sir Kenneth"



SAVE THE DATE!
ANNUAL MHS ALUMNI MENTORING EVENT
MARCH 12 & 13 2020 - 3:15 PM
MHSGLOBALALUMNI.MENTORING@GMAIL.COM;
HOSTED BY MHSCLASOFEIGHTYEIGHT GRADUATES
IN THE TOP HALL ON THE SCHOOL CAMPUS



LOOKING FOR



Julia Sharpe, Noni Staples, John Wilkins, Hulda Morgan, Barbara Baker, Jackie Phillips, Neville Graham, Keith Wynter, Neville Graham, Gifford Gayle, Clyde Baptiste, Sharon Ffrench, Jobel Beadle, The Hardings, Dorothy Pinnock, Jerry Browne & his brother. If you know where they are let us know. Friends are trying to find them. Be nice to just chat. FOUND ART TEACHER TREVOR BURROWES.

Please help to identify the occupants of these prestigious roles during your time

YEARS	HEAD BOYS	HEAD GIRLS	YEARS	HEAD BOYS	HEAD GIRLS
1950			1993 - 94		
1951			1994 - 95		
1952			1995 - 96		
1953			1996 - 97		
1954			1997 - 98		
1956			1998 - 99	Gary Brown	Deyon McCalla
1957			1999 - 00		
1958			2000 - 01		
1959	Stafford Haughton		2001 - 02		Melesia Anderson
1960			2002 - 03		
1961			2003 - 04		
1962		Ouida Walker	2004 - 05		
1963	Walter Taylor	Vinsome Levy Oban	2005 - 06		
1963-64	Robinson 'Speedy' Henry	Sandra Smith	2006 - 07		
1964-65	Roy Harding	Camille McGann	2007 - 08		
1965- 66	Patrick Donaldson		2008 - 09		
1965- 66	Canute James		2009 - 10		
1966- 67	Canute McDaniel	Sandra Forbes	2010 - 11		
1967- 68	Garth Bolton		2011 - 12		
1968- 69			2012 - 13		
1969 - 70	Glen McDaniel	Lorna Collington	2013 - 14	Xavier Smith	Kerice Coke
1970 - 71	Orville Thomas	Melody Stanley	2014 - 15	Jevon Dixon	Vanessa Reid
1971 - 72	Seymour Blackwood	Saundra Longmore	2015 - 16	Winston Johnson	Crystal Witter
1972 - 73			2016 - 17	Janoi Reid	Alana Pennant
1973 - 74	William Potobsingh	Mitzi Fong	2017 - 18	Revone Hutchinson	Shandale Preddie
1974 - 75	Mansfield Blackwood	Lola Fong	2018 - 19	Marlon James	Trevonae Williams
1975 - 76	Gary Gordon	Karen Johnson	2019 - 20	Kahlil Walker	Alliah Kennedy
1976 - 77	Rogermike Rowe	Rosemarie Peart Stewart			
1977 - 78	Howard Johnson	Stephanie Guy			
1978 - 79					
1979 - 80	Paul Chambers	Andrea Grant			
1980 - 81	Gordon Coulton	Angela Strachan			
1981 - 82	Gerard McDaniel				
1982 - 83					
1983 - 84					
1984 - 85					
1985 - 86					
1986 - 87	Christopher Tufton	Nicole			
1987 - 88					
1988 - 89					
1989 - 90			when	Anthony Bryan	Dawn Nieta
1990 - 91		Nicole Foster Pusey	when	David Rhoomes	who
1991 - 92			when	Joel hall	who
1992 - 93				#themagicword	

IF ANY INFORMATION IS AVAILABLE BEFORE 1950, PLEASE SUPPLY. THANKS #MAGICWORD

SCHOOL WORKS

Huge Congratulations to these 'babies'



Kahlil Walker (Head Boy) of 6A3 being congratulated by Principal Gabriel after the announcement of his being awarded a full scholarship to the prestigious **Yale University**. He will be studying Molecular Biology and Bio Chemistry. Kahlil, who has also been a member of the school's basketball team, since first form, credits his achievement to his being an all-round student.

Credit Milton Williams



Members of the Shortwood Teachers College Alumni Assn, Manchester Chapter, present a scholarship to Calando Matchevilli of Form 2-6. Pictured Left to right are: Verline Larmond, Leonie Brown, Dorothy Dennis, Tatyana Armstrong, and Verona Ricketts.

Thanks Shortwood Alumni Association

Credit Milton Williams



The Manchester Scholarship Bank (formerly known as the MHS Scholarship Bank) recently awarded The **Michael Bucknor Grant** to four students at MHS for 2019/2020 school year. Pictured are from L-R, Mr. Jasford Gabriel (Principal), Akimo Thomas (recipient), Abigail Thomas (recipient), Rahiem Leslie (recipient), Shaquille Francis (recipient) and Alisteer Miller (Guidance Counsellor) Michael Bucknor was a past student.

CREDIT: George Tulloch

A new day, new term new decade. Great start



Mr. Jasford Gabriel, Principal (JTA PRESIDENT in waiting) addressing students on the first day of the new term of 2020.

Credit Milton Williams

Is that a pleased face or what?



Vice Principal Dr. Donna King, smiling widely, a show of delight at the receipt of a box of pens donated for her second form students compliments of the **21-BOX PROJECT**. Thanks to those that helped.

Credit Kaydeanne Holness #themagicword

Happy faces. Happy times.



First Formers in a happy mood at the start of the term after they received complimentary pens facilitated by the 21-BOX PROJECT. We need more. Just collect and send to the Project Co-ordinator.

Credit Kaydeanne Holness

SPORTS UPDATE

ISSA CENTRAL BASKETBALL COMPETITION



Dr. Kevin Jones being recognized for his outstanding contribution to track and field especially to the Manchester High School Charley Fuller Field Events Meet. Presentation being made by MHS Head of the Sports Department, Patrick Reid. **Thank you Dr. Jones**

U16

- Manchester 80 Christiana 34
- Manchester 62 Edwin Allen 53
- Manchester 70 Bellefield 27

U19

- Manchester 78 Knox 49
- Manchester 54 Denbeigh 33

ENJOY!!!!!!!!!!