Imagine one day waking up to your whole world, as you know it, changing drastically. Everything you once knew, your way of living, your job, your business, your social activities, changed or dramatically coming to a screeching halt.

It kind of sounds like a scene from a horror movie, or worse, an apocalyptic cinema where you find yourself wondering if humanity is going to thrive. Wait a second... This sounds relatively familiar, it kind of sounds like the environment in which our nation, as a whole is experiencing. Who would have thought that as the clock struck midnight going into 2020 that four months in, our whole world would be experiencing these challenges?

I admit, it took me several days to wrap my mind around this current reality. I had to hit the pause button and slow down to the pace of now. I just needed time to think. I needed time to process...

Count it all joy when trials come knowing that this test of faith will produce patience and let patience have it’s perfect work so you can be made complete and not lack anything.

James 1:2-4
and acknowledge my emotions, yet something in me knew that no matter what, life had to continue. I realized that I had a choice to make which was to either chose to be afraid of all the uncertainty or to walk by faith and not by the sight of what was going on around me. I choose to find the silver lining, even if it seemed invisible. I decided to make it a habit of beginning my day with prayer, positive affirmations, and faith confessions to help keep me grounded and as I began doing so, I found it easier to help other’s see things from a different perspective. Believe it or not, the more I helped others, the less I worried about me, and the better I felt at the end of the day.

With Change, Comes Change

It's amazing how a shift in perspective can give you a new outlook on life. It changes the way you view your reality and your world. Almost immediately, I started noticing the positive things in humanity. I saw strangers praying and wishing each other well, I saw neighbors volunteering to cut each other’s grass, sharing food and household supplies; I observed kindness and generosity everywhere I went and it became so apparent that I no longer had to fear what was to become of humanity because I had a chance to witness first hand the power of resilience, resourcefulness, and the bond of solidarity like never before. Therefore I am truly convinced that we have what it takes to move forward with boldness and confidence in knowing that this, too, shall pass. I encourage each and everyone of us (myself included) to keep going, keep believing, keep hoping, keep dreaming, keep praying, and keep an optimistic mindset that even in the midst of a crisis, ‘we’ can positively change our world. Be blessed, a blessing, and stay encouraged!