### Earth's Memoir

The Documentary About Returning To God Through

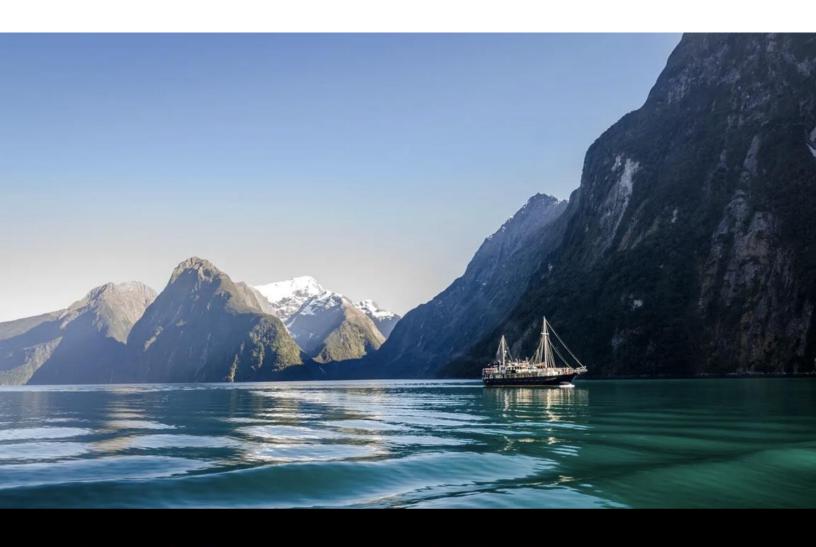
Custody, Cancer &



Lives Depend Upon It!

#### '23/83 COBALT CALENDAR





Don't just turn a blind eye to My people. See what they need in order to be taken care of properly

#### JAN 2023 TEVET

SUN		MON		TUE		WED		THU		FRI		SAT
8 <sup>th</sup> Tevet	01	9 <sup>th</sup> Tevet	02	10 <sup>th</sup> Tevet	03	11 <sup>th</sup> Tevet	04	12 <sup>th</sup> Tevet	05	13 <sup>th</sup> Tevet	06	VAYECHI & He Lived Genesis 47-50 I Kings 2
15 <sup>th</sup> Tevet	80	16 <sup>th</sup> Tevet	09	17 <sup>th</sup> Tevet	10	18 <sup>th</sup> Tevet	11	19 <sup>th</sup> Tevet	12	20 <sup>th</sup> Tevet	13	14 SHEMOT Names Exodus 1-5 Isaiah 27-29
22 <sup>nd</sup> Tevet	15	23 <sup>rd</sup> Tevet	16	24 <sup>th</sup> Tevet	17	25 <sup>th</sup> Tevet	18	26 <sup>th</sup> Tevet	19	27 <sup>th</sup> Tevet	20	VAERA & I Appeared Exodus 6-9 Ezekiel 28-29
29 <sup>th</sup> Tevet	22	1st Sh'vat ROSH CHODESH SH'VAT	23	2 <sup>nd</sup> Sh'vat	24	3 <sup>rd</sup> Sh'vat	25	4th Sh'vat  Baba Sali YORTZEIT	26	5 <sup>th</sup> Sh'vat	27	BO Come Exodus 10-13 Jeremiah 46
7 <sup>th</sup> Sh'vat	29	8 <sup>th</sup> Sh'vat	30	9 <sup>th</sup> Sh'vat	31							

# And Remember Servant

~HaShem 2-2-22

#### **FEB 2023 SH'VAT**

SUN		MON	TUE	WED		THU		FRI		SAT
				10 <sup>th</sup> Sh'vat	01	11 <sup>th</sup> Sh'vat	02	12 <sup>th</sup> Sh'vat	03	O4  BESHALACH Sent Away Exodus 13-17 Judges 4-5
14 <sup>th</sup> Sh'vat	05	06 15 <sup>th</sup> Sh'vat TU B'SH'VAT TREES YEAR	<b>07</b> 16 <sup>th</sup> Sh'vat	17 <sup>th</sup> Sh'vat	80	18 <sup>th</sup> Sh'vat	09	19 <sup>th</sup> Sh'vat	10	YITRO Jethro Overflow Exodus 18-20 Isaiah 6-9
21 <sup>st</sup> Sh'vat	12	13 22 <sup>nd</sup> Sh'vat	14 23 <sup>rd</sup> Sh'vat	24 <sup>th</sup> Sh'vat	15	25 <sup>th</sup> Sh'vat	16	26 <sup>th</sup> Sh'vat	17	18 MISHPATIM Laws Exodus 21-24 Jeremiah 33-34
28 <sup>th</sup> Sh'vat	19	20 29 <sup>th</sup> Sh'vat	21 30 <sup>th</sup> Sh'vat ROSH CHODESH ADAR	1 <sup>st</sup> Adar	22	2 <sup>nd</sup> Adar	23	3 <sup>rd</sup> Adar	24	25 TERUMAH Donation Exodus 25-27 I Kings 5-6
5 <sup>th</sup> Adar	26	<b>27</b> 6 <sup>th</sup> Adar	<b>28</b> 7 <sup>th</sup> Adar	}						
										06 TU B'SH'VAT New Year of The Trees

**PLANT TREES!** 

CobaltCARE.org



Remember that

#### **MAR 2023 ADAR**

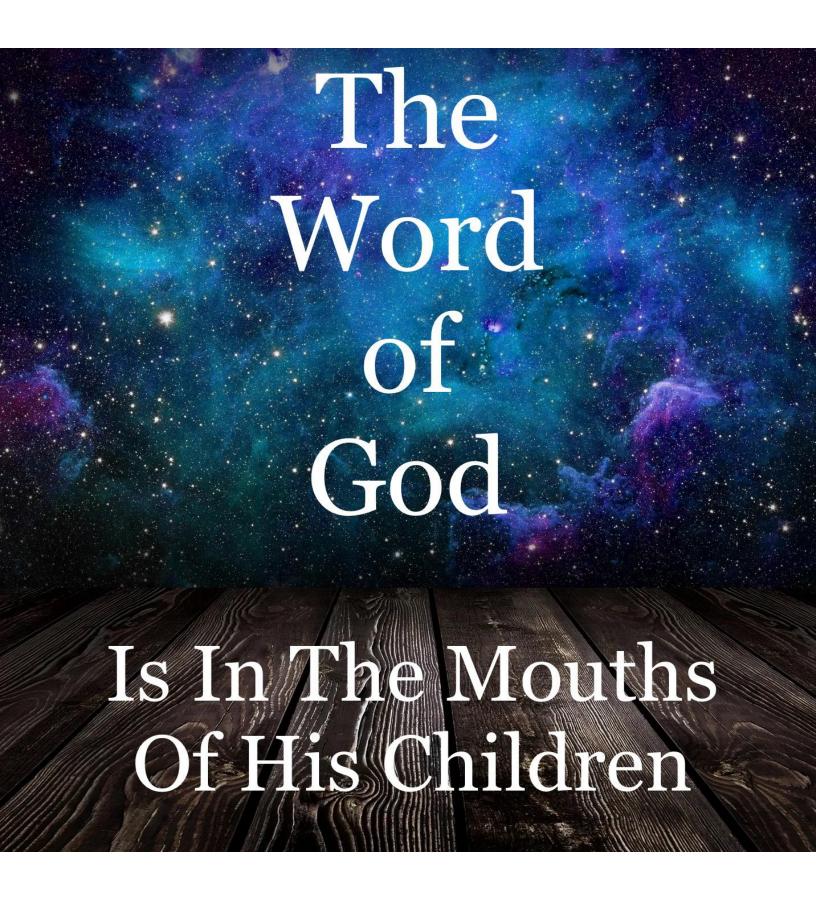
SUN		MON		TUE		WED		THU		FRI		SAT
						8 <sup>th</sup> Adar	01	9 <sup>th</sup> Adar	02	10 <sup>th</sup> Adar	03	04 TETZAVEH You'lCommand Exodus 27-30 Ezekiel 43
12 <sup>th</sup> Adar	05	13 <sup>th</sup> Adar EREV PURIM	06	14 <sup>th</sup> Adar	07	15 <sup>th</sup> Adar SHUSHAN PURIM	80	16 <sup>th</sup> Adar	09	17 <sup>th</sup> Adar	10	Lings 18
19 <sup>th</sup> Adar	12	20 <sup>th</sup> Adar	13	21 <sup>st</sup> Adar	14	22 <sup>nd</sup> Adar	15	23 <sup>rd</sup> Adar	16	24 <sup>th</sup> Adar	17	VAYAKHEL & He Gathered Exodus 35-38 II Kings 12
26 <sup>th</sup> Adar	19	27 <sup>th</sup> Adar	20	28 <sup>th</sup> Adar	21	29 <sup>th</sup> Adar	22	1 <sup>st</sup> Nisan	23	2 <sup>nd</sup> Nisan ROSH CHODESH NISAN	24	25 VAYIKRA & He Called Lev 1-5 I Samuel 15
4 <sup>th</sup> Nisan	26	5 <sup>th</sup> Nisan	27	6 <sup>th</sup> Nisan	28	7 <sup>th</sup> Nisan	29	8 <sup>th</sup> Nisan	30	9 <sup>th</sup> Nisan	31	PEKUDEI Accountings Of Exodus 38-40 I Kings 7-8
CobaltCAF	RE.org	About Puring Drink until can't tell the difference.	you e	Saying Cu is Haman a Blessed Is Mordechai	and	"Arur Haman		Levarue Mordec				



Now You

#### **APR 2023 NISAN**

SUN	MON	TUE	WED	THU	FRI	SAT
PESACH The Pesach	IS THE Seder	FESTIVAL Is the Meal	OF OUR Of Ritual	JEWISH It Is Totally	FREEDOM! AWESOME!	O1 YOM HA'ALIYAH Command
<b>02</b> 11 <sup>th</sup> Nisan	03 12 <sup>th</sup> Nisan	<b>04</b> 13 <sup>th</sup> Nisan	05 14 <sup>th</sup> Nisan	06 15 <sup>th</sup> Nisan	07 PESACH II	08 PESACH III
			EREV PESACH	PESACH I	1 <sup>st</sup> OMER Kindness w/in Love:Kindness	2 <sup>nd</sup> OMER Power w/in Love:Kindness
3rd OMER PESACH IV Beauty w/in Love:Kindness	4 <sup>th</sup> OMER PESACH V Eternity w/in Love:Kindness	5 <sup>th</sup> OMER PESACH VI Splendor w/in Love:Kindness	6 <sup>th</sup> OMER PESACH VII Foundation w Love:Kindness	7 <sup>th</sup> OMER PESACH VIII Majesty w/in Love:Kindness	23 <sup>rd</sup> Nisan 8 <sup>th</sup> OMER Love:Kindness w/in Power	15 Eighth 9 <sup>th</sup> OMER Power w/in Power
16 25 <sup>th</sup> Nisan 10 <sup>th</sup> OMER Beauty w/in Power	17 26 <sup>th</sup> Nisan 11 <sup>th</sup> OMER Eternity w/in Power	YOM HASHOA 12 <sup>th</sup> OMER Splendor w/in Power	28 <sup>th</sup> Nisan 13 <sup>th</sup> OMER Foundation w/in Power	20 29 <sup>th</sup> Nisan 14 <sup>th</sup> OMER Majesty w/in Power	ROSH IYYAR 15 <sup>th</sup> OMER Love:Kindness w/in Beauty	22 She BearsSeed Infected One Power w/in Beauty
2 <sup>nd</sup> lyyar 17 <sup>th</sup> OMER Beauty w/in Beauty	24 3 <sup>rd</sup> lyyar 18 <sup>th</sup> OMER Eternity w/in Beauty	25  YM H'ZIKARON  19th OMER  Splendor w/in Beauty	26 Y H'ATZMA'UT 20th OMER Foundation w/in Beauty	27 6 <sup>th</sup> lyyar 21 <sup>st</sup> OMER Majesty w/in Beauty	7 <sup>th</sup> lyyar 22 <sup>nd</sup> OMER Love:Kindness w/in Eternity	After Death 23rd OMER Power w/in Eternity
30 9 <sup>th</sup> lyyar 24 <sup>th</sup> OMER Beauty w/in Eternity	TZAV Command Leviticus 6-8 Jeremiah 7-9	O8 CHOL H'MOED Passover Exodus 33-34 Ezekiel 37	SHMINI Eighth Leviticus 9-11 II Samuel 6	TAZRIA She BearsSeed Leviticus 12-13 To Isaiah 66	METZORA Infected One Lev 14-15 Malachi 3	ACHAREI MOT After Death Leviticus 16-18 I Samuel 20



#### MAY 2023 IYYAR

SUN	MON	TUE	WED	THU	FRI	SAT
	01	02	03	04	05	06
	10 <sup>th</sup> lyyar 25 <sup>th</sup> OMER Eternity w/in Eternity	11 <sup>th</sup> lyyar 26 <sup>th</sup> OMER Splendor w/in Eternity	12 <sup>th</sup> lyyar 27 <sup>th</sup> OMER Foundation w/in Eternity	13 <sup>th</sup> lyyar 28 <sup>th</sup> OMER Majesty w/in Eternity	PESACH SHNI 29 <sup>th</sup> OMER Love:Kindness w/in Splendor	Say 30 <sup>th</sup> OMER Power w/in Splendor
07	80	09	10	11	12	13
16 <sup>th</sup> lyyar 31 <sup>st</sup> OMER Beauty w/in Splendor	17 <sup>th</sup> lyyar 32 <sup>nd</sup> OMER Eternity w/in Splendor	LAG BA'OMER 33 <sup>rd</sup> OMER Splendor w/in Splendor	19 <sup>th</sup> lyyar 34 <sup>th</sup> OMER Foundation w/in Splendor	20 <sup>th</sup> lyyar 35 <sup>th</sup> OMER Majesty w/in Splendor	21 <sup>st</sup> lyyar 36 <sup>th</sup> OMER Love:Kindness w/i Foundation	On Mountain In My Laws Power w/in Foundation
14	15	16	17	18	19	20
23 <sup>rd</sup> lyyar 38 <sup>th</sup> OMER Beauty w/in Foundation	24 <sup>th</sup> lyyar 39 <sup>th</sup> OMER Eternity w/in Foundation	25 <sup>th</sup> lyyar 40 <sup>th</sup> OMER Splendor w/in Foundation	26 <sup>th</sup> lyyar 41 <sup>st</sup> OMER Foundation w/i Foundation	27 <sup>th</sup> lyyar 42 <sup>nd</sup> OMER Majesty w/in Foundation	YERUSHALYIM 43rd OMER Love:Kindness w/in Majesty	In The Desert 44 <sup>th</sup> OMER Power w/in Majesty
21	22	23	24	25	26	27
ROSH SIVAN 45 <sup>th</sup> OMER	2 <sup>nd</sup> Sivan 46 <sup>th</sup> OMER	3 <sup>rd</sup> Sivan	4 <sup>th</sup> Sivan 48 <sup>th</sup> OMER	Erev SHAVUOT 49 <sup>th</sup> Omer	6 <sup>th</sup> Sivan	7 <sup>th</sup> Sivan
Beauty w/in Majesty	Eternity w/in Majesty	Splendor w/in Majesty	Foundation w/in Majesty	Majesty w/in Majesty	SHAVUOT I	SHAVUOT II
28	29	30	31			Sh'vuot
8 <sup>th</sup> Sivan	9 <sup>th</sup> Sivan	10 <sup>th</sup> Sivan	11 <sup>th</sup> Sivan			The Day God Gave Us The TORAH HALLELUJAH!
		06	13	13	20	27
		EMOR Say Leviticus 21-24 Ezekiel 44	BEHAR On Mountain Leviticus 25-26 Jeremiah 32	BECHUKOTAI In My Laws Leviticus 26-27 Jeremiah 16-17	BAMIDBAR In The Desert Numbers 1-4 Hosea 2	SHAVUOT II Deuteron 14-16 Numbers 28 Habakkuk 2-3



ITS TIME TO SAIL & ITS TIME TO HEAL AND ITS TIME TO RETURN TO NATURE, PEACE, BEAUTY & JOY. ITS TIME TO HONOR HASHEM ACROSS ALL GENERATIONS & NATIONS!! HALLELUJAH! BARUCH HASHEM!

#### **JUN 2023 SIVAN**

	ers 4-7
15 <sup>th</sup> Sivan 16 <sup>th</sup> Sivan 17 <sup>th</sup> Sivan 18 <sup>th</sup> Sivan 19 <sup>th</sup> Sivan 20 <sup>th</sup> Sivan <b>B'HAA</b> l	LOTCHA nisLamp
	iah 2-4
<b>11</b> 12 13 14 15 16	17
22 <sup>nd</sup> Sivan 23 <sup>rd</sup> Sivan 24 <sup>th</sup> Sivan 25 <sup>th</sup> Sivan 26 <sup>th</sup> Sivan 27 <sup>th</sup> Sivan SH'LAC Send Number Joshua	ers 13-15
18 19 20 21 22 23	24
29 <sup>th</sup> Sivan 30 <sup>th</sup> Sivan 1 <sup>st</sup> Tamuz 2 <sup>nd</sup> Tamuz 3 <sup>rd</sup> Tamuz 4 <sup>th</sup> Tamuz KORAC Rebel C	CH of Moshe ers 16-18 el 11-12
<b>25</b> 26 27 28 29 30	
6 <sup>th</sup> Tamuz 7 <sup>th</sup> Tamuz 8 <sup>th</sup> Tamuz 9 <sup>th</sup> Tamuz 10 <sup>th</sup> Tamuz 11 <sup>th</sup> Tamuz	
CobaltCARE.org	

GOD	TOLD	ME	TO	TELL	YOU	THIS:
He will gradually be sending more Floods, illnesses and Disasters		Beautiful. He told me that WE can demolish our buildings &	Begin sailing together. If there is a fire, flood or plague	We are safer in a boat. He also said that sailing is scary & hard.	We need each other & much knowledge in order to survive	And thrive in the future He is creating in us Generationally.



& Party Like Your Lives Depend Upon It!

#### JUL 2023 TAMUZ

SUN	MON	TUE	WED	THU	FRI	SAT
					Lubavitcher REBBE © Day of Birth & Exile Release	O1 CHUKAT-BALA Law Of-Waste Numbers 19-22 Judges 11
02	03	04	05	06	07	08
13 <sup>th</sup> Tamuz	14 <sup>th</sup> Tamuz	15 <sup>th</sup> Tamuz	16 <sup>th</sup> Tamuz	17 <sup>th</sup> Tamuz	18 <sup>th</sup> Tamuz	PINCHAS Oracle Mouth Numbers 25-29 Jeremiah 1-2
09	10	11	12	13	14	15
20 <sup>th</sup> Tamuz	21 <sup>st</sup> Tamuz	22 <sup>nd</sup> Tamuz	23 <sup>rd</sup> Tamuz	24 <sup>th</sup> Tamuz	25 <sup>th</sup> Tamuz	MATOT-MASEI Tribes-Journey Numbers 30-32 Jeremiah 1-2
16	17	18	19	20	21	22
27 <sup>th</sup> Tamuz	28 <sup>th</sup> Tamuz	29 <sup>th</sup> Tamuz	1 <sup>st</sup> Av ROSH CHODESH AV	2 <sup>nd</sup> Av	3 <sup>rd</sup> Av	DEVARIM Words Deuteron 1-3 Isaiah 1
23	24	25	26	27	28	29
5 <sup>th</sup> Av	6 <sup>th</sup> Av	7 <sup>th</sup> Av	8 <sup>th</sup> Av  EREV TISH'A B'AV	High Holy Days BEGIN!!!!!! TISH'A B'AV 9th of AV FAST	10 <sup>th</sup> Av	V'ETCHANAN & I Pleaded Deuteron 3-7 Isaiah 40
30	31			01	15	27
12 <sup>th</sup> Av  CobaltCARE.org	13 <sup>th</sup> Av			BALAK Waste/Empty Numbers 22-25 Micah 5-6	MASEI Journeys Of Numbers 33-36 Jeremiah 2-4	HOLY DAYS BEGIN WITH FASTING!!! For Marriage!

## You Are In My Space



BECAUSE

## ILOVE YOU

#### **AUG 2023 AV**

SUN		MON		TUE		WED		THU		FRI		SAT	
				14 <sup>th</sup> Av	01	15 <sup>th</sup> Av TU B'AV HG H'AHA DAY of L		16 <sup>th</sup> Av	03	17 <sup>th</sup> Av	04	EIKEV As A Result Deuteron 7- Isaiah 49-51	11
	06		07		08		09		10		11	,	12
19 <sup>th</sup> Av		20 <sup>th</sup> Av		21 <sup>st</sup> Av		22 <sup>nd</sup> Av		23 <sup>rd</sup> Av		24 <sup>th</sup> Av		RE'EH See Deuteron 11 Isaiah 54-55	
26 <sup>th</sup> Av	13	27 <sup>th</sup> Av	14	28 <sup>th</sup> Av	15	29 <sup>th</sup> Av	16	30 <sup>th</sup> Av ROSH CHODESH ELUL	17	1 <sup>st</sup> Elul RSH HOS LA BEHE ANIMALS	MOT	SHOFTIM Judges Deuteron 16 Isaiah 51-52	
3 <sup>rd</sup> Elul	20	4 <sup>th</sup> Elul	21	5 <sup>th</sup> Elul	22	6 <sup>th</sup> Elul	23	7 <sup>th</sup> Elul	24	8 <sup>th</sup> Elul	25	KI TEITZEI WhnYouGoo Deuteron 21 Isaiah 54	
10 <sup>th</sup> Elul	27	11 <sup>th</sup> Elul	28	12 <sup>th</sup> Elul	29	13 <sup>th</sup> Elul	30	14 <sup>th</sup> Elul	31				

#### TuB'AV

Borrow A White Dress and Go Dance Until You Find Your Mate



#### SEP 2023 ELUL

SUN		MON		TUE		WED		THU		FRI		SAT
										15 <sup>th</sup> Elul	01	MhnYouGoln Deuteron 26-29 Isaiah 60
17 <sup>th</sup> Elul	03	18 <sup>th</sup> Elul	04	19 <sup>th</sup> Elul	05	20 <sup>th</sup> Elul	06	21 <sup>st</sup> Elul	07	22 <sup>nd</sup> Elul	80	YouRStanding And He Went LEILSELICHOT APOLOGIZE
24 <sup>th</sup> Elul	10	25 <sup>th</sup> Elul	11	26 <sup>th</sup> Elul	12	27 <sup>th</sup> Elul	13	28 <sup>th</sup> Elul	14	29 <sup>th</sup> Elul ROSH CHODESH TISHREI	15	16  1st Tishrei  ROSH HOSHANA 5784!!!!
RSH HOSH Genesis 22 Numbers 29 Jeremiah 31	9	3 <sup>rd</sup> Tishrei FAST OF GEDALIAH Exodus 32-	18 34	4 <sup>th</sup> Tishrei	19	5 <sup>th</sup> Tishrei	20	6 <sup>th</sup> Tishrei	21	7 <sup>th</sup> Tishrei	22	23 HAAZINU Listen Deuteron 32 II Samuel 22
9 <sup>th</sup> Tishrei EREV YOM KIPPUR	24	REPENTAN DAY OF AV YOM KIPPUR		11 <sup>th</sup> Tishrei	26	12 <sup>th</sup> Tishrei	27	13 <sup>th</sup> Tishrei	28	14 <sup>th</sup> Tishrei <u>BUILT SUK</u> EREV SUKKOT	<b>29</b> <i>KAH</i>	30 SUKKOT I Leviticus 22-23 Numbers 29 Zachariah 14
CobaltCARE	i.org							NITZAVIM-V YouRStand Deuteron 29 Isaiah 61-63	ing 9-30	VAYEILECH And He We Deuteron 3 Hosea 14	nt	16 5784 New Year Genesis 21 Numbers 29 I Samuel 1-2

Stare at the ORECTION of your HEADING

#### OCT 2023 TISHREI

SUN	MON	TUE	WED	THU	FRI	SAT
01 16 <sup>th</sup> Tishrei SUKKOT II I Kings 8	17 <sup>th</sup> Tishrei SUKKOT III	03 18 <sup>th</sup> Tishrei SUKKOT IV	04 19 <sup>th</sup> Tishrei SUKKOT V	05 20 <sup>th</sup> Tishrei SUKKOT VI	06 21 <sup>st</sup> Tishrei SUKKOT VII	O7 SHEMINI ATZERET Deuteron 14-16 Numbers 29
OSIMCHAT TORAT FINAL DAYS OF AWE!!!!!	<b>09</b> 24 <sup>th</sup> Tishrei	10 25 <sup>th</sup> Tishrei	<b>11</b> 26 <sup>th</sup> Tishrei	12 27 <sup>th</sup> Tishrei	13 28 <sup>th</sup> Tishrei	14 BERESHIT InTheBeginnin Genesis 1-6 Isaiah 42-43
30 <sup>th</sup> Tishrei ROSH CHODESH CHESHVAN	16 1 <sup>st</sup> Cheshvan	17 2 <sup>nd</sup> Cheshvan	18 3 <sup>rd</sup> Cheshvan	19 4 <sup>th</sup> Cheshvan	<b>20</b> 5 <sup>th</sup> Cheshvan	NOACH Rest Genesis 6-11 Isaiah 54-55
<b>22</b> 7 <sup>th</sup> Cheshvan	<b>23</b> 8 <sup>th</sup> Cheshvan	<b>24</b> 9 <sup>th</sup> Cheshvan	25 10 <sup>th</sup> Cheshvan	<b>26</b> 11 <sup>th</sup> Cheshvan	27 12 <sup>th</sup> Cheshvan	28 LECH LECHA Go Forth Genesis 12-17 Isaiah 40-41
29 14 <sup>th</sup> Cheshvan	30 15 <sup>th</sup> Cheshvan	31 16 <sup>th</sup> Cheshvan				O8 SMCHA TORAH Deuteron 33-34 Genesis 1-2 Joshua 1

## Move Quickly

Move Quickly

Move Quickly

Don't Stop Moving

#### **NOV 23 CHESHVAN**

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>01</b> 17 <sup>th</sup> Cheshvan	<b>02</b> 18 <sup>th</sup> Cheshvan	<b>03</b> 19 <sup>th</sup> Cheshvan	04 VAYERA & He Appeared Genesis 18-22 II Kings 4
05	06	07	08	09	10	11
21st Cheshvan	22 <sup>nd</sup> Cheshvan	23 <sup>rd</sup> Cheshvan	24 <sup>th</sup> Cheshvan	25 <sup>th</sup> Cheshvan	26 <sup>th</sup> Cheshvan	CHAYEI SARA Life Of Sarah Genesis 23-25 I Kings 1
12	13	14	15	16	17	18
28 <sup>th</sup> Cheshvan	29 <sup>th</sup> Cheshvan SIGD ETHIOPIAN JEWS	1 <sup>st</sup> Kislev ROSH CHODESH KISLEV	2 <sup>nd</sup> Kislev	3 <sup>rd</sup> Kislev	4 <sup>th</sup> Kislev	TOLDOT Generations Genesis 25-28 Malachi 1-2
19	20	21	22	23	24	25
6 <sup>th</sup> Kislev	7 <sup>th</sup> Kislev	8 <sup>th</sup> Kislev	9 <sup>th</sup> Kislev	10 <sup>th</sup> Kislev	11 <sup>th</sup> Kislev	VAYETZEI & He Went Out Genesis 28-32 Hosea 12-14
26	27	28	29	30		
13 <sup>th</sup> Kislev	14 <sup>th</sup> Kislev	15 <sup>th</sup> Kislev	16 <sup>th</sup> Kislev	17 <sup>th</sup> Kislev		

#### HaShem: The Author



of

## MIRACIES

#### DEC 2023 KISLEV

SUN	MON	TUE	WED	THU	FRI	SAT
					01 18 <sup>th</sup> Kislev	02 VAYISHLACH & He Sent Genesis 32-36 Obadiah 1
03	04	1 05	06	07	08	09
20 <sup>th</sup> Kislev	21st Kislev	22 <sup>nd</sup> Kislev	23 <sup>rd</sup> Kislev	24 <sup>th</sup> Kislev	25 <sup>th</sup> Kislev	26 <sup>th</sup> Kislev
				CHANUKAH 1	CHANUKAH 2	& He Settled CHANUKAH 3
10	11	l 12	13	14	15	16
27 <sup>th</sup> Kislev	28 <sup>th</sup> Kislev	29th Kislev	1 <sup>st</sup> Tevet	2 <sup>nd</sup> Tevet	3 <sup>rd</sup> Tevet	MIKETS
CHANUKAH 4	CHANUKAH 5	CHANUKAH 6	ROSH TEVET CHANUKAH 7	CHANUKAH 8	CHANUKAH Last Day	At The End Of Genesis 41-44 Zechariah 2-4
17	18	3 19	20	21	22	23
5 <sup>th</sup> Tevet	6 <sup>th</sup> Tevet	7 <sup>th</sup> Tevet	8 <sup>th</sup> Tevet	9 <sup>th</sup> Tevet	10 <sup>th</sup> Tevet	VAYIGASH & He Approach Genesis 44-47 Ezekiel 37
24	25	5 26	27	28	29	30
12 <sup>th</sup> Tevet	13 <sup>th</sup> Tevet	14 <sup>th</sup> Tevet	15 <sup>th</sup> Tevet	16 <sup>th</sup> Tevet	17 <sup>th</sup> Tevet	VAYECHI  & He Lived © Genesis 47-50 I Kings 2
31						09
19 <sup>th</sup> Tevet						VAYESHEV & He Settled Genesis 37-40
CobaltCARE.org						Amos 2-3

#### SEEDS ARE INDIGESTIBLE

CAUSING SUBTLE INFLAMMATION OF ALL ANIMAL NERVOUS SYSTEMS

The Chemical Reason Is Phytic Acid Every Plant's Defense Mechanism For Propagating Life

What's A Seed?

WHAT?!

Grains = Grass

Nuts = Trees

Beans = Legumes

Oils = Worst!

We Should Eat.

Grass Fed Animal Proteins & Butterfats Lots of Butter & Ghee On Everything

#### **JAN 2024 TEVET**

SUN	MON	TUE		WED		THU		FRI		SAT
	20 <sup>th</sup> Tevet	21 <sup>st</sup> Tevet	02	22 <sup>nd</sup> Tevet	03	23 <sup>rd</sup> Tevet	04	24 <sup>th</sup> Tevet	05	06 SHEMOT Names Exodus 1-5 Isaiah 27-29
07 26 <sup>th</sup> Tevet	27 <sup>th</sup> Tevet	28 <sup>th</sup> Tevet	09	29 <sup>th</sup> Tevet	10	1st Sh'vat  ROSH SH'VAT	11	2 <sup>nd</sup> Sh'vat	12	VAERA & I Appeared Exodus 6-9 Ezekiel 28-29
14 4 <sup>th</sup> Sh'vat	5 <sup>th</sup> Sh'vat	6 <sup>th</sup> Sh'vat	16	7 <sup>th</sup> Sh'vat	17	8 <sup>th</sup> Sh'vat	18	9 <sup>th</sup> Sh'vat	19	BO Come Exodus 10-13 Jeremiah 46
21 11 <sup>th</sup> Sh'vat	12 <sup>th</sup> Sh'vat	13 <sup>th</sup> Sh'vat	23	14 <sup>th</sup> Sh'vat	24	15 <sup>th</sup> Sh'va	25	16 <sup>th</sup> Sh'vat	26	27 BESHALACH When He LetGo Exodus 13-17 Judges 4-5
28 18 <sup>th</sup> Sh'vat	19 <sup>th</sup> Sh'vat	29 20 <sup>th</sup> Sh'vat	30	21 <sup>st</sup> Sh'vat	31					YITRO Jethro Overflow Exodus 18-20 Isaiah 6-9

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