



Ready, Set, REFRESH!

PREMIER SENIOR MOVE MANAGEMENT
& FULL-SERVICE HOME ORGANIZING

Your Strategic Closet Reset Blueprint

Micro-Zone Edition

Phase 1: Purposeful Preparation & Set Up

- [] **Map Out Your Zones:** Visually divide your large closet into small, manageable micro-zones (e.g., long hang, short hang, shoe rack, top shelves).
- [] **Establish Action Zones:** Set up designated staging areas just outside the closet doors labeled: Keep, Donate, Sell, or Discard.
- [] **Gather Your Tools:** Bring in empty bins, matching hangers, a label maker, and trash bags before you begin.
- [] **Set a Timer:** Commit to tackling just one or two micro-zones per session to prevent decluttering burnout.

Phase 2: Streamlining & Decision Making

- [] **Work Zone-by-Zone:** Focus exclusively on your first chosen micro-zone, leaving the rest of the closet completely untouched.
- [] **The Slide-and-Evaluate Method:** Instead of emptying the rack, slide each hanger down one by one, evaluating the item right where it hangs.
- [] **Ask Clear, Gentle Questions:** Evaluate each clothing piece individually by asking: Does this fit? Have I worn it in the last year? Does it support my current lifestyle?
- [] **Quick Sort Accessories:** Move to a shelf or drawer zone and quickly sort items into designated categories: Keep, Donate, Sell, or Discard.

Phase 3: Out with the Old – Final Details

- [] **Clear the Staging Ground:** Empty your staging bins after each zone session so items don't migrate back into the closet.
- [] **Complete the Donation Run:** Pack up designated donation items immediately and arrange a drop-off so they can find a positive second life.
- [] **List Items for Sale:** Take clear photos of high-quality items meant for consignment or online sale, and store them completely out of the closet area.
- [] **Spot Clean:** Wipe down shelves and vacuum the floor only within the specific zone you just completed.

Phase 4: Functional Setup & Systems

- [] **Implement Uniform Hangers:** As you finish a hanging zone, turn all garments to face the same direction on matching hangers for an instant visual lift.
- [] **Organize Systematically:** Arrange the "Keep" items within that zone by category, and then sub-sort by color from light to dark to create an effortless daily flow.
- [] **The Hanger Flip Trick:** Hang your items with the hangers facing backward; turn them forward only after you wear them to effortlessly track what you actually use.
- [] **Clear Labeling:** Apply high-contrast, large-print labels to bins, baskets, and shelves so the new organization system is simple to maintain.

Let's Navigate Your Next Chapter Together

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Ready, Set, REFRESH! — A No-Judgment Zone Offering Move Management, Senior Transitions, Decluttering, and In-Home Staging.