



Spring

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This book functions as a guide to various social services in Cincinnati.

Schedules and services are subject to change.

Please call the organization ahead of time for up-to-date information.



chpl.org/services/community-resources-guide/

Meals

Sunday

6:30 a.m. Prince of Peace
1528 Race St. 513-621-7265

2 p.m. Queen City Kitchen
2386 Kemper Ln. 513-961-1983

6:30 p.m. City Gospel Mission
1805 Dalton Ave. 513-241-5525

12 p.m. Final Sundays
TRIIIBE Potluck for the People
100 Garfield Place

Monday

7 a.m. St. Francis Seraph
1615 Republic St. 513-549-0542

8:30 a.m. Our Daily Bread
1730 Race St. 513-621-6364

12 p.m. Camp Community
Café 2950 Sidney Ave.
513-541-7757

4:30 p.m. Phil's Place
4230 Hamilton Ave.
513-591-2246

4 p.m. St. Francis Seraph
1615 Republic St. 513-549-0542

6:30 p.m. City Gospel Mission
1805 Dalton Ave. 513-241-5525

Tuesday

7 a.m. St. Francis Seraph
1615 Republic St. 513-549-0542

8:30 a.m. Our Daily Bread
1730 Race St. 513-621-6364

12 p.m. Camp Community
Café 2950 Sidney Ave.
513-541-7757

12:30 p.m. Queen City Kitchen
2386 Kemper Ln. 513-961-1983

4 p.m. St. Francis Seraph
1615 Republic St. 513-549-0542

5 p.m. Christ Church
Cathedral
318 E 4th St. 513-621-1817

6:30 p.m. City Gospel Mission
1805 Dalton Ave. 513-241-5525



Wednesday

7 a.m. St. Francis Seraph
1615 Republic St. 513-549-0542

8:30 a.m. Our Daily Bread
1730 Race St. 513-621-6364

12 p.m. Camp Community
Café

2950 Sidney Ave 513-541-7757

12:30 p.m. Queen City Kitchen
2386 Kemper Ln. 513-961-1983

4 p.m. St. Francis Seraph
1615 Republic St. 513-549-0542

6:30 p.m. Prince of Peace
1528 Race St. 513-621-7265

6:30 p.m. City Gospel Mission
1805 Dalton Ave. 513-241-5525

Thursday

7 a.m. St. Francis Seraph
1615 Republic St. 513-549-0542

8:30 a.m. Our Daily Bread
1730 Race St. 513-621-6364

11 a.m. Catholic Worker House
1437 Walnut St. 513-381-4941

12 p.m. Camp Community
Café 2950 Sidney Ave.
513-541-7757

12:30 p.m. Queen City Kitchen
2386 Kemper Ln. 513-961-1983

4 p.m. St. Francis Seraph
1615 Republic St. 513-549-0542

6:30 p.m. City Gospel Mission
1805 Dalton Ave. 513-241-552

Friday

7 a.m. St. Francis Seraph
1615 Republic St. 513-549-0542

8:30 a.m. Our Daily Bread
1730 Race St. 513-621-6364

4 p.m. St. Francis Seraph
1615 Republic St. 513-549-0542

6:30 p.m. City Gospel Mission
1805 Dalton Ave. 513-241-552

Saturday

7 a.m. Prince of Peace
1528 Race St. 513-621-7265

11 a.m. Catholic Worker House
1437 Walnut St. 513-381-4941

12 p.m. & 4 p.m. Queen City
Kitchen 2386 Kemper Ln.
513-961-1983

6:30 p.m. City Gospel Mission
1805 Dalton Ave. 513-241-5525

1 p.m. First Saturdays
Food Not Bombs

100 Garfield Place

1 p.m. Second Saturdays
Coalition for Community
Safety, 100 Garfield Place



Meals on Wheels

Meals on Wheels Southwest OH & Northern KY

513-244-5485

Home-delivered meals, pet support, transportation, personal financial management, and senior care coordination.

Afterschool Meals for Youth

Free meals are available Mondays through Fridays after school for youth at select Library locations. Guests must eat their meals at the Library. Meal service locations and serving times may change.

Avondale Library

3:30-4:30 p.m.

Bond Hill Library

4-5 p.m.

College Hill Library

5-5:30 p.m.

Covedale Library

3-4 p.m.

Delhi Township

3:30-4:30 p.m.

Downtown Main Library

3:30-4:30 p.m.

Elmwood Place Library

3:30-4 p.m.

Groesbeck Library

3:15-3:45 p.m.

Madisonville Library

3:30-4:30 p.m.

Mt. Healthy Library

3-3:45 p.m.

Northside Library

3:30-4 p.m.

Price Hill Library

4-5 p.m.

Saturdays 3-4 p.m.

Reading Library

3:30-4 p.m.

St. Bernard Library

2:45-3:45 p.m.

Walnut Hills Library

3:15-4 p.m.

West End Library

4:15-4:45 p.m.

Westwood Library

3-3:30 p.m.



Disability Services

CABVI

2045 Gilbert Ave.

513-221-8558

cincyblind.org

Empowering people who are blind or visually impaired with opportunities to seek independence.

Down Syndrome Association of Greater Cincinnati

4623 Wesley Avenue, Suite A

513-761-5400

Hamilton County DDS

1520 Madison Rd.

513-794-3300

Hamiltondds.org

Hearing Speech and Deaf Center

2825 Burnet Ave.

513-221-0527

Hearingspeechdeaf.org

Independence Alliance

2368 Victory Parkway

Suite 501

513-241-2600

Empowers people with disabilities to lead independent and inclusive lives.

LADD

513-861-5233

laddinc.org

Living arrangements for the developmentally disabled.

Visionaries and Voices

3841 Spring Grove Ave.

513-861-4333

Provides creative, professional, and educational opportunities for adults with disabilities.

Early Childhood Education

Cincinnati Head Start

513-569-4510

cincinnatiheadstart.org

HCESC Head Start & Early Head Start Preschool

513-674-4329

hcescheadstart.org

Serving children ages 0-5 years
No cost to qualifying families.

Help Me Grow

Ohio Department of Health
Promotes healthy child development and well-being.



Emergency Shelter

To access shelters with an asterisk (*), call the CAP Line: 513-381-SAFE (7233)
Weekdays 9 a.m.–8 p.m.
Weekends 10 a.m.–2 p.m.

Families

*Bethany House

4769 Reading Rd. 513-921-1131

*Found House

990 Nassau St.

Men

*Catholic Worker House

1437 Walnut St.

City Gospel Mission

1805 Dalton Ave. 513-241-5525

*Parkway Center

2880 Central Pkwy.

Shelterhouse

411 Gest St. 513-721-0643

Women

*Grace Place

Catholic Worker House

6037 Carey Ave.

Shelterhouse (No Children)

2499 Reading Rd. 513-562-1980

Food Pantries

Camp Cupboard & Closet

2950 Sidney Ave.

Tuesdays and Thursdays
12–2:45 p.m. ID Required

Church of Our Savior

65 E. Hollister St.

Sundays 12:30–1:30 p.m.

Wednesdays 5–6:30 p.m.

Saturdays, Westmont

Apartments, 1–1:30 p.m.

Church of the Advent

2366 Kemper Ln.

Wednesdays 9:30 a.m.–12 p.m.

Community Action Agency

1740 Langdon Farm Rd.

Third Wednesdays, 2 p.m.

Corinthian Baptist Church

1920 Tennessee Ave.

Fourth Thursdays, 3 p.m.

East Price Hill Center

3301 Warsaw Ave.

Tuesdays 1:30 p.m.

Fridays 12:30 p.m.

Friday Food + Fun

2536 Kemper Ln.

Fridays 1–3 p.m.

The Healing Center

11345 Century Circle

Wednesdays – Saturdays
9 – 11 a.m.



LIFE - Loveland Food Pantry

541 Loveland-Madeira Rd.

Tuesdays 10–12, 4–6:30 p.m.

Wednesdays 10–2, 4–6:30 p.m.

Thursdays 10–12, 4–6:30 p.m.

Fridays 10–12 p.m.

Saturdays 10–12 p.m.

New Emmanuel Baptist Church

5407 Warren Rd.

2nd Saturdays 2 p.m.–4 p.m.

Queen City Kitchen

2386 Kemper Ln.

Tuesdays & Thursdays 12–1:30

Rainbow Choice Food Pantry

4230 Hamilton Ave.

Mondays 5–7 p.m.

Tuesdays 10 a.m.–1 p.m.

Thursdays 10 a.m.–1 p.m.

S.O.N. Ministries

8871 Colerain Ave

Mondays 10 a.m.–12 p.m.

Wednesdays 10 a.m.–12 p.m.

Wednesdays 4:30–6:30 p.m.

Serving Northwest Local Schools
& North College Hill Schools. ID required
for adults.

St. George Food Pantry

2554 Dennis St.

Mondays 6–7:30 p.m.

Tuesdays 6–7:30 p.m.

Last Fridays 12–1:30 p.m.

Last Saturdays 10–11:30 a.m.

Serving zip codes 45217, 45219, 45220
and any military veterans.

St. Joseph Catholic Church

745 Ezzard Charles Dr.

Second Tuesdays,

11 a.m. –1 p.m.

Tikkun Farm Free Market

7945 Elizabeth St.

facebook.com/tikkunfarm

Tuesdays 3–4 p.m.

Fridays 1–4 p.m.

Saturdays 1–2 p.m.

Get shopping number at Hilltop
Plaza (8200 Hamilton Ave.)

Tri-County S.O.U.L. Ministries

11177 Springfield Pike

Mondays - Wednesdays

9:30 - 11 a.m. and 6 - 7:30 p.m.

Fridays 9:30 - 11:00 a.m.,

Last Saturdays 9:30 - 11 a.m.

Tryed Stone New Beginning Church

5550 Reading Rd.

First Tuesdays, 12 p.m.

The Welcome Project

2936 Colerain Ave.

Second Tuesdays, 11 a.m.

Western Hills Church of Christ

Free Clothing and Food Pantry

5064 Sidney Ave.

Mondays 10–12 p.m.

513-549-1257 for appointment

Word of Deliverance Church

693 Fresno Rd. 45240

Fourth Tuesdays, 2 p.m.



General Services

CARE Center

513-453-7999 (call or text)

The Cincinnati Metropolitan Housing Authority

513-693-8251

Social services for CMHA residents.

Council on Aging of Southwestern Ohio

513-721-1025

www.help4seniors.org

Freestore Foodbank

112 E Liberty St.

513-241-1064

The Help Squad Cincy

8735 Cheviot Rd.

513-607-7836 (call or text)

Short term financial help, connection to services for food, clothing, shelter, comfort items, toys, employment, faith and spiritual healing.

Serving Colerain Township.

Ohio Benefits Portal

Benefits.ohio.gov

Learn about assistance programs and the requirements for each.

Operation Give Back

ogiveback.org

Tutoring, food pantry, winter coats, school supplies.

United Way Free Tax Help

211

Free income tax preparation.

Health Services

Cancer Justice Network

513-404-3882

Health education, free transportation to and from medical appointments, and resources.

Caracole

513-761-1480

HIV support and prevention.

Cincinnati Health Department

513-357-7320

Crossroads Health Center

5 E Liberty St.

513-381-2247

Accessible healthcare.

Equitas Health

513-815-4475

Serves the healthcare needs of the LGBTQ+ community, people living with HIV, and others in need of care.

513Relief Bus

513ReliefBus.org

Provides mobile free health screenings, social services, and economic relief.

Health Care Access Now Care Coordination

513-707-5697

Education, transportation, child care, and other support to get health care.



NeighborHub Health

40 E McMicken Ave., 2nd floor
513-386-7899

Healthcare for people
experiencing homelessness.

Planned Parenthood of Greater Cincinnati

513-287-6484

Addiction Support Services

AIME (After Hours Individual
Mobile Engagement)

513-620-RING (7464)

Peer supporters available after
8 p.m. on weekdays and all
hours of the weekend.

Center for Addiction

Treatment (CAT House)

513-381-6672

The HopeLine

513-330-2903

thehopelineoc.org

People experiencing drug
withdrawal can arrange to
be picked up and taken to a
recovery program. Free.

UMADAOP

513-541-7099

Prevention, treatment,
recovery, reentry and
educational services for African
and Hispanic communities.

Woodhaven Residential Treatment Center

1-800-788-0440

Harm Reduction Vending Machines

Supplies in the machines
can include items such as
naloxone, safe sex supplies,
fentanyl test strips, and
first aid supplies. After
signing up machines are
free and accessible 24/7.

Caracole

4138 Hamilton Ave, 45223

To sign up: 513-399-6969

Mon-Fri 9a-5p

Cincinnati Fire Dept.

329 E 9th St 45202

To sign up: 513-801-6330

Mon-Fri 8 a.m.-4p.m.

NeighborHub Health

40 E McMicken Ave, 45202

To sign up: 513-801-6330

Mon-Fri 8a-4p

Mental Health

Central Clinic

513-558-8888

Addiction and Mental
Health.

Crisis Hotline

513-281-CARE (2273)

Suicide/Distress.



FIRST—Early ID & Treatment of Psychosis

513-354-7337

GRO Community

513-233-7847

GROcommunity.org

Mental health services for boys and men.

NAMI of Southwest Ohio

420 W. Loveland Ave., #101

513-351-3500

namiswoh.org

Tender Mercies

27 W 12th St.

Mental health services for unsheltered adults. 24/7.

Housing Support

OTR Community Housing

513-381-1171

PATH Team

513-814-3886

Support for people with mental illness & facing homelessness.

Infectious Disease Resources

COVID-19 At-home Test Kits

Free at these Cincinnati & Hamilton County Public Library locations: Anderson, Cheviot, Corryville, Covedale, Delhi Township, Downtown Main Library, Elmwood Place, Forest Park, Greenhills, Groesbeck, Harrison, Mt. Healthy, North Central, Reading, St. Bernard, Symmes Township, and Wyoming.

Available until supplies run out. Call 513-369-6900 to confirm availability in advance.

COVID-19 Vaccinations

Visit hamiltoncountyhealth.org/covid19/ for a full list of regional vaccinations sites.

Risk Prevention

Hamilton County Public Health SAFE Services

513-316-7725



Laundry and Hygiene

Mary Magdalen House

1629 Republic St.

513-721-4811

Free showers, free clothing

The Washing Well

640 Neave St.

513-244-2214

Mondays, Thursdays, and

Fridays, 10 a.m.–8 p.m.

Saturdays and Sundays

8 a.m.–8 p.m.

Affordable laundry services.

Washington United Church of Christ

1040 Rachel St.

Saturdays, 12 p.m. - 3 p.m.

Free Showers

Laundry Love

Assists low/no-income families and individuals meet their laundry and hygiene needs, at the following places and times.

Super Laundry

2455 Harrison Ave.

513-815-6718

Second Wednesdays, 6–8 p.m.

City Limits Laundromat

2611 Kemper Ln.

513-815-6718

Third Saturdays,

10 a.m.–12 p.m.

City Limits Laundromat

50 W Nixon St.

513-815-6718

3rd Wednesdays, 6–8 p.m.

Legal Information

Community Action Agency

513-569-1840

Hamilton County Help Center

Municipal Division:

1000 Main St., Room 113

513-946-5650

Juvenile Division:

800 Broadway St., 1st Floor

513-946-9440

cincyhelpcenter.org

Hamilton County Law Library

1000 Main St. #601

513-946-5300

Provides information, not advice

Legal Aid Society

513-241-9400

Ohio Crime Victim Justice Center

614-946-5300

info@ocvjc.org



Returning Citizens

Office of Reentry

138 East Court St., Rm. 101

513-946-4304

Weekdays, 9 a.m.–4 p.m.

reentrytoday.com

REENTRY is the transition from incarceration to life in the community. They help navigate the process.

VoteRiders

866-432-8683

VoteRiders.org

ID & Birth Certificate Help

Specialized Service Shelters

Domestic Violence

YWCA

513-872-9259

Health

Caracole (HIV/AIDS)

513-761-1480

Center for Respite Care

513-621-1868

Pets

Pet Support Program

513-471-1100 ext. 125

Sex Trafficking

Off the Streets

513-768-6928

Youth

Lighthouse Youth Crisis Center

For ages 10–17: 513-961-4080

For ages 18–24: 513-569-9500



Transitional and Supportive Housing

Ann Louise Inn (Women)

513-768-6900

OTR Community Housing

513-381-1171

Strategies to End Homelessness

513-263-2780

Talbert House

513-338-8596

Veteran Services

Easter Seals Redwood

Military + Veteran Services

Community One Source line

513-240-6897

Talbert House Parkway Center

2880 Central Pkwy.

513-661-4620

benefits.

Vine Street VA Clinic

909 Vine St.

513-977-6800

Violence Intervention

Project CARE

513-241-7090

Provides services to survivors and/or those at risk for victimization who experience disability.

Women Helping Women

513-381-5610

Crisis intervention and support services for survivors of dating violence, sexual violence, domestic violence. 24/7.



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