



Walk-In Hours

M, W, F 11am—5pm Tu, Th 11am—7pm **Some Saturdays**

Open to ALL and ALWAYS FREE!

birdseyefsc@gmail.com birdsevefsc.org

856-517-9100		ປາຂວາກາວໃກຂະວາກ birdseyefsc.or		eyefsc.org	
Mon	Tues	Wed	Thurs	Fri	Sat
1	2 Eating Well With Diabetes 5:30-6:30	3	4 Bit's-n-PC's	5	6
	Homework Helpers 5:00-6:30		6:00-7:00		
8	9 Fating Wall	10	11	12	13
Resume Tips	Eating Well With Diabetes 5:30-6:30	Yarnspirations	Healthy, Happy Hero's		DIY Fall Air Freshener
12:00-2:00	Stroll With a View	3:00-4:30	5:15-6:15		11:00-1:00
	5:30-6:30				
15	16 Eating Well With Diabetes 5:30-6:30	17	18 SORRY: WE'RE CLOSED	19 After School Movie	20
	Homework Helpers 5:00-6:30		ME III GIGG	3:15-5:00	
22	23	24	25	26	27
	Gentle Yoga	Yarnspirations	Healthy, Happy Hero's		A Spooktacular Halloween
	6:00-7:00	3:00-4:30	5:15-6:15		11:00-1:00
29	30	31			
Job Seekers	Couponing Boot Camp	Resume Tips	Like us on		
11:00-1:00	6:00-7:00	12:00-2:00	Facebook		





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364 S. Broadway, Pennsville

Center Highlights

Salem County Book Mobile: will be at the center on Oct. 2, 16, & 30th from 12:15-1:30. Kids and adults can check out books.

Eating Well With Diabetes: Join us for our new and exciting cooking series, going over how to plan and cook diabetic friendly meals. Four class series. Free groceries at the end of every class and a gift bag to those that attend all 4 classes (9/25, 10/2, 10/9. 10/16).

Happy, Healthy Hero's: Need assistance teaching your child healthy habits and keeping your family on track? Join us for a once in a lifetime opportunity. A Certified Holistic Nutrition Health Coach will be offering this free program to keep your family healthy! Great incentives will be offered!! Certifications for completing the class—a great opportunity for high school students interested in the health/nutrition field.

Homework Helpers: Free tutoring for school age children! Register today!

Gentle Yoga: Beginners Welcome! Free Yoga with Danna!

<u>Couponing Boot Camp:</u> Learn how to save money with this class taught by a professional. Learn the tips and tricks on how to find the best coupons and how to use them to maximize your savings.

Seminars/Classes

<u>Yarnspirations:</u> Come out to Knit and Crochet with others in the community.

<u>Job Seekers:</u> Need help searching for a job? Enjoy some light refreshments and let our staff help. Local job information from the area will be available to you.

<u>Bits-n-PCs:</u> Need help navigating the computer or even your phone? Come in for some one on one guidance from a volunteer!

Resume Tips: Get help with your resume! Templates and proof reading available.

Speak Up Rosetta Stone: Learn to speak a new language using Rosetta Stone, English and Spanish are available. Access during our business hours.

Always Available

- <u>Computer Stations</u>: Stop in anytime we are open! GED/SAT/ACT prep, Basic typing, Rosetta Stone, and tutoring software are always available for your use. FREE printing, faxing, copying
- Resources: Call or come in for any resources
- <u>Volunteering</u>: Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.

Family Activities

A Stroll With a View: Walking group!! Stay motivated with others and we encourage you to take pics of the beautiful things you see. We will meet at the Riverview Beach Park Gazeebo.

<u>DIY Fall Air Freshener:</u> Join us as we make our very own fall air freshener! Bring the whole family!

<u>After School Movie:</u> Movie to be decided. Free popcorn will be given out!

A Spooktacular Halloween: Bring the kids in for this free Halloween event! Dress the kids up to sit around our friendly fire and listen to Halloween Stories!! Spooky snacks and fun!!

