



364 S. Broadway, Pennsville



Walk-In Hours
 M, W, F 11am—5pm
 Tu, Th 11am—7pm
 Some Saturdays

Open to ALL and ALWAYS FREE!

birdseyefsc@gmail.com

birdseyefsc.org

Mon	Tues	Wed	Thurs	Fri	Sat
	1 Center Closed Happy New Year!	2	3 Bit's-N-PC's 6:00-7:00	4 Resume Tips 12:00-2:00	5
7	8 Beating the Winter Blues 5:30-6:30 Homework Helpers 4:45-6:00	9	10 Veteran's Services 1:00-3:00 Healthy, Happy Hero's 5:30-6:30	11	12 Music Makers 1:30
14 Career Explorers 12:00-2:00	15 Arts and Crafts Sock Snowman 5:15-6:15	16 Resume Tips 12:00-2:00	17 Gentle Yoga 5:45-7:00 Bit's-N-PC's 6:00-7:00	18	19
21 Center Closed MLK Day!	22 Homework Helpers 4:45-6:00	23 PIE Day 4:00-5:00	24 Healthy, Happy Hero's 5:30-6:30	25	26 Fluffy Snow Slime 11:00
28	29 Family Bingo Night 5:00-6:30	30	31 Art Hub & Pizza 5:00-6:30		



Center Highlights

Happy, Healthy Hero's (2 dates): *Family* This class will be based on getting along with family and trying a new food! Learn how to be fit both mentally and physically.

Gentle Yoga: Join Danna for a gentle yoga class and distress after the busy holiday season. All experience levels welcome. 13 and over please.

Music Makers: NEW CLASS!!: Come & make music with your children!! Ages: 0-4 years old. Sing, dance, play instruments and more in this exciting 40 minute music and movement class! Register to reserve your space today.

Beating the Winter Blues: 17 years and older. Take an interactive look at stress and anxiety. Discuss causes, determine the difference between stress and anxiety, and learn healthy ways to cope. There will be a brief guided

Seminars/Classes

Bits-n-PCs: Need help navigating the computer or even your phone? Come in for some one on one guidance from a volunteer!

Resume Tips: Get help with your resume! Templates and proof reading available.

Career Explorers: Come in and check out the local job listings hiring in our area. Assistance with job applications.

Veteran's Services: A professional will be here to assist Veteran's.

Homework Helpers: Free tutoring from a local teacher. Must call to register!!

Family Activities

Pie Day: January 23 is PIE day. Celebrate with us as families make their own fruit filled mini pie.

Fluffy Snow Slime: It's winter!! Let's make and play with our own snow in the warmth of the indoors!!

Family Bingo Night: B-I-N-G-O for the whole family. Prizes and snacks!!

Art Hub for Families and PIZZA: Back by popular demand.....follow the videos and create your masterpiece. We will be doing this on canvas and painting our drawings.

Sock Snowman: Learn how to make a snowman out of a sock. Please register so we have enough sup-

Always Available

- **Computer Stations:** Stop in anytime we are open! GED/SAT/ACT prep, Basic typing, Rosetta Stone, and tutoring software are always available for your use. FREE printing, faxing, copying
- **Resources:** Call or come in for any resources
- **Volunteering:** Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.

