

NOVEMBER 2019

WALK IN HOURS
 Mon-Wed-Fri 11am-5pm
 Tues & Thurs 11am-7pm
**OPEN TO ALL &
 ALWAYS FREE**

364 S. Broadway
 Pennsville, NJ
 Phone: 856-517-9100

Mon	Tues	Wed	Thurs	Fri	Sat
 Check us out on facebook @ Bird's Eye Family Success Center				1	2 Veteran's Breakfast at the Pennsville VFW 9:00-11:30
4 Career Explorers 11:00-1:00	5	6 Quit Smoking Group 11:00-12:00	7 Music Makers 11:00-12:00 Homework Helpers 5:00-6:00	8	9 Get Ready Get Set & Bowl 11:00-1:00
11	12 Gentle Yoga 5:45-7:00	13 Quit Smoking Group 11:00-12:00	14 A Rustic Christmas 5:00-6:30	15	16 Music Makers 1:00-2:00
18 Revamp Your Resume 11:00-1:00	19 Get Fit!! 5:30-6:30	20 Quit Smoking Group 11:00-12:00 Tots of Fun Balloon Tennis 11:00-12:00	21 Thanksgiving Pot Luck 5:00-6:30 Homework Helpers 5:00-6:00	22 Turkey Kisses Craft 3:30-5:30	23
25	26	27 Lego Team Building 2:00-3:00	28 	29 	30

Happy
 Thanksgiving





FAMILY FUN



GET READY, GET SET, & BOWL

Join us for a fun bowling event. We are partnering with CGS Youth Partnership for a fun open house experience with bowling. This event is free of charge but limited. Please call to register.

Food will be provided. Transportation is not provided, so will need transportation to get to location. Woodlanes in woodstown new jersey.

MUSIC MAKERS

Ages 0-4! Come out and explore music. Sing, dance, and play instruments!

TOTS OF FUN

BALLOON TENNIS

Class for toddlers 0-4. We will focus on fun, developmental skills and socialization.

GET FIT!!

Punch, Kick, squat, & jump your way through 30 minutes of Cardio and then tone, tighten, and stretch for 30 minutes of yoga fusion style. This class= the best of both worlds!!

A RUSTIC CHRISTMAS

Join us in making your very own decorative tree for the Holidays!!

LEGO TEAM BUILDING

Bring the whole family for building with Legos. Let's see what we can make when we work together!!

RESUME TIPS

Get help with you resume ! Templates and proof reading available .

CAREER EXPLORERS

Come in and check out the local job listings and hiring in our area. Assistance with job applications.

QUIT SMOKING GROUP

Learn about Inspira's free quit smoking program. We will be offering groups and assessments at the center. Free tools to help you succeed!! Call for more information.

HOMEWORK HELPERS

FREE Tutoring. Bring your kids and their homework and get help from a local teacher. Must call to register.

GENTLE YOGA

This class is designed for all fitness levels and taught by a certified yoga instructor. Come stretch and relax and get healthy both physically and mentally. 12 and up please.



CENTER HIGHLIGHTS

VETERAN'S BREAKFAST

At the Pennsville VFW!! All Vetern's and acitve duty military and invited to attend. We will have volunteers cook up a homemade breakfast and serve those who serve our country.

THANKSGIVING POT LUCK

Make your favorite Thanksgiving Day dish and share with others. Bring the recipe to share with others. The whole family is welcome!!

TURKEY KISSESS CRAFT

Join us for a fun, family Thanksgiving craft.



CLASSES