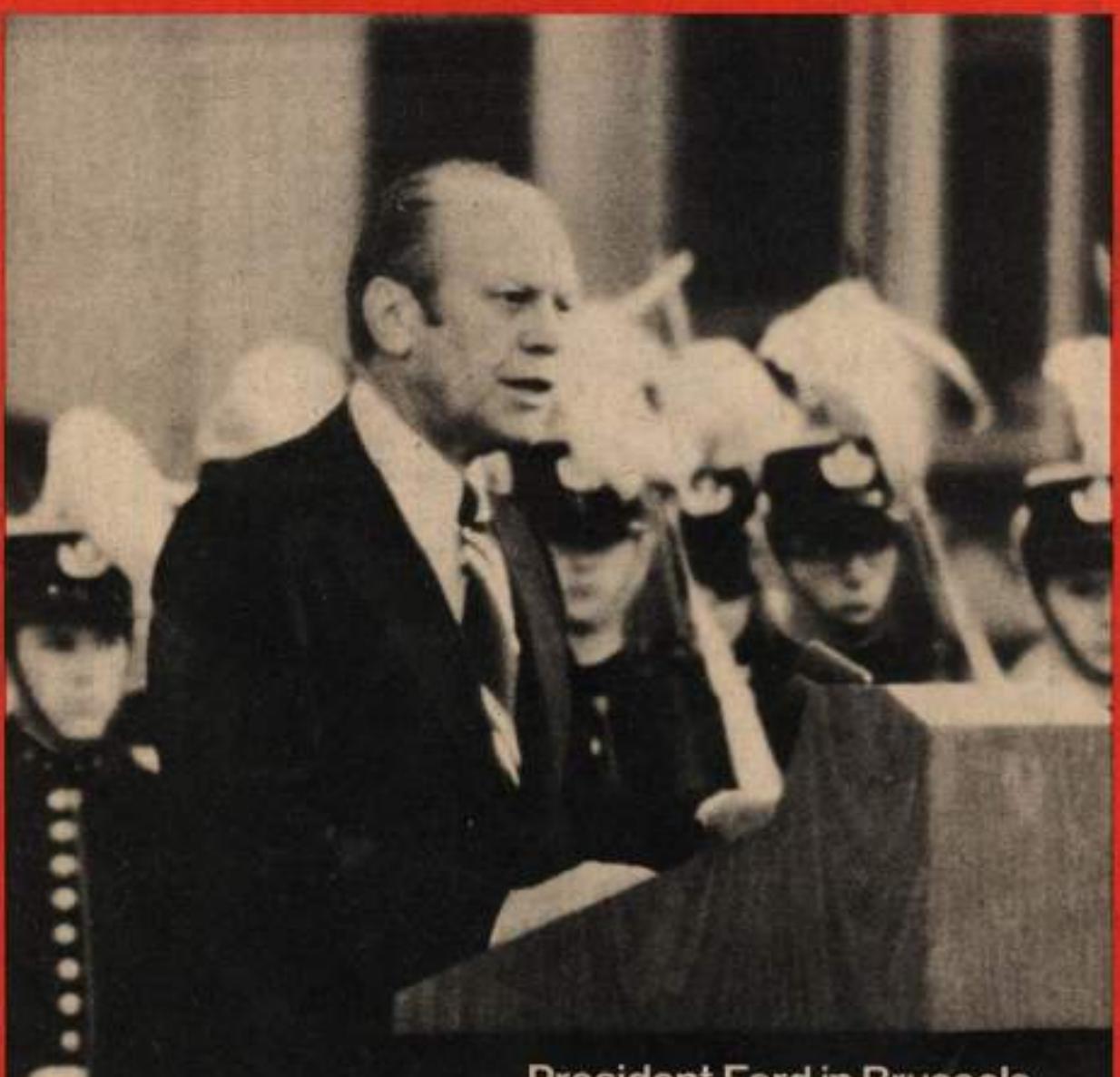


WEEK ENDING JUNE 21, 1975

Curing the Fear of Aging

The Missing Dimension in Sex, Part III

NATO SUMMIT



President Ford in Brussels

Eisaku Sato, Prime Minister of Japan eight years, 1964-1972, died June 3 from a stroke suffered May 19 while dining at a restaurant in Tokyo. He went into a coma and never regained consciousness.

He was my warm friend. He gave me considerable credit for helping in what he regarded as his greatest achievement, accomplishing the reversion of Okinawa back to Japan.

I first met him in December 1970. The morning newspapers on the day of our meeting headlined a riot in Okinawa against the U.S. forces then occupying and governing the island. Mr. Sato asked me to visit Okinawa, make my own investigation into conditions there, and report it in *Plain Truth*. Our good friend Dr. Ohama, who, with Mrs. Ohama, is the number one private couple of Japan, was with me on that first meeting with the prime minister. Dr. Ohama, born in Okinawa, was chief non-official advisor to the government on Okinawa affairs. The Prime Minister said tempers were too heated at the moment for an immediate visit to Okinawa, but our next trip to Japan was scheduled for February 1971, and it was planned for us to visit Okinawa then, with Dr. Ohama meeting us there.

At Okinawa I interviewed the United States Army Commandant and also the Japanese Chief Executive, the President of the University, where an exchange arrangement was made between Ambassador College and the University of the Ryukyus.

I was with Prime Minister Sato at the hour of his greatest triumph — the hour just before the official signing of the reversion agreement between the U.S. and Japan.

"This is a historic meeting," he said when I entered his office with Mr. Stanley Rader and Professor Ono, who always accompany me on such meetings. "As soon as you leave my office, one hour from now, I will walk into the adjoining room, where the U.S. ambassador and I will sign the official documents." It was a very happy moment for him — perhaps the happiest of his life, concluding what he regarded as his greatest achievement. As we

were leaving the front entrance of the Prime Minister's official residence, the cars bringing the United States ambassador and the foreign minister of Japan were just pulling up. I had visited with Mr. Sato three or four times during his term in office, and about three times at his private residence after he went out of office. I was invited to have a private meeting with him at San Clemente in 1972, when he and his staff visited there for meetings with President Nixon. That was one of the few times in recent years I was ill, and Mr. Rader and Professor Ono went for me.

The last time we visited with him in his own home, he proposed that he and I make a private agreement — that instead of growing older each year, we henceforth "throw away a year annually," so that I could live on into the twenty-first century.

He said, "One of us must span three centuries, and I can't do it because I was born in this century, so you'll have to do it."

Shortly after that meeting, he won the Nobel Prize for World Peace.

It was during his eight years of Japanese leadership that Japan rose to the greatest industrial power next to the United States and the Soviet Union. In the news reports of Mr. Sato's death, I notice that his critics manage to get in their derogatory bars — little men criticizing the one who accomplished things. It's always that way. Lesser men who accomplish nothing seem adept at criticizing those who do.

We had counted on Mr. Sato being a board member of our new foundation in Japan, the Ambassador International Cultural Foundation.

But though we have lost a warm and important friend in Japan, we still count as friends. Prime Minister Tanaka, who succeeded him, the present Prime Minister Miki, with whom we were the first to have a private meeting after his inaugural, and a host of other warm and important friends in Japan. □

FORMER JAPANESE Prime Minister Eisaku Sato, one-time winner of the Nobel peace prize.

Personal from...

I LOSE AN IMPORTANT FRIEND



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The press stumbled over Mr. Ford's unfortunate slip in Salzburg, says Editor Garner Ted Armstrong.

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"Gerontophobia" — the fear of growing old — is one of our most common diseases, afflicting young and old alike.

**NATO SUMMIT: PREPARED SPEECHES AND FEW RESULTS**

By Ray Kosanke and Henry Sturcke

BRUSSELS: The trip by President Gerald Ford to NATO headquarters here — an attempt to reassure European allies of the U.S. commitment to the 26-year-old alliance — is now history.

Yet, despite the flurry of activities, speeches, bilateral and multilateral meetings, the most immediate security threat to Europe and the West was not even mentioned in the communique produced at the end of the two-day NATO summit.

At a time when many Europeans are wondering about the relevance of the alliance, nothing is being done within the NATO framework to enable its European members to meet the immediate dangers facing them. The worldwide economic situation and the present reality in the Middle East — oil, the Palestinian question, the status of Jerusalem — all hang like a guillotine poised to separate Europe, Japan and the United States from their ability to continue as advanced industrial societies.

Several European leaders underlined the economic dangers. One was Britain's Prime Minister Harold Wilson who said: "It is no good having a credible defense system, if the economic framework on which it depends lies in ruins." German Chancellor Helmut Schmidt noted this same threat, stating that Western defense was less threatened by a specific military danger than "by the state of the world economy on which our prosperity depends." And Norwegian Premier Trygve Bratteli saw the 15 million unemployed in the NATO area as "unworthy of our democratic societies."

For all the speech-making, the summit served as an attempt to patch over problems threatening an archaic entity rather than generating bold new initiatives to meet present realities. At a time of growing Warsaw Pact strength in Communist Eastern Europe and a continuing threat of war in the Middle East upon which Europe depends for some 90% of its oil, concerned observers could certainly have expected more.

NATO has definitely "preserved the peace and safeguarded the freedom and prosperity of Western Europe and North America" for a quarter of a century, as former Su-

preme NATO Commander Andre Goodpaster has said. But in 1975 a system of defense that does not include coverage of the Middle East really no security system at all.

France's Foreign Minister Jean Sauvagnargues did not feel that Mr. Ford's visit was really necessary this time and NATO Secretary-General Joseph Luns added that it took more than a quick summit to shore up an alliance. But sensing the desire for a strong U.S. policy Europe after recent events in Southeast Asia, he told *Plain Truth* Editor Garner Ted Armstrong: "Europe is in the middle of your nation's interest. Vietnam might have been in the middle of your principles, but at the fringe of your interests ... I'm not worried."

Many European leaders carry away impressed with Gerald Ford personally. As Belgian Prime Minister Leo Tindemans told Mr. Armstrong, he and several other leaders were taken by President Ford's open-minded and humble approach.

**An Outdated System?**

The general feeling is that NATO is in need of a far more substantial review — even perhaps overhaul — that is beyond the scope of this summary.

A growing number of observers doubt that such conferences, with their short duration and prepared speeches, can ever come to grips with present, complex difficulties. The lack of real problem-solving such as meetings was exemplified when the final communique — supposedly a reflection of matters discussed and conclusions reached — was read and approved within ten minutes.

Not only that, it had been prepared ahead of time by politicos. The security of the world is for more than this. □

NATO in Turmoil

PORTUGAL - EUROPE'S CUBA?

The suspension of the sole remaining non-Communist paper in Lisbon, the socialist *República*, has prompted widespread slide in Portugal to the steady slide of that nation into Communist dictatorship.

But the protests have been ignored by the ruling Armed Forces' Movement (AFM), much in the same way the AFM ignored the rebuke Portuguese voters gave to the Communist Party in the nation's first free election in over fifty years. The Communists were able to garner only 13 percent of the votes, far fewer than they had hoped for.

Proceeding with the revolution as if nothing has happened, the top 240 men in the military government now are openly talking about establishing a "dictatorship of the Proletariat."

The AFM has brought all trade unions under Communist domination. The Communists openly control the communications and transportation systems of the country.

The Cuban Solution

The specter of a Soviet satellite power right on free Europe's doorstep evokes a comparison with Cuba.

The recent announcement by the AFM that it was setting up "popular organizations" and "armed militia" modeled after the Cuban revolutionary defense committees underscores the parallel. Even the local Communist press has dubbed the organizations "the Cuban solution."

Fidel Castro's Cuba, in fact, has become a prime source of inspiration for the AFM. Already several members of the ruling military group have gone to the Caribbean nation to study the island's communist revolution firsthand. At home the Cuban national ballet recently played to a packed Lisbon theater, as well as being carried live on the country's television network.

In the economic field, the ruling leftist junta has transferred over sixty percent of the economy into direct or indirect government control. Basic industries such as banking, textiles, oil, steel, and insurance have been nationalized. But the great leftward leap has not been achieved without attendant economic havoc.

Unemployment has rapidly jumped past eight per-



PORTUGUESE COMMUNIST leader Alvaro Cunhal casts ballot in recent election where his party lost badly, though it still dominates the military government.

cent (the figure would be higher if accurate statistics were kept). Work stoppages and strikes have forced overall productivity down by about forty percent since the April 1974 revolution. 1974's inflation rate of 28% was the highest in Western Europe.

Portugal's once plentiful pool of foreign exchange is rapidly dwindling and will run out entirely by autumn if the current outflow is sustained. Tourism, a major source of national income, has fallen drastically and earnings per tourist has fallen by seventy-five percent.

Opposing Stiffed

Portugal's remaining opposition leaders point out that all seven members of the coordinating commission of the AFM are card-carrying members of the Communist Party.

The Portuguese Communists Party has strong ties to Moscow. Unlike the party in Spain or Italy, the Portuguese Communists endorsed the Soviet invasion of Czechoslovakia. The reports that the Soviets want the use of Portuguese ports for their navy and the constant hostility the AFM has shown to NATO vessels indicate that Portugal is drifting out of the Western orbit.

While it may still be too early to dogmatically label the military regime as a western extension of the iron curtain, it is certain that it does represent a "dictatorship of the left."

There is no opposition press. There are no right-of-center po-

litical parties; and the one centrist party is constantly harassed by left-wingers. Critics charge that the new secret police, called COPCON, are far more ruthless than late dictator António Salazar's old Gestapo-trained security force.

This, it is probably only a matter of time until Portugal is proclaimed a full-fledged communist state.

European Dominance

It is no secret that the prospect of a Communist Portugal frightens Western European and NATO officials. The fear is that the Portuguese example could be duplicated in other European states, most notably Spain, Italy, Greece, Turkey, and even France, which like Italy has a formidable Communist Party.

An outright Communist Portugal could nullify the presence of the U.S. Sixth Fleet — already suffering the loss of key bases in the eastern Mediterranean — by adding port privileges given to the Soviet fleet. Soviet control of the strategic Portuguese Azores in the Atlantic would drastically reduce American military options in the Mideast as well as hamper U.S. surveillance of Russian submarines in the Atlantic. Most important, Soviet submarines based in Portugal could threaten the sea lanes connecting the U.S. and its NATO allies. In effect, it would form a Communist pincher movement on Western Europe. □

The other significant EC development was its signing on May 11 of a comprehensive trade pact with Israel, now a full member of the EC's emerging Mediterranean free-trade area. The signing was conducted in the face of strong, last-minute Arab protests.

Common Market Influence Grows Worldwide

Is the Common Market an inward-looking, narrow-minded, protectionist "rich man's club" devoted only to its own advancement? Critics of the nine-nation trade bloc have frequently levied this accusation. But new developments linking the world's largest trading union to power centers in Asia and the Middle East are shedding new light on the scope of the Community's influence on the world scene.

First, Sir Christopher Soames, the EC's commissioner for external affairs — in effect its Foreign Minister — announced in a Peking news conference in early May that the People's Republic of China has agreed to recognize the nine-nation Community and send an ambassador to its Brussels headquarters. In so doing, China has become the first major communist nation to recognize the EC as a bloc.

Soames added that Peking has stated its willingness to negotiate a comprehensive new trade agreement with the EC.

China's recognition of the EC did not come as a surprise to most observers. Peking has been a long-time friend of Western Europe and has consistently encouraged closer European unity. Most analysts see this as an outgrowth of China's desire for a strong West European counterweight to Peking's archrival, the Soviet Union.

Last year, Chinese trade with the EC nations totaled \$1.7 billion — a considerable volume, but much less than Western Europe's trade with the Soviet Union. The Soviets, however, have insisted on keeping their ties with Western Europe on a bilateral, nation-to-nation basis. Moscow has consistently dragged its foot on recognizing and dealing with the EC as a separate, supranational entity. COMECON, the East European counterpart of the EC, headquartered in the Soviet capital, responded coolly last year to an overture from Brussels to negotiate an inter-block trade pact.

Israel Isks Trade Pact

The other significant EC development was its signing on May 11 of a comprehensive trade pact with Israel, now a full member of the EC's emerging Mediterranean free-trade area. The signing was conducted in the face of strong, last-minute Arab protests.

mixed with warnings of unspecified "political consequences" for Western Europe.

Described by Israeli officials as "the most important treaty signed in the history of Israel" and "the best news we have had in some time," the accord will gradually eliminate all protective customs duties between the EC and Israel. Israeli Foreign Minister Yigal Allon, who traveled to Brussels for the signing ceremony, said that the agreement opened very wide and rich new markets to Israeli industry. On the opposite end, already Israel is an excellent customer for European goods, buying nearly \$2 billion worth each year.

The new link partly fulfills a major drive begun three years ago by the Community to improve trade relations with Mediterranean countries. While negotiations with Israel proceeded smoothly, concurrent discussions with three North African countries — Algeria, Morocco and Tunisia — stalled over the sensitive issues of oil and Algerian wine.

As a result, Arab League representatives demanded that the EC delay the signing of its pact with Israel until similar accords could be finalized with the three Maghreb countries. The EC, however, refused to surrender to Arab pressure and went ahead with the signing, despite the veiled threat of an Arab boycott.

Privately, some European officials expressed resentment over the Arab protest, since Europe's relations with the Arabs have actually been closer than those with Israel in recent years.

Despite suggestions of possible Arab retaliation, few Europeans fear that the signing of the Israeli pact will jeopardize EC-Arab links. The Arabs need close ties with Western Europe in order to develop their own fledgling economies. In addition to the three Maghreb states, the EC is currently engaged in talks with Egypt, Lebanon, Jordan, and Libya.

Some observers believe that bringing the Arabs and Israelis together into the global Common Market framework could be useful in providing an economic foundation for political settlement in the Middle East.

But beyond this, and perhaps even more significant, is the increased opportunity of Western Europe to exert real political influence in the troubled area. □

National Issues Divide Commonwealth Members

By Clarence Bass

KINGSTON, Jamaica: The sensitive, potentially explosive issues of world commodities control and race relations dominated the year's Commonwealth Conference held here from April 29 to May 6.

With 33 Commonwealth heads of government in attendance, representing all shades of races and nationalities, proposed solutions ran from the conservative to the radical.

Jamaican Prime Minister Michael Manley opened the conference by calling on world leaders to eliminate the "wide disparities in wealth now existing between different sections of mankind which are too great to be tolerated."

Prime Minister Harold Wilson presented his government's proposal that "the wealth of the world must be redistributed in favor of the poverty-stricken and the starving." This could be done, he said, through a "general agreement on commodities."

Scrap the World Bank?

Promoting a more radical solution, Prime Minister Forbes Burnham of Guyana suggested the wholesale dismantling of the General Agreement on Trade and Tariffs (GATT), the International Monetary Fund (IMF), and the World Bank and their reconstruction along lines more favorable to the poor nations. Burnham, who favors the organizing of producer associations or resource cartels, said the developing nations should follow the lead of the major oil-producing nations.

The Kingston Conference also confronted the sensitive issue of Southern Africa. Presidents Nyerere of Tanzania and Kaunda of Zambia took considerable time in their press conferences to emphasize their intention to take up arms if Rhodesian Prime Minister Ian Smith did not agree to negotiate a majority rule settlement with Rhodesia's Black African National Council. They indicated that guerrilla warfare in Southern Africa would have to be escalated if peaceful solutions failed. President Kaunda asserted that "Zimbabwe [the African name for Rhodesia] must simply be born now, if not naturally, then by a Caesarean operation with all its consequences." He later added: "We have said that if the negotiations fail we will intensify the armed struggle. And it will be a long struggle."

Lee Kuan Yew: ... every issue raised by each participant is of supreme importance to himself and his particular country.

conference thought that southern Africa deserved so much attention. It remained for Lee Kuan Yew, Prime Minister of Singapore, to try — futilely — to inject a broader perspective into the conference, noting that "every issue raised by each participant is of supreme importance to himself and his particular country." He told his fellow delegates that "the world begins with home, but it cannot end with your own bailiwick. There is a world priority of issues." Number one, he said, was the Middle East conflict, for it carries the dangers of another oil embargo. Second is the problem of adjustments to the sudden shift in wealth to the oil producers, most of whom cannot use their vast earnings.

Lee's counterpart, however, clearly did not agree with his list of priorities. In the final communiqué the Middle East conflict was mentioned in only ten typewritten lines.

Buyer also seen in this follow-up report:

Commonwealth Heads Cheer South Vietnam's "Liberation"

Nations, like children, like to side with a popular new "kid on the block." On the day that Saigon surrendered to the communists, Mrs. Indira Gandhi, Prime Minister of India, was addressing the Commonwealth heads of government meeting in Kingston, Jamaica. A Commonwealth source said that Mrs. Gandhi looked around the table at her fellow heads of government and said, "I think we would like to send our greetings to the Provisional Revolutionary Government."

Prime ministers and governments, all Third World, lost no time in following Mrs. Gandhi's lead. Immediately the government of Jamaica "conveyed its fraternal greetings to the People's Revolutionary Government of Vietnam." Sheikh Mujibur Rahman, President of Bangladesh, said, "I congratulate the heroic Vietnamese people to whom over the last few decades, no sacrifice has been too great in their heroic endeavor to liberate their motherland."

In the afternoon, President Julius Nyerere of Tanzania held a press conference at which he exalted the communist victory. "Those people in Indochina are absolutely incredible," he said. "There is no example of that kind of fighting, that kind of courage, that kind of endurance in the whole of history."

Zambian President Kenneth Kaunda said in a press conference on May 1, "Well, the South Vietnam developments are very, very good indeed."

One searched in vain for any sign of condolences being sent to the people of the United States, whose government had suffered a humiliating defeat in Southeast Asia.

Australian Prime Minister Gough Whitlam, fresh from the Commonwealth talks, said in Washington, "The truth is that the United States did not lose Vietnam any more than she has lost China. What was defeated was not the United States and her allies, but a policy of foreign intervention which was bound to fail." His was perhaps the kindest remark of all.

Everyone of the Third World members of the Commonwealth has benefited from aid and/or assistance given by the government and people of the United States, but not one voice, not one press release could be found saying, "We are concerned about the outcome of the war upon the American people." Instead, the attitude was more like that of Jerusalem's enemies described by the prophet Jeremiah: "All your enemies deride you. They hiss and grind their teeth and say, 'We have destroyed her at last! Long have we waited for this hour and it is finally here!' (Lamentations 2:16; *The Living Bible*). □



Worldwatch

By Gene H. Hegberg

"Peace Forces" on the March

"Alle auf die Strasse. Rot ist der Mai. Alle auf die Strasse. Saigon ist frei!" — "Into the streets. May (day) is Red. Into the streets. Saigon is free."

This little ditty, celebrating both this year's "May Day" and the nearly simultaneous Viet Cong victory in Saigon, was published in the East German Communist Party daily, *Neues Deutschland*, and which I picked up at a news kiosk in Prague, Czechoslovakia.

Ostensibly, according to the editors of the newspaper (which publishes only communist good news and capitalist bad news) the verse was written by the "Young October Club" of East Berlin in honor of the victory of the "People's Liberation Forces" of South Vietnam.

Throughout my recent tour of Eastern Europe in early May, it was obvious that the communist press everywhere was dutifully ecstatic over events in Southeast Asia. Day after day giant headlines — quite often in appropriate red color — proclaimed such tributes as "Our Flaming Salute to the Victors in Vietnam!" or "The Last Bastions Fall — All of Vietnam Has Been Liberated!"

America, on the other hand, took a journalistic beating. Another communist newspaper, this time an English-language one, heralded: "The Americans have gone, scurrying in ignominious defeat before the liberation forces whose courage, determination and self-sacrificing devotion to their cause will be talked about for the rest of time as an example of the true greatness of ordinary human beings!"

Events, indeed, seem to be going Moscow's way in the world, much to the dismay of Washington and its NATO allies — who, incidentally have just concluded an inconclusive Atlantic summit. No repairs were made to NATO's cracking superstructure. The momentum, as is often said in sports, seems to be on the other side.

Last year, while traveling in parts of the Soviet Union, I chanced to pick up an interesting little pamphlet entitled: *For a Just Democratic Peace, for the Security of Nations and International Co-operation*. It was actually the text of a speech delivered by Leonid Brezhnev to the "World Congress of Peace Forces" (meaning those communist parties and movements of the world supporting Moscow rather than Peking).

Using the words "peace," "peaceful," "peacable" and "peace-loving" 155 times, the Soviet General Secretary said that as he looked upon the world scene he was motivated by a philosophy of "historical optimism." He told his audience, "All of us, dear friends, love peace, want a lasting peace and work to ensure peace . . ."

But something was still wrong in the world, according to Mr. Brezhnev. "We must not forget that wars still keep breaking out, people are still being killed, and cities, factories, villages and objects of cultural value are being destroyed in various parts of the world . . . Past experience shows that, as a rule, in modern conditions these break out wherever and whenever the forces of imperialism and reaction attempt to put down the liberation movement, or to obstruct the free and independent development of states that have opted for progressive internal development and the anti-imperialist line in foreign policy."

In other words, if the "non-socialist" nations would only stop resisting their own "liberation," there would be peace — communist style.

"For millions of people of our planet peace has yet to come," said the Soviet leader. "Arms in hand they are forced to fight against imperialist aggression and their accomplices . . . They are forced to fight for their freedom and independence."

I doubt if any citizens of the Western democratic world would agree with Mr. Brezhnev's interpretation of such words as "peace," "freedom," and "independence." But the "peace fighters" assembled before Mr. Brezhnev in the Kremlin Palace of Congresses that night of October 26, 1973 were undoubtedly given renewed encouragement to "liberate" additional chunks of the earth's real estate.

Britain: "Going Down the Drain"

A worldwide economic recession has swept nearly a million Britons out of their jobs. Obviously, the unemployment figure is projected to top 1.5 million by mid-1976. Inflation, receding in other European countries, has accelerated to 25% in the last twelve months and to more than 30% since January. Unions are demanding wage hikes in excess of 40%. The pound has fallen to its lowest point ever. Britain, in the words of U.S. Federal Reserve chairman Arthur Burns, "is going down the drain." Here are some poignant views of Britain from the pens of her own political cartoonists.



SHOWDOWN OVER MIDEAST OIL?

By Adil Muhtadi
Arab Affairs

The government of Saudi Arabia recently formalized an agreement with General Motors to establish a joint-venture automobile assembly plant. With an initial capital of \$40 million, 40% of which will be held by Saudi Arabia, the new company will be called Saudi General Motors. The agreement heralds improved relations between the U.S. and Saudi Arabia.

The trend toward cooperation between the two countries was highlighted by King Khalid's April ratification of the June 1974 technical, industrial, economic and agricultural agreement between the United States and Saudi Arabia. The agreement entailed the establishing of four committees to research joint projects for the two countries.

A Beneficial Relationship

The Saudis place considerable importance on American aid in their industrialization program. At the conclusion of the OPEC ministerial conference in Kuwait, Saudi Arabian oil minister Sheikh Zaki Yamani announced that American companies whose shares in the Saudi oil industry are being bought out will be given incentives to encourage them to assist in the kingdom's industrial expansion.

Yet despite the increased cooperation between the United States and Saudi Arabia, the conflict between Western industrialized nations and oil-producing countries simmers on.

Other oil-producing countries are pressuring Saudi Arabia to abandon its moderate stand on oil prices. Algeria in particular did not like the fact that Mr. Yamani declined from openly blaming the U.S. for the failures of the April Paris energy talks.

Saudi Arabia's policy on production levels and pricing will undoubtedly depend on the attitude of Western nations toward the oil exporting countries and the nations of the Third World.

The Saudis will want to see meaningful moves toward Western monetary reform so that the purchasing power of oil revenues and the value of producers' assets will not be seriously eroded by Western inflation. The revenue of the oil-producing nations has already dropped 25% as a result of inflation. They will also want beneficial agreements relating to other raw materials.

If the Oil Doesn't Flow ...

Aware to the ever-present danger of renewed oil embargoes, the United States has hinted at the possibility of military intervention against the oil countries.

Assistant Secretary of State Thomas Enders has warned that an oil embargo would be "close to nuclear warfare" in its impact on the West, and he even went so far as to estimate that the Western powers might commandeer oil tankers on the high seas should this happen.

A rather more drastic reaction was foreseen in an astonishingly detailed plan for an American military strike against Saudi Arabian oil fields published several months ago.

More recently, James Schlesinger hinted at the use of force in the event of another oil embargo. The U.S. Secretary of Defense said that America would be less tolerant and might resort to economic, political, and "conceivably military measures in response." Naturally, the Arab world reacted angrily. Egyptian officials described Mr. Schlesinger's remarks as "tartless and untimely."

Coming Oil Conference — Compromise or Collapse

Hopes for stable oil prices are pinned currently on a proposed July oil conference in Paris. Ambassador-at-large for the Saudi Ministry of Petroleum and Minerals, Mohammed Joukhadar, has warned that Saudi Arabia cannot continue to play the role of moderate among the OPEC members, unless there is an "open heart" meeting in Paris where consensus agreements are reached.

But will the industrial nations and the oil producing countries succeed in reaching a compromise in the demands they make of each other?

What course of action would the nations of Europe or Japan, who could survive a complete oil blockade for no more than six months, take if the Arabs were to impose another oil embargo?

Plain Truth has long warned of an explosion in the Middle East that will force the nations of Europe to become involved in the stability of the area. Will oil once again be the catalyst in bringing about such an explosion?

We may not have long to wait for the answer. □

THE MISSING DIMENSION IN SEX

In the previous installment, we saw how the most vital dimension in knowledge — revelation — was missing from the first "scientific experiment." In taking to themselves the forbidden fruit, the first humans took to themselves the determination of what is good and what is evil. And they foolishly rejected the inexorable spiritual law of God.

Part III

By Herbert W. Armstrong

THERE IS much vital, basic and important knowledge BEYOND THE POWERS OF MAN TO DISCOVER! Such important knowledge as what man IS; WHY man IS — WHY he was put on earth and for WHAT PURPOSE. And if there is PURPOSE, WHAT IS THAT PURPOSE? And HOW may we attain it? What IS THE WAY TO PEACE? All nations seek and strive for PEACE — yet none find it. Instead, they have WAR! What ARE THE TRUE VALUES in life? This world punishes the FALSE!

Those are the most basic and important things man needs to KNOW. Yet he may search for the answers in vain. He can know them ONLY through revelation.

Such questions as how did the earth come to be, WHERE did it come into being, how old is it, how old is human life upon it, and how did life originate about the time, thought, research and thinking of scientists, philosophers, historians; yet they can come up only with OTHERS, THEORIES, HYPOTHESES — but NO PROOF — the definite KNOWLEDGE which they could know ONLY through revelation.

In taking to themselves the forbidden fruit, the first humans took to themselves the determination of what is GOOD and what is EVIL. I repeat — in so doing, they rejected the FACT that God's living, inexorable spiritual law is THE WAY OF GOOD — and its transgression THE WAY OF EVIL. — the CAUSE of all evil. Since they and humanity in general after them have taken to themselves the determination of what is GOOD, they of necessity have followed THE WAY contrary to God's law. They have followed THE WAY that has produced all the vast multitudes of EVILS that has descended on this sick, SICK world!

They made themselves competitors of the living God. That is why it is written in Romans 8:7: "The carnal mind is enmity [hostile] against God; for it is not subject to the LAW of God, neither indeed can be."

What IS the Missing Dimension?

So what, then, is the MISSING DIMENSION in sex knowledge — in all knowledge?

It is revelation from Almighty GOD!

For even though rejected by the first humans — even though rejected by mankind in general — God did bequeath to mankind his REVELATION OF BASIC KNOWLEDGE. We have it in WRITING! The Holy Bible is that revelation. It contains history, instruction, revelation of basic knowledge, and prophecy.

It does not contain ALL knowledge. It contains that basic, foundational knowledge otherwise inaccessible to man!

What, then, is WRONG with knowledge production today? The most vital dimension is MISSING! I have said that error generally comes from assuming a false premise, taken carelessly for granted without proof, and building on that premise. And when the basic hypothesis or premise is false, the entire structure built upon it collapses with it!

I have said that the tools of modern science are OBSERVATION, EXPERIMENTATION, and REASON. Are these tools wrong? NOT AT ALL! The error comes from REJECTION of revelation. For revelation is the true starting premise. When man substitutes his own false hypothesis, the most vital dimension in the knowledge production is MISSING!

God's Word — his INSTRUCTION MANUAL for mankind — is the FOUNDATION of all knowledge. It is NOT the sum total of knowledge. It is the foundation — the true premise — the starting point — the concept that directs the approach to the acquisition of further knowledge.

Man Should Produce Knowledge

GOD INTENDED for man to PRODUCE ADDITIONAL KNOWLEDGE. He gave us the basis — the foundation — the premise — the concept. But he also provided us with eyes with which to observe, with hands and feet to explore and measure, with means to produce laboratories, test tubes, and means of EXPERIMENTATION. He gave an awesome MIND with which to THINK.

In this Work of God, I often fly from one place to another via jet plane. If the pilot in the cockpit would start the plane off in the wrong direction, we would reach the wrong destination. It is vitally important to start off in the right direction, from the true premise, with

the right approach, in this matter of KNOWLEDGE PRODUCTION.

God intended man to use observation, experimentation, and human reason. He supplied us with the basis — the foundation — she was in the right direction, with the right concept. But our first parents rejected the most vital dimension in all knowledge. And mankind has continued to reject the very FOUNDATION of all knowledge. Knowledge production has been operating without a foundation — based on false premises and erroneous hypotheses.

That is the REASON human knowledge production has FAILED to solve humanity's problems and to cure the world's ills.

Manufacturers of mechanical or electrical appliances send along an INSTRUCTION MANUAL with their product. The Bible is our Maker's INSTRUCTION MANUAL which he has sent along with the product of his making — humanity.

Six thousand years of human misery, unhappiness and evils ought to provide sufficient PROOF for those willing to see, that humanity, starting with our first parents, rejected the most vital dimension. From this point on in this series, we shall cover the all-important subjects of sex and marriage with the most vital dimension restored. It will prove a real eye-opener for those who are willing to see!

How Shame Entered

Now we come — in greater but necessary detail — to the real source of this attitude of shame that flowed on the tide of the Babylonian Mystery religion into the Roman world. As stated in Part I, it had reached Greece from Egypt. Yet it stemmed from a much earlier source — actually from the forbidden fruit incident in the Garden of Eden. There we find its real author:

The incident in the Garden of Eden set the course of human history from that moment. It determined the direction followed by humanity from the beginning until now. It is necessary that we understand more thoroughly — even at cost of partial repetition — just how the attitude of shame toward sex was injected into the human tradition.

God had told the first man, Adam, that he, as a man, was wholly physical. Here was the newly created man. Grasp the significance if you can! Suddenly, a full-grown adult MAN received consciousness.

He looked around. Everywhere he saw BEAUTY! There were colorful flowers, stately trees, green lawns, enchanting shrubs, shimmering pools, the audible laughter of a rippling stream. He was surrounded by breathtaking magnificence.

Then the man looked at himself. He must have wondered: "WHAT AM I?" Once, I remember, I fainted. Then, when consciousness again came suddenly, the question was grasped, involuntarily: "Where am I?" But Adam

must have wondered, not only where, but *WHO AM I?*

And God told him: "You are dust." After the man had sinned, God said: "... out of it [the ground] was thou taken; for DUST THOU ART, and unto DUST SHALT THOU RETURN" (Gen. 3:19).

God did not say "dust your nose is." He said the conscious MAN was dust — composed of matter. The revelation of God is plain: "God formed man of the dust of the ground" (Genesis 2:7). This man, composed of physical matter from the ground, became soul (same verse). This scripture does not say God put an immortal soul into a material body. It says God breathed into his nostrils — into the man's lungs. God breathed this breath — this air — into the man's nostrils, just as all men breathe air in and out of their nostrils — just as dumb animals do!

This man, composed of matter out of the ground, became a breathing, living soul. The soul, then, came out of the ground. The soul is composed of matter, not spirit. The word "soul" is translated from the Hebrew *nephesh*. It means "life of animals."

But what has all this to do with the origin of this teaching that sex is evil? It has *EVERYTHING* to do with it!

God had personally been with Adam and Eve. Nothing in God's instruction regarding sex had caused them to experience shame. In the privacy of this one married couple there was no shame regarding sex.

Satan uttered the first recorded lie in the history of mankind. He told mother Eve she would not surely die — or, in other words, that she was an "immortal soul." But God says souls that sin SHALL DIE (Ezek. 18:4 and Ezek. 18:20). God said to Adam and Eve that if they took of the forbidden fruit, "Thou shalt surely die."

History's First Recorded Lie

Notice how SATAN HIMSELF put in human minds the sense of shame and guilt toward sex.

In the "creation chapter," Genesis 1, it is written that in creating man, God created the physical sex organs — "... male and female created he them" (verse 27). "And God saw every thing that he had made, and, behold, it was VERY GOOD" (verse 31). The physical organs of sex, then, God pronounced "VERY GOOD."

God gave the first man and his wife full instruction in regard to his intended

purposes and uses of sex, as we shall cover in detail later. God availed his instruction — his teaching — of necessary basic spiritual and physical knowledge, as recorded in Genesis 2:24:

"Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh."

Then follows verse 25: "And they were both naked, the man and his wife, and were not ashamed."

NOTICE CAREFULLY! God had been personally with Adam and Eve. The three had been talking together. Adam and Eve were naked. Nothing in God's instruction regarding husband-and-wife relationship had caused them to experience any sense of shame in regard to sex. In the privacy of this one married couple, bound in marriage by the holy God who was speaking with them, there was absolutely no sense of shame in regard to sex.

Now continue right on, next verse! See what now happened!

Remember, as originally inspired and written, the Bible was not divided into chapters and verses. These were added by uninspired men much later, as a matter of convenience in biblical study. The very next verse, continuing immediately, is verse 1 of chapter 3:

"Now the serpent was more subtle than any beast of the field which the Lord God had made. And he said unto the woman, Yea, hath God said, Ye shall not eat of every tree of the garden?"

Immediately Satan begins to discredit revelation at the fountain source of knowledge — that is, God's teaching. He subtly and craftily implies, "Look! God knows better than that! God was misrepresenting!"

God had told Adam and Eve that the wages of sin is DEATH — for eternity — ETERNAL PUNISHMENT! God told them they were MORTAL and could not Satan uttered the first recorded lie of history:

"Ye shall not surely die!"

In other words, "Why, God was deceiving you. He knew you are IMMORTAL souls!"

Satan Implants Sense of Shame

The Genesis account is exceedingly brief and condensed. It merely summarizes, in fewest words, these conversations and events. We learn much from later passages and from history.

Filling in the omitted gaps and details, what Satan had become clear. As soon as Satan got in his lying, deceptive talk, and the woman had obeyed him, eating the forbidden fruit, and her husband deliberately had eaten it with her, the next verses tell us this:

"And the eyes of them both were opened, and they knew that they were naked; and they sewed fig leaves together, and made themselves aprons" (verse 7).

Now continue, next verse:

"And they heard the voice of the Lord God walking in the garden in the cool of the day: and Adam and his wife hid themselves from the presence of the Lord God among the trees of the garden. And the Lord God called unto Adam, and said unto him, WHERE ART THOU? And he said, I heard thy voice in

the garden, and I WAS AFRAID, BECAUSE I WAS NAKED; and I hid myself" (verses 8-10).

Notice God's answer! "WHO TOLD THEE THAT THOU WAST NAKED?" (Verse 11)

Yes, WHO put the sense of shame about sex in the minds of Adam and Eve?

IT WAS SATAN who had been telling them things!

God didn't!

All the time God had been talking to them, instructing them in true and right knowledge, they were naked. But NOTHING is in all that God taught them gave them any sense of shame toward sex. This idea that sex is evil CAME FROM SATAN. It was an accusation against God — an attempt to make what God designed appear to be contaminated and degrading. It was inextricably tied up with the fake "immortal soul" lie!

Why God Covered Them

But absolutely nothing in what you have just read justifies nudism, or midriff clothing. That is not the teaching of God at all! Rather, God himself clothed Adam and Eve. Let's now learn how — under what circumstances, and why!

When God had talked with Adam and Eve, immediately following their very creation, he was instructing them in a situation of husband-and-wife privacy. As long as they were the only humans, alone by themselves (so far as any other humans are concerned), God gave them no instruction to cover their bodies.

God is everywhere present at all times — everywhere! When a husband and wife, today, are alone in the privacy of their own bedroom, God is invisibly present!

But, when their children and other people — the PUBLIC — "ALL LIVING" — are introduced, then, we read that GOD HIMSELF clothed Adam and Eve. Notice it! It appears later, in the same chapter:

"And Adam called his wife's name Eve, because she was the mother of ALL LIVING [her children — their family — the public]. Unto Adam also and to his wife did the Lord God make coats of skins, and clothed them" (Gen. 3:20-21).

Notice the expression: "The Lord God . . . clothed them." The Hebrew word God inspired Moses to write here for "clothed" is *kaak*. It does not mean to cover shamefulness — to hide nakedness — or any such meaning.

The Hebrew word meaning to conceal nakedness is *kaak*. But the word Moses was inspired to write, *kaak*, means, rather, the donning of apparel, raiment. It refers to outer garments rather than to underclothing. It implies the idea of adorning, decorating, or displaying, rather than concealing, covering over, or hiding.

In the incident of Noah's drunkenness, he apparently had been violated by Canaan, son of Ham. Shem and Japheth, also sons of Noah, backed up with a garment on their shoulders, and "covered the nakedness" of their father (Genesis 9:23). They were hiding, concealing, the result of a sinful act. Here the Hebrew word for "covered" is *kaak*.

So notice, God did NOT know Adam and Eve — did NOT hide shamefulness, conceal nakedness — but rather he la-

bashed them — adorned, clothed them.

Of course this clothing did cover nakedness. The difference between the two Hebrew words, *kaak* and *kaak*, is one of purpose and intent, rather than the fact of being covered. Both do cover nudity. But the Hebrew *kaak* carries the connotation of concealing or hiding something which might be shameful, while *kaak* includes no such meaning and implies adding attractiveness rather than hiding shamefulness. In other words, although God's clothing did cover their bodies, it did NOT imply any sense of shame in what God designed.

This does not mean, under any circumstance, that God would approve public nudity. NOT AT ALL. God CLOTHES man! God intended man to

be automatically bio-arousing to the casual male mind. Burlesque and girls' shows, strip-tease acts, and all such exhibitions are deliberately intended to attract male admissions for profit, through lust.

Nevertheless, these passages in Genesis show positively that the origin of the concept that sex is evil and shameful originated with SATAN — and not from God!

The pagan world accepted this lie. As a teaching, or doctrine, it became a universally accepted dogma. This false was popularized by the Greek philosopher Plato, founder of the curricular system of education. Plato wrote it in his book *The Phaedo*.

"Shame" Tied to "Immortal Soul" Lie

It was from this "immortal soul" doctrine that the concept of sex as evil in itself stemmed.

Notice how it developed!

This "immortal soul" doctrine teaches that man is DUAL. While it claims falsely that the "immortal soul" is the real man and the body is merely the prison in which he is held, yet it teaches inconsistently that man is DUAL — both soul and body.

Thus, the real man is represented as being *spiritual*, pure, good, righteous, already having immortality. It represents the body — the *flesh* — as being essentially evil, filthy, nasty. Sex organs and sex functioning are physical — of the body — and therefore *fleshy, sensual, and evil*.

Thus, Satan has implanted the concept that what God designed and created is evil, while man is righteous.

Remember Satan is a spirit person — the former archangel, the cherub Lucifer — with no physical body, no sex or power of reproducing himself. Therefore he is envious of these attributes bestowed on man. He tries to discredit them and represent them as evil — yet also to glorify them as objects of lust. Satan is the real author of *prudish dualism*. He also goes to the opposite extreme today. He also is the real author of the so-called new morality which is in fact gross *immorality*. In this extreme, Satan deceives people into accepting sex as an IDOL of lust.

In both extremes, he deceives humanity into EVILS by which he seeks to overthrow the human race!

This satanic doctrine of dualism is the very antithesis of God's revelation of the TRUE FACTS. It is a diabolical lie!

God formed MAN of the dust of the ground. MAN IS FLESH — matter. And God behold everything that he had made, and, behold, IT WAS VERY GOOD! It is what man thinks and does that is sinful. But Satan blasphemous the Holy God by saying that what God made was very filthy, nasty, evil, and sinful.

This is the satanic dualism injected into the original Babylonian religion of Semiramis, wife of Nimrod (Gen. 10). It spread into the pagan religions and into Egypt. From there it floated into ancient Greece and then the Roman world. We have already covered its injection into post-apostolic Christianity.

(To Be Continued Next Issue)

THE BIBLE —

World's Most Controversial Book

by John R. Schroeder

The Bible is nearly always misunderstood, often maligned, misused, ridiculed, twisted and even, to some, a source of embarrassment. Yet the Western world owes more to this misunderstood book than most realize or would care to admit. Below are a few specific keys to help you improve your Bible perspective. On the opposite page are articles on the Bible's origin and selecting a translation that's right for you.

What would the world be like today without the Bible? What if there were no collection of books called the Holy Scriptures? What if there were no written revelations to set moral and spiritual standards for man's various activities? Few ever think of the Bible as a practical book. Few ever pause to consider the profound and very positive impact of the complete Bible on both the early and contemporary history of our Western world. Some claim, and rightly so, that biblical passages have been continuously misused and misappropriated to justify almost every evil known to man — including the use of scripture as a shield for murder: i.e., the "Christian" Crusades and the Spanish Inquisition.

But whose fault was that? It has been men, not God, who misunderstood or misused scripture.

The Legacy of Jesus

Without the Bible we would possess virtually no written record of Jesus Christ! Scanty secular accounts are only significant because the four gospels amplify Christ's biography. He is the Son of God, and our ultimate Christian example.

The character of Jesus has not only been the highest pattern of virtue, but the strongest incentive to its practice, and has exerted so deep an influence, that it may be truly said, that the simple record of three short years of active life has done more to regenerate and soften mankind, than all the disquisitions of philoso-

pers and than all the exhortations of moralists" (W. E. H. Lecky, *History of European Morals*, vol. II, p. 88).

It is basically through the "mini-biographies" of Matthew, Mark, Luke and John that the resplendent character of Jesus Christ can shine through to anybody who bothers to pick up a New Testament, open its pages and begin to read.

The Two Testaments

Many who read popular parts of the Bible content themselves with purchasing and possessing the New Testament alone, but without the Old Testament, the New Testament is robbed of its real roots. Much of the New Testament is composed of both direct and paraphrased citations from the Old. On the other hand, the Old Testament, by itself, stops considerably short of the full and complete revelation of God's plan and its central character, Jesus Christ of Nazareth.

The Jewish documents forming the Old Testament, though composed and edited over a period of nearly 1,500 years, are remarkably related to one another. Vital portions of the Law, residing in the Pentateuch (the first five books of the Bible), are repeated in different ways in the prophets and writings which follow.

Jesus put his unqualified stamp of approval on the Old Testament. "Beginning with Moses [the Pentateuch] and all the prophets, he interpreted to them in all the scriptures the things concerning himself.... Then he said to them, 'These are my words which I spoke to you, while I was still with you, that everything written about me in the law of Moses and the prophets and the psalms must be fulfilled. Then he opened their minds to understand the scriptures [meaning the Old Testament]. Not a single New Testament book was written at the time Jesus spoke these words]" (Luke 24:27, 44-45; Revised Standard Version used throughout this article).

Jesus Foreseen by Moses

Jesus Christ is the tie that binds the Old and New Testaments together. "...there is a unity that binds the whole [of the Bible] together.... The unifying principle which makes the Bible a living book has already been pointed out: it is Christ Himself, the bringer of salvation" (Bruce, *The Books and the Pavements*, p. 88).

A true understanding of the recorded role of Jesus begins with Moses. Luke writes of it in Acts 7:37: "This is Moses who said to the Israelites [about 1480 B.C.], 'God will raise up for you a prophet [Jesus Christ] from your brethren as he raised me up'" (cf. Deut. 18:15).

Moses set a pattern of predictive prophecy about Christ that runs continuously through the threads of the Old Testament. Without Moses, and especially without David (in the Psalms) and all the prophets, the coming of the Messiah would have been totally unexpected and completely unheralded. The Magi of Matthew and the shepherds of Luke (see Matt. 2 and Luke 2) would hardly have believed the angels and come to worship the young Jesus had they not first understood the Messianic prophecies of the Old Testament.

The Wisdom Books

Even hard-headed, tough-minded businessmen who freely admit that the spiritual theme of the biblical record escapes them have benefited immensely from the practical, day-to-day wisdom of King Solomon. Who in business could deny the principle that "a slack hand causes poverty, but the hand of the diligent makes rich" (Prov. 10:4)? What thinking banker or lender would honestly quibble with: "The rich rules over the poor, and the borrower is the slave to the lender" (Prov. 22:7)?

Or in today's sea of books emanating from the publishing explosion, what student would gainsay that: "Of making many books, there

is no end, and much study is a weariness of the flesh" (Ecc. 12:12).

Bible Prophecy

Without the prophetic books of Isaiah, Jeremiah, Ezekiel, Daniel, Revelation and the twelve "minor" prophecies, we would know comparatively nothing of the sequence of events preceding the second coming and the utopian conditions of the world tomorrow. But through these prophetic books, we are given a skeletal framework of future events — and they are accurate. There are keys to understanding Bible prophecies as contained in these books, and they are not at all mysterious or hard to understand. It just takes a little of your time — but it's study time well spent.

Man's Instruction Book

The Bible, in its true perspective, is an instruction manual from the Creator to the created — humanity.

God, through his word, tells us what we are, how to live, and how and when we can achieve our ultimate human potential. He spells out the way to peace and happiness for all humanity. The Bible contains revealed knowledge for which there is no substitute.

True, no man understands the Bible perfectly and completely. There are claimed contradictions that theologians have not resolved to every atheist's satisfaction. There are textual difficulties with which scholars are still wrestling. Only a Bible illiterate would deny these and other problems.

But God exhorts us to "grow in grace and in knowledge" — and through this process, our understanding of his Word also grows.

The Bible remains the Bible — the most unique book in all of history! Many books written about the Bible are now forever out-of-print. But the Bible itself remains the best seller in the Western world; it remains in more different languages than any other single book; it remains the guiding document of the true Christian faith. □

How The Bible Was Preserved

The Bible was preserved by the blood of courageous men through the centuries. It was a slow, agonizing, painful task to put together, preserve, and place in your hands the present printed English text of Old and New Testaments we call "the Bible."

The Old Testament portion of Scripture is a record of the lives of men and women of faith. Of Abel, Enoch, Noah, Abraham, Sarah, Isaac, Jacob, Joseph, Moses, Rebekah, Gideon, Barak, Deborah, Samson, Jephthah, David, Samuel, and many others. Without their lives, there would be no Old Testament — there would be no scripture "written for our learning" (Rom. 15:4).

What sort of lives did they live so you could hold in your hands this God-inspired volume? Some of them suffered excruciating tortures; others had to bear mockings, beatings, scourgings, and imprisonment; still others were stoned and even sawn asunder. Read about them in Hebrews 11.

Jewish scribes carefully and faithfully preserved every "jot and tittle" of the Hebrew record, as did Greek scribes for the New Testament. Never was the task easy.

Periodic Roman persecutions against Christians were directed against this Book. Diocletian, in perhaps the most severe attempt to destroy Christianity, ordered the burning of all its sacred books in the year 303 — yet the Scriptures survived.

After Constantine, Imperial attacks against the Bible came to an end, and Jerome's Vulgate translation into Latin at the end of the fourth century became the accepted standard of the Western world. But the day of persecution was not over.

In the 1500's, Tyndale was forced to go to Germany to do his translation of the New Testament from the original Greek. Church authorities in England had prohibited a new English translation. In 1536, only eleven years after he finished the first printed English New Testament, Tyndale was strangled and burned at the stake for his efforts.

Others also found it dangerous to be too closely identified with the translation or circulation of the English Bible. Coverdale narrowly escaped with his life; Cranmer and Rogers were brought to the stake; many others sought safety in flight. Even men who bought or sold these early English Bibles were threatened, sometimes tried for heresy, sometimes put to death.

The Theology of Canonicity

Our English word "canonicity" is an anglicized derivative of the Greek term *Kanon*, meaning a "rod" or "ruler." Men and organizations of men could hardly have canonized the biblical books without proper rules or standards.

There are several possible standards, probably all used in determining final Old Testament canonicity. Among these were inspiration, internal evidence (some books of the Bible internally assert or imply themselves or other canonical books to be of divine origin), previous official public action, and the recognition of previous canonizations (i.e., Moses).

For us today, New Testament canonization is an extremely important factor. This includes recognition of the Old Testament writings by Jesus and the apostles. Jesus corroborated the Genesis one earth-creation (Mark 13:19), the creation of Adam and Eve (Matt. 19:3-4), the historicity of Abel (Matt. 23:35), the Noahian Deluge (Luke 17:26-27), etc.

In the New Testament apostolicity is perhaps the major standard. Every book in the New Testament was written either by an apostle or by someone who was closely associated with an apostle. "So we find Mark, the companion and interpreter of Peter, committing to writing in Rome the Gospel as Peter habitually proclaimed it . . . and Luke, the companion of Paul, writes in two books [Luke and Acts] for Gentile readers a narrative for the beginnings of Christianity from the birth of John the Baptist up to Paul's two years' residence in Rome . . . (Bruce, *The Books and the Parchments*, p. 107).

Buying The Right Bible (For You)

The Revised Standard Version: Perhaps the best modern version of the Bible and maybe even the best of all translations overall. Under continuing revision.

The King James Version: An excellent historical Bible. Because of its outdated 1611 English, it should be compared with a more modern version if used as a study Bible.

The Holy Scriptures (the Jewish translation of the Old Testament): Much like the KJV in the Old Testament. An entire modern version is scheduled for completion in the 80's. (The Pentateuch and the book of Isaiah are already available.)

The Living Bible: The most popular of the modern non-translations. A free-flowing paraphrase that's easy to read, but should be viewed with caution when studying biblical doctrines. Basically the ideas of one man.

The Amplified Bible: It possesses some of the features of a paraphrased version and some of the features of a commentary. Its main purpose is to reveal other clarifying shades of meaning that may be concealed by the traditional word-for-word method of translation.

The New English Bible: A praiseworthy, though free-rendering modern British version.

Other good modern versions with varying strengths and weaknesses are *The New American Standard Bible* and *The New American Bible*.

Many other versions are perhaps of less value because they either are basically the work of one scholar or specifically produced for a single denomination.

Recommended Reading

The Worldwide Church of God publishes many informative booklets and articles on a wide range of biblical topics. Four are listed below:

(1) *Read the Book*

The Bible has a distinct theme running through it from Genesis to Revelation. A good way to begin your study is to first get the overview by reading through the whole Bible from start to finish.

(2) *How to Study the Bible*

This booklet shows you several important keys to biblical understanding. It explains the background behind Bible titles and the division into chapters and verses; also how to use a concordance.

(3) *Do We Have the Complete Bible?*

Some Bibles contain fourteen additional books called the Apocrypha. There are a number of valid reasons why these books were not included in the official Old Testament canon.

(4) *Which Translations Should We Use?*

Many translations now flood the market. Which ones have real merit; which are of less value?

(5) *Significance of the Dead Sea Scrolls*

Some have asserted that the ancient Dead Sea scrolls substantially alter the traditional text of the Old Testament. This article shows the importance of these scrolls and what they really show about the Old Testament text.

Jesus—Prophecy and Fulfillment

THE PROPHECY PARAPHRASED	OLD TESTAMENT PREDICTION	NEW TESTAMENT FULFILLMENT
(1) Jesus to be born of a virgin	Isa. 7:14	Matt. 1:23; Luke 1:27, 31, 34-36; 2:7
(2) Jesus to be born a Jew	Gen. 48:9, 10; 1 Chron. 5:2; Micah 5:2	John 1:11; 4:8; Heb. 7:14
(3) Jesus to be born in Bethlehem	Micah 5:2	Matt. 2:1
(4) Jesus' triumphant entry into Jerusalem	Zech. 9:9	Matt. 21:1-11
(5) Jesus betrayed by a friend for 30 pieces of silver	Psalm 41:9; Zech. 11:12-13	Matt. 26:14-15; Mark 14:18, 43-44
(6) Jesus' suffering and death	Psalm 22:1-21; Isa. 50:6; 53:1-12; Zech. 13:7	Matt. 26:87; 27:26, 28, 35; Mark 15:19, 25, 37; Luke 24:30; John 18:22, 19:1
(7) Jesus' hands and feet pierced	Psalm 22:16; Isa. 53:9	John 20:26, 27
(8) Jesus' bones not to be broken	Numbers 9:12; Psalm 34:20	John 20:36
(9) Lots cast for Jesus' vesture (robe)	Psalm 22:18	Matt. 27:35
(10) Embalming and entombment	Psalm 16:9-10; Isa. 53:9	John 19:38-42



Illustration — AP/Wide World Society

The Battle of the Bottles

By Robert Ginsky

The non-returnable bottle is the ubiquitous and unightly symbol of our throw-away society. In fact, non-returnable bottles (and cans) have become so commonplace along roadways and even backwoods trails that they almost seem to be a natural part of the environment.

Ecology-minded folk have long been incensed by the vicious desecration of the environment via such indestructible bottles and cans. But the energy crisis has added a new impetus in the drive to reduce if not eliminate the throw-away container.

The packaging of beer and soft drinks is approximately 60 billion throw-away containers rather than in returnable bottles wastes over 200 trillion BTU's of energy each year in the U.S. alone.

That energy wastage is the equivalent of — over 18 billion kilowatt hours of electricity — enough to supply the electrical needs of over 9 million relatively affluent Americans for a whole year;

— 1.7 billion gallons of gasoline — enough to operate 1,300,000 automobiles averaging 10 miles per gallon for a typical driving year of 10,000 miles;

— enough energy to heat approximately 2 million three-bedroom brick homes in the Middle Atlantic region with natural gas for an entire eight-month heating season.

While throw-away containers are tremendous energy wasters, returnable bottles conserve energy by functioning as their own recycling system. Each returnable bottle travels the natural closed loop from container manufacturer to bottler, to retailer, to consumer, and back again for reuse an average of 15 times.

With fuel shortages, brownouts, and gasoline rationing real possibilities, American industry and consumers must change their habits of energy consumption to "waste not, want not."

In the state of Oregon, there has been a 92 percent reduction in the number of cans and bottles littering the environment since the introduction of Oregon's "Bottle Bill."

Perhaps other states will follow Oregon's example by returning to the returnable bottle system of distribution for soft drinks and malt beverages. □

orchids & onions

letters

Astrology

Astrologers do not "continue to imagine the sky is arranged as it was 2,000 years ago," whatever Robert Ginsky may think ("A Zero for the Zodiac," May 3, 1973 issue).

No one is more aware of the pre-sessional shift than astrologers. We are only one star, our sun, in horoscopes, in addition to the earth's satellite, and the planets in our local solar system.

Those who condemn astrology have not studied it, and do not intend to do so, though they are quite willing to inveigh against it.

If astrology didn't work, it wouldn't still be around. Biological rhythms are cyclic, but so is man's history. Astrology is the observation of the natural law of God, and astrology is the interpretation of this law as it affects the lives of people on this planet....

Jesus is called the Son of the Virgin. When the sun was in Virgo (September), Jesus was born in Bethlehem. He was probably born during the fall equinox (September 8, 7 B.C.). Since this date is fairly close to the religious holidays in the early fall (Rosh Hashana and Yom Kippur), there would be reason for Mary to accompany Joseph.... At any rate, a horoscope set up for 11:30 p.m. in the evening of September 8, 7 B.C., progresses beautifully to all the events referred to in the Gospels.... The Son of Man (Aquarius) reigned on the throne of glory (Leo) refers to the future, specifically the next astrological age when the sun by procession will be in Aquarius, and the earth, the "seat" or "throne" of God, will be in the post-Aquarian Age of Leo. This is the Second Coming as defined in astrological symbolism.

Joyce HIE,
Denver, CO

The article debunking astrology by Robert Ginsky was extremely well written and informative. So many seemingly intelligent people are taken in by astrology. As a publisher, I am writing to ask if we could have permission to reprint the article with credit to *Plain Truth*.

Mrs. J. B. Reynolds,
Tampa, FL

I recently had the opportunity to laugh at your attempt to invalidate the only science of time. Really, the article showed me how uninformed you are. I agree that Astrology will not allow you God; however, it will reveal that there is a God. The Bible is full of astrological lore, and I know of no person that claims that Astrology is anything other than a false tool to understand yourself! Even the Bible suggests to "know thyself" and I am not quite clear why you see so threatened by it. I never allow anyone to believe in astrology — there is nothing to believe; it is pure knowledge and experience.

Carl Robins,
Astrologer

I usually find myself totally enthralled by each issue of *Plain Truth*, but it was with real disappointment that I noted how little your article on astrology went beyond the ground popular misconceptions concerning this field.... Astrology has nothing to do with the occult, nothing to do with ESP, and nothing whatever to do with religions that are false and contrary to the Bible.

James Taylor,
Alexandria, VA

Please do not send *Plain Truth* any more. You advertise astrology. The Bible is against that very much.

Sigrid Myhra,
Brooklyn, NY

Vietnam

Concerning Carol Ritter's article ("The Baby Lift Controversy," May 3), she writes of the U.S. "prolonging and intensifying their local conflict."

The facts are: (1) The "local conflict" extended into Laos, Thailand, Cambodia, and South Vietnam, of course — not a local conflict! (2) North Vietnamese soldiers invaded South Vietnam; South Vietnamese soldiers were dispatched on an invasion of North Vietnam! (3) The aggression of North Vietnam (not the United States) had a "prolonging and intensifying" effect during this war. (4) The idea of "civil war" is a Communist myth!

I would like a reply, if possible.
Joseph Settimi,
New York, NY

Are you people getting soft in the head? How did the enclosed pro-Communist article find its way into the *Plain Truth*? Please explain and apologize in your next edition, if you will.

De. Ted Taylor,
Muskego, WI

I can understand your Carol Ritter having Communist leanings and following the "pinko" line (that the war was an intercivil war in which we were meddling and prolonging), but what is such a thing doing in a religious paper?

Helen Curtis,
Stillwater, OK

In your last issue you quote "your strength shall be spent in vain," and apply it to the U.S. Then you say elsewhere "what a useless, heart-breaking, meaningless human tragedy we have wrought."

We?

Why does all of this prose and prophecy apply to America and not to the brutal butchers who started the war, the North Vietnamese and their Russian and Chinese comrades in slaughter?

We didn't start the war. We did try to aid an ally. No one invaded North Vietnam, but they invaded South Vietnam, Cambodia, Laos, and Thailand.

Why are we the bigger war in this mess, instead of the smaller, lying, maneuvering Communists?

Why, why, why?

Ronnie Wala,
Phoenix, AZ

Many letters to the editor asked the same question as the preceding four letters asked. Many readers assume Plain Truth policy would be pro-war, but the purpose of the Editor-in-Chief and Plain Truth magazine is to advocate peace, and the way to peace is revealed in the Bible. Why is such a peaceful policy so violently and more vehemently opposed by patriotic and religious Americans?

True, if a nation must fight, it should fight to win, but we are the nations most not fight, especially if they profess Christianity.

Crime, Smoking, and Profanity

I would like to commend Mr. Donald Schroeder on his article, "Curing the Cancer of Crime," appearing in a recent Plain Truth. I am a sergeant on the Kansas City, Missouri Police Department.

For this reason, I was quite struck with the crime problem as it exists in Kansas City. I have been a policeman for almost eight years and the crime rate has increased substantially seven of those eight years, despite the fact that we have more policemen on the streets, better equipment (including a sophisticated computer to analyze and actually predict when and where various types of crime will occur), better trained and educated policemen, and hundreds of thousands of dollars being spent on developing new methods, experimentation, evaluation, etc. It would appear despite all this, that all of us are right back where we started. I am a Christian; therefore I totally concur with Mr. Schroeder's stand cause for the tremendous increase in the crime rate (which I also believe will not decrease in the years to come). It's unfortunate indeed that top police administrators, as well as many others in the criminal justice system, cannot see the truth and continue to waste time and effort dealing with the effects of crime rather than the "real" causes. How long will it take for all of us to wake up?

James T. Todd,
Kansas City, MO

I am totally intrigued with your stand on profanity. On page 6 of your March 22 issue, you bemoan with the evils of profanity and then on page 14 you indulge yourself in an only profanity but obscenity....

"Wierdos, oddballs, misfit, muddleheads, duds, noncopoos, nincompoops, imbeciles...."

From having read your publication it was my understanding that we are to love (the God's law) even our enemies. Do these terms indicate love? I believe not.

Ruth Elliott,
Olathe, KS

Many thanks for the "Confessions of a Nonsmoker" by Ron Bealek. It is an excellent article that just about expresses my feelings perfectly, but for one thing. I think that Mr. Bealek is far too generous. I for one have long since given up trying to understand the smoker. They have got to be the most incommodious human beings alive, really oblivious to the rest of us. Even those who ask before they light up—they still light up and usually blow their poison for all to inhale! If a non-smoker tries to explain his side of it... they turn aside and light another.... They go right on inflicting their filthy habit with never a word or a care! When it comes to getting a bit more personal... I would just as well kill a dirty smutty as a smoker.

Audrey A. Campbell,
New York, NY

I have been reading your options, but now I have an orchid for you. I think the article

"Foothold in the Ministry" by Carol Ritter, April 5, 1975, is excellent. I have written twice to Bishop John M. Altis, presiding Bishop of the Episcopal Church, U.S.A. and received very fast, open replies. It seems now that he is being subpoenaed as a witness for a trial of a bishop who "tried", concerning recognizing the new women priests. It seems to me that people who oppose the ordination of women priests overlook entirely Christ's teaching and follow instead that of Paul, who in our day would be called a male chauvinist, one who would keep woman in their place according to the past and also present customs of the day. Jesus was no radical in "worldly" affairs. He did not advocate servants rising against their masters and pre-commanded obedience to Rome, but in the case of women He was a radical: the woman taken in adultery would have been stoned to death according to the customs of the day, which Christ rebuked; the woman who poured the expensive ointment on Jesus' feet according to general opinion should have sold it and given to the poor; and Mary, the sister of Martha, was rebuked by her master for not attending to housewifely duties but Jesus encouraged her for seeking mortal and spiritual uplift.

M. E. Edwards,
Normandy, PA

Regarding the Plain Truth article of April 5, 1975, "Foothold in the Ministry," the reason the Bible reserves the pulpit as an all-male privilege is because it was written by men who regarded women as slaves, objects, bad partners and hindrances.

In formulating and choosing the contents of our Bible, men and only men chose these early writings dealing with male dominance, sexual liberties, polygamy, lust and every sporting fantasy satiating his male ego—and the glorification of his earthly body. Biblical laws limiting social and civil laws, Jesus tried to set men on the straight and narrow, but there again, we have been interpreting Jesus' sayings. We also have two Bibles—the Old and New Testaments, each contradictory to the other, and still thinks of woman as "your woman" and we all know what that means.

L. Wood,
Hollywood, MD

Somewhere along the track of life, Plain Truth's once forward moving biblically-oriented engine has stalled. When did you change engineers? What happened? Is this disillusionment the result of evolution or revolution? Instead of giving us facts (and biblical relationships) about the many national and international issues with which we could make up our own minds, Plain Truth now offers repotential opinions:

- (1) the opinions of a non-smoking Bachman,
- (2) the opinions of writers who blame us middle class citizens for the plight of the poor and the elderly, and the wealth of our national resources,
- (3) the opinions of Bader's Thai friends who blame us for international communism, and finally,
- (4) the opinions in cartoon form of a half-inerting leftist named Comical, whose cartoon strip obviously is a counter-clockwise answer.

Please cancel my subscription to Plain Truth. If I desire to read editorial opinions that manipulate or news items, I can always read the *New York Times* or the *Los Angeles Times* or the *Washington Post*. Why would I need the redundancy of a Plain Truth?

William Wangerber,
Sylmar, CA



In Brief

by Stanley R. Rader

NAIROBI, KENYA, MAY 31, 1975:

In Brussels this week President Ford has been assuring our European allies that the NATO alliance remains the cornerstone of U.S. foreign policy: "I want to reaffirm at this time the United States commitment to NATO which is so vital to American well-being and security. Reduction of tension with eastern Europe," the President added, "can go forward only on the basis of strong and secure alliance defenses."

Meanwhile in Paris Mr. Kissinger told a conference of the twenty-four nations of the Organization for Economic Cooperation and Development, that "our economic well-being depends on a structure of international cooperation of which the developing countries are, and perceive themselves to be, participants. The new problems of our era—insuring adequate supplies of food, energy and raw materials—require a world economy that accommodates the interests of developed as well as underdeveloped countries."

We are in Nairobi, Kenya—eight hours away by jet—and the day before yesterday we were received by one of the most impressive men of this century—the President of the Republic of Kenya—Jomo Kenyatta—a man who more than fifty years ago became involved in the political struggle to free his people from the yoke of colonialism, a man who was to suffer arrest and imprisonment before leading the Kenyan nation into independence in December 1963, a man who is recognized as the founding father of Kenya and a man of vision.

I am certain that the "new problems of our era" referred to by Mr. Kissinger would not be new to President Kenyatta, nor are they new to Plain Truth readers, who for years have read articles about the problems of this world with tremendous emphasis on famine, the energy crisis, the shortage of raw materials and the problem of man destroying his own environment.

President Ford's reference to NATO being the cornerstone of U.S. foreign policy is undoubtedly accurate, but since it is based upon military strength of power, it, too, would not be greeted with much favor by President Kenyatta, who said in 1964 on United Nations Day that "we are alarmed and discouraged at times when the so-called great powers pour out their treasures in fashioning greater and more horrifying weapons of destruction while more and more other powers seek to join the nuclear race.... We must seek the allocation of all this astronomical finance to meet the real human problems of hunger and ill health and economic frustrations."

It was truly amazing how quickly a rapport was established between Mr. Armstrong and President Kenyatta. They are both men of 83, who respectively belie their age because of their tremendous vigor and vitality. The president is a man who has suffered much. In his own words, he has suffered without bitterness, but he knows life and he knows people. The president, having asked Mr. Armstrong about his work—his mission—his efforts on behalf of world peace—said that he could not agree with Mr. Armstrong more about the root causes of humanity's ills. The president said that "human beings will never be satisfied until human nature can be changed. Adam and Eve had everything that God could give them in the Garden of Eden," he continued, "but despite its beauty and everything that human beings could hope for or need, it was Eve who said, 'I am not satisfied.'"

President Kenyatta in 1964 stressed that "human will in the context of world understanding must be rooted in love of peace, in an urge for human progress. Within the United Nations we must work for the elimination of all of the engines of destruction. We must seek the harnessing of nuclear energy for peaceful purposes of mankind... that our own shrinking planet should become a place of dignity for all the human race."

Mr. Armstrong, of course, has stated in his appearances throughout the world and in countless articles and broadcasts that man does have enough weapons of destruction to annihilate himself many times over. He has also stressed that man has been living according to a "get" principle rather than a "give" principle and that until such time as man begins to have an outgoing concern for his fellow man equal to that concern that he has for himself the conditions that mankind is faced with today will not only continue to be present, but the ills that are produced directly from those conditions or causes will be multiplied manyfold.

Fortunately, Mr. Armstrong's message is a message of hope for mankind and, in fact, a man's heritage, because before man is permitted to destroy himself

(Continued on page 12, col. 4)



Garner Ted Armstrong SPEAKS OUT!

Press Stumbles Over Mr. Ford's Slip

Washington, D.C.

As a microcosm of the world crisis in leadership, U.S. President Gerald Ford is presently engaged in a leadership crisis of his own. I have just returned from witnessing Mr. Ford's arrival and opening commentary to the assembled delegates of the NATO nations at the much publicized NATO Summit Conference at Brussels, Belgium.

In a private discussion and in a television interview with Prime Minister Leo Tindemans of Belgium on the following morning, I asked him what his personal impressions of President Gerald Ford were:

His remarks were very favorable, and he told me he was quite impressed with Mr. Ford as an open-minded, candid, honest and strong personality.

As an observer in Brussels, I too, was impressed with President Ford's comments and with his personal magnetism. As he delivered his speech at the Brussels airport soon after his arrival and greeting by Belgian King Baudouin and the Secretary General of NATO, Joseph Luns.

But merely seeing Mr. Ford in person for the first time and hearing the remarks of at least one foreign official concerning his impressions of President Ford as a leader can hardly serve to allay the doubts concerning the strengths of President Ford in the minds of many leaders in Europe, the Arab states, and even within the United States Congress and among the general public:

I am writing this column in Washington, D.C., and have just returned from the capital lawn where I taped an "on-the-spot" radio broadcast.

Perhaps my perspective must be somewhat prejudiced. But during the broadcast I could not help but remark on the incredible ignominy at arriving back to my home country to be greeted by two large, front-page pictures in the Washington Post showing President Ford slipping on the rain-wet stairs upon his arrival in Salzburg, Austria, for talks with the Egyptian President Anwar Sadat — and, in an accompanying photo equally as large (they measured approximately 6'x5' each) was a picture of the

President stooping to the floor trying to prevent himself from falling as he stumbled on a carpeted stairway and had to be assisted by Egyptian President Anwar Sadat and a military aide.

Frankly, I was outraged.

Who must the press feel it is their most serious responsibility to insure we in the American public and the entirety of the world in general never escape noticing the slightest mistake, the most common and natural happenstance, and especially the most insignificant indignity which might be suffered by a leader?

Show Strength, Not Weakness

During the many years of the Franklin Delano Roosevelt Administration, the American public never saw Mr. Roosevelt

Why must the press feel it is their most serious responsibility to insure that the world never escapes noticing the slightest indignity suffered by a leader?

veiled in a wheelchair. Viewers would see full-body exposures of the President as he spoke dynamically and forcefully over motion pictures and newscasts in the television days. They would see dramatic photographs, in very striking poses, of a man who appeared to be in supreme command of himself — exuding confidence, wisdom, and a powerful personal magnetism which reflected the very essence of the power of the United States. He was a forceful leader who was clearly in command, even when seated with the "Big Three."

Now all that has changed. Where obviously a President of the United States was accorded a certain measure of respect from the press and photographers in particular — so that the American public was never allowed to see a President as a cripple, on the very plain and obvious assumption that such a picture immediately connotes weakness — today you can expect to see, emblazoned across the front page of one of the leading dailies in the nation's capital, pictures of a very undignified

tumble down the steps of a rain-slicked ramp at an airport or another tumble on a carpeted stairway.

A crisis in leadership? Yes, precisely that. The U.S. has suffered too many humiliating reversals in the past few years — from the Bay of Pigs to Gary Powers, from the Pueblo to Vietnam. And topping all such humiliations was Watergate, which served to weaken U.S. prestige and credibility abroad more than all other such events combined. So it's utterly naive to think that the Mayaguez incident could end all that.

But it is time when, as never before, the United States needs to exert strong, decisive leadership in the world at large.

It matters little that Mr. Gerald Ford is not the clear choice of an electoral majority. He is nevertheless the President of the United States of America, still the most powerful single nation the world has ever known. As such, Mr. Gerald Ford needs to continually display determination, strength, resolve, singleness of purpose, and the very essence of strong, purposeful, wise leadership. This is his post, and he has been striving mightily to fulfill it.

"If It Happens, It's News"

Personally, I cannot understand why our American press must feel "if it happens, it's news." I would far rather have been greeted, upon my return to the United States, by pictures on the front pages of the nation's leading dailies of a determined President standing with other national leaders in a pose of self-confidence and assurance. And I would rather have read the reports of Mr. Ford's visit to Salzburg and his talks with Anwar Sadat in a positive context. Yet I was greeted by ignominious pictures which displayed the man who occupies the highest and the most important office on the face of the earth today in an utterly unflattering position.

To me, it is more than a journalistic curiosity. It is symptomatic of a sickness which has increasingly plagued the American mind. We are so totally convinced there is no one who is honest, no one who is true; no one who is what he seems to be that we must continually be engaged in the hideous hypocrisy of blame-placing, name-calling, and nit-picking among ourselves, most especially zeroing in on cherished national institutions and important national leaders. Are we striving to prove that all men, after all, are as small as we are in our own inferiority?

One Picture Could Destroy a Thousand Words

The United States is most definitely expected to act like a strong and powerful nation by European leaders.

But if we in this country cannot respect and support our President when he is abroad, by the simplest courtesy of discarding a picture showing weakness in favor of one which would show strength, then I must view our impending

bicentennial celebration with a certain measure of pessimism. As Mr. Ford strives to portray the image of a forceful leader abroad, our press strives to portray the image of a bumbling fiddle-fisted President at home.

They may as well have labeled the pictures "Ford Stumbles in Europe." And it could well be, through this peculiar trait of photographic psychology, that any real successes Mr. Ford has achieved through his trip abroad might be wiped out by the instantaneous click of a motorized camera — held by an eager photographer, making sure he has exposed at least seven frames while the President fell three steps.

Somehow, the choice of pictures by the editors of our newspapers seems obviously symptomatic of this curious American phenomenon that I have been describing. And it must be thoroughly understood and stamped out before it finally destroys us all.

We are apparently no longer proud to be Americans. We are apparently no longer proud of our country, proud of our flag, proud of our national institutions nor proud of our President.

As for me, I must be some sort of a square exception. For when I saw the President of the United States emerge from the door of the Presidential Boeing 707 at the Brussels Airport to be greeted by King Baudouin and an honor guard, my heart swelled. I found myself growing a little bit proud of the fact that the leader of the country which has given me every precious freedom a human being could ever want was so graciously received with the respect and the dignity accorded a man of such towering office.

What a pity the man cannot be so received by those in the country which he serves. □

In Brief (Continued from page 11)

God will intervene and man will be required to live in accordance with the laws of God, which, of course, are based upon love.

Mr. Armstrong has emphasized often that the world is indeed a small place, and today distance has been greatly diminished by the jet aircraft and the modern means of communication. But, as Mr. Armstrong has so often noted, despite the tremendous increase in knowledge and technology, there has been a missing dimension in modern education and man remains controlled by his human nature and his basic self-interest. I am sure all readers of Plain Truth can appreciate very well the tremendous affinity that Mr. Armstrong and President Kenyatta felt for one another — the President having worked his whole life to free his people and to lead his nation triumphantly into independence — and independently based upon the dignity of man — and Mr. Armstrong having dedicated his life to bringing his message to mankind — a message that will help mankind to live an abundant and happy life and to realize its incredible human potential! □

Old people are grumpy, crotchety, dithering, decrepit, depressed, dozing over the hill, all worked up, and unable or unwilling to learn new skills. They're not better days. They're set in their ways. They're useless, tired, irregular, paranoid, and neurotic. And, of course, they're all alike.

— Elderly stereotype, circa the Pepsi Generation

If you think you're living in the land of the free and the home of the unbaised, take a glance at the billboards or stay by the TV set during the commercials.

"Milk has something for every body," the commercial says, but the "body" is always young, male and Apollonian, or young, female and voluptuous — above all young. Even the most sedate sofas must be sold by a slithering, sensuous seductress. The hoary head, however, hawks nothing but hair color, and the aged body sells nothing but laxatives.

Ever since men first realized that they weren't getting any younger, they've searched for a key, a formula, a magic potion or the "elixir of life" that would prolong youth. Today, although somewhat more sophisticated, we display the same dream of immortality. We freeze our dead in hopes science will someday be able to revive them, or we ponder near-speed-of-light space ships whose occupants will age only slightly as they probe the universe for thousands of earth years.

Meanwhile back on earth old people pile up in our society, comprising an ever-larger percentage of the population and revealing us to be no more than a societal Ponce de Leon, searching desperately for a Fountain of Youth, but finding nothing more than Florida, now a retirement center.

Gerontophobia

Gerontophobia, the fear of aging, is one of our most common diseases. Gerontophobia strikes young, life-loving people, but it is essentially a disease of the mind. Among the first symptoms is the formation of a mental stereotype such as the one at the beginning of this article.

Because of our cultural aversion to aging, we've neglected and overburdened the elderly, so if some old people are "dithering, depressed, tired or neurotic," as the stereotype goes, it could be because youth-land keeps more stress upon the elderly than upon any other group.

We're "civilized," so we don't abandon our old to die as some cultures do. Nevertheless, our elderly account for more suicides than any other segment of the population.

The Lost Generation

The land of old age is the land of loss. "Loss," more than any other word, sums up the stresses inflicted on the elderly. Loss of health and vitality. Loss of a life-long marriage partner. Loss of job and career. Loss of friends, social contacts, and prestige. And loss of money.

The land of old age is a poor land. Stepping across retirement's threshold often means a sudden loss of income, while the retiree's "fixed" sources of in-



CURING THE FEAR OF AGING

by Ron Howard

come lie exposed to the ravages of inflation. The elderly comprise only ten percent of the population in the U.S., but they constitute 20% of the poor.

Many life options evaporate with the loss of income. Recreation, entertainment and travel become too expensive. Good food becomes too expensive. Adequate housing is also prohibitive. As the younger and richer population shifts away from the central cities, the elderly are left behind in the east-down, crime-ridden areas, because that's all they can afford.

More Than Money

On those rare occasions when our collective gerontophobia musters the courage to consider solutions, it typically thinks along the lines of money. Since many of the "losses" outlined above are financially related, money is certainly an important consideration. But to focus predominantly on it is to say that the problems of the elderly are the concern primarily of economists, accountants and financial planners.

Such is not the case. Age-linked losses are imposed to a large extent by our culture, not from natural causes.

The foundational problem in our approach to the elderly is not monetary but attitudinal, deriving from pandemic gerontophobia. The financial aspects of the problem simply illustrate that our money will never be where our hearts are not.

Emotionally, we've isolated many of the elderly and kept them sequestered at a huge, nearly invisible minority. For, among other reasons, they have come to represent that sweet of prophecies: "It is appointed unto all men once to die."

The Japanese Exception

Not every culture robs its old of their dignity. There are societies where the elderly aren't exposed to such plunder or neglect. Such instances usually are not just the result of wispy appropriateness, but a matter of a refreshingly different approach toward aging and the aged.

In Japan, the elderly enjoy broader social and economic options, such as staying on the job if they choose. In-

deed, there has been very little decline among the Japanese elderly in the workforce over the last 40 years. (During that same 40 years, the United States has been gradually but systematically phasing out many of the jobs of anyone who turns sixty.)

But the real difference between the Home of the Brave and the Land of the Rising Sun is more philosophical than statistical. Japan's tradition of confronting the aging cycle in a respectful manner surfaces everywhere, even in the following national law:

"The elders shall be loved and respected as those who have for many years contributed toward the development of society, and a wholesome and peaceful life shall be guaranteed them. In accordance with their desire and ability, the elders shall be given opportunities to engage in suitable work or to participate in social activities."

Japan, however, is an exception among the richer nations. At the Western end of the "advanced" world, it's impossible to muster such depth of feeling and commitment. The U.S. Social Security system makes possible some sort of retirement income for the elderly, but out of the Social Security concept has emerged that magic and tragic age of 65, the discard age, the date when your birth certificate automatically places you on any personnel officer's blacklist. Even if you have jogged five miles that morning and the personnel officer drops dead of a heart attack that night, it's your age that counts.

The Circle of Life

Like many other Eastern cultures, the Japanese possess the ability to see life as a circle. They see each life stage as part of the whole, with its own particular rewards and privileges. Those nearing completion of the circle find they still have a role to play with usefulness and respect.

Our Western myopia perceives life more like the path of a rocket. It reaches a certain high point and then declines until that moment of final, deadly impact. First you're launched. Then you deliver your payload. Then you're old. Then you die.

The youthful, upward-thrusting rocket is a valuable asset, but after delivering its payload to maximum height, it suffers gradual, then total, depreciation. As worthless, excess bulk that will be around just a short while longer, the peaked-out rocket lacks any future, save to steadily decline through the social atmosphere.

Despite being a nation of 215 million rocket trajectories, the U.S. has almost no role for the vehicle that has already delivered its payload. Thus the irony of the World Health Organization report that the elderly are at least relatively speaking, "better off" in poor countries than in rich ones — a slap in the Western nations' affluent face and a surprise, but only because our high evaluation of our society is based on what it offers the young and middle-aged, not on what it offers the old.

The Majority's Minority

In her monumental book, *The Coming of Age*, Simone de Beauvoir relates the widespread folk tale of a peasant man who makes his elderly father eat out of a wooden trough apart from the rest of his family. One day the peasant comes across his small son who's busily fitting together some boards. "It's for you when you are old," explains the child.

The story illustrates an interesting point that our cultural nearsightedness often fails to bring into focus. The elderly suffer discrimination similar to that which many minorities have experienced, but the elderly minority is unique in that all who discriminate against it sooner or later will themselves become members of it (or at least they hope to live long enough to).

On first reflection we might think that, since we all grow old, it would be easier to attack the problems of the elderly than it has been to attack the problems of other minorities. Such reasoning is not necessarily justified, however, when we consider that the main reason for discrimination toward the elderly is the very fact that we all do grow old. We fear it and prefer to avoid old people that remind us of that eventuality.

The Last Enemy

Death is still the "last enemy." We haven't lost our desire to discover a Fountain of Youth. The question is, can we quest after life and youth and at the same time come to terms with our own inevitable aging?

That question is part of a broader riddle: Can we advance in the new while still honoring the old? This fundamental question permeates all facets of human experience, not just the life cycle.

Gerontophobia is not only a manifestation of our fear of death, but also a well-founded dread we experience after seeing all that "old age" contains in our culture — poverty, loneliness, and relegation to third-class citizenship.

Some symptoms of gerontophobia will certainly linger as long as death remains on the enemy list. But while we can't walk with confidence through the "valley of the shadow of death," our civilization would be more civilized if its elderly could say with David, "Surely goodness and mercy shall follow me all the days of my life." □

IF YOU'RE OLD OR HAVE REASON TO BELIEVE THAT SOMEDAY YOU WILL BE HERE'S WHAT YOU CAN DO

1. Be Informed

It's important to stay informed of recent developments in Congress concerning health care, retirement planning, recreation and entertainment. One of the best ways to do this is to read a number of the publications oriented toward the older segment of the population.

Every state has an office on aging which may publish a newsletter or magazine (for example, the California Office on Aging's publication is called *Aper*).

Several national organizations offer periodicals covering a wide range of subject material. *Senior Citizen News* is published monthly by the National Council of Senior Citizens, 1511 K street NW, Washington, D.C. 20005. Price: \$4. The American Association of Retired Persons (AARP) puts out several publications, including *Dynamic Maturity* (available in those between the ages of 50 and 60), *Mature Maturity* (for those 55 and older), the *AARP News Bulletin*,

and the *National Retired Teachers Association Journal*. Subscription fees are low. For information write: AARP Membership Division, 215 Long Beach Blvd., Long Beach, California 90801.

In addition, there are many local, regional and scientific organizations, both governmental and private, that offer information. Subject matter and format range from newsletters to scientific journals.

2. Seek Help

"Information and Referral Centers" have been mandated by the federal government and will soon be in operation nationwide. Elderly people will be able to contact the center nearest them and explain their specific needs — be it for doctors, ministers, repair work, legal advice, transportation, or whatever. The centers will put an elderly client in contact with reliable people who can fulfill their specified needs. When operational, the phone number of the center nearest you will probably be mass advertised in your area. Watch for it.

Also, each state is required by federal law to have an office on aging. Many counties and cities also have aging offices. They are an excellent source of specific information.

3. Stay Active

At any stage in life it's good advice to stay active mentally and physically (as much as healthfully possible). One of the best places to do this is at a "senior center," if there is one near you. A typical senior center's activities range from recreation to travel to college-level courses. Your phone book may list a member of senior citizen clubs and groups which you might wish to join. But remember, in the final analysis, remaining active is an individual manner and should be done even in the absence of any organization.

4. Still Contribute

Many retired people know they still have something to offer society. If you're in that category, but are wondering how and where to make your contribution, look in your phone book under R.S.V.P. (Retired Senior Volunteer Program). R.S.V.P. personnel will try to fit your talents, skills, experience, and desires to the jobs that need to be done.

Also there are many non-governmental local and regional organizations dedicated to utilizing senior talent. Look

in your phone book or watch for mention of them in local senior publications.

If you're really energetic, check out the government's ACTION program. Believe it or not, even the Peace Corps and VISTA use some retired people.

5. Plan Your Retirement

The clear message of our socio-economic system is that individuals carry a great deal of responsibility to plan their own economic futures. Another clear message is that such planning is quite difficult. The result is that many people, fearing mistakes, postpone thinking about the future. That, in itself, is the biggest possible mistake. If you're over 25, it's time to begin planning now. Even if you can't save now, you can plan now.

Although the possibilities are confusing and complex, there is a growing trend for businesses, senior citizens groups, and educational institutions to offer information or seminars in order to help you sort through the options. Look for announcements of such services in publications and advertisements.

But remember, planning for retirement means more than financial planning. It also means developing oneself. Start to develop your talents and interests, including recreational interests, so that at any age you'll be valuable to society and valuable to yourself.

—Ron Maxwell

Life Begins at 40

By Neil Earle

"Youth looks to the future; old age looks to the past; and middle age looks inward."

In a society where the accent tends to be laid on the cult of youth, many people would agree with that evaluation. Commercials and the entertainment media bombard men and women in their forties, fifties, and sixties with the not-so-soft sell that they must look young again: "Take away those years," "Try our facial cream" or "Take away any or all of your gray hair." The inference is clear — happiness is being young, baby! Youth at 40: age is out!

Some sociologists and commentators, however, are not swallowing that line. They are taking a second look at our preoccupation with youth and are reaching some interesting conclusions.

Jane Calwood in her book *Love, Hate, Fear, Anger and the Other Lively Emotions* observes: "Lasting happiness depends on how much maturity a man has been able to assemble — some of it derived from being desperately unhappy. Children are rarely happy; they have rights of joy... but until their personalities stabilize, a process generally completed after the age of 35, they are likely to be wracked with self-doubts and despair."

Whatever the reasons, many authorities feel that deep, lasting happiness is linked up with true maturity, which is defined by one doctor as learning to replace the reactions of a child with those of an adult (*How to Live 365 Days a Year*, Schindler).

Teen-agers and those in their twenties rarely achieve a lasting harmony and stability. The body has matured, but the mind and the emotions are often fickle. They haven't yet been "broken in." Like the new, shiny automobiles they often drive, the "bigs" of youth are not all out yet. Drives, talents, and personality traits are not yet working harmoniously toward some life-long goal or vocation. The mind has not yet "put it all together."

For most people the experience gained with the passage of time is a "growing" process. As the Duke of Wellington remarked over one disastrous battle in his mid-twenties: "I learned what not to do, and that is always something."

Some people in their mid-thirties find that a significant corner of their lives has been turned. As Calwood says, "The personality has put together enough experience to make sane judgments, enough vitality to love, a few fragments of clarity and courage, and a great deal of self-appraisal."

Throughout his forties and fifties Sir Winston Churchill was a discredited, disgraced figure in England, and almost unknown throughout North America. Courageous and imaginative he certainly was, but, "To the public he presented a picture of the promising politician who had lost his chance, the brilliant speaker who was never quite sound enough" (Churchill, Alan Morehead, page 56).

Churchill's years in the political wilderness sharpened his judgment, tempered his recklessness, and helped suture those magnificent speeches that raised the English-speaking world in their darkest hour. What if Churchill

WALKING COULD SAVE YOUR LIFE

by Harry Snider

Standing in line at the Ingleside Forum were hundreds of cigarette smoking, overfed, anxiety-ridden sports fans. The big game for them was to get in! Once inside the lobby, I saw hundreds more sports fans guzzling beer and soft drinks or eating hot dogs, hamburgers, popcorn and other commercialized, processed foods.

On the court, however, I saw twenty-five well-conditioned athletes warming up for the coming game. They were dribbling, shooting, jogging, and chatting. They appeared to be really having a fine time.

By now thousands of eyes were concentrating on the court. Smoke began to fill the arena, beer was being swilled down, and refined foods eaten.

This is a typical picture of the average

had said, "Sorry, I'm 65. I'm retired. Get a younger man!"

Certainly the lives of Adenauer, De Gaulle, Chairman Mao, Einstein, Rubinstein and others are eloquent testimony that youth isn't everything.

The apostle Paul summed it up in 1 Corinthians 13:11: "It's like this: when I was a child I spoke and thought and reasoned as a child does. But when I became a man my thoughts grew far beyond those of my childhood, and now I have put away the childish things" (*The Living Bible*). There is the essence of true maturity. □

American enjoying his exercise. We are a nation that takes its sports sitting down.

How about you?

Take this simple test and find out where you stand.

1. Can you climb fifteen stair steps without becoming breathless?
2. How many clothing sizes have you outgrown since high school?
3. How much processed food are you eating each day?

Dr. Paul Dudley White, former doctor to President Eisenhower and one of the top cardiologists in the country, recommends 45 minutes a day of one of the following exercises, depending on your condition:

1. Walking
2. Jogging
3. Cycling
4. Swimming

The easiest and safest exercise to begin with is simple walking. If you can walk 30 minutes without too much effort, you are in pretty good shape.

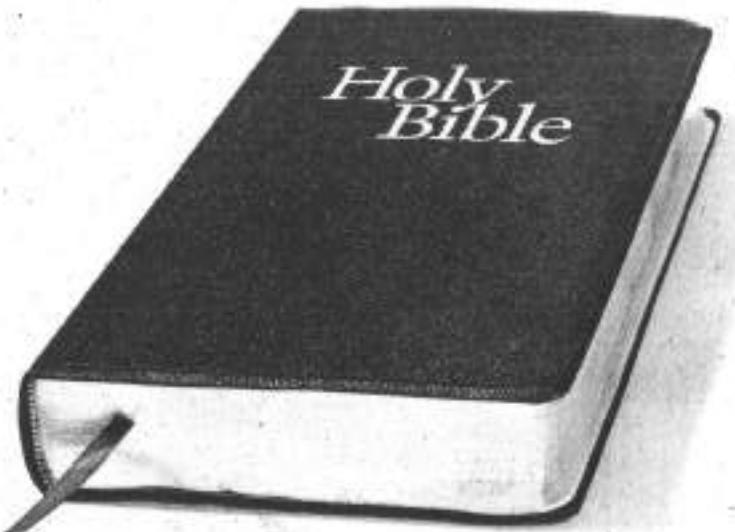
If you can sit into your high school wardrobe, you are in pretty good shape.

If you can discipline your appetite to resist refined foods, you should be in pretty good shape. If not, start by walking one block today, and add one block every day for two weeks till you reach fourteen blocks, or about one mile.

Then feel your legs harden, your waist trim down, and your wind improve.

Walking is the start of a new way of life, a life you can't afford to lose. □

* Harry Snider, formerly a champion weight lifter, is now Physical Fitness Director of Ambassador College, Pasadena. His columns on sports, health, and body conditioning will appear in future editions of Plain Truth.



Fact or Fiction?

WHAT, exactly, is the Bible? — a collection of myths? Fantasies? Truth?

Skeptics scoff and ridicule it, but seldom read it. Professing Christians claim it's the inspired word of God — but they seldom read it either. Sunday morning preachers read it, but some admit they can't understand it.

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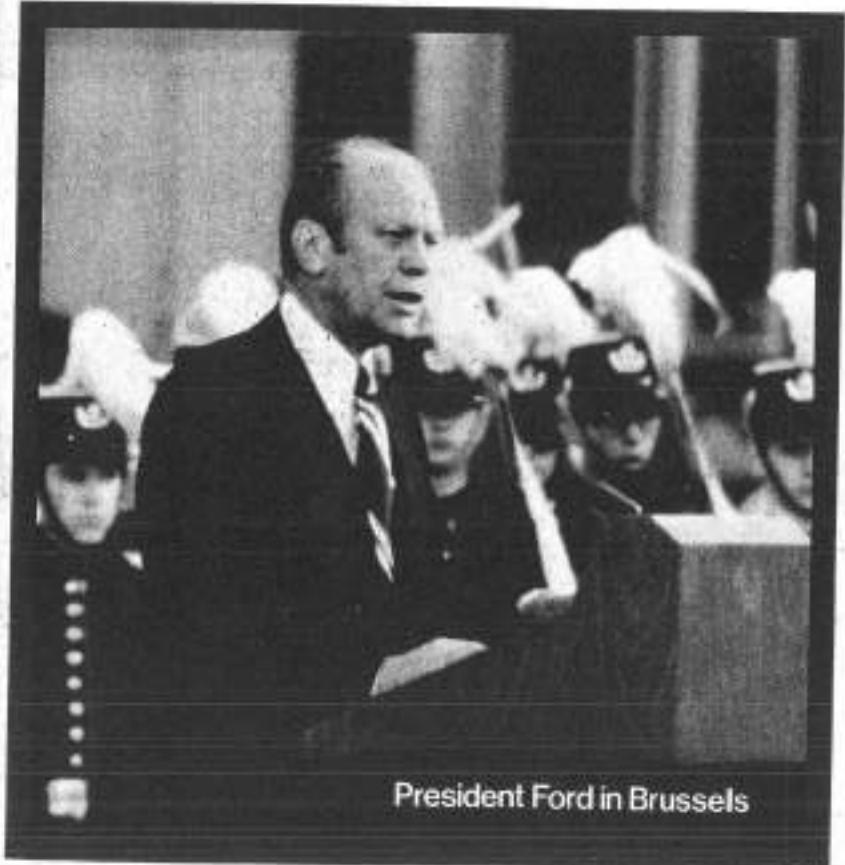
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WEEK ENDING JUNE 21, 1975

Curing the Fear of Aging

The Missing Dimension in Sex, Part III

NATO SUMMIT



President Ford in Brussels