Mental Health Intake Form

itient First Name:				Patient Last Name:				
	41	-4:4\.		Tationt Education				
ame of Person completing form (if oth	er than p	atient):						
ate Completed:				Patient Date of Birth:				
imary Care Physician:				Physician Phone:				
· · · · · · · · · · · · · · · · · · ·								
rent Symptoms Checklist (please checl	k all appi	opriate colur	nns)					
, , , , , , , , , , , , , , , , , , , ,				Т	1		T	
	Mild	Moderate	Severe			Mild	Moderate	Severe
Aggression				Judgment errors				
Agitation				Loneliness Loss of interest in activities				
Anger Anxiety	+ =			Memory impairment				
Appetite change				Mood swings				
Change in libido				Obsessions				
Compulsions				Oppositional behavior				
Crying/tearful				Panic attacks				
Cyber addiction				Paranoia				
Delusions				Phobias/fears				
Depression				Physical trauma perpetrator				
Disorientation				Physical trauma victim				
Difficulty getting out of bed				Poor concentration				
Difficulty making decisions				Poor grooming				
Distractibility				Racing thoughts				
Eating disorder				Recurring thoughts				
Elevated mood				Self-mutilation				
Emotional trauma perpetrator				Sexual addiction				
Emotional trauma victim				Sexual difficulties				
Excessive energy				Sexual trauma perpetrator				
Fatigue				Sexual trauma victim				
Grief				Sleep problems				
Guilt				Speech problems				
Gambling				Social isolation				
Hallucinations				Substance abuse				
Hearing voices				Suicidal thoughts				
Heart palpitations				Worried				
Hopelessness				Worthlessness				
Hyperactivity				Other:				
Impulsivity				Other:				
Irritability				Other:				
CAL HISTORY Int Medications		T			Π			
dication Name		Total Daily	Dosage		Estimated	Start Da	te	
		1						
ribe current physical health: ☐ Good	d □ Fai	r 🗆 Poor						
any known allergies:								
nonpsychiatric hospitalizations or surg	geries:							
ou exercise regularly? ☐ Yes ☐ No)							

Personal and Family Medical History (Have you or a family member ever had any of the following? If family, specify which family member)

	You	Family	Who?			You	Family	Who?		
Alzheimer's/Dementia				Head Injury						
Anemia				Heart Disease						
Arthritis				High Blood Pressure						
Asthma				High Cholesterol						
Behavioral problems				HIV Positive or AIDS						
Birth defects				Kidney Problems						
Cancer				Liver Problems/Hepatitis						
Chronic Fatigue				Lung Disease						
Chronic Pain				Mental Retardation						
Diabetes										
	+ -			Migraine or Cluster Headaches				-		
Ear/Nose/Throat Problems				Neurological Proble	ms					
Eating Disorder				Skin Disease						
Emotional Problems				Sleep Apnea						
Endocrine/Hormone Problems				Stroke						
Epilepsy or Seizures				Thyroid Disease						
Eye Problems				Tuberculosis						
Fibromyalgia				Urological Problems						
Gastrointestinal Problems				Viral Illness/Herpes				İ		
Genital/Gynecological Problem				Other:						
Reason		Dates Tr	eated		By W	hom				
ior Inpatient Treatment (for psychiatri	c, emotion			rder)? 🗆 Yes 🛭	No If yes,		escribe:			
Reason		Date Ho	spitalized		Whe	re				
amily History (has anyone in your famil	y ever bee	n treated fo	r any of the foll	owing)?						
	Father	Mother	Aunt	Uncle	Brother	Sister	r CI	nildren	Grandparen	
	· atilei		_		Di ottiici	0.500	<u> </u>			
Depression			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Maternal ☐ Paternal	
Anxiety			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Maternal ☐ Paternal	
Panic Attacks			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Maternal ☐ Paternal	
Post Traumatic Stress			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal	☐ Maternal ☐				☐ Maternal ☐ Paternal	
Bipolar Disorder/Manic Depression			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Maternal ☐ Paternal	
Schizophrenia			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Maternal ☐ Paternal	
Alcohol Problems			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Maternal ☐ Paternal	
Orug Problems			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Maternal ☐ Paternal	
ADHD			☐ Maternal	☐ Maternal					☐ Maternal	

☐ Paternal

☐ Paternal

☐ Paternal

Suicide Attempts			☐ Maternal ☐ Paternal	☐ Materna☐ Paternal						☐ Maternal ☐ Paternal	
Psychiatric Hospitalization			□ □ Maternal □ Paternal		Maternal Daternal				☐ Maternal ☐ Paternal		
Past Psychiatric Medications (if you have ever taken any of the following medications, indicate the date, dosage, and how helpful they were)											
Antidepressants	Check i	ftaken	When?		Dosage?		it help?		ide effects?		
Prozac (fluoxetine)]						□No	☐ Yes ☐ No		
Zoloft (sertraline)							□No	☐ Yes ☐ No			
Luvox (fluvoxamine)]		Yes 🗆 No		S □ No	
Paxil (paroxetine)								☐ Yes ☐ No		☐ Yes ☐ No	
Celexa (citalopram)								☐ Yes ☐ No		☐ Yes ☐ No	
Effexor (venlafaxine)]					☐ Yes	□No	☐ Yes	S □ No	
Cymbalta (duloxetine)							☐ Yes	□No	☐ Yes	S □ No	
Wellbutrin (bupropion)]					☐ Yes	□No	☐ Yes	s □ No	
Remeron (mirtazapine)]					☐ Yes	□ No	☐ Yes	s □ No	
Serzone (nefazodone)							☐ Yes	□ No	☐ Yes	s □ No	
Anafranil (clomipramine)							☐ Yes	□ No	☐ Yes	s □ No	
Pamelor (nortrptyline)							☐ Yes	□No	☐ Yes	s □ No	
Tofranil (imipramine)							☐ Yes	□No	☐ Yes	s □ No	
Elavil (amitriptyline)]					☐ Yes	□No	☐ Yes	s □ No	
Pristiq (desvenlafaxin)]					☐ Yes	□No	☐ Yes	s □ No	
Desyrel (trazadone)]					☐ Yes	□No	☐ Yes	s □ No	
Viibryd (vilazodone)]					☐ Yes	□No	☐ Yes	s □ No	
Adapin (doxepin)]					☐ Yes	□No	☐ Yes	s □ No	
Asendin (amoxapine)]					☐ Yes	□No	☐ Yes	s □ No	
Ludiomil (maprotiline)]					☐ Yes	□No	☐ Yes	s □ No	
Norpramin (desipramine)]					☐ Yes	□No	☐ Yes	s □ No	
Surmontil (trimipramine)]					☐ Yes	□No	☐ Yes	s □ No	
Vivactil (protriptyline)]					☐ Yes	□No	☐ Yes	s □ No	
Antipsychotics/Mood Stabilizers	Check i	f taken	When?			Dosage?	Did	it help?	Any s	ide effects?	
Seroquel (quetiapine)]					☐ Yes	□No	☐ Yes	s □ No	
Zyprexa (olanzapine)]					☐ Yes	□No	☐ Yes	s □ No	
Geodon (ziprasidone)]					☐ Yes	□No	☐ Yes	s □ No	
Abilify (aripiprazole)							☐ Yes	□No	☐ Yes	s □ No	
Clozaril (clozapine)]					☐ Yes	□No	☐ Yes	s □ No	
Haldol (haloperidol)]					☐ Yes	□No	☐ Yes	s □ No	
Prolixin (fluphenazine)]					☐ Yes	□No	☐ Yes	s □ No	
Sedative/Hypnotics	Check i	f taken	When?			Dosage?	Did	it help?	Any s	ide effects?	
Ambien (zolpidem)]					☐ Yes	□No	☐ Yes ☐ No		
Sonata (zaleplon)							☐ Yes	□No	☐ Yes	s □ No	
Restoril (temazepam)							☐ Yes	□No	☐ Yes	s □ No	
Rozerem (ramelteon)							☐ Yes	□No	☐ Yes	s □ No	
Desyrel (trazodone)							☐ Yes	□No	☐ Yes	s □ No	

ADHD Medications	Check if taken	Whe	n?	Dosag	e?	Did it hel	p?	Any sid	e effects?
Adderall (amphetamine)						□ Yes □ N	٧o	☐ Yes	□No
Concerta (methylphenidate)						□ Yes □ N	No	☐ Yes	□No
Ritalin (methylphenidate)						□ Yes □ N	No	☐ Yes	□No
Strattera (atomoxetine)						□ Yes □ N	No	☐ Yes	□No
Antianxiety Medications	Check if taken	Whe	n?	Dosag	e?	Did it hel	p?	Any sid	e effects?
Xanax (alprazolam)						□ Yes □ N	No	☐ Yes	□ No
Ativan (lorazepam)						□ Yes □ N	No	☐ Yes	□No
Klonopin (clonazepam)						□ Yes □ N	No	☐ Yes	□No
Valium (diazepam)						□ Yes □ N	No	☐ Yes	□ No
Tranxene (clorazepate)						□ Yes □ N	No	☐ Yes	□No
Buspar (buspirone)						□ Yes □ N	No	☐ Yes	□No
Other Medications (specify)	Check if taken	Whe	n?	Dosag	e?	Did it hel	p?	Any sid	e effects?
						□ Yes □ N	No	☐ Yes	□ No
						□ Yes □ N	No	☐ Yes	□No
						□ Yes □ N	No	☐ Yes	□ No
Treatment History: ☐ Outpatient ☐ Inpatient ☐ 12 ☐ Ubstances Used (check all that appl		opped on own [☐ Other:						
Ever Used?	First use age	Last use age	Curre	ently Used?	Fred	quency		Amou	ınt
☐ Alcohol			Y	es 🗆 No					
☐ Amphetamines/Speed			_ P	es 🗆 No					
☐ Barbiturates			ПΑ	es 🗆 No					
☐ Caffeine			_ Y	es □ No					
☐ Cocaine				es □ No					
☐ Crack Cocaine				es □ No					
□ Ecstasy									
☐ Hallucinogens (LSD				es 🗆 No					
☐ Heroin				es □ No					
☐ Inhalants									
☐ Marijuana			П	es □ No					
-				es □ No					
☐ Methadone				es No es No es No					
☐ Methadone ☐ Methamphetamine				res					
				res					
☐ Methamphetamine				res					
☐ Methamphetamine ☐ Painkillers				res					

☐ Yes ☐ No

☐ Other:

FAMILY HISTORY

Family of Origin

running or origin								
Present During Cl	nildhood	Present entire childhood	Present part of childhood	Not present at all	Parents' Currer	nt Marita	l Status:	Childhood Family Experience:
Biological Mother					☐ Married to e	ach other		☐ Outstanding home environment
Biological Father								☐ Normal home environment
Adoptive Mother					☐ Divorced for			☐ Chaotic home environment ☐ Neglected
Adoptive Father								☐ Witnessed physical/verbal/sexual
Stepmother					☐ Mother involved with someone al			abuse towards others
Stepfather					al			☐ Experienced physical/verbal/sexual abuse from others
Brother(s)					☐ Mother dece			
Sister(s)					Age of patient at mother's death:			Age of emancipation from home:
Other:					Age of patient			
DEVELOPMENTAL I	HISTORY		☐ German	measles	☐ Alcohol use	□ Ot	her:	
during mother's pregnancy		olood pressure y infection	☐ Emotion☐ Bleeding		☐ Drug use☐ Cigarette use			
Birth	□ Norm	al delivery 🔲 🛭	Difficult delive	ery 🗆 Ce	esarean delivery	☐ Com	plications:	
Birth Weight	!	bs oz.						
Infancy	☐ Feedi	ng problems C	Sleep probl	ems 🗆 To	oilet training prob	lems		
Delayed Developm	ent Milest	tones (check only	those milest	tones that o	did not occur at ar	n expecte	d age)	
☐ Sitting ☐ Speaking words ☐ Dressing self ☐ Riding bicycle		☐ Rolling over ☐ Speaking sent ☐ Engaging peer ☐ Other:	ences		g ing bladder ng separation		ing rolling bowels ng cooperatively	☐ Feeding self ☐ Sleeping alone ☐ Riding tricycle
Childhood Health								
☐ Chickenpox (age ☐ Scarlet fever (ag) ☐ Pneumonia (age) ☐ Asthma	e:) :)	☐ German meas ☐ Lead poisonin ☐ Tuberculosis (☐ Allergies to:	g (age:)	☐ Red mea ☐ Mumps ☐ Mental r			theria (age:)) ☐ Whooping cough (age:)☐ Poliomyelitis (age:)☐ Ear infections
☐ Drug use☐ Fire setting	setting		rruelty		ults others cisive uently daydreams Isive	☐ Violent temper ☐ Disobedient ☐ Immature ☐ Lack of attachment ☐ Easily distracted		
Social Interaction ☐ Normal social int ☐ Dominates other		☐ Isolates self ☐ Very shy		☐ Alienates self ☐ Associates with acting out		☐ Inappropriate sex p t peers ☐ Other:		e sex play
Intellectual/Acade ☐ Normal intelliger ☐ Underachieving	nce	oning □ High intelliger □ Mild retardati		☐ Learning	g problems te retardation		ority conflicts re retardation	☐ Attention problems

Current or highest education level:

SOCIO-ECONOMIC HISTORY

SUCIO-ECUNUIVIIC HISTORY		
Living Situation:	Social Support System:	Financial Situation:
☐ housing adequate	☐ supportive network	☐ no current financial problems
□ homeless	☐ few friends	☐ large indebtedness
☐ housing overcrowded	☐ substance-use-based friends	☐ poverty or below-poverty income
☐ dependent on others for housing	☐ no friends	☐ impulsive spending
☐ housing dangerous/deteriorating	☐ distance from family of origin	☐ relationship conflicts over finances
☐ living companions dysfunctional		
Employment:	Legal History:	Military History:
☐ employed and satisfied	☐ no legal problems	☐ never in military
☐ employed but dissatisfied	☐ now on parole/probation	☐ served in military – no incident
☐ unemployed	☐ arrest(s) not substance-related	☐ served in military – with incident
☐ coworker conflicts	☐ arrest(s) substance related	☐ currently serving in military
☐ supervisor conflicts	☐ court ordered this treatment	☐ honorable discharge
☐ unstable work history	☐ jail/prison time(s)	☐ other type of discharge:
☐ disabled:	total time served:	
Sexual History:	Cultural/Spiritual/Recreational History	
☐ straight/heterosexual orientation	Cultural Identity (ethnicity, religion):	
☐ lesbian/gay/homosexual orientation	Describe any cultural issues that contribute to curre	ent problem(s):
☐ bisexual orientation	Currently active in community/recreational activities	es? □ Yes □ No
☐ transsexual	Formerly active in community/recreational activities	es? □ Yes □ No
□ asexual	Currently engage in hobbies?	☐ Yes ☐ No
☐ unsure/questioning orientation	Currently participate in spiritual activities?	☐ Yes ☐ No
☐ currently sexually active		
☐ currently sexually satisfied	Relationship History and Current Family:	
☐ currently sexually dissatisfied	☐ married ☐ children living at home	
☐ age first sex experience:	☐ divorced ☐ children living elsewher	re
☐ age first pregnancy/fatherhood:	□ single	
☐ history of promiscuity age to	□ widowed	
☐ history of unsafe sex age to	☐ in a relationship	