



Warrior Grappling Rules Package

1. FULL RULESET

About Warrior Grappling

Warrior Grappling is a Brazilian Jiu-Jitsu and submission grappling promotion built on discipline, respect, and opportunity. Our mission is to provide clean, safe, and professionally run tournaments where athletes of all levels can test themselves and grow.

Purpose

This ruleset ensures fairness, safety, and professionalism at all Warrior Grappling events. Final decisions rest with the Event Director and Head Referee.

Code of Conduct

All participants must show respect, follow staff instructions, and compete with integrity. Prohibited: violence, harassment, disrespect to officials, competing under influence.

Divisions

Organized by age, belt (Gi), skill (No-Gi), and weight. Absolute divisions available.

Match Times

Kids: 3–4 min | Teens: 4–5 min | Adults: White: 5 | Blue: 6 | Purple: 7 | Brown/Black: 8

Scoring

Takedown: 2 | Sweep: 2 | Knee on Belly: 2 | Pass: 3 | Mount: 4 | Back: 4. 3-second control required.

Win Conditions

Submission, points, penalties, or referee decision.

Safety

Referee or medical staff may stop match anytime.

Illegal Techniques

Slams, neck cranks, eye gouging, small joint manipulation. Kids: no leg locks.

Penalties

Warning → Penalty → Penalty → Disqualification.

Legal Disclaimer

Participation is at your own risk.

2. QUICK RULES

- 1 IBJJF-style scoring
- 2 3-second control
- 3 No slams or dangerous techniques
- 4 Matches decided by submission, points, or referee decision
- 5 Respect officials at all times

3. COMPETITOR GUIDE

- 1 Arrive 60 minutes early
- 2 Weigh in before division
- 3 Be mat-ready when called
- 4 Respect referees
- 5 Follow rules
- 6 Compete with honor
- 7 Win or lose — represent the warrior path