## 4 Powerful Principles for Language Learning

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## In this session, you will discover:

- about how you are approaching language learning and the challenges you experience.
- 4 strategies that will facilitate and make enjoyable the development of your speaking, listening, reading and writing skills.


## Where do these ideas come from?

## Current research

Applied linguistics, cognitive psychology and educational neuroscience

## Experience

My experience as a language teacher, language learning strategies coach and language learner

## What about you?

## Your experience learning languages



1. Which language/s are you learning? What is your motivation?
2. What kind of strategies have you found useful for learning languages?
3. What do you find most challenging when learning languages?

## Powerful principle 1

## Formal learning activities Informal learning activities

Fill in the gap grammar/ vocabulary exercises

Pronunciation drills

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Reading and listening comprehension exercises
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Role-plays
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Info-gap exercises
Essay writing
Creating a vocabulary notebook
Making grammar summaries

## Powerful principle 1

| Formal learning activities | Informal learning activities |
| :--- | :--- |
| Fill in the gap grammar/ uocabulary <br> exercises | Reading books, magazines, brochures |
| Pronunciation drills | Watching video clips |
| Reading and listening comprehension <br> exercises | Listening to music |
| Role-plays | Talking to native speakers |
| Info-gap exercises | Watching films |
| Essay writing | Going to Spanish restaurants |
| Creating a vocabulary notebook | Going to salsa lessons |
| Making grammar summaries | Interacting with Spanish friends on social <br> media |

Powerful principle 1
Combine FORMAL + INFORMAL language earning



## What about you?



What formal and informal language learning activities are you doing?

## Powerful principle 2

What are the two language skills that help you "to receive" the language?

1


2 $\qquad$

Powerful strategy 2

Get lots of COMPREHENSIBLE and INTERESTING READING \& LISTENING


## What about you?



What comprehensible and interesting reading \& listening are you getting outside the lessons?

## Powerful principle 3

What are the three key elements of any language?

1


2


3 $\qquad$

## Powerful principle 3

1. Vocabulary
2. Pronunciation
3. Grammar


## What about you?



What specific strategies are you using for improving your vocabulary, pronunciation and grammar?

## Powerful principle 4

What four language skills do you need to work on to get good at communicating in a language ?

1 $\qquad$
2
3
4 $\qquad$

In which way do they support each other?

Powerful principle 4


Take advantage of the four supportive skills:
listening, reading, writing and speaking


## What about you?



Are you practising listening, reading, writing and speaking?

Key summary


What the are the 4 powerful strategies we have discussed?

1 $\qquad$
2
3 $\qquad$
4



## 4 Powerful principles

1. Combine formal + informal language learning
2. Do lots of comprehensible and interesting reading and listening
3. Work on vocabulary, pronunciation, grammar
4. Take advantage of the 4 supportive skills

## What about you?

## Action plan



- What do you need to do to get better at implementing the 4 powerful strategies? Write down some action points.
- Discuss your action points with classmates.



## Further resources

How to Learn Spanish: A guide to powerful principles and strategies for successful learning and self-empowerment (Hikari Press, 2021) is an inspirational, easy-to-read, and action-oriented guide to effective and enjoyable language learning.

How to Teach Language Learning Strategies: 4 simple steps for successful independent language learning (Lightwork Press, 2021) is written for teachers and coaches of languages interested in enabling their students to become skilful and confident independent language learners, self-regulate, and enjoy the language learning process. www.mariablancocoaching.com/books

For more materials for language learning strategies training and selected resources for Spanish please go to www.mariablancocoaching.com/useful-resources



