

Learn How to Expand & Memorise Vocabulary Effectively

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In this session, you will discover:

- about your approach and challenges learning vocabulary.
- 2 approaches for learning to expand and memorise vocabulary effectively.
- steps for memorising new specific vocabulary really well.



Let's talk

Why is it important to learn **a wide range of vocabulary**?

What about you?

1. What strategies have you used to learn vocabulary until now?
2. What strategies have worked well for you?
3. What challenges do you experience when learning vocabulary?



How can you *expand and memorise vocabulary effectively*?

By exposure

- Incidentally



By focused study

- Intentionally

By exposure

With lots of **comprehensible** and **interesting** language input (reading and listening).



By focused study

Selecting specific words and collocations and working with them until you have memorised them well.



Steps for *effective* *focused study*



1. Create **multiple associations**



2. Practise **spaced revision**



3. Practise **recall**

Step 1. Create multiple associations

Translate

Make connections between languages.

Pasear = to go for a walk

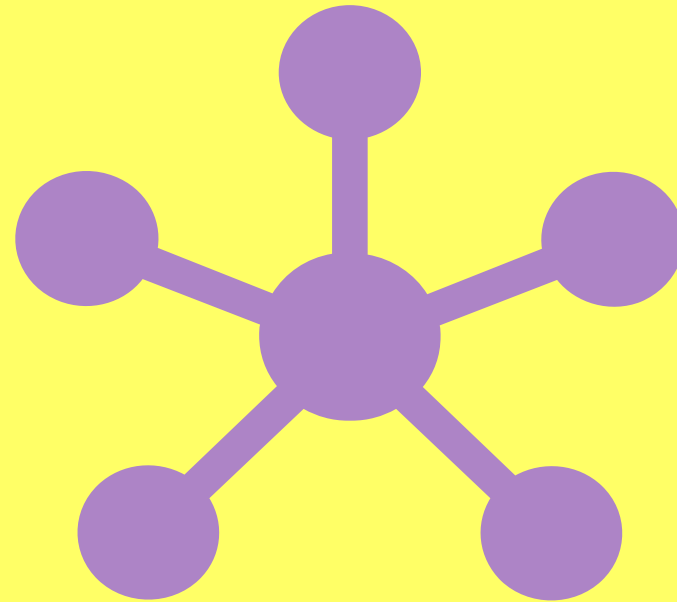
Learn collocations

Pasear por el campo

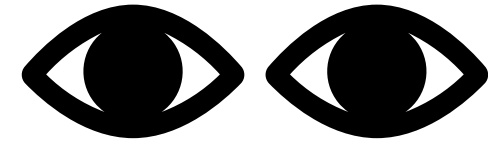
Pasear al perro

Create sentences

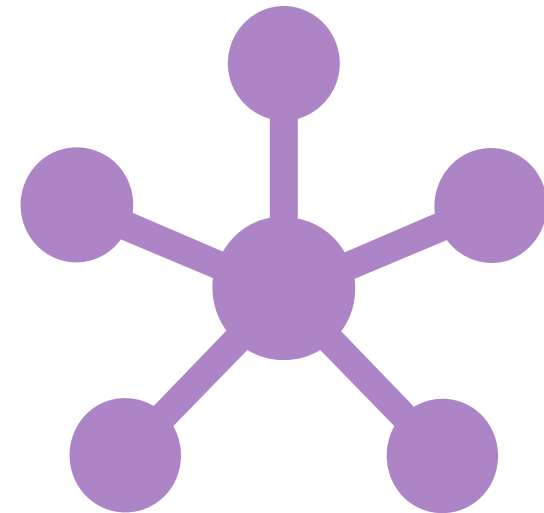
Me encanta pasear por el campo



Make *visual* associations

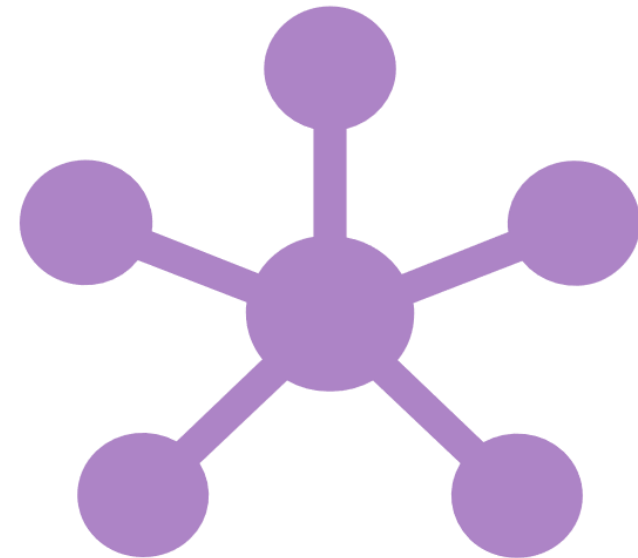
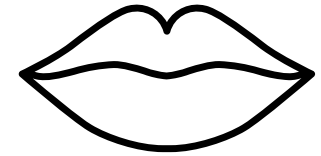


- Read the words
- Associate them with a picture/drawing
- Use colour coding



Make **sound** associations

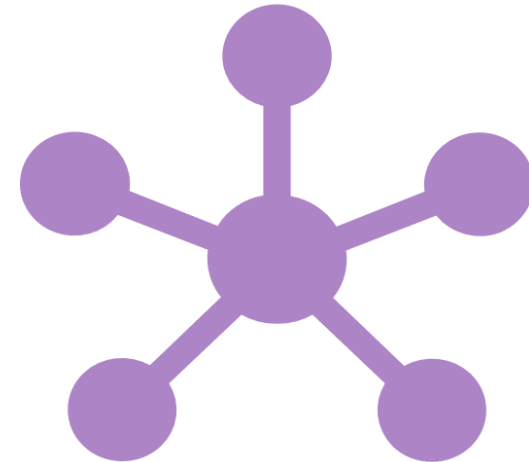
- Listen to the words
- Say the words out loud



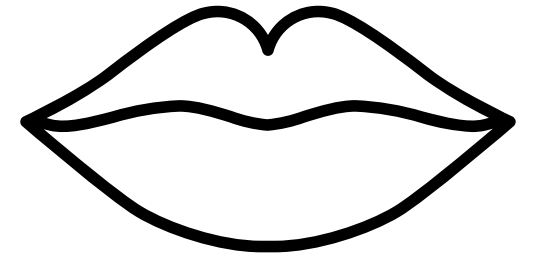
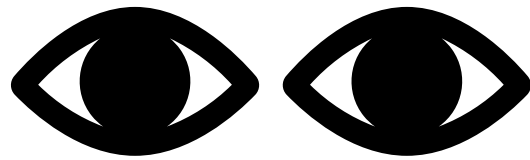
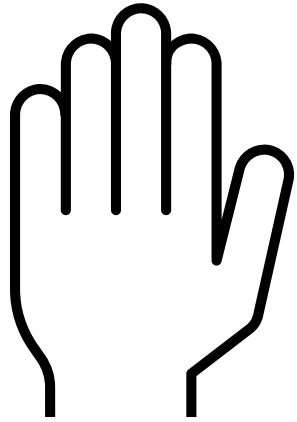
Make **kinaesthetic** associations



- Write the words
- Associate them with gestures



Multisensorial language learning works best for memorising

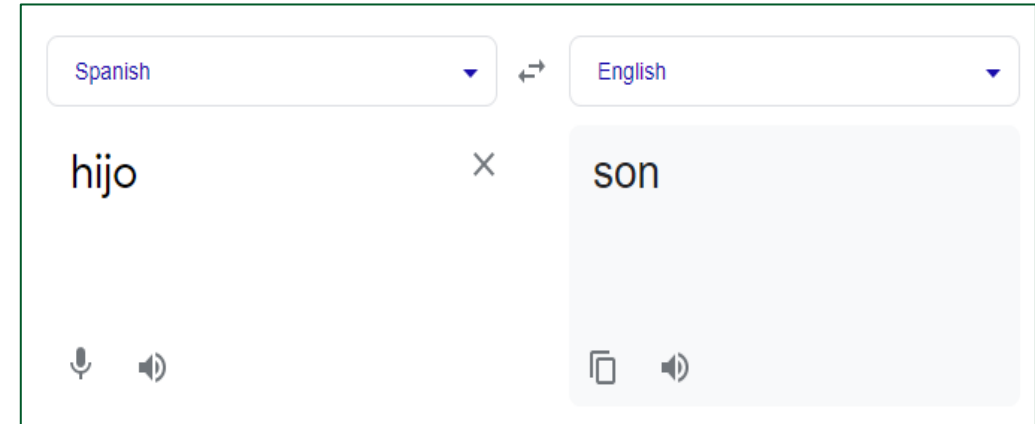


Effective ways of creating multiple associations



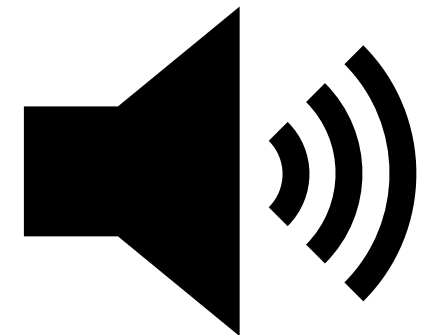
- “Multisensing” words
- Colour coding notes
- Personalising vocabulary notebooks
- Drawing vocabulary diagrams
- Designing and studying with flashcards

“Multisensing” words



When checking single words in the online dictionary:

read, listen, (write) and repeat out loud



Vocabulary notebook

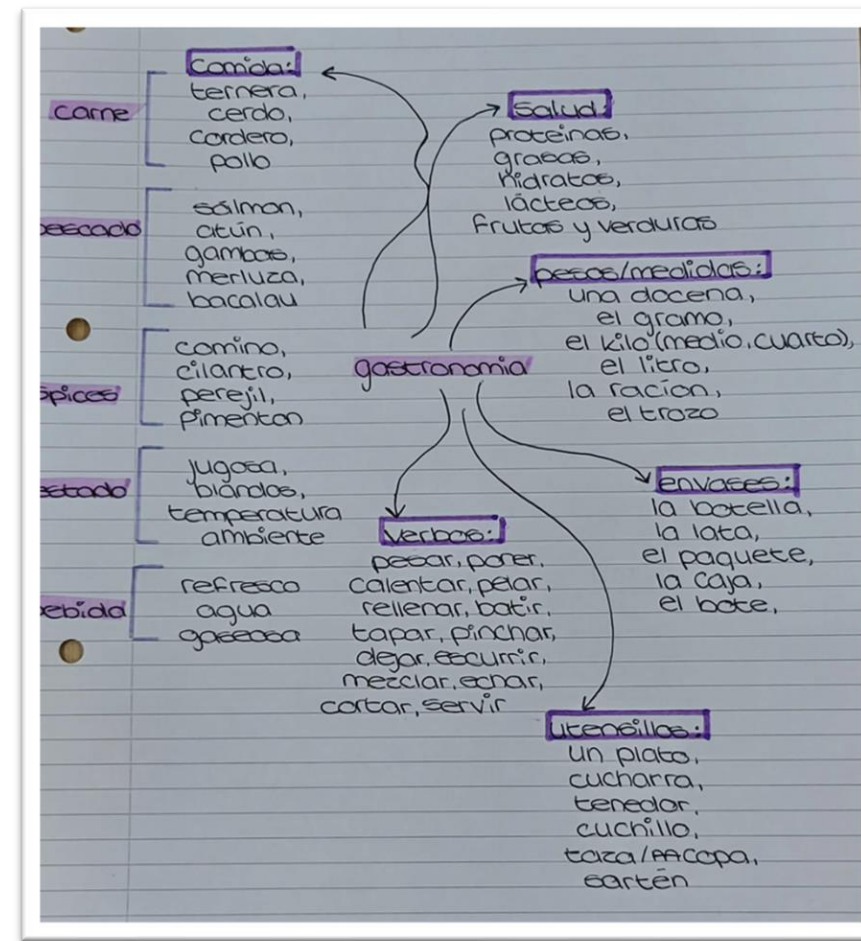
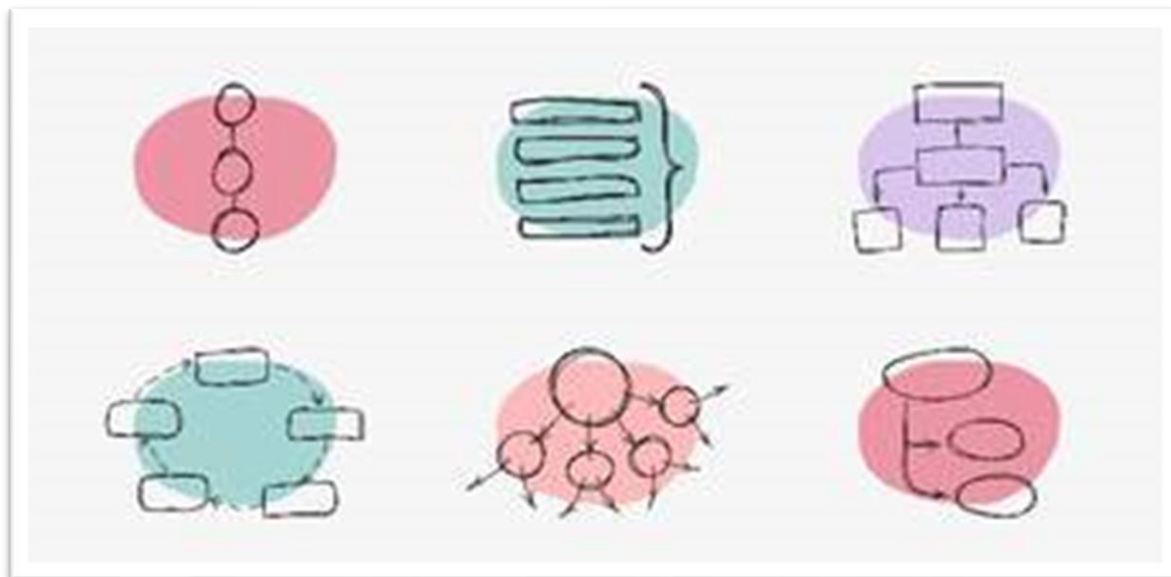


Colour coding

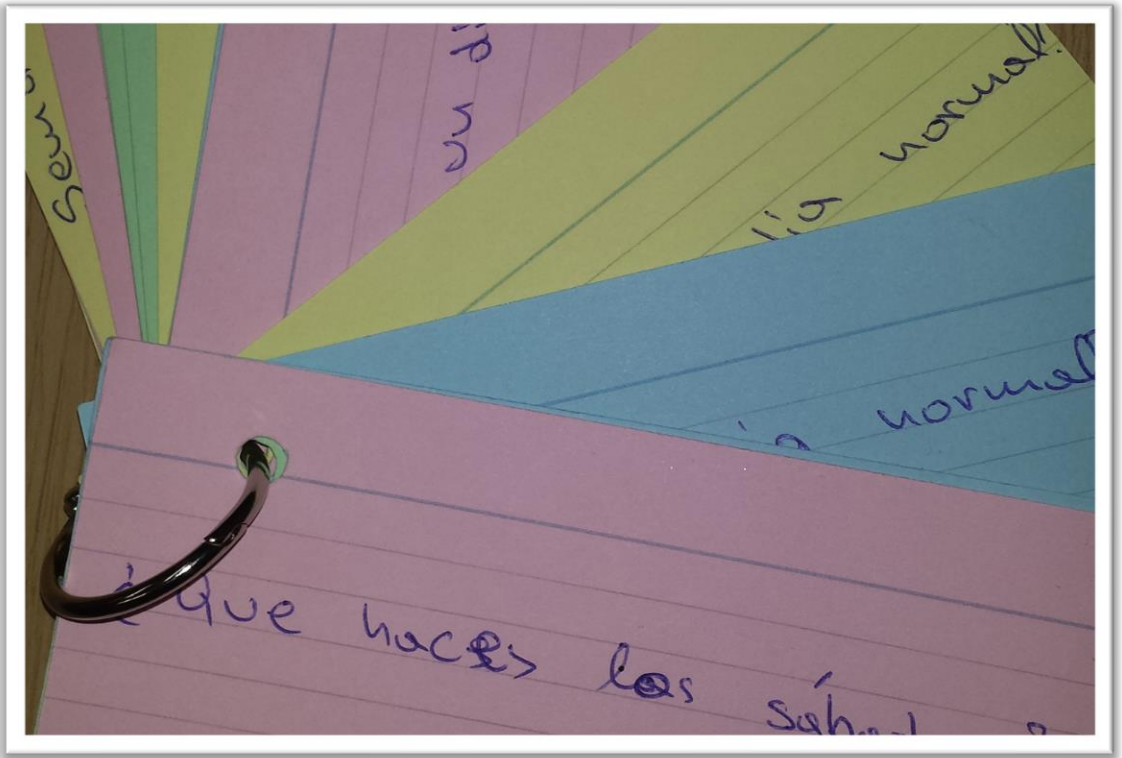
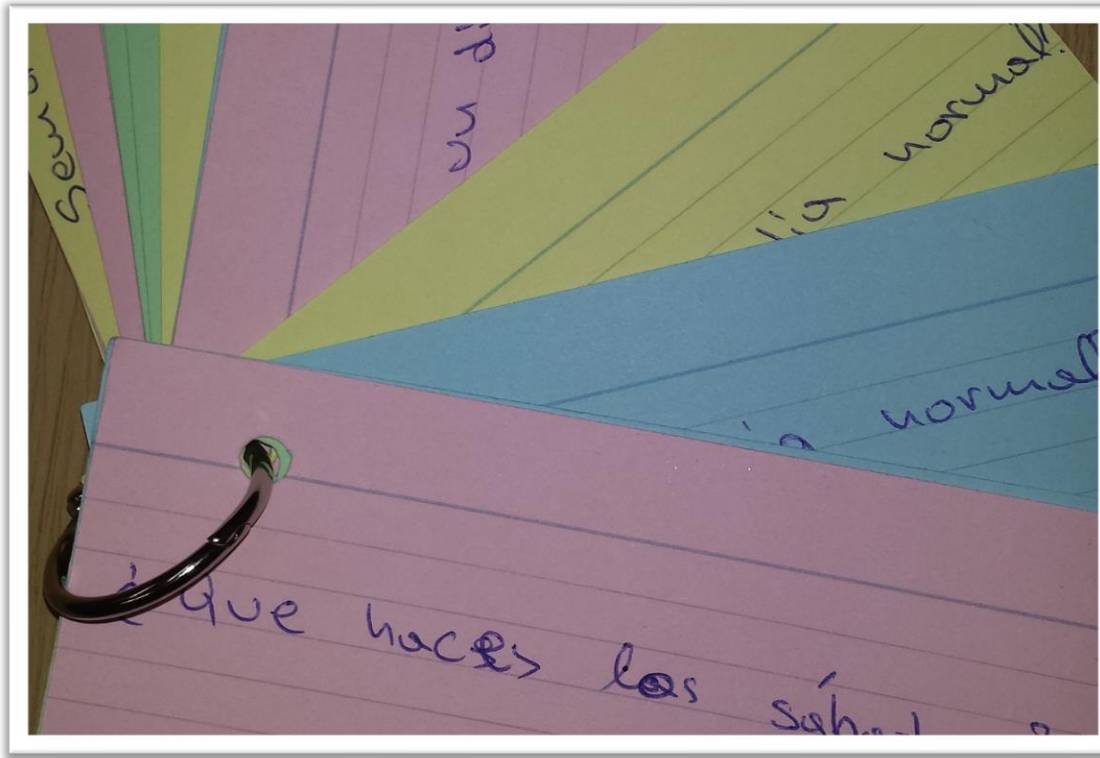
Los números			
0 - cero	10 - diez	20 - veinte	30 - treinta
1 - uno	11 - once	21 - veintiuno	31 - treinta y uno
2 - dos	12 - doce	22 - veintidós	32 - treinta y dos
3 - tres	13 - trece	23 - veintitrés	33 - treinta y tres
4 - cuatro	14 - catorce	24 - veinticuatro	34 - treinta y cuatro
5 - cinco	15 - quince	25 - veinticinco	35 - treinta y cinco
6 - seis	16 - dieciséis	26 - veintiseis	36 - treinta y seis
7 - siete	17 - diecisiete	27 - veintisiete	37 - treinta y siete
8 - ocho	18 - dieciocho	28 - veintiocho	38 - treinta y ocho
9 - nueve	19 - diecinueve	29 - veintinueve	39 - treinta y nueve
40 - cuarenta	101 - ciento uno	800 - ochocientos	
50 - cincuenta	200 - doscientos	900 - novecientos	
60 - sesenta	300 - trescientos	1000 - mil	
70 - setenta	400 - cuatrocientos		
80 - ochenta	500 - quinientos		
90 - noventa	600 - seiscientos		
100 - cien	700 - setecientos		

Historia del tatuaje (Tattoo history)	
el colorante vegetal	vegetable dye
el corazón	heart
la cruz	cross
el estudio de tatuajes	tattoo studio
el/la guerrero/a	warrior
la humillación	humiliation
la identificación	ID
el/la ladrón/ona	thief
la marca	brand
el símbolo	symbol
el/la soldado	soldier
la sustancia química	chemical substance
el/la tatuador(a)	tattoo artist
el tinte	

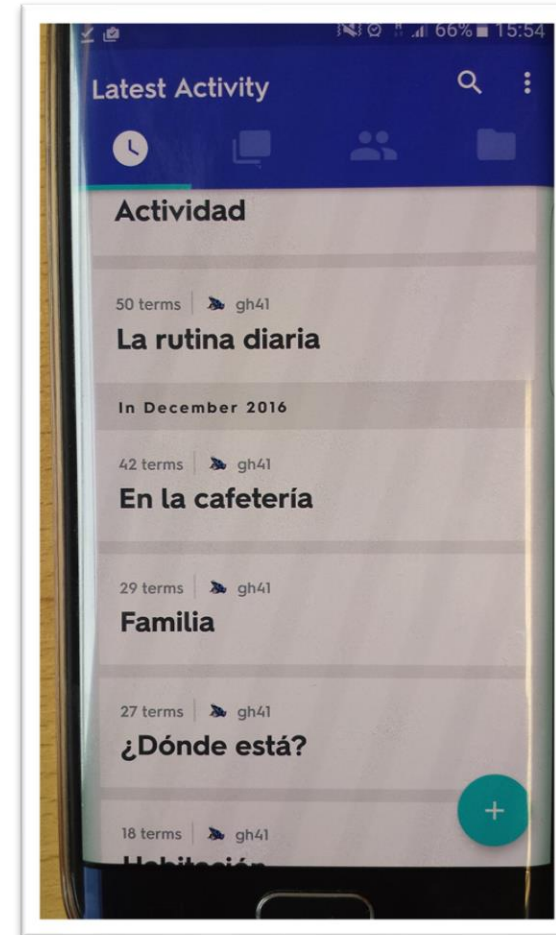
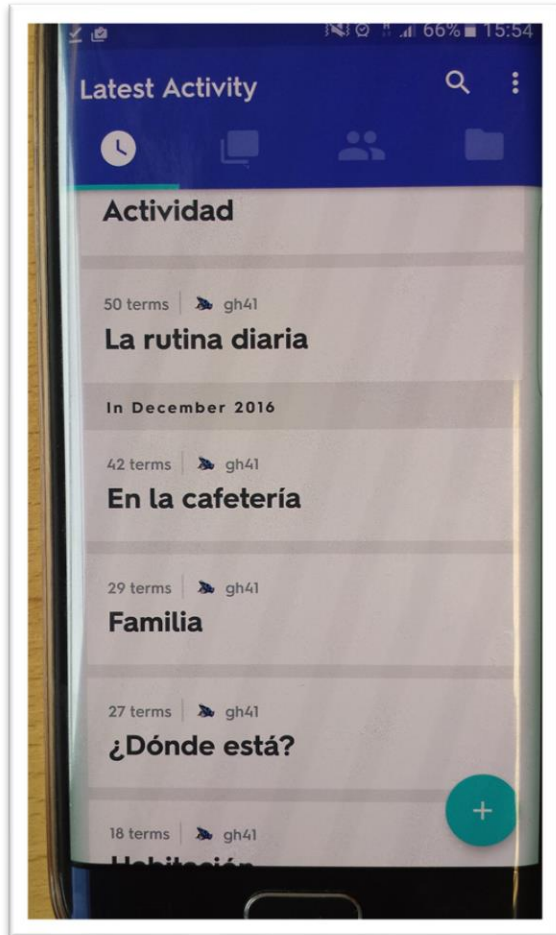
Vocabulary diagrams



Flashcards

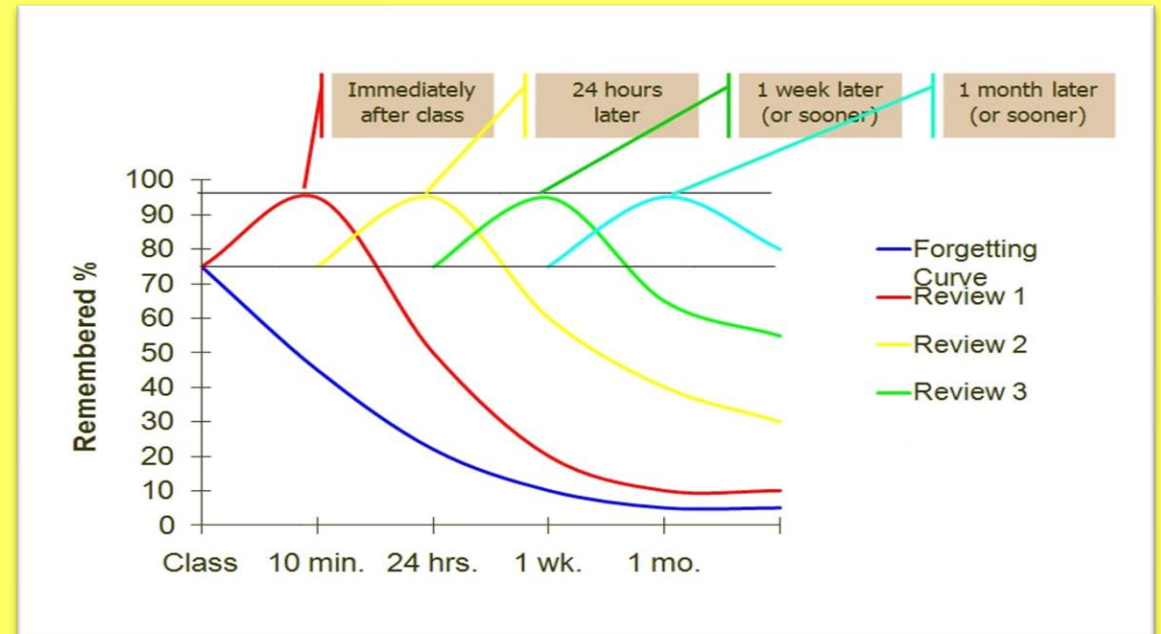


Flashcards



Step 2. Practise spaced revision

Space out your revision periods.
Repetitions spaced out over time
generate **greater long-term retention**
than crammed revision.

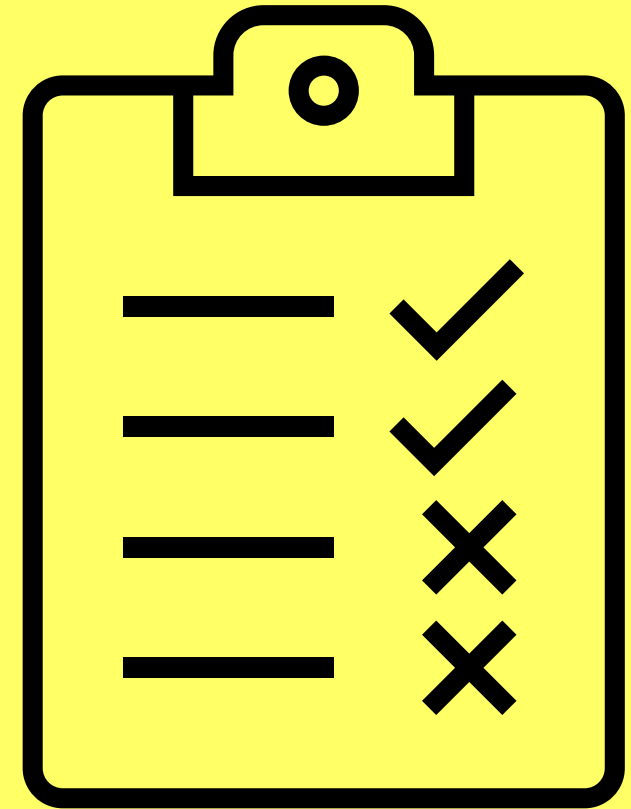


Source: <https://www.koobits.com/2012/10/08/study-smart-the-power-of-spaced-repetition>

Step 3. Practise recall

Cover and check:

How much do you remember?



Recap



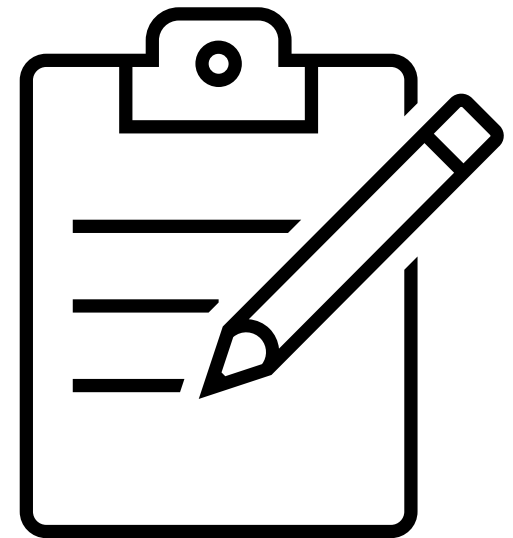
- What *two combined approaches* are effective for learning vocabulary?
Give details.

- What *three steps* are needed for memorising specific new vocabulary *really well*? Give details.

Step 1. _____

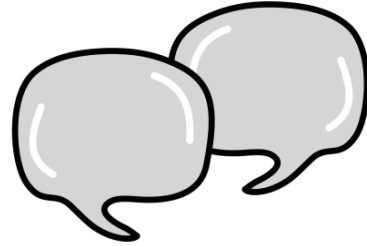
Step 2. _____

Step 3. _____

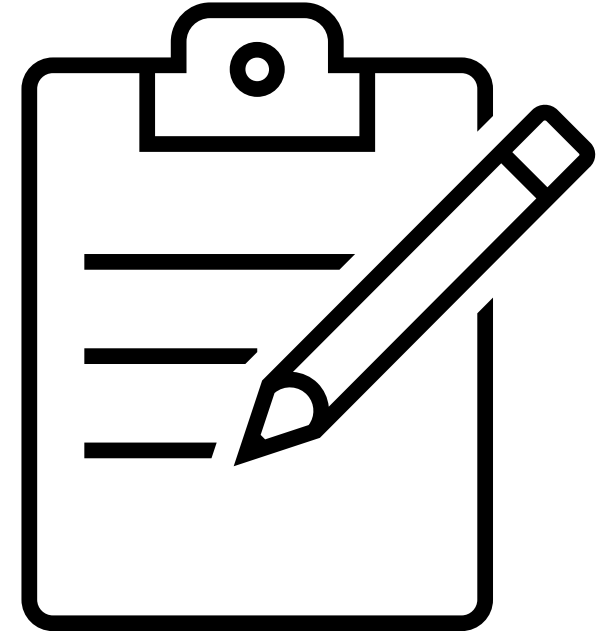


What about you?

Action plan



- Which strategies mentioned in this workshop feel more suitable for you?
- Which ones are you planning to using them?



Write some action points and discuss them with your classmates.

Further resources

How to Learn Spanish: A guide to powerful principles and strategies for successful learning and self-empowerment (Hikari Press, 2021) is an inspirational, easy-to-read, and action-oriented guide to effective and enjoyable language learning.

How to Teach Language Learning Strategies: 4 simple steps for successful independent language learning (Lightwork Press, 2021) is written for teachers and coaches of languages interested in enabling their students to become skilful and confident independent language learners, self-regulate, and enjoy the language learning process. www.mariablancocoaching.com/books

For more materials for language learning strategies training and selected resources for Spanish please go to www.mariablancocoaching.com/useful-resources

