**Bee Leaf USA**

**Suggested Flower/Plant Lists**

Thanks for doing your part to help our planet flourish! Below is a list of Native Southern California flower and plants that produce not only a beautiful environment, but it also feeds and supports the pollinators of our region. This list has been adapted to identify pollen and nectar rich plants that honeybees are known to frequent. Additionally, the level of maintenance for these is low, and their resistance to droughts is high.

**SPRING BLOOM**

California Poppy                  *Eschscholzia californica*

California Gilia                     *Gilia achilleifolia*

California Phacelia               *Phacelia californica*

CA Desert Bluebells            *Phacelia campanularis*

White Sage                          *Salvia apiana*

Black Sage                          *Salvia apiana*

California Hedgenettle          *Stachys bullata*

Borage *Borago officinalis*

Wild Lilac *Ceanothus 'Yankee Point'*

Globe Gilia *Gilia Capitata*

Lavender *Lavendula Spp.*

**SUMMER BLOOM**

California buckwheat           *Eriogonum fasciculatum*

Coast Buckwheat                *Eriogonum latifolium*

Sunflower                            *Helianthus annuus*

Slender Sunflower               *Helianthus gracilientus*

Mountain Monardella          *Monardella odoratissima*

Coyote mint                         *Monardella villosa*

Germander Sage                  *Salvia chamaedryoides*

Bog Sage                            *Salvia uliginosa*

Skyflower *Duranta erecta*