

Pre appointment information for tattoos;

If you have had your brows tattooed else where. please do not book until I have seen a photo and or video of them as in some cases laser removal is needed first.

Please avoid caffeinated drinks & alcohol 24hrs before your appointment as this causes your eyes to twitch and for bleeding to occur which will push the pigment out causing patchy healing of the skin. Which we do not want ,we want to keep as much in as possible. It also increases skin sensitivity. No painkiller 24hrs before for the same reasons above .Make sure you have a nice big meal prior to your tattooing to avoid any blood sugar crashes. Avoid sun expose 1 week prior. No filler or Botox 2-4 weeks prior to your tattooing. No chemical peels / skin needling 2-4 weeks prior as this also increases skin sensitivity.

If you get cold sores please go to the drs 5 days prior to your appointment to get anti virals this will help prevent a cold sore break out. They will give you some your need to take a few days prior to your appointment and after. This is ONLY IF YOUR ARE GETTING LIP BLUSH.

We unfortunately by law are not allowed to supply numbing cream ,If you could please go to Amcal Pharmacy or pharmacy 777 and get pre and during numbing cream.(I would call them 2 days prior to your appointment so you don't have to wait for it to be made up).They will make it and will come labels with you name on it. I will send you a photo of which ones you need once your appointment has been booked.You only need 2 creams but I've sent 3 photos to show the ingredients. They usually say L1 for the pre numb and L2 for the during numb.

Tiana Kara Studio

Ombre After Care:

You now have a killer set of brows but the retention and results are greatly dependant on how well you look after them. The first 10-14 days are critical healing days and its very important to ensure you know how to care for you tattoo.

3 hours post appointment – gently wipe their eyebrows to remove any fluids, this can be done by using a perfume free baby wipe.

Your brows will then need to DRY HEAL for 2 days, this means absolutely no product on the brows during this period

Once 2 days has passed you will then apply healing gel morning and night for 7 days.

The brows will take 10-14 days to fully heal, by this time scabbing should have fallen off, NEVER pick at their brows.

In 4 weeks the final healed colour will appear and can last for up to 5 years and sometimes longer, although longevity will vary from person to person. For some clients the colour may appear too light for them they will need a touch up session, for others it will be perfect with no further sessions required.

Further instructions

DO NOT suntan or expose yourself to too much sunlight DO NOT let the brows become wet

DO NOT use any makeup on the brows

DO NOT use face creams or exfoliates near brows

DO NOT get a facial or massage for the first 3 weeks DO NOT scratch or pull off scabs

Everything you need to know about Ombre brow tattoo & the healing process.

Ombre Powder Brows differ from traditional tattooing in that it is surface work meaning, the application is done on the epidermis layer of the skin. The technique is described by its name, with results being powdery with a faded front and a crisp tail, resembling the look of makeup. But ombre powder brows can be altered to be as soft, or as crisp as you desire

Ombre Powder Brow is suited for most skin types

Ombre Powder Brows last 1-3 years.

The appointment is a 2 part process and the initial appointment takes 3hours. We choose your brow colour , map your brows to desired shape then start tattooing. Following your after care is paramount for the best healing results. Aftercare gel and instructions are provided.

Then after 4-6 weeks you return for your perfection session to see how the pigment has healed in the skin, then we tweak what needs some attention this appointment is 1-1.5hrs. Then the same aftercare is required.

Healing :

Your brows will feel swollen and tender.

The brand new ink from a fresh tattoo will most likely appear extremely dark or bright and much thicker than expected.

Days 3-21:

Swelling will have finished. Your brow area will feel dry and start flaking. Allow shedding to happen naturally. Once your brows have finished scabbing you will go into the ghosting stage where your brow colour will appear lighter but over the following days the pigment will resurface to its true color.

Days 42-64:

It's time for your follow up and touch up appointment.

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Lip after care:

3 hours post appointment – gently wipe your lips to remove any fluids, this can be done by using a perfume free baby wipe.

Their lips will then DRY HEAL for 2 days, this means absolutely no product on your lips during this period

Once 2 days has passed you can then apply the healing gel I gave you morning and night for 7 days/ until no more scabbing.

The Lips will take 10-14 days to fully heal, by this time scabbing should have fallen off, please NEVER pick at your lips.

In 4 weeks the final healed colour will appear and can last for up to 5 years and sometimes longer, although longevity will vary from person to person.

DO NOT suntan or expose yourself to too much sunlight DO NOT let the lips become wet

DO NOT use any makeup on the lips

DO NOT use face creams or exfoliates near lips

DO NOT get a facial or massage for the first 3 weeks DO NOT scratch or pull off scabs.

No Kissing until lips have healed

Micro blading after care...

Proper aftercare is a very important aspect of the long term success, effectiveness, health, and overall satisfaction with your new cosmetic eyebrow tattoo. It is very important to follow the instructions given in order to achieve the best possible results from your permanent makeup procedure. Included here is the aftercare instructions that will help limit any infection or problems, and assure healthy and successful healing as quickly as possible.

Aftercare Immediately After Your Procedure

Immediately after your cosmetic eyebrow tattoo procedure, you will feel slight tingling and tenderness, and probably a bit of swelling in the tattoo area. This is because the numbing cream/anaesthetic used on your brows before applying the tattoo, will start to wear off and the newly exposed wound will begin the process of healing. Immediately after the procedure the eyebrows will appear very dark, this is completely normal, please rest assured that after 5-10 days the colour will fade and settle down to a natural shade.

It is likely that you will experience some skin sensitivity, redness and swelling for about 1-2 days. **DO NOT WET YOUR BROWS OR USE ANY OTHER PRODUCTS ON THE TATTOO AREA FOR 5 DAYS.** NO soaps, cleaners, makeup or creams other than the aftercare cream provided. Make sure you give the eyebrows approximately two (2) weeks to heal and set, limit any physical activity (like swimming or saunas) or exposure to direct sunlight that might cause premature fading. If pain or tenderness persists for longer than a few days, consult your doctor immediately.

You will receive tattoo ointment for your aftercare, please apply this cream to the tattoo area 5 times per day for up to 7 days. This will help prevent infection and keep the brows from drying out for fast and effective healing.

Swelling and/or Bruising

Swelling, redness, skin sensitivity, and some minor bruising are normal side effects to the eyebrow tattoo procedure but they shouldn't last longer than a day or two. How easily a person swells and bruises depends on factors such as their age, skin type, health and circulation.

Appearance

Please note: The ink from a fresh tattoo will most likely appear slightly dark and much thicker than expected, while others might seem bright (eg. blondes and browns), so don't be alarmed. This is normal and usually after a week or so the top layer starts to scab and slough off in certain places. This process is called shedding. Comparatively, these sections may appear extremely light next to the non-shredded segments. This pigment will eventually soften and settle into the appropriate shade when shedding has completed. In total, it should take approximately two (2) weeks for your new eyebrow tattoo to shed completely and appear natural.

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Micro blading after care continued

Aftercare during the first two week healing period

The days following the procedure as your skin heals, it may feel itchy. This is a normal part of the process and a good sign for cosmetic tattoo is healing properly. Be careful you do not Rub, scratch or pick at the shedding skin or exfoliate. You can cause trauma to the tissue and actually increase the possibility of skin damage, infection or prematurely removing the tattoo pigment.

Average Healing Time and Process

Average healing time will vary from person to person and will depend on several physiological factors such as age, skin type, circulation and hormonal cycles. Generally, as with any type of skin trauma, older looser skin tends to take a bit longer than younger skin to heal. Other factors that may affect healing time include diet, excessive physical activity, exposure to direct sunlight, and any medications you might be taking.

Touch Up Procedure

Approximately two (2) weeks, your eyebrows will have mostly healed during the “shedding” or “scabbing” process. As a result, the initial intensity and thickness will fade, and the desired colour shade will start appearing. At about the 3-4 week mark, you should have a scheduled “touch up” procedure especially if you would like to make any changes to the shape of your brow, or fill in any areas needing modifications after some areas would have faded in the shedding process. During the “touch up” the original procedure will be repeated. This repetition helps the tattoo last longer and encourages the pigment to embed more permanently into the skin.

Lastly, depending on how well you follow these aftercare recommendations and how fast the semi-permanent pigment fades, you shouldn't have to make another appointment (touch up / colour refresher) for up to 1-3 years.

The life and LONGEVITY OF YOUR TATTOO BROWS

This depends on sun exposure, swimming in chlorinated water as it will affect the tattoo pigment so avoid excessive exposure. Also be mindful of these ingredients in your daily facial products:

Certain facial products can have a bleaching effect: Glycol Acid, Retinol, Vitamin A & C We recommend you check your cleansers and moisturisers for these ingredients as they can fade the tattoo prematurely. If your skin care does contain these ingredients, **YOU STILL CAN USE THEM, JUST BE MINDFUL NOT TO ALLOW THESE PRODUCTS TO COME IN CONTACT WITH THE BROW AREA.**

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