

# Eyelash Extensions

To maintain your eyelash extensions, the following instructions should be followed:

## DO

1. Refills are recommended every 2-3 weeks to keep them looking full & Beautiful.
2. Cleanse Lashes daily with a Foaming Oil Free Lash Cleanser. (Twice Daily if you if have oily skin)
3. Use your mascara brush to comb through gently daily. (Only When Lashes are dry – DO NOT use mascara wand to cleanse your lashes)
4. Use only water based make-up and oil-free make-up remover on and around your eyes to ensure best results with extensions
5. Make sure you attend your infill appointments – failure to give 48 hours' notice of a reschedule or cancelation is loss of your booking fee

## DON'T

6. DO NOT get your lashes wet for the first 24hrs
7. Have your lashes near direct heat. be careful of, opening an oven door, lighting a cigarette or stove, hot hairdryer. These can singe or straighten your lashes
8. Pick, pull or rub your eyelash extensions at any time as this may pull out your natural eyelashes
9. Have a sauna, sunbed or hot tub/spa or spray tan for the first 24 hours
10. Sleep face down for the first 24 hours. After this time, try not to sleep face down or on one side all the time as the eyelash extensions can buckle or the life span can be shortened.
11. makeup around the eyes for 24 hours
12. Use mascara or touch your lashes with your fingers. (oils on fingers)
13. Use eye makeup remover with oils on the lashes as it affects the bonding. Oil free only.
14. Use any oil based products on the or around the lashes including creams and coconut oil on skin or hair.
15. Perm or lift your eyelash extensions at any time
16. Use a lash curler at any time - this will break the lash extension and possibly the natural lash as well
17. No cotton balls and q-tips as they leave behind fibers and lint

## REMEMBER:

- ✓ Arrive to refills without eye makeup – This can affect the retention of new extensions being applied due to the oils in the makeup
- ✓ Face or side sleeping causes extra loss of extensions as these rubbed against the pillow whilst we sleep. It is however normal to experience first loss of the inner and outer lashes due to these being the most Vulnerable extensions.
- ✓ Use caution when blow-drying your hair (extensive heat on lashes could distort the shape of the extensions).
- ✓ It is normal for the client to experience the loss of a few lashes during the first 24hrs after the application. We naturally loose between 3-5 natural lashes per day due to natural shedding of your lashes. Extra Loss will be experienced if good aftercare is not taken.
- ✓ Be gentle with the lash extensions, avoid tugging and getting them caught on clothes and towels

*Tiana Kara Studio*

## *Pre appointment information for lashes:*

Do not book lashes for a big event a few days prior to the event if you HAVE NEVER HAD LASHES. This is to avoid in the rare case you have a reaction. We want you looking your best for the event.

I do no lash over the top of other lash artists work. You will need to book a removal then a full set.

If you are someone who has naturally blonde lashes it is recommend to tint them 3 days prior to your lash appointment to make it easier to see them.

If you have had a lash lift in the last 8 weeks please do not book in for extensions you will first need to do a reversal of the lash lift or wait the 8 weeks for the lift to naturally drop before having Extentions.

Please remove contact lenses prior to your lash appointment. This is to prevent in the very rare cases anything getting under the lense and sticking to your eyes.

Please avoid caffeinated drinks before your appointment as this causes your eyes to twitch.

Please discontinue using fish oil, coconut oil & some lash serums as it affects how long the lashes last.

when Covid restrictions are in place please come with your mask on as requested by the Government & Sign into the safe wa app. If your are sick or been in contact with someone that is sick please let us know and do not attend your appointment.

Please come with no makeup / squeaky clean lashes and to arrive 10min early. or it means not as many lashes can be applied if extra time is spent removing eye makeup etc.

Take into consideration time of day for traffic conditions.

If you are more than 15mins late to an appointment we will not be able to continue with your appointment. I want to give my best to my work. Makeup, Cosmetic tattooing ,Brow lamination and lash application are an art and not something that can be rushed.

*Tiana Kara Studio*

## *Pre appointment information for brow lamination*

Before your brow lamination appointment, avoid applying any brow makeup or creams. Inform your esthetician about any allergies or skin sensitivities. It's advisable to arrive with clean brows, and if you have a specific brow shape in mind, communicate that to ensure the best results.

Discontinue the use of retinols one week prior to your brow lamination appointment is a good precaution. Retinols can increase skin sensitivity, and avoiding them helps ensure a smoother and safer procedure.

Following brow lamination, here are some aftercare tips:

1. **Avoid Moisture:** Refrain from getting your brows wet for the first 24 hours after the treatment to allow the setting process.
2. **Avoid Heat:** Steer clear of saunas, steam rooms, and hot baths for the first couple of days, as excessive heat can affect the lamination.
3. **No Brow Products:** Avoid applying brow makeup or skincare products directly on the brows for the first 24 hours.
4. **Gentle Cleansing:** When washing your face, be gentle around the brow area. Use a mild, non-alcoholic cleanser.
5. **Brush Regularly:** Brush your brows daily with a clean spoolie to maintain the desired shape.
6. **Avoid Touching:** Refrain from touching or rubbing your brows unnecessarily to prevent disruption of the lamination.

If you experience any unusual redness, irritation, or adverse reactions, contact your esthetician for guidance.

Applying aftercare oil after the initial 24 hours can help keep the brows hydrated and enhance the longevity of the lamination. Gently apply the recommended aftercare oil provided by your esthetician to nourish and maintain the health of your brows. This step is crucial for ensuring your brows remain in optimal condition post-lamination.

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