
ALL VOLUNTEER VETERAN & CIVILIAN STAFF



Testimonial

"My experience with Vets Journey Home has changed my life and that of my family in an amazingly positive way. I had returned from Iraq after a 16-month deployment and thought I would just move right back into my 'normal' life as a husband and father.

Five years later I woke up one morning and did not recognize the man that was looking at me in the mirror. There were problems in my family because of how I had changed. It was that day I decided I needed some type of help.

After a retreat with VJH, I began to move towards a more positive lifestyle. VJH not only gave me hope of a more fulfilled life, but gave me the tools and support to cope with my issues that I had bottled up for such a long time. Every day I wake up a happier man. My wife and two daughters are much happier now that they have their 'old Larry' back."

-Larry Flaskrud

US Army 14 yrs of service, OIF Veteran



National Programs

Wisconsin

Maryland

Pennsylvania

California



WELLNESS PROGRAMS FOR VETERANS AND THEIR FAMILIES



VETS JOURNEY HOME
8989 N Port Washington Road Ste. 227

Milwaukee, WI 53217 USA

(414) 979-9113

<http://vetsjourneyhome.org>

VETS JOURNEY HOME



Vets Journey Home's mission is to help Veterans and their families reintegrate by reclaiming and restoring their lives thru healing.

RECLAIM RESTORE REINTEGRATE





Sign up for the next VETS JOURNEY HOME program today!

Visit: vetsjourneyhome.org

What is a VETERAN?

A Veteran, whether Active Duty, Retired, National Guard, or Reserve, is someone who at one point in their life, wrote a blank check - made payable to the **United States of America** - for the amount of up to, and including **THEIR LIFE**.



VETS JOURNEY HOME

RECLAIM, RESTORE, REINTEGRATE

YOU SERVED OUR COUNTRY AND WERE SUBJECT TO ORDERS. WE LIFT THE BURDEN OF YOUR ACTIONS FROM YOU AND TAKE IT ONTO OUR SHOULDERS. WE ARE RESPONSIBLE, AS A NATION, FOR YOU.



THREE-DAY WELLNESS PROGRAM

- For Veterans and Their Families
- Education about Post Traumatic Stress, Military Sexual Assault, Traumatic Brain Injury, and Moral Injury
- Identify and remove barriers to growth & connection
- Alternative & Healing Therapies - Provided at no cost
- Family fun activities



Join the VJH Family of veterans and civilians working together



Get educated about resources and information to go forward in life.

ONE-DAY FOLLOW-UP PROCESS WORK

This program is for veterans who completed the wellness weekend and decide to work through a traumatic life event, something that keeps them from living fully. Done under the guidance of a skilled leader and supported by a knowledgeable and experienced team.



Two Brothers sharing a "moment".



We are here to help "lift you up"! You are not alone!

THREE-DAY DEEP RELEASE PROGRAM

This program is for veterans seeking trauma-focused emotional release and tools for healing.

We also offer special programs for the following groups:

- Those suffering from Military Sexual Assault
- Couples-only Program



Connect with other veterans with similar experiences for mutual support.



Enroll in a couples-only weekend to reconnect and find family balance.