

Women Well and Wise*
Restorative Retreat to Sedona
September 13-17, 2018

Contact Information:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Phone: _____ DOB: _____

Email Address: _____

Emergency Contact Information:

Name: _____

Phone: _____ Email: _____

Medical Information:

Primary Care Physician: _____ Phone: _____

Note: This retreat will offer hikes requiring a moderate level of fitness to participate.

Accommodations:

Participants are responsible for their own hotel accommodations. We can suggest several hotels which are within a 1/4 mile of our gathering center at 100 Arroyo Roble Road.

*Women Well and Wise is a collaboration by Laila Vehvilainen and Lisa Biagetti, d/b/a Soaring Spirit Reiki

The Retreat price of \$995 includes:

- Healing Ceremonies
 - Opening and closing
 - Releasing
 - Manifesting
 - Anointing peace
- Guided hikes including vortex walk and yoga with local healer/yogi
- Daily morning exercise offerings tailored to your abilities
- Reiki Session - 30 minutes
- Guided meditations on self care and personal growth
- Yoga
- Sound healing with local healer
- Workshops: Exploring Crystals, Chakra Balancing, Personal Health Goal Setting
- Women Well and Wise Wellness Kit
- Use of retreat gathering space with kitchen facility
- Transportation to and from all retreat activities in Sedona
- 4 Continental breakfasts
- 2 Southwest themed Suppers

The Retreat price does not include:

- Airfare
- Transportation to Sedona
- Hotel
- Lunches, and 2 of the 4 dinners
- Additional services such as Massage therapy and other body work
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The group size will be strictly limited to 6 participants.

Registration will be on a first-come-first-served basis and will close on June 1, 2018.

We request that a deposit of \$300 be submitted with your signed Registration Form by July 1 to reserve your space. The deposit is not refundable unless the Retreat is cancelled by us.

A final payment of \$695 is due August 1, 2018

Women Well and Wise reserves the right to cancel the retreat at any time. In that unlikely event, a full refund of all monies paid will be mailed to all subscribers within 48 hours of cancellation.

Neither **Women Well and Wise** nor any of its agents shall be responsible for any injury, damages or losses suffered by any participant during the Retreat.

I have read, understand and agree to all of the above terms.

Signature: _____ **Date:** _____

Thank you for choosing to come to Sedona with us. We are very excited to share this magnificent place and all of our planned experiences with you.

**Please mail your registration form and deposit
(made payable to Soaring Spirit Reiki) to:
Soaring Spirit Reiki
840 Main Street
Millis, MA 02054**

An email confirmation will be sent upon receipt of your deposit and registration form.

Please answer the questions on the next page.

In the space below, please tell us a little about yourself, ie family, interests, work...

What has drawn you to join us on this retreat?

Do you have any personal health goals?

Contact information:

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Lisa Biagetti: 508-277-6391 email: Lisa@soaringspiritreiki.com