

August 2026

Week Planner

North Shore Yoga of Maui
4 Week Series \$60
(808) 856-5960
www.iyengaryogamaui.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 4:30-6:00 Basics	4 4:30 - 6:00 Level 2 Advanced	5 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	6 4:30-6:00 Preliminary Course Plus Dynamic	7	8 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
9	10 4:30-6:00 Basics	11 4:30 - 6:00 Level 2 Advanced	12 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	13 4:30-6:00 Preliminary Course Plus Dynamic	14	15 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
16 9:00 - 11:30 Iyengar Yoga Odyssey \$25	17 4:30-6:00 Basics	18 4:30 - 6:00 Level 2 Advanced	19 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	20 4:30-6:00 Preliminary Course Plus Dynamic	21	22 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
23	24 4:30-6:00 Basics	25 4:30 - 6:00 Level 2 Advanced	26 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	27 4:30-6:00 Preliminary Course Plus Dynamic	28	29 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace