

June - August 2025

Week Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 9:00 - 10:30 Preliminary Course 4:30-6:00 Level 1/2	1 4:30- 6:00 Level 2 Advanced July	2 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1	3 4:30-6:00 Preliminary Course	4	5 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1
6 Preliminary Course 9:00-11:30	7 9:00 - 10:30 Preliminary Course 4:30-6:00 Level 1/2	8 4:30 -6:00 Level 2 Advanced	9 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1	10 4:30-6:00 Preliminary Course	11	12 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1
13	14 9:00 - 10:30 Preliminary Course 4:30-6:00 Level 1/2	15 4:30 -6:00 Level 2 Advanced	16 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1	17 4:30-6:00 Preliminary Course	18	19 8:30 - 10:00 Level 1/2 10:30-12:00 Level 1
20 9:00 - 11:30 Iyengar Yoga Odyssey	21 9:00 - 10:30 Preliminary Course 4:30 - 6:00 Level 1/2	22 4:30-6:00 Level 2 Advanced	23 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1	24 4:30-6:00 Preliminary Course	25	26 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1
27	28 TBD	29 TBD	30 TBD	31 TBD	1 TBD August	2 TBD