

July - August 2026

Week Planner

North Shore Yoga of Maui

4 Week Series \$60

(808) 856-5960

www.iyengaryogamaui.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6 4:30-6:00 Basics	7 4:30 - 6:00 Level 2 Advanced	8 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	9 4:30-6:00 Preliminary Course Dynamic	10 IY Summer Camp	11 IY Summer Camp No Regular Classes
12 IY Summer Camp	13 4:30-6:00 Basics	14 4:30 - 6:00 Level 2 Advanced	15 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	16 4:30-6:00 Preliminary Course Dynamic	17	18 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
19	20 4:30-6:00 Basics	21 4:30 - 6:00 Level 2 Advanced	22 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	23 4:30-6:00 Preliminary Course Dynamic	24	25 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
26	27 4:30-6:00 Basics	28 4:30 - 6:00 Level 2 Advanced	29 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	30 4:30-6:00 Preliminary Course Dynamic	31	1 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace August