

March 2026

Week Planner

4 Week Series \$60

(808) 856-5960

www.iyengaryogamaui.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 4:30 - 6:00 Deep Stretch & Restore	3 4:30 - 6:00 Level 2 Advanced	4 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	5 4:30-6:00 Preliminary Course Dynamic	6 Workshop	7 Workshop No Regular Classes
8 Workshop	9 4:30 - 6:00 Deep Stretch & Restore	10 4:30 - 6:00 Level 2 Advanced	11 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	12 4:30-6:00 Preliminary Course Dynamic	13	14 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
15	16 4:30 - 6:00 Deep Stretch & Restore	17 4:30 - 6:00 Level 2 Advanced	18 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	19 4:30-6:00 Preliminary Course Dynamic	20	21 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
22 9:00 - 11:30 Iyengar Yoga Odyssey \$25	23 4:30 - 6:00 Deep Stretch & Restore	24 4:30 - 6:00 Level 2 Advanced	25 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	26 4:30-6:00 Preliminary Course Dynamic	27	28 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace